



December 12, 2016

Dear Complex Area Superintendent Rodney Luke,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities along with a more detailed summary for your Complex Area during the 2015-2016 school year. This report acknowledges that 18 teachers/staff from 5 of the 17 schools in your Complex Area participated in 47 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 8 schools in your Complex Area that completed fitness assessments, 3 schools that participated in the PE Fair, and 9 schools that received Excellence in Wellness awards in your Complex Area last year.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

**Lisa Hockenberger**

Healthy Hawai'i Initiative  
Leeward District Resource Teacher  
Health and Physical Education  
Phone: 808-689-9800 Fax: 808-689-1240  
Email: lisa\_hockenberger/leedo/hido@notes.k12.hi.us

**Deyon Nagato**

Administrator  
School Literacy Improvement and Innovation  
Office of Curriculum, Instruction, & Student Support  
Phone: 808-305-9703 Fax: 808-735-8227  
Email: deyon\_nagato@notes.k12.hi.us

**Jennifer Ryan**

School Health Coordinator  
Hawai'i State Department of Health  
1250 Punchbowl Street, Room 210  
Honolulu, HI 96813  
Phone: 808-586-5491  
Email: Jennifer.Ryan@doh.hawaii.gov

# Complex Area Report

## Pearl City-Waipahu

School Year 2015-2016



### Overview

The Healthy Hawai'i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs provide opportunities for follow-up and reflection on applying the new skills and they also offer technical assistance in implementing the Hawai'i Department of Education Wellness Guidelines.

During the 2015-2016 school year, the HHI RTs conducted a total of 263 professional development events statewide, including 5 county workshops, 12 PDE3 courses, 181 one-on-one trainings, 36 faculty in-services, 13 complex trainings, 3 district trainings, 3 state workshops/conferences, and 10 additional professional development events. A total of 972 unique (non-repeat) participants throughout the state completed at least one HHI training event last school year.

### State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
263	972

Table 2: Type of Training Event **Statewide** (n=263)

Event Type	State Events
One-on-Ones	181
In-Services	36
Complex Trainings	13
PDE3 Courses	12
County Workshops	5
District Trainings	3
State Workshops/Conferences	3
Other (e.g., Classroom Presentation)	10
<b>STATE TOTAL</b>	<b>263</b>

### District Summary

Table 3: Events Offered in **Leeward District** (n=47)

Event Type	Leeward Events
One-on-Ones	37
In-Services	4
State Workshops/Conference	3
PDE3 Courses	2
County Workshop	1
<b>DISTRICT TOTAL</b>	<b>47</b>

## Pearl City-Waipahu Summary

**Table 4: Participants' Grade Level**

Grade Level	N (%)
Elementary	5 (27.8)
Intermediate/Middle	4 (22.2)
High	6 (33.3)
Complex/District*	3 (16.7)
<b>COMPLEX AREA TOTAL</b>	<b>18 (100.0)</b>

\* Participants are not included in the school level tables.

**Table 5: Participants' Position**

Position	N (%)
Classroom Teacher	5 (27.8)
PE Teacher	5 (27.8)
Health and PE Teacher	3 (16.7)
Complex Area Superintendent	1 (5.6)
Culinary Teacher	1 (5.6)
Resource Teacher	1 (5.6)
School Renewal Specialist	1 (5.6)
Unknown	1 (5.6)
<b>COMPLEX AREA TOTAL</b>	<b>18 (100.3)*</b>

\* Total percentages may not equal 100.0 due to rounding.

**Table 6: Unique Participants**

Complex	Unique Participants
Pearl City	6
Waipahu	9
Complex/District	3
<b>COMPLEX AREA TOTAL</b>	<b>18</b>

## School Level Summary

**Table 7: PEARL CITY Complex - Schools & Participants**

School	Unique Participants
Highlands Intermediate	3
Kanoelani Elementary	-
Lehua Elementary	-
Manana Elementary	-
Momilani Elementary	-
Palisades Elementary	-
Pearl City Elementary	-
Pearl City High	3
Pearl City Highlands Elementary	-
Waiau Elementary	-
<b>PEARL CITY COMPLEX TOTAL</b>	<b>6</b>

**Table 8: WAIPAHU Complex - Schools & Participants**

School	Unique Participants
August Ahrens Elementary	-
Honowai Elementary	-
Kalei'opu'u Elementary	5
Waikele Elementary	-
Waipahu Elementary	-
Waipahu Intermediate	1
Waipahu High	3
<b>WAIPAHU COMPLEX TOTAL</b>	<b>9</b>

## School Level Summary for Fitness Testing, PE Fairs, and Wellness Awards

This summary table indicates the name of the schools that participated in fitness testing and/or a PE Fair during the 2015-2016 school year (Table 9). Approximately 500 students participated in the Leeward District fitness meet. In addition, 9 schools received an “Excellence in Wellness” award for meeting 90% or more of the Wellness Guidelines in 2015-2016. These schools received a banner to recognize their schoolwide wellness achievements.

**Table 9: Schools Participating in Fitness Testing, PE Fairs, and Wellness Awards**

PEARL CITY-WAIPAHU					
schools	Pearl City Complex		Fitness Testing	PE Fair	Wellness Award Recipient
	Highlands Intermediate		✓	✓	✓
	Kanoelani Elementary			N/A	
	Lehua Elementary			N/A	
	Manana Elementary			N/A	✓
	Momilani Elementary			N/A	
	Palisades Elementary			N/A	✓
	Pearl City Elementary			N/A	✓
	Pearl City High		✓		✓
	Pearl City Highlands Elementary			N/A	✓
	Waiau Elementary		✓	N/A	✓
	Waipahu Complex		Fitness Testing	PE Fair	Wellness Award Recipient
	August Ahrens Elementary		✓	N/A	
	Honowai Elementary		✓	N/A	✓
	Kalei'opu'u Elementary		✓	✓	
	Waikele Elementary			N/A	✓
	Waipahu Elementary			N/A	
	Waipahu Intermediate		✓		
	Waipahu High		✓	✓	
	TOTAL		8	3	9

