



November 20, 2015

Dear Complex Area Superintendent Ann Mahi,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities as well as a more detailed summary for your Complex Area during the 2014-2015 school year. This report acknowledges that 8 teachers/staff from 5 of the 9 schools in your Complex Area participated in 29 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 5 schools in your Complex Area that completed fitness assessments last year.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

**Lisa Hockenberger**

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# Complex Area Report

Nānākuli-Wai‘anae

School Year 2014-2015



## Overview

The Healthy Hawai‘i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs also provide opportunities for follow-up and reflection on the implementation of new skills. Offering statewide professional development in health and physical education is expected to facilitate and enhance teachers’ application of skills, knowledge, and curricula.

During the 2014-2015 school year, the HHI RTs conducted a total of 393 professional development events statewide, including 5 county workshops, 10 PDE3 courses, 337 one-on-one trainings, 28 faculty in-services, and 13 additional professional development events. A total of 674 unique (non-repeat) participants throughout the state participated in at least one HHI training event last school year.

## State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
393	674

Table 2: Type of Training Event **Statewide** (n=393)

Event Type	State Events
One-on-One	337
In-Services	28
PDE3 Courses	10
County Workshops	5
Other (e.g., VP meetings)	13
<b>STATE TOTAL</b>	<b>393</b>

## District Summary

Table 3: Events Offered in **Leeward District** (n=29)

Event Type	Leeward Events
One-on-One	24
In-Services	3
County Workshop	1
PDE3 Course	1
<b>DISTRICT TOTAL</b>	<b>29</b>

## Nānākuli-Wai‘anae Summary

Table 4: Participants' **Grade Level**

Grade Level	N (%)
Elementary	2 (25.0)
Intermediate/Middle	1 (12.5)
High	3 (37.5)
Multiple	2 (25.0)
<b>COMPLEX AREA TOTAL</b>	<b>8 (100.0)</b>

Table 5: Participants' **Position**

Position	N (%)
PE Teacher/PE IRA	7 (87.5)
Health & PE Teacher	1 (12.5)
<b>COMPLEX AREA TOTAL</b>	<b>8 (100.0)</b>

Table 6: **Unique Participants**

Complex	Unique Participants
Nānākuli	3
Wai‘anae	5
<b>COMPLEX AREA TOTAL</b>	<b>8</b>

## School Level Summary

Table 7: **NĀNĀKULI Complex** - Schools & Participants

School	Unique Participants
Nanaikapono Elementary	1
Nānākuli Elementary	-
Nānākuli High and Intermediate	2
<b>NĀNĀKULI COMPLEX TOTAL</b>	<b>3</b>

Table 8: **WAI‘ANAE Complex** - Schools & Participants

School	Unique Participants
Leihoku Elementary	-
Ma‘ili Elementary	1
Makaha Elementary	-
Wai‘anae Elementary	-
Wai‘anae Intermediate	1
Wai‘anae High	3
<b>WAI‘ANAE COMPLEX TOTAL</b>	<b>5</b>

## School Level Summary for Fitness Testing and Fitness Meets

This summary indicates the name of the schools that completed fitness testing and participated in an elementary fitness meet during the 2014-2015 school year (Table 9). Approximately 650 students participated in fitness meets in Leeward District.

**Table 9: Schools Participating in Fitness Testing and Fitness Meets**

schools	NĀNĀKULI-WAI'ANAE		
	Nānākuli Complex	Fitness Testing	Fitness Meet
	Nanaikapono Elementary	✓	
	Nānākuli Elementary	✓	
	Nānākuli High and Intermediate		N/A
	Wai'anae Complex	Fitness Testing	Fitness Meet
	Leihoku Elementary		
	Ma'ili Elementary	✓	
	Makaha Elementary		
	Wai'anae Elementary		
	Wai'anae Intermediate	✓	N/A
	Wai'anae High	✓	N/A
	<b>TOTAL</b>	<b>5</b>	<b>0</b>