APRIL 2021 NEWSLETTER

The American Association of University Women at the University of Hawai'i at Mānoa

A Registered Independent Organization at UH Manoa Sponsored by the Office of Civic and Community Engagement



The American Association of University Women at UH Mānoa (AAUW-UHM) is and will continue to be active for the 2020-21 academic school

The mission of our RIO is to promote the values of AAUW on the UHM campus and in the community; we are working towards equality in society by providing the tools necessary for women to gain economic security, to pursue their education, and advocate for women's rights.

To become a member, please email **aauw.uhmanoa@gmail.com** expressing your interest. We will ask follow up questions at that time.

In order to have an active-status in our RIO, we ask that you attend at least one event every semester.

We have no membership fees. Our RIO is open to everyone!

Connect With Us R



RIO Website

Email

aauw.uhmanoa@gmail.com

Instagram

@aauw.uhmanoa

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UPCOMING EVENTS

Virtual Movie Night:Whale Rider

AAUW at UH Mānoa Sponsored by the UH Mānoa Office of Civic and Community Engagement

Virtual Book Discussion:

The Woman Behind the New Deal— the Life & Legacy of Frances Perkins

AAUW Honolulu Branch

Antiracist Parenting 301: Book Read Aloud — Continuing the Journey to Becoming an Antiracist Parent

AAUW at UH Mānoa Sponsored by the UH Mānoa Office of Civic and Community Engagement

April 1, 2021 6:00-8:00 PM HST

Join AAUW at UHM, in partnership with the Peace Corps, AmeriCorps, and the UHM Library for a virtual screening of *Whale Rider*. Optional movie kits are available for pickup.

RSVP HERE

April 13, 2021 5:30-7:30 PM HST

Join AAUW Honolulu's Book Discussion Group to learn more about Frances Perkins, an amazing woman who served on President Roosevelt's Cabinet.

LEARN MORE HERE

April 21, 2021 | 4:00-5:00 PM HST

In partnership with Student Parents at Mānoa, Read To Me International, & After Schooling Better

This third and final virtual workshop in AAUW at UHM's Antiracist Parenting Series will include a read aloud activity of *Skin Again*, a race conscious children's book by author **bell hooks**. Attendees will receive a FREE race-conscious book for their family, while supplies last.

