

@afterschoolingbetter



antiracist parenting 201

Presented by Adrienne Hidalgo Esguerra, MA
February 24, 2021

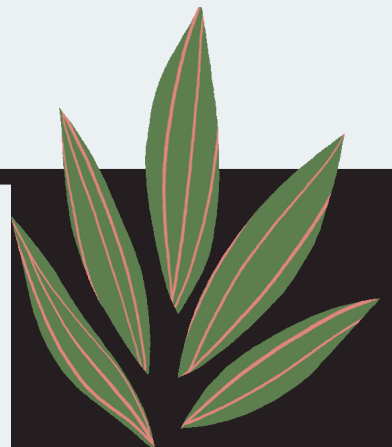
University of Hawai'i at Mānoa
Civic and Community Engagement
American Association of University Women
(AAUW at UHM)
Student Parents at Mānoa (SPAM)



land acknowledgement

**I AM AN UNINVITED SETTLER ON THE LAND
IN WHICH I LIVE, WORK, LEARN AND BUILD
COMMUNITY**

**KNOW WHICH LAND YOU OCCUPY:
NATIVE-LAND.CA**



WHAT IS **ANTIRACIST PARENTING**?

antiracist

Racist ideas "Any idea that suggests one racial group is inferior or superior to another racial group in any way."

Antiracist ideas "Any idea that suggests the racial groups are equals in all their apparent differences—that there is nothing right or wrong with any racial group. Antiracist ideas argue that racist policies are the cause of racial inequities."

-Ibram X. Kendi

parenting

Inclusive of: bio parents, adopted, step, surrogate, caregivers, aunts, uncles, grandparents, older siblings and cousins, educators, coaches, community organizers, anyone who centers this work around the children in their lives.



The background of the image is a grayscale photograph of tall, slender grass blades, possibly reeds or papyrus, growing in a body of water. The blades are reflected in the calm water below, creating a symmetrical, wavy pattern. The overall tone is muted and contemplative.

CHOOSING TO LEARN ABOUT ANTIRACIST
PARENTING IS A PRIVILEGE.

LEVERAGE YOUR PRIVILEGE AS A
PARENT/CAREGIVER.

WE HOLD A LOT OF **POWER**.

who's adrienne?

she/her

MOTHERING 5 BOYS

PARTNER

CO-PARENT

EDUCATOR

ACTIVIST

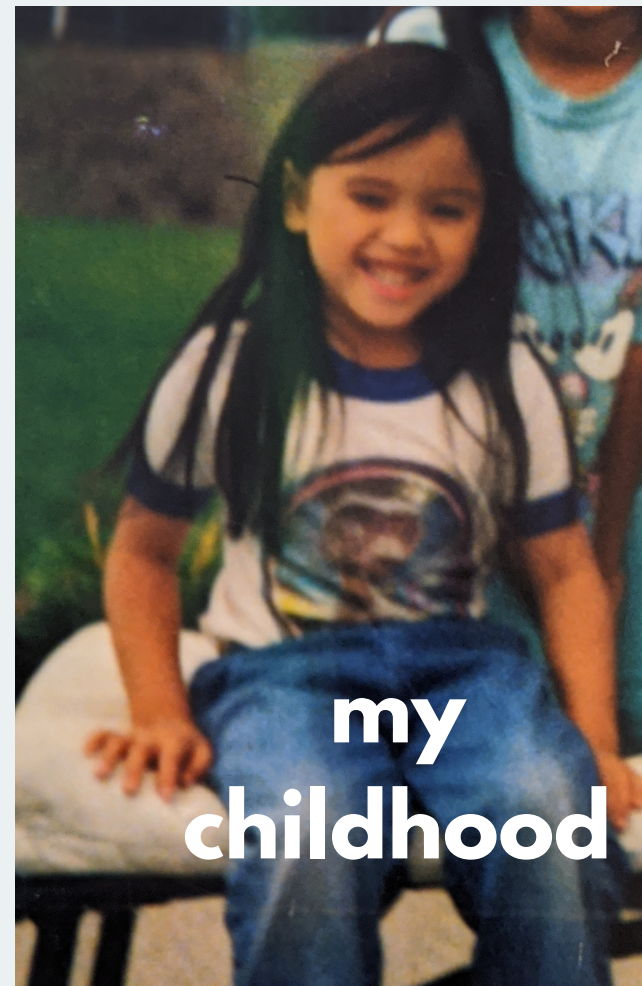
PUBLIC SCHOOL EDUCATED

LIFELONG LEARNER

DAUGHTER OF
GENERATION 1.5

FILIPINO

IMMIGRANTS



framework for antiracist parenting

BUILD RELATIONSHIP WITH SELF

understanding how your
upbringing impacts your
parenting

owning your story

BUILD RELATIONSHIP WITH CHILD

what antiracist parenting
looks like at different
ages and stages

BUILD RELATIONSHIP WITH COMMUNITY

find your people

find your person

find your book

BUILDING RELATIONSHIP WITH SELF

you
your learning
your story





**KNOW HISTORY
KNOW SELF**

**NO HISTORY
NO SELF**

BUILDING RELATIONSHIP WITH SELF

discussion:
when did **race first come
for you?**

**what is your earliest
memory of seeing the
world through a
racial lens?**



BUILDING RELATIONSHIP WITH CHILD(REN)

