



# **Progress and Monitoring Report for the Healthy Hawaii Initiative School Health Deliverables**

**Reporting Period: August 01, 2016 - May 30, 2017 (2016-17 SY)**

Report submitted to the Hawaii State Department of Health and the Hawaii State Department of Education on October 20, 2017 as part of the ongoing evaluation of the Healthy Hawaii Initiative



## **Healthy Hawaii Initiative Evaluation Team**

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# SCHOOL HEALTH DELIVERABLES

**BACKGROUND:** The Healthy Hawaii Initiative Evaluation Team (HHIET) has prepared this report to summarize the status of the HHI Health and Physical Education Deliverables from the 2016-2017 school year. The data is gathered from Google progress reports and sign-in sheets. The report will be divided into 11 sections to provide an overview of the status of the deliverables conducted by the HHI Health and PE Resource Teachers (RTs).

## 1. Conduct a Minimum of 5 County Workshops

**Deliverable description:** Health and Physical Education (HPE) workshop topics are selected based on input from teachers, school administrators, and school complex level staff. The funds pay for training materials, resources, and substitute teachers. HHI RTs will conduct 5 district HPE workshops with at least 1 per county. The workshops will be open to all HPE teachers, and will cover topics relevant to HPE and/or the wellness policy.

### Progress Towards this Deliverable's Evaluation Plan

District or County	Title of Training	Training Type	Training Level	Assisting Instructors	Number of Participants
<b>Oahu</b> (Central, Honolulu, Leeward, and Windward)	Hawaii Physical Education Summit	PE	101	Yvette Ikari, Denise Darval-Chang, Lisa Hockenberger, Curt Okimoto	83
<b>East Hawaii</b>	Hawaii Physical Education Summit	PE	101	Curt Okimoto, Lisa Hockenberger	22
<b>Kauai</b>	Hawaii Physical Education Summit	PE	101	N/A	18
<b>Maui</b>	Hawaii Physical Education Summit	PE	101	Yvette Ikari	45
<b>West Hawaii</b>	Hawaii Physical Education Summit	PE	101	N/A	27

### District Workshops: Successes, Concerns, Barriers or Major Issues Identified

This deliverable was completed in November 2016. Over the past several years, the RTs have co-taught the District/County workshops to better utilize their time, expertise, and resources. This year, the County workshops were sponsored by Gopher Sport, HAHPERD and HHI. The workshops took place on Maui, Kauai, Oahu, East Hawaii and West Hawaii during the week of November 14-18, 2016. Dr. Robert Pangrazi served as the keynote speaker and also led the breakout sessions for each workshop. Dr. Pangrazi conducted sessions on "constructive management & discipline" and "creating an environment that promotes learning". Gopher paid for his travel and the HHI RTs organized the registration process. There were 195 teachers and staff that participated in the Fall 2016 PE Summit. Next year's workshops will focus on health education.

In May 2017, an additional 8 Wellness Workshops were hosted by DOE and DOH across the 8 districts reaching approximately 373 participants. Three individuals from each K-12 public school including an administrator, a teacher/staff member, and a parent/community member were invited to participate. The training topics included learning about newly revised DOE wellness guidelines, tools & resources for schools' wellness committee, funding opportunities, celebrating wellness accomplishments, and connecting with nearby schools to build support for wellness.

The HHI Evaluation Team worked with the RTs to distribute reflection forms at the end of the school year to follow-up with participants about the implementation of the content from these workshops.

## 2. Conduct a Minimum of 8 PDE3 Courses

**Deliverable description:** The Professional Development Educate, Empower, and Excel (PDE3) program is the mechanism by which the DOE offers professional development workshops for credit toward teacher recertification. Courses are offered during out-of-school time and provide in-depth professional development of curricula (Health Education, Nutrition Education, and/or Physical Education) for public school teachers. Evaluation tools are jointly created by DOE, DOH and HHIET. District RTs aim to conduct 8 in-depth HPE PDE3 courses with at least 10 participants per course covering topics relevant to HPE or wellness policy.

