



November 20, 2015

Dear Complex Area Superintendent Bill Arakaki,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities along with a more detailed summary for your Complex Area during the 2014-2015 school year. This report acknowledges that 95 teachers/staff from 15 of the 16 schools in your Complex Area participated in 85 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 14 schools in your Complex Area that completed fitness assessments last year and an additional 3 schools that participated in elementary fitness meets in your Complex Area.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

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Complex Area Report

Kapa'a-Kaua'i-Waimea

School Year 2014-2015



Overview

The Healthy Hawai'i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs also provide opportunities for follow-up and reflection on the implementation of new skills. Offering statewide professional development in health and physical education is expected to facilitate and enhance teachers' application of skills, knowledge, and curricula.

During the 2014-2015 school year, the HHI RTs conducted a total of 393 professional development events statewide, including 5 county workshops, 10 PDE3 courses, 337 one-on-one trainings, 28 faculty in-services, and 13 additional professional development events. A total of 674 unique (non-repeat) participants throughout the state participated in at least one HHI training event last school year.

State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
393	674

Table 2: Type of Training Event **Statewide** (n=393)

Event Type	State Events
One-on-One	337
In-Services	28
PDE3 Courses	10
County Workshops	5
Other (e.g., VP meetings)	13
STATE TOTAL	393

District Summary

Table 3: Events Offered in **Kaua'i District** (n=85)

Event Type	Kauai Events
One-on-One	68
In-Services	13
County Workshop	1
PDE3 Course	1
Other (e.g., VP meetings)	2
DISTRICT TOTAL	85

Kapa'a-Kaua'i-Waimea Summary

Table 4: Participants' Grade Level

Grade Level	N (%)
Elementary	62 (65.3)
Intermediate/Middle	11 (11.6)
High	8 (8.4)
Complex/District	14 (14.7)
COMPLEX AREA TOTAL	95 (100.0)

Table 5: Participants' Position

Position	N (%)
Classroom Teacher	45 (47.4)
PE Teacher	16 (16.8)
Principal	14 (14.7)
Complex Specialist	4 (4.2)
SRS	2 (2.1)
CABM	1 (1.1)
Complex Academic Officer	1 (1.1)
Complex Area Superintendent	1 (1.1)
District School Health Nurse	1 (1.1)
ELL Teacher	1 (1.1)
Health Aide	1 (1.1)
Health & PE teacher	1 (1.1)
IT Manager	1 (1.1)
School Food Service Worker	1 (1.1)
SPED Teacher	1 (1.1)
Team Sports Teacher	1 (1.1)
Title 1/Curriculum Coordinator	1 (1.1)
Vice Principal	1 (1.1)
Volunteer	1 (1.1)
COMPLEX AREA TOTAL	95 (100.6*)

* Total percentages may not equal 100.0 due to rounding.

Table 6: Unique Participants

Complex	Unique Participants
Kapa'a	26
Kaua'i	44
Waimea	13
Complex/District	12
COMPLEX AREA TOTAL	95

School Level Summary

Table 7: KAPA'A Complex - Schools & Participants

School	Unique Participants
Hanalei Elementary	1
Kapa'a Elementary	17
Kapa'a Middle	3
Kapa'a High	2
Kilauea Elementary	3
KAPA'A COMPLEX TOTAL	26

Table 8: KAUA'I Complex - Schools & Participants

School	Unique Participants
Kamakahahei Middle	6
Kaua'i High	5
Kaumuali'i Elementary	17
Koloa Elementary	3
Wilcox Elementary	11
KAUA'I COMPLEX TOTAL	42

Table 9: WAIMEA Complex - Schools & Participants

School	Unique Participants
'Ele'ele Elementary	5
Kalaheo Elementary	2
Kekaha Elementary	3
Ni'ihau High and Elementary	-
Waimea Canyon Middle	2
Waimea High	1
WAIMEA COMPLEX TOTAL	13

School Level Summary for Fitness Testing and Fitness Meets

This summary indicates the name of the schools that completed fitness testing and participated in an elementary fitness meet during the 2014-2015 school year (Table 10). Approximately 375 students participated in fitness meets in Kaua'i District.

Table 10: Schools Participating in Fitness Testing and Fitness Meets

schools	KAPA'A-KAUA'I-WAIMEA		
	Kapa'a Complex	Fitness Testing	Fitness Meet
	Hanalei Elementary		
	Kapa'a Elementary	✓	✓
	Kapa'a Middle	✓	N/A
	Kapa'a High	✓	N/A
	Kilauea Elementary	✓	
	Kaua'i Complex	Fitness Testing	Fitness Meet
	Kamakahahei Middle	✓	
	Kaua'i High	✓	N/A
	Kaumuali'i Elementary	✓	✓
	Koloa Elementary	✓	
	Wilcox Elementary	✓	✓
	Waimea Complex	Fitness Testing	Fitness Meet
	'Ele'ele Elementary	✓	
	Kalaheo Elementary	✓	
	Kekaha Elementary	✓	
	Ni'ihau High and Elementary		
	Waimea Canyon Middle	✓	N/A
	Waimea High	✓	N/A
	TOTAL	14	3