

# UH Mānoa Student-Athletes

What to Know and How to Support



## ***DSS Deep Dive***

December 19, 2024

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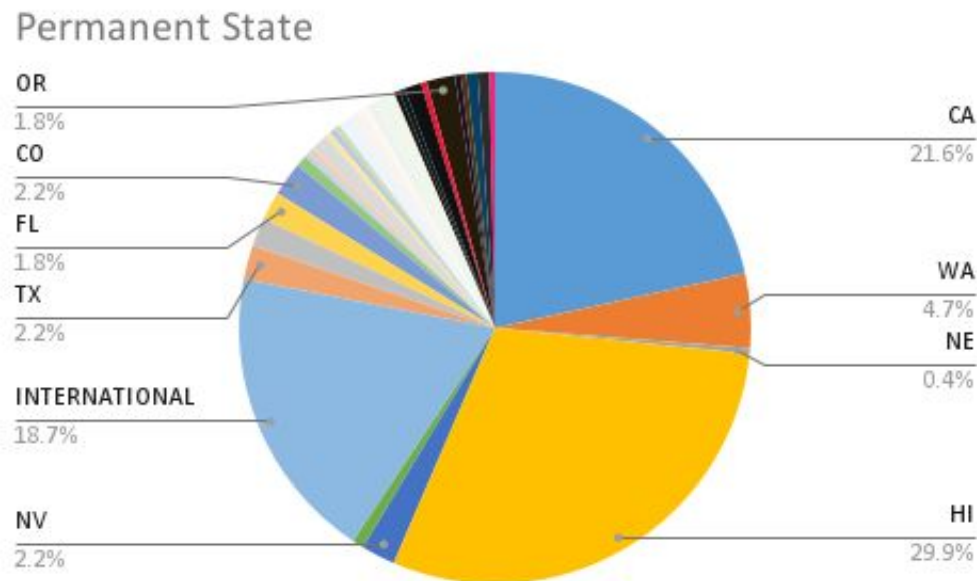
# Today's Game Plan

- UH Mānoa Student-Athlete Background Information
- Highlight Academic Successes
- Day in the Life of a Student-Athlete + Challenges
- Student-Athlete Resources
  - Student-Athlete Academic Services (SAAS)
  - Faculty Athletics Representative (FAR)
- How to Support
- Hot Topics in Athletics
- Q&A



# UH Mānoa Student-Athletes: Background Information

- **~500 student-athletes**
  - **From?**
    - **30% from HI**
    - **51% from other US States**
    - **19% International**
  - **Student Status**
    - **91% Undergraduate students**
    - **9% Graduate students**
- **21 sports/teams**
  - **12 Women's**
  - **7 Men's**
  - **2 Co-ed**



# Success in the Classroom

- **2023-24 Academic Year**
  - **Fall 2023: 32 Graduates**
  - **Spring 2024: 113 Graduates**
- **249 SAs on the Dean's list**
- **35 SAs with a 4.0 in the 2023-24**
- **Spring 2024 - Average cumulative GPA = 3.22!!**
  - **19 of 21 teams with cumulative GPA above 3.0!!**



# SA GPA: Details & Trends

SEMESTER	# OF ATHLETES	CUM SEM	CUM CUM	CUM GPA 3.5-4.0		CUM GPA 3.0-3.49		SEM GPA 3.0-4.0	
		GPA	GPA	NUM	PCT	NUM	PCT	NUM	PCT
Spring 2014	473	2.97	3.02	90	19%	169	36%	278	59%
Fall 2014	481	2.98	3.03	91	19%	179	37%	281	58%
Spring 2015	448	2.96	3.02	88	20%	147	33%	243	54%
Fall 2015	479	2.94	3.03	102	21%	163	34%	270	56%
Spring 2016	456	3.02	3.06	99	22%	156	34%	277	61%
Fall 2016	521	3.05	3.05	112	21%	180	35%	309	59%
Spring 2017	494	3.01	3.06	106	21%	179	36%	284	57%
Fall 2017	515	3.02	3.07	122	24%	172	33%	321	62%
Spring 2018	476	2.99	3.09	109	23%	177	37%	290	61%
Fall 2018	490	3.05	3.11	132	27%	166	34%	306	62%
Spring 2019	466	3.02	3.10	126	27%	161	35%	286	61%
Fall 2019	492	3.08	3.12	148	30%	155	32%	312	63%
Spring 2020	460	3.42	3.24	158	34%	161	35%	397	86%
Fall 2020	482	3.14	3.19	183	38%	150	31%	326	68%
Spring 2021	451	3.05	3.20	165	37%	137	30%	271	60%
Fall 2021	498	2.98	3.09	166	33%	143	29%	291	58%
Spring 2022	466	2.98	3.10	151	32%	136	29%	278	60%
Fall 2022	518	3.16	3.14	180	35%	151	29%	351	68%
Spring 2023	484	3.14	3.17	178	37%	134	28%	325	67%
Fall 2023	522	3.14	3.21	206	39%	146	28%	356	68%
Spring 2024	496	3.17	3.22	185	37%	157	32%	340	69%

