antiracist parenting 201

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University of Hawai‘i at Mānoa
Civic and Community Engagement
American Association of University Women (AAUW at UHM)
Student Parents at Mānoa (SPAM)
I AM AN UNINVITED SETTLER ON THE LAND IN WHICH I LIVE, WORK, LEARN AND BUILD COMMUNITY

KNOW WHICH LAND YOU OCCUPY: NATIVE-LAND.CA
WHAT IS ANTIRACIST PARENTING?

antiracist

Racist ideas "Any idea that suggests one racial group is inferior or superior to another racial group in any way."

Antiracist ideas "Any idea that suggests the racial groups are equals in all their apparent differences—that there is nothing right or wrong with any racial group. Antiracist ideas argue that racist policies are the cause of racial inequities."

-Ibram X. Kendi

parenting

Inclusive of: bio parents, adopted, step, surrogate, caregivers, aunties, uncles, grandparents, older siblings and cousins, educators, coaches, community organizers, anyone who centers this work around the children in their lives.
CHOOSING TO LEARN ABOUT ANTIRACIST PARENTING IS A PRIVILEGE.

LEVERAGE YOUR PRIVILEGE AS A PARENT/CAREGIVER.

WE HOLD A LOT OF POWER.
who's adrienne?
she/her
MOTHERING 5 BOYS
PARTNER
CO-PARENT
EDUCATOR
ACTIVIST
PUBLIC SCHOOL EDUCATED
LIFELONG LEARNER
DAUGHTER OF
GENERATION 1.5
FILIPINO
IMMIGRANTS

my childhood
2004
2017
all 5
2020
**Framework for Antiracist Parenting**

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<th>Build Relationship with Self</th>
<th>Build Relationship with Child</th>
<th>Build Relationship with Community</th>
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<tr>
<td>Understanding how your upbringing impacts your parenting</td>
<td>What antiracist parenting looks like at different ages and stages</td>
<td>Find your people</td>
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<td>Owning your story</td>
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<td>Find your person</td>
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<td>Find your book</td>
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Source: @afterschoolingbetter
BUILDING RELATIONSHIP WITH SELF

you
your learning
your story
KNOW HISTORY
KNOW SELF

NO HISTORY
NO SELF

BUILDING RELATIONSHIP WITH SELF
discussion:

when did race first come for you?

what is your earliest memory of seeing the world through a racial lens?
BUILDING RELATIONSHIP WITH CHILD(REN)

antiracist parenting in ages and stages:
toddlers
preschool
elementary school
middle & high school
RACISM INTERRUPTERS

That's not okay with me.

I find that offensive.

Hold on, I need to process what you said.

I didn't realize you think that.

Help me understand your thinking.

I'm not comfortable with that.

What you just said is harmful.

That's not funny.

We don't say things like that here.

@syliaduckworth

@privtoprog
LEARNING: LANGUAGE FOR NAMING

LAST SESSION:
1. NAMING SKIN COLOR AND RACIAL CATEGORIES
2. WHITENESS AS "NORMAL"
3. CROSS-RACIAL CHILDCARE AND PLAYGROUPS

TIPS FOR AVOIDING STEREOTYPES IN BOOKS & TOYS

- **Look for books** and images of POC adults and kids engaging in everyday activities & different kinds of families
- **Label countries and cultures** - builds cross cultural understanding
- What if I feel like I've already made a **mistake**?
- **BOOK RECOMMENDATIONS:**
  - Please Baby Please by Spike Lee and Tonya Lewis Lee
  - Toddler Two by Anastasia Suen
  - Barefoot Book's Baby's First Words by Christiane Engel

source: Rebekah Gienapp (2019)
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<th>PRESCHOOL</th>
<th>LAST SESSION</th>
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<td><strong>LEARNING:</strong> CATEGORIZING PEOPLE</td>
<td><strong>1. RESPONDING TO BIASED REMARKS</strong></td>
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<td><strong>2. INTRO PROPER ETHNIC AND RACIAL LABELS</strong></td>
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- **Should I introduce the word "racism" to 4-5 year olds?** Can say, "Racism is treating someone unfairly because of the color of their skin or their race." Focus on present rather than past examples.
- **Learn** to pronounce people's names correctly.
- **If the teacher calls home**...unpacking the role of shame and releasing it.
- **Spend time** with kids and adults of other races. More meaningful than any well crafted conversations.
- **BOOK RECOMMENDATIONS**
  - The Name Jar by Yangsook Choi

source: Rebekah Gienapp (2019)
**Building on definition of racism:** "All the beliefs, behaviors, and laws in our society that harm African American, Black, Latinx, Asian, Indigenous people and other people of color."

- Teach kids *"racist" is not a slur*. Most people believe both racist and antiracist ideas.
- As parents, we should make sure kids **learn complex versions of history** that they may not learn in school.
- Importance of **cross-racial friendships** at elementary school age have the greatest impact

**BOOK RECOMMENDATIONS**
- NutureShock: New Thinking About Children

*source: Rebakah Gienapp (2019)*
LEARNING:
SEGREGATION IN SCHOOLS,
EVEN DIVERSE ONES

LAST SESSION
1. CODED RACIST LANGUAGE
2. RACIST STEREOTYPES FROM ACADEMIC TRACKING

- Disrupting the phrase "that's so racist!" Noticing race
- is not racist, and we can’t undo racism if we don’t talk about race.
- Teens often get basic factual information about race and racism wrong. We must be direct to confront the stereotypes they are absorbing.
- Identifying white saviorism in movies
- BOOK RECOMMENDATION
- White Kids: Growing Up with Privilege in a Racially Divided America by Margaret Hagerman
- Watch: "White Savior: The Movie Trailer" from the Seth Myers Show (LOL)

source: Rebekah Gienapp (2019)
discussion:

what have you already done to start conversations?

what has felt good? bad?

if you haven't started, what approaches resonate?
BUILDING RELATIONSHIP WITH COMMUNITY

co-parenting
find your village
find your person
find your book
a note about co-parenting: move at the speed of trust
find your village

FIND YOUR PEOPLE. TELL YOUR STORY, LISTEN TO THEIR STORIES.

FIND YOUR PARTNER TO KEEP YOU ACCOUNTABLE

FIND YOUR BOOK

BUILDING RELATIONSHIP WITH COMMUNITY

source: Trina Greene Brown (2020)
discussion:

what are your biggest takeaways?

what will you do next?

who is your person?
References

Racial Identity Development:


Harvey, Raising White Kids, 224.

Racial Identity Development:
https://www.embracerace.org/resources/recording-and-resources-understanding-racial-ethnic-identity-development?gclid=Cj0KCQiAh4j-BRCsARIsAGeV12AaWAoCjc3BK8sp8wfPtw60mRrrky0GgZVa42FluTJeEMLjxp5RL0aAmTOEALw_wcB, accessed 11/27/20

Racial Identity Development:

Tips for toddler, preschool, elementary, middle and high school:
Raising antiracist kids: an age by age guide for parents of white children by Rebekah Gienapp, 2020

Critical Race Parenting:

Image Zone of Proximal Development:

Other Books:
How to Be an Antiracist by Ibram X. Kendi, 2019
Emergent Strategy: Shaping Change, Changing Worlds by adrienne maree brown, 2017
Why Are All the Black Kids Sitting Together in the Cafeteria by Beverly Daniel Tatum, 2017