### Progress Towards this Deliverable's Evaluation Plan

District	PDE3 Title	Semester	Number of Participants
Central	Physical Fitness Based Project	Fall	13
Honolulu	Fitness for Life	Fall	19
Kauai	‘Aina in Schools Educator Training: Nutrition Education	Spring	21
Leeward	No Child Left on their Behind	Spring	15
Maui	Health and Wellness: Promoting Healthy Behavior Outcomes	Spring	24
Windward	Promoting Physical Fitness and Active Lifestyle Through Project Based Learning	Spring	6
East Hawaii	N/A. No HHI RT.	-	-
West Hawaii	No PDE3 Course conducted.	-	-

### PDE3 Courses: Successes, Concerns, Barriers or Major Issues Identified

A total of 6 PDE3 courses were offered, reaching approximately 100 teachers across the state. Two courses were offered in the Fall and four courses in the Spring.

West Hawaii offered a PDE3 course, but not enough people signed up for the course, so it will be offered again in October 2017. The PDE3 course topics covered a variety of health, nutrition, and physical education topics that were needed in each District. These continue to be the most in-depth form of professional development that is provided by the HHI RTs.

It was decided that the 2016-2017 school year would be the last year that the pre/post evaluations were distributed for PDE3 courses. The RTs felt that they were able to receive more meaningful information from the class portfolios and the annual survey.

### 3. Expansion of District Health Education & Physical Education Lending Libraries

**Deliverable description:** The lending library expansion shall include purchasing instructional resources that support DOE's Hawaii Content and Performance Standards III.

#### Progress Towards this Deliverable's Evaluation Plan

District	Evaluation Data Collected	Comments for Reporting
<b>Honolulu</b>	<input checked="" type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	Provided everything.
<b>Kauai</b>	<input checked="" type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	Provided everything.
<b>West Hawaii</b>	<input checked="" type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	Provided everything.
<b>Central</b>	<input type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	HHIET needs an updated inventory list.
<b>Leeward</b>	<input type="checkbox"/> Lending library material inventory list <input type="checkbox"/> Lending library check-in/check-out log	HHIET needs an updated inventory. The log has been partially completed.
<b>Maui</b>	<input checked="" type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	Provided everything.
<b>Windward</b>	<input type="checkbox"/> Lending library material inventory list <input checked="" type="checkbox"/> Lending library check-in/check-out log	HHIET needs an updated inventory list.
<b>East Hawaii</b>	<input type="checkbox"/> Lending library material inventory list <input type="checkbox"/> Lending library check-in/check-out log	N/A. No HHI RT.

#### Lending Libraries: Successes, Concerns, Barriers or Major Issues Identified

HHIET monitored if an inventory list was created and distributed, but they did not track the number of items in the inventory as it is often difficult to identify the exact quantity of items (e.g., one set of cones or 10 individual cones). Some RTs had difficulty updating their lending library inventory list, but most RTs were successfully able to record what items had been borrowed using their lending library log. The HHI Evaluation Team worked with the RTs to distribute reflection forms at the end of the school year and follow-up questions were included about the lending library resources that were borrowed.

There were 105 schools that used the HHI lending library during the 2016-17 school year, with the RTs distributing resources at least 216 times last year. The breakdown by district is provided in the table below. East Hawaii schools are excluded from the total.

Districts	# (%) Schools Reached	# Site Visits by RTs
Central	14 (33.3%)	21
West Hawaii	10 (52.6%)	28
Honolulu	27 (50.9%)	51
Kauai	9 (56.3%)	16
Leeward	9 (20.9%)	13
Maui	15 (48.4%)	37
Windward	21 (70%)	50
<b>TOTAL</b>	<b>105 (44.9%)</b>	<b>216</b>

#### **4. Partner with an External Agency to Conduct One In-Kind Statewide Conference Related to Health Education and/or Physical Education**

**Deliverable description:** While no funds may be expended from this contract to support operating costs to conduct the conference, personnel funded by this contract will provide support in planning and conducting the conference.

##### **Progress Towards this Deliverable's Evaluation Plan**

The HHI RTs partnered with Gopher and HAHPERD (Hawaii Association for Health, PE, Recreation and Dance) to host the PE Summit workshops in November 2016.

In addition, the HHI RTs and HAHPERD partnered to host the State Health and PE Conference at Punahou on Saturday, May 13, 2017. HAHPERD also helps pay for the PE Fair student prizes.

