



December 8, 2016

Dear Complex Area Superintendent Dr. John Brummel,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities along with a more detailed summary for your Complex Area during the 2015-2016 school year. This report acknowledges that 75 teachers/staff from 16 of the 20 schools in your Complex Area participated in 55 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 17 schools in your Complex Area that completed fitness assessments, 14 schools that participated in elementary fitness meets, 2 schools that participated in the PE Fair, and 8 schools that received Excellence in Wellness awards in your Complex Area last year.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

**Yvette Ikari**

Healthy Hawai'i Initiative  
Central District Health & PE Resource Teacher  
c/o Pearl Harbor Kai Elementary School - H Building  
1 C Avenue, Honolulu, HI 96818  
Phone: 808-421-4263 x223 Fax: 808-421-4145  
Email: Yvette\_Ikari @notes.k12.hi.us

**Deyon Nagato**

Administrator  
School Literacy Improvement and Innovation  
Office of Curriculum, Instruction, & Student Support  
Phone: 808-305-9703 Fax: 808-735-8227  
Email: deyon\_nagato@notes.k12.hi.us

**Jennifer Ryan**

School Health Coordinator  
Hawai'i State Department of Health  
1250 Punchbowl Street, Room 210  
Honolulu, HI 96813  
Phone: 808-586-5491  
Email: Jennifer.Ryan@doh.hawaii.gov

# Complex Area Report

Leilehua-Mililani-Waialua



School Year 2015-2016

## Overview

The Healthy Hawai'i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs provide opportunities for follow-up and reflection on applying the new skills and they also offer technical assistance in implementing the Hawai'i Department of Education Wellness Guidelines.

During the 2015-2016 school year, the HHI RTs conducted a total of 263 professional development events statewide, including 5 county workshops, 12 PDE3 courses, 181 one-on-one trainings, 36 faculty in-services, 13 complex trainings, 3 district trainings, 3 state workshops/conferences, and 10 additional professional development events. A total of 972 unique (non-repeat) participants throughout the state completed at least one HHI training event last school year.

## State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
263	972

Table 2: Type of Training Event **Statewide** (n=263)

Event Type	State Events
One-on-Ones	181
In-Services	36
Complex Trainings	13
PDE3 Courses	12
County Workshops	5
District Trainings	3
State Workshops/Conferences	3
Other (e.g., Classroom Presentation)	10
<b>STATE TOTAL</b>	<b>263</b>

## District Summary

Table 3: Events Offered in **Central District** (n=55)

Event Type	Central Events
One-on-Ones	33
Complex Trainings	7
In-Services	7
PDE3 Courses	3
State Workshops/Conference	3
County Workshop	1
District Training	1
<b>DISTRICT TOTAL</b>	<b>55</b>

## Leilehua-Mililani-Waialua Summary

**Table 4: Participants' Grade Level**

Grade Level	N (%)
Elementary	15 (20.0)
Intermediate/Middle	34 (45.3)
High	11 (14.7)
Multiple	5 (6.7)
Complex/District	10 (13.3)
<b>COMPLEX AREA TOTAL</b>	<b>75 (100.0)</b>

**Table 5: Participants' Position**

Position	N (%)
Classroom Teacher	29 (38.7)
PE/IRA Teacher	17 (22.7)
SPED Teacher	5 (6.7)
Principal	4 (5.3)
Culinary Teacher	3 (4.0)
Resource Teacher	3 (4.0)
Administrative Services Assistant	2 (2.7)
Curriculum Coordinator	2 (2.7)
Health & PE Teacher	2 (2.7)
School Renewal Specialist	2 (2.7)
Clinical Psychologist	1 (1.3)
Complex Area Superintendent	1 (1.3)
Counselor	1 (1.3)
Educational Assistant	1 (1.3)
PHS Teacher	1 (1.3)
Social Worker	1 (1.3)
<b>COMPLEX AREA TOTAL</b>	<b>75 (100.0)</b>

**Table 6: Unique Participants**

Complex	Unique Participants
Leilehua	15
Mililani	43
Waialua	7
Complex/District	10
<b>COMPLEX AREA TOTAL</b>	<b>75</b>

## School Level Summary

**Table 7: LEILEHUA Complex - Schools & Participants**

School	Unique Participants
Hale Kula Elementary	1
Helemano Elementary	1
Iliahi Elementary	-
Ka'ala Elementary	-
Leilehua High	7
Solomon Elementary	2
Wahiawā Elementary	1
Wahiawā Middle	2
Wheeler Elementary	-
Wheeler Middle	1
<b>LEILEHUA COMPLEX TOTAL</b>	<b>15</b>

**Table 8: MILILANI Complex - Schools & Participants**

School	Unique Participants
Kipapa Elementary	2
Mililani High	4
Mililani Ike Elementary	1
Mililani Mauka Elementary	3
Mililani Middle	31
Mililani Uka Elementary	1
Mililani Waena Elementary	1
<b>MILILANI COMPLEX TOTAL</b>	<b>43</b>

**Table 9: WAIALUA Complex - Schools & Participants**

School	Unique Participants
Hale'iwa Elementary	2
Waialua Elementary	-
Waialua High and Intermediate	5
<b>WAIALUA COMPLEX TOTAL</b>	<b>7</b>

## School Level Summary for Fitness Testing, Fitness Meets, PE Fairs, and Wellness Awards

This summary table indicates the name of the schools that participated in fitness testing, an elementary fitness meet, and/or a PE Fair during the 2015-2016 school year (Table 10). Approximately 1,601 students participated in fitness meets in the Leilehua-Mililani-Waialua Complex Area. In addition, 8 schools received an “Excellence in Wellness” award for meeting 90% or more of the Wellness Guidelines in 2015-2016. These schools received a banner to recognize their schoolwide wellness achievements.

**Table 10: Schools Participating in Fitness Testing, Fitness Meets, PE Fairs, and Wellness Awards**

LEILEHUA-MILILANI-WAIALUA					
schools	Leilehua Complex	Fitness Testing	Fitness Meet	PE Fair	Wellness Award Recipient
	Hale Kula Elementary	✓	✓	N/A	
	Helemano Elementary	✓	✓	N/A	✓
	Iliahi Elementary	✓	✓	N/A	✓
	Ka'ala Elementary	✓	✓	N/A	
	Leilehua High		N/A		
	Solomon Elementary	✓	✓	N/A	
	Wahiawā Elementary	✓	✓	N/A	
	Wahiawā Middle	✓	N/A		
	Wheeler Elementary	✓	✓	N/A	
	Wheeler Middle		N/A		✓
	Mililani Complex	Fitness Testing	Fitness Meet	PE Fair	Wellness Award Recipient
	Kipapa Elementary	✓	✓	N/A	✓
	Mililani High	✓	N/A		
	Mililani Ike Elementary	✓	✓	N/A	✓
	Mililani Mauka Elementary	✓	✓	N/A	✓
	Mililani Middle		N/A	✓	
	Mililani Uka Elementary	✓	✓	N/A	✓
	Mililani Waena Elementary	✓	✓	N/A	✓
	Waialua Complex	Fitness Testing	Fitness Meet	PE Fair	Wellness Award Recipient
	Hale'iwa Elementary	✓	✓	N/A	
	Waialua Elementary	✓	✓	N/A	
	Waialua High and Intermediate	✓	N/A	✓	
	TOTAL		17	14	2