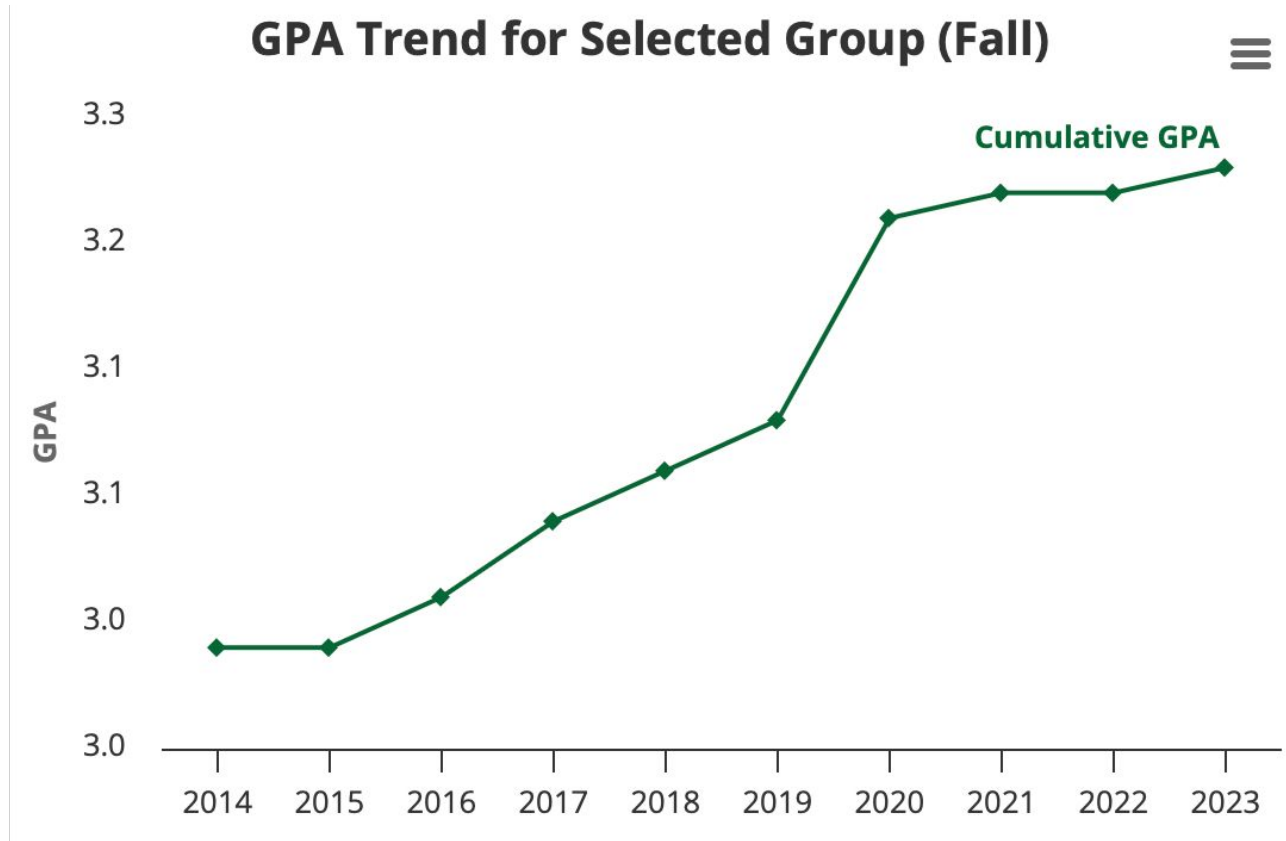
W Tennis	3.68
W Soccer	3.65
W Volleyball	3.55
Softball	3.54
Beach Volleyball	3.52
W Cross Country	3.52
W Golf	3.51
M Golf	3.44
W Swim/Dive	3.44
W Track	3.42
W Water Polo	3.4
Coed Sailing	3.26

# Top Team GPAs - Spring 2024

M Volleyball	3.25
W Sailing	3.25
W Basketball	3.18
M Tennis	3.14
M Basketball	3.1
M Swim/Dive	3.06
Cheer	3.04
Baseball	2.98
Football	2.87



