



November 20, 2015

Dear Complex Area Superintendent Rodney Luke,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities along with a more detailed summary for your Complex Area during the 2014-2015 school year. This report acknowledges that 19 teachers/staff from 7 of the 17 schools in your Complex Area participated in 29 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 9 schools in your Complex Area that completed elementary fitness assessments last year.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

Lisa Hockenberger

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Complex Area Report

Pearl City-Waipahu

School Year 2014-2015



Overview

The Healthy Hawai'i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs also provide opportunities for follow-up and reflection on the implementation of new skills. Offering statewide professional development in health and physical education is expected to facilitate and enhance teachers' application of skills, knowledge, and curricula.

During the 2014-2015 school year, the HHI RTs conducted a total of 393 professional development events statewide, including 5 county workshops, 10 PDE3 courses, 337 one-on-one trainings, 28 faculty in-services, and 13 additional professional development events. A total of 674 unique (non-repeat) participants throughout the state participated in at least one HHI training event last school year.

State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
393	674

Table 2: Type of Training Event **Statewide** (n=393)

Event Type	State Events
One-on-One	337
In-Services	28
PDE3 Courses	10
County Workshops	5
Other (e.g., VP meetings)	13
STATE TOTAL	393

District Summary

Table 3: Events Offered in **Leeward District** (n=29)

Event Type	Leeward Events
One-on-One	24
In-Services	3
County Workshop	1
PDE3 Course	1
DISTRICT TOTAL	29

Pearl City-Waipahu Summary

Table 4: Participants' Grade Level

Grade Level	N (%)
Elementary	10 (52.6)
Intermediate/Middle	6 (31.6)
High	3 (15.8)
COMPLEX AREA TOTAL	19 (100.0)

Table 5: Participants' Position

Position	N (%)
Classroom Teacher	10 (52.6)
PE Teacher/PE IRA	7 (36.8)
Health and PE Teacher	1 (5.3)
SPED Teacher	1 (5.3)
COMPLEX AREA TOTAL	19 (100.0)

Table 6: Unique Participants

Complex	Unique Participants
Pearl City	5
Waipahu	14
COMPLEX AREA TOTAL	19

School Level Summary

Table 7: PEARL CITY Complex - Schools & Participants

School	Unique Participants
Highlands Intermediate	3
Kanoelani Elementary	-
Lehua Elementary	-
Manana Elementary	-
Momilani Elementary	-
Palisades Elementary	-
Pearl City Elementary	-
Pearl City High	2
Pearl City Highlands Elementary	-
Waiau Elementary	-
PEARL CITY COMPLEX TOTAL	5

Table 8: WAIPAHU Complex - Schools & Participants

School	Unique Participants
August Ahrens Elementary	-
Honowai Elementary	6
Kalei'opu'u Elementary	1
Waikele Elementary	3
Waipahu Elementary	-
Waipahu Intermediate	3
Waipahu High	1
WAIPAHU COMPLEX TOTAL	14

School Level Summary for Fitness Testing and Fitness Meets

This summary indicates the name of the schools that completed fitness testing and participated in an elementary fitness meet during the 2014-2015 school year (Table 9). Approximately 650 students participated in fitness meets in Leeward District.

Table 9: Schools Participating in Fitness Testing and Fitness Meets

schools	PEARL CITY-WAIPAHU		
	Pearl City Complex	Fitness Testing	Fitness Meet
	Highlands Intermediate	✓	N/A
	Kanoelani Elementary		
	Lehua Elementary		
	Manana Elementary		
	Momilani Elementary	✓	
	Palisades Elementary	✓	
	Pearl City Elementary		
	Pearl City High	✓	N/A
	Pearl City Highlands Elementary		
	Waiau Elementary		
	Waipahu Complex	Fitness Testing	Fitness Meet
	August Ahrens Elementary		
	Honowai Elementary	✓	
	Kalei'opu'u Elementary	✓	
	Waikele Elementary	✓	
	Waipahu Elementary		
	Waipahu Intermediate	✓	
	Waipahu High	✓	N/A
	TOTAL	9	0