RSVP HERE

Skin Again

UPCOMING EVENT FLYERS





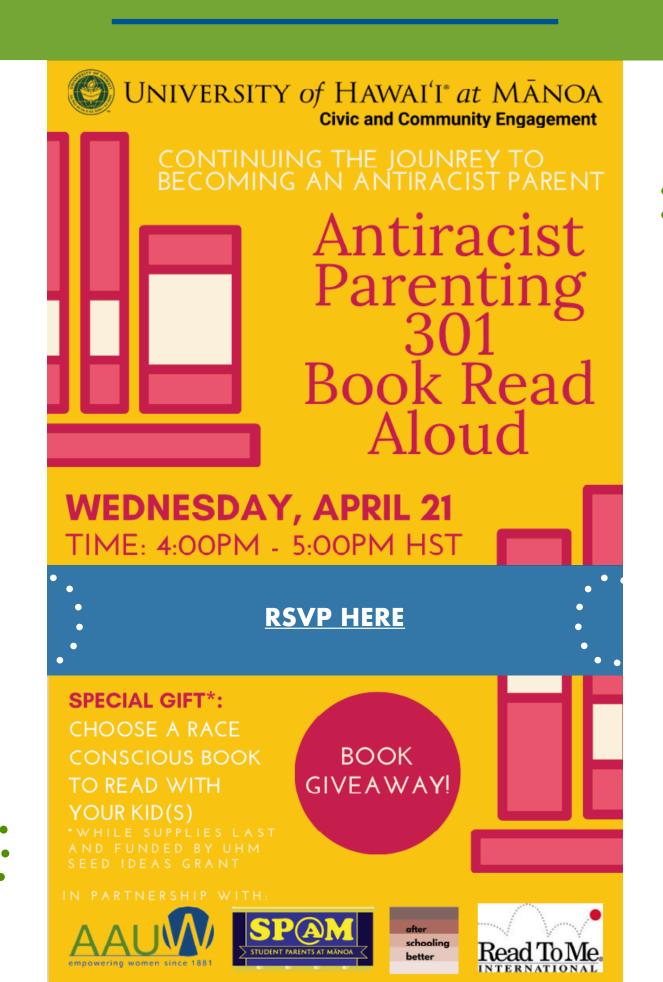








UPCOMING EVENT FLYERS



AAUW HONOLULU UPDATES

Find AAUW Honolulu Online



Website: <u>aauwhonolulu.org</u>

Email: info@aauwhonolulu.org

AAUW Honolulu was founded in 1905 as the College Club. Created to promote "the higher ideals of education among women" it became an official branch of the American Association of University Women in 1922. Since its founding, AAUW members have examined and taken positions on the fundamental issues of the day – educational, social, economic, and political.

AAUW Honolulu Career and Leadership Development Grant

Learn how to apply here

Apply by April 15, 2021

AAUW Honolulu offers multiple grants up to \$4,000 each for working women seeking to enhance and improve their careers. Women who are employed, recently employed, or are current graduate students are eligible to apply. Applicants must be living in the state of Hawai'i.

Girls Talk Back



Presented by Women's Fund of Hawai'i, AAUW Honolulu, & Ceeds of Peace

Apply here by April 30, 2021

The Girls Talk Back program is for girls in Hawai'i ages 14-18 who have aspirations to build peace, organize community, fight injustice, take a stand, and change the world. The free Summer 2021 program will consist of two VIRTUAL cohorts, each running Tuesday through Friday from 10am-noon over the course of four weeks.

Cohort 1: June 1, 2021 - June 25, 2021 Cohort 2: June 29, 2021 - July 23, 2021

Tweet Coleman Aviation Scholarship

Learn how to apply here



Apply by May 1, 2021

Eligibility: Residency in Hawaii and seeking FAA Pilot Certificate. Have a graduate or undergraduate degree or be studying at an accredited college or university.

About: Tweet Coleman made history as part of the first all-female flight crew to fly a Boeing 727. She has graciously endowed AAUW Honolulu with a yearly scholarship for women seeking to earn an FAA Pilot Certificate.

SEXUAL ASSAULT AWARENESS MONTH & PAU VIOLENCE

APRIL IS SEXUAL ASSAULT AWARENESS MONTH

In recognition and support of Sexual Assault Awareness Month, we've highlighted resources available through Pau Violence, a University of Hawai'i program dedicated to the prevention of gender based violence on UH campuses. PAU Violence is supported by the Hawai'i State Department of Health, Maternal and Child Health Branch and assisted by the Women's Center at UH Mānoa.



SAAM WEBINAR SERIES: EVERY WEDNESDAY IN APRIL 1:30-2:30 PM HST

Presented by the University of Hawaiʻi PAU Violence System

Preventing Sexual Grooming — 4/7

Gain an understanding of the grooming stages of sexual victimization, and learn what to look for. Talk with two therapists from the Sex Abuse Treatment Center on what you can do to protect against it.

Alcohol-Faciliated Sexual Assault — 4/14

Includes a viewing of the Hawai'i Coalition Against Sexual Assault film, *Shots*, and a discussion on the intersectionality of alcohol and sexual assault. Offers important protective information for young adults and beyond.

The Sexual Assault Response Team - 4/21

Includes a viewing of a film on Hawai'i's Sexual Assault Response Team, followed by a live panel discussion with the O'ahu team. Learn about the statewide system of care available for survivors of sexual violence (and their families).

The HI Way [respect] Episode - 4/28

Includes a viewing of the "Respect" episode (ageappropriate for keiki to kupuna) of the Honolulu Theatre for Youth's *The HI Way* series, followed by a panel discussion on the development of its online safety segment.