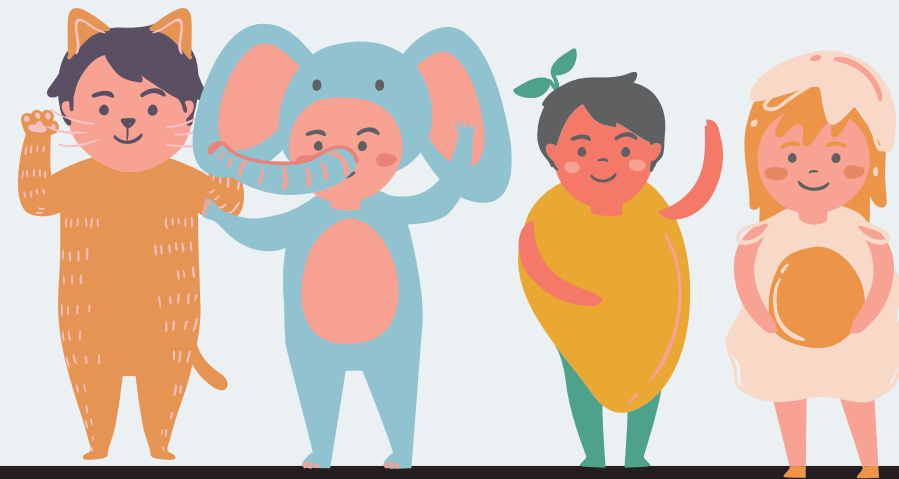
antiracist parenting in ages and stages:

toddlers

preschool

elementary school

middle & high school



RACISM INTERRUPTERS



[@sylvia duckworth](#)
[@privtoprog](#)

TODDLERS

LEARNING: LANGUAGE FOR NAMING

LAST SESSION:

1. NAMING SKIN COLOR AND RACIAL CATEGORIES
2. WHITENESS AS "NORMAL"
3. CROSS-RACIAL CHILDCARE AND PLAYGROUPS

TIPS FOR AVOIDING STEREOTYPES IN BOOKS & TOYS

- **Look for books** and images of POC adults and kids engaging in everyday activities & different kinds of families
- **Label countries and cultures**- builds cross cultural understanding
- What if I feel like I've already made a **mistake**?
- **BOOK RECOMMENDATIONS:**
 - Please Baby Please by Spike Lee and Tonya Lewis Lee
 - Toddler Two by Anastasia Suen
 - Barefoot Book's Baby's First Words by Christiane Engel

source: Rebekah Gienapp (2019)

PRESCHOOL

LAST SESSION

LEARNING:
CATEGORIZING PEOPLE

1. RESPONDING TO BIASED REMARKS

2. INTRO PROPER ETHNIC AND RACIAL LABELS

- **Should I introduce the word "racism" to 4-5 year olds?** Can say, "Racism is treating someone unfairly because of the color of their skin or their race." Focus on present rather than past examples.
- **Learn** to pronounce people's names correctly.
- **If the teacher calls home**...unpacking the role of shame and releasing it.
- **Spend time** with kids and adults of other races. More meaningful than any well crafted conversations.
- **BOOK RECOMMENDATIONS**
 - The Name Jar by Yangsook Choi

source: Rebekah Gienapp (2019)

ELEMENTARY SCHOOL

LEARNING:
IMPACT OF RACISM ON SOCIETY

LAST SESSION

1. RACE NOT BIOLOGICALLY REAL,
BUT SOCIALLY REAL

2. CROSS RACIAL FRIENDSHIPS

- **Building on definition of racism:** "All the beliefs, behaviors, and laws in our society that harm African American, Black, Latinx, Asian, Indigenous people and other people of color."
- Teach kids **"racist" is not a slur**. Most people believe both racist and antiracist ideas.
- As parents, we should make sure kids **learn complex versions of history** that they may not learn in school.
- Importance of **cross-racial friendships** at elementary school age have the greatest impact
- **BOOK RECOMMENDATIONS**
 - NutureShock: New Thinking About Children

source: Rebakah Gienapp (2019)

MIDDLE & HIGH SCHOOL LAST SESSION

LEARNING:

SEGREGATION IN SCHOOLS,
EVEN DIVERSE ONES

1. CODED RACIST LANGUAGE

2. RACIST STEREOTYPES FROM ACADEMIC TRACKING

- Disrupting the phrase "**that's so racist!**" Noticing race
- is not racist, and we can't undo racism if we don't talk about race.
- Teens often get basic factual information about race and racism wrong. We must be direct to confront the stereotypes they are absorbing.
- Identifying **white saviorism** in movies
- **BOOK RECOMMENDATION**
- White Kids: Growing Up with Privilege in a Racially Divided America by Margaret Hagerman
- Watch: "White Savior: The Movie Trailer" from the Seth Myers Show (LOL)

source: Rebekah Gienapp (2019)



discussion:

**what have you already done to
start conversations?**

what has felt good? bad?