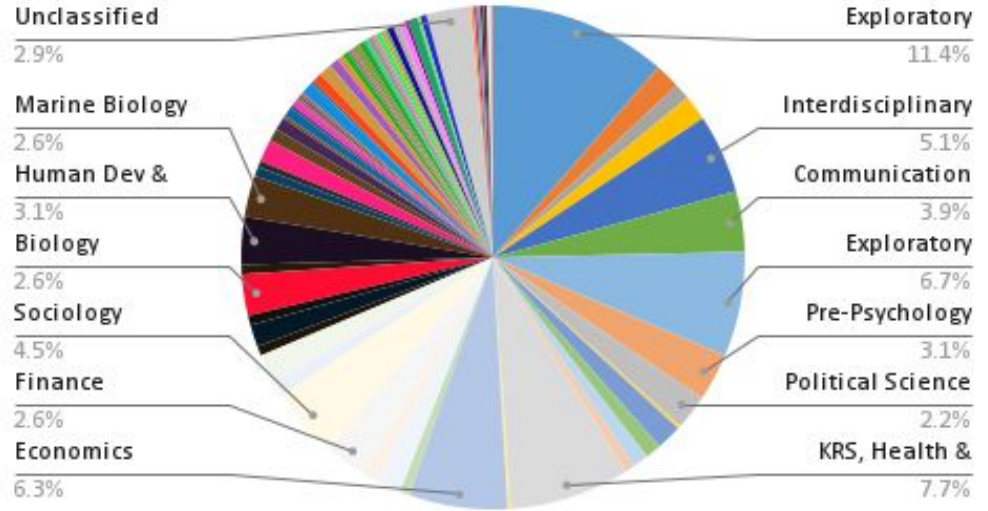
# SAs vs. Upper campus



# Popular Majors

- **Shidler College of Business**
  - **Exploratory Business**
  - **Finance**
  - **Marketing**
- **KRS Health and Exercise Science (Kinesiology and Rehabilitation Science)**
- **Economics**
- **Communication**
- **Interdisciplinary Studies**
- **Psychology**
- **Human Development & Family Studies**
- **Sociology**
- **Biology**

## Majors



- **Also have majors in Astrophysics, Biological Engineering, History, Marine Biology, Mathematics, Mechanical Engineering, Molecular Cell Biology, Microbiology, Physics, and more!**

# Life of a Student-Athlete at UH Mānoa

## Daily/Weekly

Student Weekly Planning Sheet

Name: \_\_\_\_\_

	SUN	MON	TUE	WED	THUR	FRI	SAT
6:00 AM		Treatment	Treatment	Treatment	Treatment		
6:30 AM		Treatment	Team Meeting	Team Meeting	Team Meeting		
7:00 AM		Team Meetings	Practice	Practice	Practice	Treatment	
7:30 AM		Team Meetings	Practice	Practice	Practice	Practice	
8:00 AM		Weights/Conditioning	Practice	Practice	Practice	Practice	
8:30 AM		Weights/Conditioning	Practice	Practice	Practice	Practice	
9:00 AM			Practice	Practice	Practice	Practice	
9:30 AM			Practice	Practice	Practice	Practice	
10:00 AM	Treatment						
10:30 AM	Treatment	ENG 100	Weights/Conditioning	ENG 100	Weights/Conditioning	ENG 100	Stretch
11:00 AM	Treatment	ENG 100	Weights/Conditioning	ENG 100	Weights/Conditioning	ENG 100	Position Meeting
11:30 AM	Treatment	ECON 130		ECON 130		ECON 130	
12:00 PM		ECON 130	HAW 100	ECON 130	HAW 100	ECON 130	
12:30 PM		COMG 251	HAW 100	COMG 251	HAW 100	COMG 251	
1:00 PM		COMG 251	HAW 100	COMG 251	HAW 100	COMG 251	
1:30 PM			HDFS 230		HDFS 230		
2:00 PM		Study Hall	HDFS 230	Study Hall	HDFS 230		Walk Thru
2:30 PM		Study Hall	HDFS 230	Study Hall	HDFS 230		Team Meal
3:00 PM		Study Hall		Study Hall		Team Meeting	Team Meal
3:30 PM						Position Meeting	Team Meeting
4:00 PM		Position Meeting	Position Meeting	Position Meeting	Position Meeting	Team Activity	Pre-Game Prep
4:30 PM		Position Meeting	Position Meeting	Position Meeting	Position Meeting		Warm-up
5:00 PM		Position Meeting	Position Meeting	Position Meeting	Position Meeting		Warm-up
5:30 PM		Walk Thru					Warm-up
6:00 PM		Walk Thru				Team Meeting	Game
6:30 PM							Game
7:00 PM							Game
7:30 PM							Game
8:00 PM							Game
8:30 PM							Game
9:00 PM							Game
9:30 PM							Game
10:00 PM							