## 5. Additional HPE in-services in each District

**Deliverable description:** HPE RTs will provide in-services for HPE at least 9 additional times in each District (excluding other deliverables such as county workshops, etc.).

District	Type of In-Service
<b>Central</b>	<u>16</u> One-on-ones
	<u>14</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>Honolulu</b>	<u>56</u> One-on-ones
	<u>6</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>Kauai</b>	<u>27</u> One-on-ones
	<u>7</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>Leeward</b>	<u>33</u> One-on-ones
	<u>10</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>Maui</b>	<u>12</u> One-on-ones
	<u>7</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>West Hawaii</b>	<u>20</u> One-on-ones
	<u>1</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>Windward</b>	<u>34</u> One-on-ones
	<u>8</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>✓</u> At least 9 in-services (goal met)
<b>East Hawaii</b>	<u>-</u> One-on-ones
	<u>1</u> In-services (Faculty in-services, principals' meeting, complex trainings, etc.)
	<u>No</u> At least 9 in-services (goal not met)

### In-Services: Successes, Concerns, Barriers or Major Issues Identified

All Districts (excluding East Hawaii) exceeded their annual goal of 9 in-services a year (in addition to the county workshop and PDE3 course). As in previous years, the RTs did not have any difficulty successfully completing this deliverable.

## 6. Physical Education Fairs

**Deliverable description:** Each District will host a Physical Education Fair in which students will learn practical ways of living a healthy lifestyle by creating a personal fitness plan and meeting specific fitness goals. The PE Fair will allow students to illustrate their mastery of specific concepts, benchmarks, and skills. RTs will conduct 8 PE Fairs with at least 2 schools from each District submitting entries in the State PE Fair.

Progress Towards this Deliverable's Evaluation Plan		
District	Evaluation Data Collected	Comments
<b>Central</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input checked="" type="checkbox"/> At least 2 schools submitted projects <u>7</u> Number of schools that participated <u>275</u> Number of students that participated <u>3-10</u> Grade levels of participants	25 videos were submitted. 5 new schools participated in the Central PE Fair.
<b>Honolulu</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input type="checkbox"/> At least 2 schools submitted projects <u>1</u> Number of schools that participated <u>1 class</u> Number of students that participated <u>9</u> Grade levels of participants	1 video was submitted.
<b>Kauai</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input type="checkbox"/> At least 2 schools submitted projects <u>1</u> Number of schools that participated <u>3</u> Number of students that participated <u>11-12</u> Grade levels of participants	3 videos were submitted.
<b>Leeward</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input type="checkbox"/> At least 2 schools submitted projects <u>1</u> Number of schools that participated <u>300</u> Number of students that participated <u>9-10</u> Grade levels of participants	8 videos were submitted.
<b>Maui</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input type="checkbox"/> At least 2 schools submitted projects <u>1</u> Number of schools that participated <u>10</u> Number of students that participated <u>7</u> Grade levels of participants	10 videos were submitted.
<b>Windward</b>	<input checked="" type="checkbox"/> District PE Fair Conducted <input checked="" type="checkbox"/> At least 2 schools submitted projects <u>3</u> Number of schools that participated <u>18 classes</u> Number of students that participated <u>7-10</u> Grade levels of participants	17 videos were submitted.
<b>West Hawaii</b>	<input type="checkbox"/> District PE Fair Conducted - N/A <input type="checkbox"/> At least 2 schools submitted projects <u>      </u> Number of schools that participated <u>      </u> Number of students that participated <u>      </u> Grade levels of participants	No PE Fair video submissions.
<b>East Hawaii</b>	<input type="checkbox"/> District PE Fair Conducted - N/A <input type="checkbox"/> At least 2 schools submitted projects <u>      </u> Number of schools that participated <u>      </u> Number of students that participated <u>      </u> Grade levels of participants	N/A. No HHI RT.

### PE Fairs: Successes, Concerns, Barriers or Major Issues Identified

The RTs promoted the PE Fair in Quarters 1 and 2. All PE Fair projects were completed in Quarter 4. School and District level finalists were selected by the end of April. State finalists were selected in May. There are usually mixed results with this deliverable. Some RTs have difficulty getting schools to participate, while other Districts are able to find multiple schools that are interested in participating. Some teachers requested that all of their students complete the PE Fair requirements, but gave students the option to submit a PE Fair video for competition and extra credit. The RTs partnered with HAHPERD on this deliverable and the competition is also open to private and charter schools as well. A total of 14 public DOE schools participated in the PE Fair in 2016-2017. This was similar to the 2015-2016 SY, although the number of video submissions increased last year. See following table.

