University of Hawai‘i at Mānoa  
Myron B. Thompson School of Social Work  
Master of Social Work and Bachelor of Social Work  
Distance Education Options

TECHNOLOGY REQUIREMENTS

It is essential for students enrolled in a distance education option to have an updated computer and reliable, high speed access to the internet. Students are given authorization to enter the instructor’s virtual classroom, virtual office, record and submit videos, thus they must have consistent access to a reliable internet connection, headset, and camera.

**Students are required to have the following:**

- **PC Desktop or Laptop OR Macintosh Desktop or Laptop**

  Not all software or courses can be properly accessed on a smartphone or tablet. Please refer to the University of Hawai‘i Information Technology Services computer recommendations here: [http://www.hawaii.edu/askus/585](http://www.hawaii.edu/askus/585)

- **Headset** (headphones/earbuds *with* microphone)

  Students are expected to invest in a good quality headset to allow for best quality sound and contribution to class.

- **Web Camera** – either separate or integrated with computer system

- **Software:**
  - Microsoft Office 2010 or higher
  - Adobe Reader
  - Google Chrome, Mozilla Firefox, **OR** Safari (latest release)

  UH Mānoa has some free and educational discounts and site licensing programs that reduce the costs for hardware and software. Please see [http://www.hawaii.edu/infotech/getsoftware.html](http://www.hawaii.edu/infotech/getsoftware.html) for more information.

- **Access to the Internet**

  Because students attend online classes, participate in online meetings, and submit pre-recorded videos, a high-speed and reliable internet connection is a must. A hard-wired connection to the internet is strongly recommended.