PAU: DONE, FINISH, END

P: Prevention A: Awareness U: Understanding

PAU VIOLENCE MISSION STATEMENT:

to inspire, educate, and empower students and campus communities to build safe living-learning environments, end interpersonal violence, and encourage holistic well-being in ways that are supportive, collaborative, student-centered, and strengths-based.

AVAILABLE SERVICES:

All appointments will be conducted via telephone or online due to COVID-19.

Email:

uhmpau@hawaii.edu
Phone:
808-956-4392



LINKS K

PAU Violence Website

PAU Violence Instagram

National Sexual Violence Resource Center Website (NSVRC)

SEXUAL ASSAULT AWARENESS MONTH: TITLE IX & COMBATING CAMPUS RAPE CULTURE

AN OP-ED BY RONJA STEINBACH AAUW-UHM INTERN

How can we spread awareness and create support for Title IX guidelines that protect the rights of women university students?



On September 29th, 2020 I received an email from the UH Mānoa Department of Public Safety informing me that there had been a sexual assault on my college campus. The assault took place in a residence hall across from where I lived during my freshman year.

I was angry when I read the email. I am angry; 20% of female college students will experience sexual assault—one in every five.

I wish that I was more surprised by this high statistic, but unfortunately, it is a reality that too many of us have accepted. Studies show that the beginning of the first two semesters of college are the times when students are at the highest risk of being sexually assaulted, something that I, unfortunately, can attest to. Clearly, we have a problem. Especially considering that the majority of cases go unreported.

The assault on September 29th was in the minority of cases that were reported to the Honolulu Police Department and I hope that appropriate action was taken. But, if you consider the trauma associated with being sexually assaulted, what really is "appropriate action"? Last year, I read Chanel Miller's memoir *Know My Name* and she, among others, reveals how challenging the process of pressing charges can be and how inadequate— and thus *not* appropriate—the outcomes frequently are. To make matters worse, the Department of Education (Betsy DeVos) under the Trump Administration, passed new rules that allowed for the cross-examination not only of the accused but also of the person reporting the sexual assault. Furthermore, the definition of sexual harassment and the evidence needed to qualify as sexual harassment was narrowed. Both of these changes favor the perpetrators and make a challenging process even harder for the survivors of sexual assault and harassment.

continued TITLE IX & COMBATING CAMPUS RAPE CULTURE

In colleges, sexual assault and harassment—among other issues—falls under Title IX which prohibits discrimination based on gender. As an intern for the American Association of University Women (AAUW) Honolulu, I want to help spread awareness and support for better Title IX guidelines.

AAUW's three pillars are economic security, education, and advocacy. Attaining economic security is difficult without an education, and getting an education is especially challenging when also battling the trauma associated with sexual assault or gender-based discrimination. Women are disproportionately affected by this issue and therefore working on Title IX issues is a way for me to engage others in advocating for women's rights in college. Furthermore, other rules under Title IX are relevant to ensuring equal treatment of women in STEM, for example, which is also close to my heart as a woman in the sciences (watch Picture a Scientist, for more information on the discriminatory experiences faced by women in STEM and how they relate to Title IX).

With a new president in office, it is heartening that there is expected to be a rollback on the Title IX rules put in place by Betsy DeVos. It is imperative that we hold the Biden-Harris administration accountable for making these changes. From my knowledge as a student at UH Mānoa, I further propose that sexual assault awareness curriculum and training should not only be mandated for employees but everyone. It should also be reviewed and designed in association with students, to make it more effective, because it is currently viewed as an inconvenient but necessary task to check off the list. Will these proposed changes solve all of the problems? No. Therefore, and most importantly, we need to continue the fight to change the rape culture in which we live. To address the harmful mindset that has infected our society, it is necessary for us to better educate the public. Creating a consent culture should begin much younger and various age-appropriate curricula should be implemented in schools. Additional steps to address some of the root causes of rape culture should be more widely discussed and put into action in all settings (UN Women's list of 16 Ways You Can Stand Against Rape Culture is a good place for us to start looking). The work of AAUW is a progressive step in the right direction. We must continue to fight for new ways of spreading awareness, uplifting women, educating men, and increasing the extent of our activism.