## Semester

FALL 2024 SEMESTER							
Wk #	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	AUG 25	26 First Day of Instruction	27	28	29	30 V. SMU	31
2	SEP 1 V. SDSU	2 HOLIDAY: Labor Day	3	4	5	6 V. Pepperdine	7 V. Pepperdine
3	8	9	10 V. Texas State	11	12	13 V. OSU	14 V. Texas State
4	15 Trip #1 - Depart for NV	16	17 @UNLV	18	19	20 @Texas	21 @Baylor
5	22 Return to HNL	23	24	25	26	27 V. UCI	28 V. CS Fullerton
6	29	30	OCT 1	2 Trip #2 - Depart for CA	3	4 @UCSD	5 @LBSU
7	6 Return to HNL	7	8	9	10	11 V. UC Davis	12
8	13 V. UC Riverside	14	15	16 Trip #3 - Depart for CA	17	18 @ Cal Poly	19 @UCSB
9	20	21	22 @CS Bakersfield	23 Return to HNL	24	25	26
10	27 V. CSUN	28	29	30	31	NOV 1 V. UCSB	2 V. Cal Poly
11	3	4	5 HOLIDAY: Election Day Trip #4 - Depart for CA	6	7 @UC Riverside	8	9 @UC Davis
12	10 Return to HNL	11 HOLIDAY: Veteran's Day	12	13	14	15 V. LBSU	16 V. UCSD
13	17	18	19	20 Trip #5 - Depart for CA	21	22 @CS Fullerton	23 @UC Irvine
14	24 Return to HNL	25	26 Trip #6 - Depart for CA	27	28 HOLIDAY: Thanksgiving	29 V. UC Davis Non-Instructional Day	30 V. Cal Poly
15	DEC 1 Return to HNL	2 Trip #7 - Depart for OR	3	4	5 V. TCU	6 Return to HNL	7
16	8	9	10	11	12 Last Day of Instruction	13 Study Period	14
17	15	16 Final Exams	17 Final Exams	18 Final Exams	19 Final Exams	20 Semester Ends Final Exams	21

# Student-Athlete Resources

- **Student-Athlete Academic Services (SAAS)**
- **Faculty Athletics Representative**
- Athletic Training
- Strength & Conditioning
- Rainbow Wellness
- Supplemental Meals

# Student-Athlete Academic Services (SAAS)

**Division of Student Success**  
**Student Academic Success**  
**Mānoa Academic Advising**



SAAS provides comprehensive academic advising and learning support services to recruit, retain, and graduate; to facilitate personal and academic growth; and to ensure academic integrity and compliance with NCAA academic eligibility rules for UH Mānoa student-athletes.



# Nagatani Academic Center



**Located on Lower Campus**

- **Computer Lab**
- **Study Rooms**
- **SAAS Advising Offices**



# SAAS Programs & Services

- Academic Advising
- NCAA Academic Eligibility
- Summer Bridge
- New Student-Athlete Orientation
- Peer Mentoring
- Peer Tutoring
- Learning Specialist (Ikaika)
- UNIV Courses
- STAR Balance Instructor Outreach



# **Faculty Athletics Representative**

**"The president or chancellor of each member institution shall appoint and support the Faculty Athletics Representative as the principal point of contact to whom student-athletes can report any action, activity or behavior by anyone associated with athletics programs inconsistent with this Constitution's principle of student-athlete health and well-being. In this role, the FAR is a reporting contact for student-athletes independent of the institution's athletic department, but not a legal advocate for student-athletes. The FAR, in this capacity, shall report directly to the member institution's president or chancellor."**

# **Faculty Athletics Representative**

## **Main duties**

- 1. Support SA welfare**
- 2. Liaison between athletics and faculty/academics**
- 3. Play a role in institutional control and academic integrity of athletics**

# Faculty Athletics Representative

## Examples

- **Help SAs navigate difficult situations with coaches/teammates/faculty/etc.**
- **Direct SAs to available resources**
- **Help find suitable resolutions in a variety of academic situations (e.g., missed class/exam for travel)**
- **Work with academic advisors and the athletic department to ensure rules are followed, students are eligible, and develop policies**
- **Represent the institution in governance at the conference level**

# How to Support

- Excused Student Absences for Official University-Sponsored Events
  - Faculty members will make all reasonable attempts to accommodate student absences from class due to their participation in a university-sponsored event, such as an intercollegiate athletic competition or academic event at which the student represents his or her department or UH Mānoa.
  - For regularly-scheduled events, students are to notify instructors within the first two weeks of the semester. For special events or tournaments, students are to notify their instructors as soon as they learn of the anticipated absence. In both cases, students who must miss class for such events will be responsible for completing all assigned work as expeditiously as possible.
- “Reasonable Attempts to Accommodate”
- Provide Feedback on STAR Balance Instructor Outreach Campaigns
- Consider the Challenges
- Reach out if you have questions

# Hot Topics in Athletics

- **Name, Image, and Likeness (NIL)**
- **Conference Realignment**
- **Transfer Portal**



**Thank you for your attention!**

**Questions?**

**Contact:**

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