**if you haven't started, what
approaches resonate?**



BUILDING RELATIONSHIP WITH COMMUNITY

- co-parenting
- find your village
- find your person
- find your book

find your book





**a note about
co-parenting:**

**move at the
speed of trust**

BUILDING RELATIONSHIP WITH CHILD(REN)

find your village

**FIND YOUR PEOPLE. TELL YOUR STORY,
LISTEN TO THEIR STORIES.**



**FIND YOUR PARTNER TO KEEP
YOU ACCOUNTABLE**

FIND YOUR BOOK

BUILDING RELATIONSHIP WITH COMMUNITY

source: Trina Greene Brown (2020)



discussion:

**what are your biggest take
aways?**

what will you do next?

who is your person?



References

Racial Identity Development:

American Psychological Association, RESilience: Uplifting Youth Through Health Communication about Race, <https://www.apa.org/res/parent-resources/reading>, accessed 11/26/20

Carrie Hutchinson, “Kids’ Misuse of the Term ‘Racist’ Is Dangerous – So Let’s Disrupt It,” The Establishment, February 15, 2018, <https://theestablishment.co/kids-misuse-of-the-term-racist-is-dangerous-so-let-s-disrupt-it-95235fb9a5fe/>

Harvey, Raising White Kids, 224.

.Racial Identity Development:

https://www.embracerace.org/resources/recording-and-resources-understanding-racial-ethnic-identity-development?gclid=Cj0KCQiAh4j-BRCsARIsAGeV12AaWAOcJc3BK8p8wfPtw60mRrrky0GqjZVa42FlutJ-eEMLjxp5RL0aAmTOEALw_wcB, accessed 11/27/20

Racial Identity Development:

<http://www.chapequity.com/>, accessed 11/27/20

Tips for toddler, preschool, elementary, middle and high school:

Raising antiracist kids: an age by age guide for parents of white children by Rebekah Gienapp, 2020

Critical Race Parenting:

Matias, Cheryl E. Ph.D. (2016) ""Mommy, is being brown bad?" : Critical Race Parenting in a Post-Race Era," Race and Pedagogy Journal: Teaching and Learning for Justice: Vol. 1 : No. 3 , Article 1.

Image Zone of Proximal Development:

<https://www.doodlemaths.com/zone-of-proximal-development/>, accessed 11/26/20

Other Books:

How to Be an Antiracist by Ibram X. Kendi, 2019

Parenting for Liberation: A Guide for Raising Black Children by Trina Greene Brown, 2020

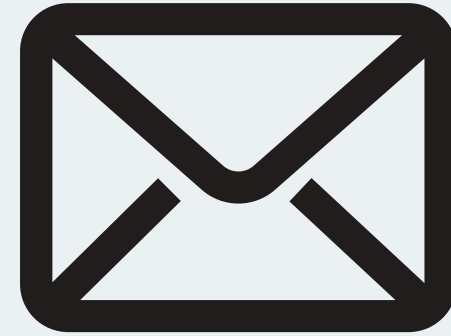
Emergent Strategy: Shaping Change, Changing Worlds by adrienne maree brown, 2017

Why Are All the Black Kids Sitting Together in the Cafeteria by Beverly Daniel Tatum, 2017



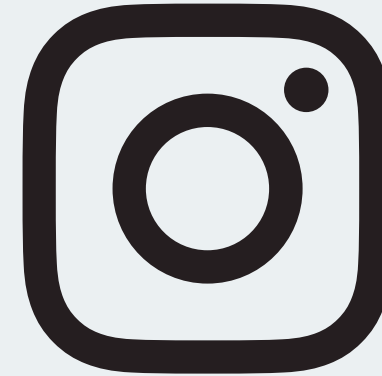
WAITLIST

get more info on future offerings



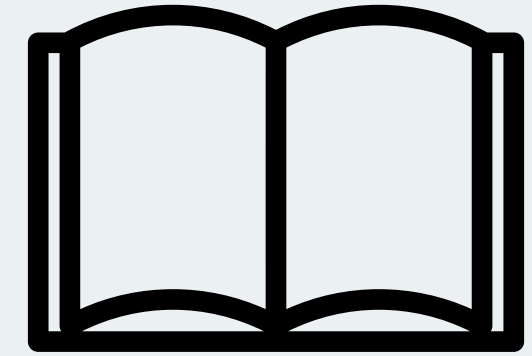
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INSTAGRAM

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MY BOOKSHOP

curated list of teacher
recommended, parent
approved books for
adults and children