SOURCES

- $1. \quad https://www.womenshealth.gov/relationships-and-safety/sexual-assault-and-rape/college-sexual-assault-as$
- 2. https://www.pbs.org/newshour/show/what-the-trump-administrations-title-ix-changes-mean-for-survivors-and-the-accused 3. https://www.npr.org/2021/03/10/975645192/biden-begins-process-to-undo-trump-administrations-title-ix-rules
- https://www.vox.com/2020/5/6/21203255/new-title-ix-rules-campus-sexual-assault-betsy-devos
- https://www.unwomen.org/en/news/stories/2019/11/compilation-ways-you-can-stand-against-rape-culture

MAKE EVERY DAY EARTH DAY

CELEBRATE EVERY DAY LIKE IT'S EARTH DAY

Earth Day is coming up on Thursday, April 22. Here are some ideas from the AAUW-UHM team for what to watch, read, and do to show appreciation and care for the planet we all call home.



TO CHECK OUT

Sustainable brands: SandCloud & Patagonia

Campus resources: UH Mānoa <u>Institute for Sustainability and Resilience</u>, <u>Mālama I Nā Ahupua'a</u> serving learning and sustainability initiative

Organizations: Sustainable Coastlines
Hawai'i, Hawai'i Conservation Alliance, Blue
Planet Foundation, the Monterey Bay
Aquarium Seafood Watch

TO WATCH

<u>I Am Greta</u> — a Hulu original documentary about teen climate activist Greta Thunberg (2020)

<u>A Life on Our Planet</u> — Biographical documentary starring David Attenborough (2020)

<u>Before The Flood</u> — National Geographic, featuring Leonardo DiCaprio (2016)

TO DO

✓ Beach Clean-Up: When out at the beach, clean up any trash/plastics that you may see while in the ocean or laying on the shore. Grabbing little bits of trash here and there can make all of the difference.

Or <u>sign up for a beach cleanup event</u> with Sustainable Coastlines Hawai'i





continued

MAKE EVERY DAY EARTH DAY

TO DO

- ✓ Bring Your Own Stuff (BYOS): To eliminate the excess waste, consider bringing your own utensils and reusable straws when eating out.
- ✓ Protect Our Reefs While Protecting Your Skin: When spending a day out in the ocean, protect your skin and Hawai'i's coral reefs by wearing reef-safe sunscreen. Reef-safe sunscreen helps to keep Hawai'i's coral safe and undamaged from harsh chemicals.
- ✓ Give Back to the 'Āina: Whether you are getting your hands and feet dirty in the lo'i (taro farm), or diving in the kai (ocean), giving back to the 'āina is a simple way to celebrate Earth Day everyday in Hawai'i. If you're looking to buy some local plants, check out Koolau Farmers.
- ✓ Don't Waste Water: Check out these 10 tips from American Rivers for saving water at home.
- ✓ Go Meatless for a Day: To counter the environmental impacts of the meat industry, try incorporating more vegetarian meals into your diet. The <u>Food Network</u> has a list of <u>50 All-Time Best Vegetarian Recipes That Won't Break the Bank</u>.
- ✓ Attend an Earth Day event, in person or virtually:
- <u>Earth Day at Aloha Home Market</u> Sunday, April 18, 2021 | 9:00 am 2:00 pm | Kailua
- <u>Waimea Valley's 2021 Earth Day Celebration</u> Free to attend | Saturday, April 24, 2021 | 8:30 am 2:00 pm
- 2021 Honolulu Earth Day Challenge Run/Walk The Virtual Run Challenge

