



December 12, 2016

Dear Complex Area Superintendent Brad Bennett,

The Hawai'i Department of Health's, Healthy Hawai'i Initiative (HHI), was established in 2000 to promote healthy lifestyles in communities, schools, and workplaces. Through the use of HHI funds, the Hawai'i Department of Education (DOE) has been able to employ Health and Physical Education (PE) Resource Teachers as a means of promoting standards-based health and PE instruction in Hawai'i public schools. The work of the HHI resource teachers (RTs) supports DOE's vision: *"Hawaii's students are educated, healthy, and joyful lifelong learners who contribute positively to our community and global society."*

Attached is a report that provides an overview of state and district professional development activities along with a more detailed summary for your Complex Area during the 2016-2016 school year. This report acknowledges that 8 teachers/staff from 6 of the 13 schools in your Complex Area participated in 11 HHI health and PE professional development events.

In addition to professional development, the HHI RTs also provide support for health and PE in your Complex Area schools through a lending library of instructional resources, technical assistance for student fitness assessment, fitness meets, and a PE Fair. There were 5 schools that received Excellence in Wellness awards in your Complex Area last year.

Your continued support of health and PE is greatly appreciated. Evidence shows that the health of students is linked to their academic achievement, so by working together, we can ensure that young people are healthy and ready to learn. Please do not hesitate to contact me if you have any questions or need assistance with health or PE at any of your schools.

Sincerely,

**Deyon Nagato**

Administrator

School Literacy Improvement and Innovation

Office of Curriculum, Instruction, & Student Support

Phone: 808-305-9703 Fax: 808-735-8227

Email: [deyon\\_nagato@notes.k12.hi.us](mailto:deyon_nagato@notes.k12.hi.us)

**Jennifer Ryan**

School Health Coordinator

Hawai'i State Department of Health

1250 Punchbowl Street, Room 210

Honolulu, HI 96813

Phone: 808-586-5491

Email: [Jennifer.Ryan@doh.hawaii.gov](mailto:Jennifer.Ryan@doh.hawaii.gov)

# Complex Area Report

## Hilo-Waiakea

School Year 2015-2016



### Overview

The Healthy Hawai'i Initiative (HHI) District Health and Physical Education Resource Teachers (RTs) lead workshops, faculty in-services, one-on-one trainings, and other health and PE-related activities in their district. These professional development events are interactive, of high quality, and include the latest developments in the field. The RTs provide opportunities for follow-up and reflection on applying the new skills and they also offer technical assistance in implementing the Hawai'i Department of Education Wellness Guidelines.

During the 2015-2016 school year, the HHI RTs conducted a total of 263 professional development events statewide, including 5 county workshops, 12 PDE3 courses, 181 one-on-one trainings, 36 faculty in-services, 13 complex trainings, 3 district trainings, 3 state workshops/conferences, and 10 additional professional development events. A total of 972 unique (non-repeat) participants throughout the state completed at least one HHI training event last school year.

### State Summary

Table 1: **Statewide** HHI Training Events and Participants

HHI Training Events Offered	Unique Statewide Participants
263	972

Table 2: Type of Training Event **Statewide** (n=263)

Event Type	State Events
One-on-Ones	181
In-Services	36
Complex Trainings	13
PDE3 Courses	12
County Workshops	5
District Trainings	3
State Workshops/Conferences	3
Other (e.g., Classroom Presentation)	10
<b>STATE TOTAL</b>	<b>263</b>

### District Summary

Table 3: Events Offered in **East Hawai'i** (n=11)

Event Type	East Hawai'i Events
One-on-Ones	6
State Workshops/Conference	3
County Workshop	1
PDE3 Course	1
<b>DISTRICT TOTAL</b>	<b>11</b>

## Hilo- Waiakea Summary

**Table 4: Participants' Grade Level**

Grade Level	N (%)
Elementary	3 (37.5)
Intermediate/Middle	1 (12.5)
High	1 (12.5)
Multiple	1 (12.5)
Complex/District*	2 (25.0)
<b>COMPLEX AREA TOTAL</b>	<b>8 (100.0)</b>

\* Participants are not included in the school level tables.

**Table 5: Participants' Position**

Position	N (%)
District Resource Teacher	2 (25.0)
Classroom Teacher	1 (12.5)
Culinary Teacher	1 (12.5)
Kapiolani PTO Secretary	1 (12.5)
PCNC	1 (12.5)
Resource Teacher	1 (12.5)
Vice Principal	1 (12.5)
<b>COMPLEX AREA TOTAL</b>	<b>8 (100.0)</b>

**Table 6: Unique Participants**

Complex	Unique Participants
Hilo	5
Waiakea	1
Complex/District	2
<b>COMPLEX AREA TOTAL</b>	<b>8</b>

## School Level Summary

**Table 7: HILO Complex - Schools & Participants**

School	Unique Participants
de Silva Elementary	-
Ha'aheo Elementary	1
Hilo Intermediate	-
Hilo High	1
Hilo Union Elementary	1
Kalaniana'ole El & Intermediate	1
Kapio'lani Elementary	1
Ka'umana Elementary	-
Keaukaha Elementary	-
<b>HILO COMPLEX TOTAL</b>	<b>5</b>

**Table 8: WAIAKEA Complex - Schools & Participants**

School	Unique Participants
Waiakea Elementary	-
Waiakea Intermediate	1
Waiakea High	-
Waiakeawaena Elementary	-
<b>WAIAKEA COMPLEX TOTAL</b>	<b>1</b>

## School Level Summary for Wellness Awards

This summary indicates that 5 schools received an “Excellence in Wellness” award for meeting 90% or more of the Wellness Guidelines in 2015-2016 (Table 10). These schools received a banner to recognize their schoolwide wellness achievements.

**Table 10: Wellness Award Recipients**

HILO-WAIAKEA		
schools	Hilo Complex	Wellness Award Recipient
	de Silva Elementary	✓
	Ha'aheo Elementary	
	Hilo Intermediate	✓
	Hilo High	
	Hilo Union Elementary	
	Kalaniana'ole El & Intermediate	✓
	Kapio'lani Elementary	
	Ka'umana Elementary	
	Keaukaha Elementary	✓
	Waiakea Complex	Wellness Award Recipient
	Waiakea Elementary	
	Waiakea Intermediate	✓
	Waiakea High	
	Waiakeawaena Elementary	
	<b>TOTAL</b>	<b>5</b>