PRIVILEGE & THE COVID-19 VACCINE

BY SOKSAMPHOAS IM | AAUW-UHM Intern

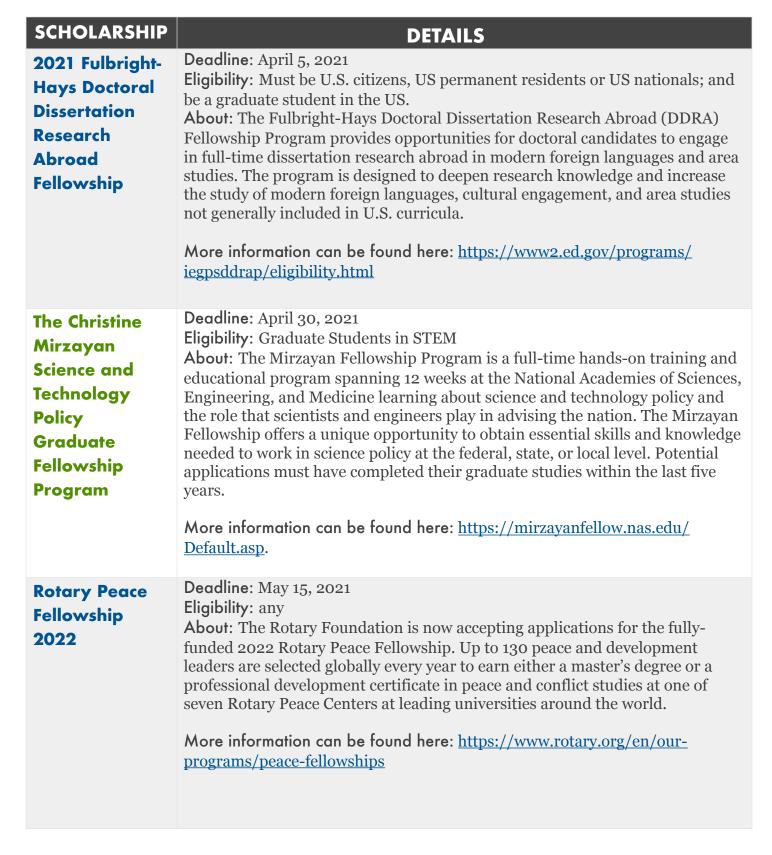
Whether you have the privilege to get the COVID-19 vaccine or not, we must all continue to exercise caution and follow public health guidelines.



Although tens of millions of COVID-19 vaccine doses such as Pfizer and Moderna have been rolled out since mid-December 2020 and the Johnson & Johnson vaccine was also approved for use by the Food and Drug Administration in the United States in February 2021, millions of Americans and people around the world are still in desperate need to get in line for the shots. Due to limited supplies of vaccines, the US government as advised by the Center for Disease Control had to prioritize populations that are most at risk of contracting the COVID-19 virus such as medical professionals, other frontline workers, and the elderly. Only in the beginning of March 2021 did the state and federal government start to prioritize other population groups who are in the essential work force—including education.

As someone in education who has the luxury of working from home during this global pandemic, my colleagues and I recognize our privilege in being included in the priority group for this scarce and precious vaccine. This privilege also accounts for my employer, University of Hawaii — making the appointment arrangement for all employees and students to get vaccines without having to join the online queue or to call the vaccination site. Not least, both my work supervisor and my department chair offered to help us register for the vaccine appointment in case we run into any issues. With this generous arrangement from the University of Hawaii — we got the shots of hope and relief in our arms. Although we are now less at risk from contracting or getting sick with COVID-19, there is no study that confirms the vaccine prevents us from being an asymptomatic carrier. Thus, we just want to share a reminder to vaccinated people that we must continue to practice all the safety guidelines including wearing a mask, washing our hands, and social distancing as much as we can until we beat this virus. With over 100 million doses of vaccine already administered in the US in the first quarter of 2021 and President Biden's announcement of full supply of vaccines by May 1, we are hopeful that life will slowly return to normalcy towards the end of the year.

SCHOLARSHIP OPPORTUNITIES



Mahalo for supporting AAUW at UH Mānoa!

If you have any questions or suggestions regarding this newsletter or any of our programs, please feel free to contact us at aauw.uhmanoa@gmail.com