## PE Fair Summary by District, 2015-2016 and 2016-2017

District	# of Schools		Grade Levels		# of Video Submissions	
	16-17 SY	15-16 SY	16-17 SY	15-16 SY	16-17 SY	15-16 SY
Central	7	5	3-10	6-9, 12	25	24
Honolulu	1	-	9	-	1	-
Kauai	1	2	11,12	7,12	3	3
Leeward	1	5	9,10	3-12	8	15
Maui	1	-	7	-	10	-
West Hawaii	-	-	-	-	-	-
Windward	3	2	7-10	8,10	17	6
<b>TOTAL</b>	<b>14</b> schools	<b>14</b> schools	<b>Grades</b> <b>3-12</b>	<b>Grades</b> <b>3-12</b>	<b>64 videos</b>	<b>48 videos</b>

## 7. Fitness Meets

**Deliverable description:** Each District will conduct one (elementary) fitness meet. The meet will promote overall health and wellness for all students involved, while at the same time creating an environment of healthy competition, sportsmanship and positive interactions.

Progress Towards this Deliverable's Evaluation Plan																															
District	Evaluation Data Collected	Comments																													
<b>Kauai (1 meet)</b>	<b>Date of Meet: December 14, 2016</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>3</u> Number of schools that participated <u>400</u> Number of students that participated <u>5</u> Grade levels of participants Fitness Events Offered: Pushups, Curl ups, Shoulder Stretch, Trunk Lift, Relay Races	Three elementary schools participated in the 5 <sup>th</sup> grade fitness meet.																													
<b>West Hawaii (2 meets)</b>	<b>Date of Meet: October 7, 2016; January 28, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>2</u> Number of schools that participated <u>790</u> Number of students that participated <u>K-12</u> Grade levels of participants Fitness Events Offered: Pacer Run, Curl ups, Pushups, Sit & Reach, Body Composition Testing, Obstacle Course	10/7/16: Waimea Elementary – 540 students. Entire school K-5 had a chance to participate in Pacer run and obstacle course on Oct 7, 2016 Fitness Field Day at Waimea El School.  1/28/17: Kealahou High – 250 students.																													
<b>Central (6 meets)</b>	<b>Date of Meet: February 10, 17, 24, 2017; March 3, 7, 10, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>30</u> Number of schools that participated <u>2,883</u> Number of students that participated <u>3-6</u> Grade levels of participants	<table> <tr> <th>Date</th><th>Location</th><th># of schools</th><th># of students</th></tr> <tr> <td>2/10/17</td><td>Aiea High</td><td>5</td><td>333</td></tr> <tr> <td>2/17/17</td><td>Mililani High</td><td>5</td><td>664</td></tr> <tr> <td>2/24/17</td><td>Radford High</td><td>7</td><td>484</td></tr> <tr> <td>3/3/17</td><td>Salt Lake District</td><td>4</td><td>321</td></tr> <tr> <td>3/7/17</td><td>Waialua District</td><td>2</td><td>440</td></tr> <tr> <td>3/10/17</td><td>Leilehua High</td><td>7</td><td>641</td></tr> </table>		Date	Location	# of schools	# of students	2/10/17	Aiea High	5	333	2/17/17	Mililani High	5	664	2/24/17	Radford High	7	484	3/3/17	Salt Lake District	4	321	3/7/17	Waialua District	2	440	3/10/17	Leilehua High	7	641
Date	Location	# of schools	# of students																												
2/10/17	Aiea High	5	333																												
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3/3/17	Salt Lake District	4	321																												
3/7/17	Waialua District	2	440																												
3/10/17	Leilehua High	7	641																												
<b>Honolulu (3 meets)</b>	<b>Date of Meet: March 3; April 13; May 5, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>16</u> Number of schools that participated <u>1,013</u> Number of students that participated <u>5</u> Grade levels of participants Fitness Events Offered: Pushups, Curl ups, Body Composition Testing, Trunk Lift, Sit & Reach, Pacer Run	Three new schools participated in a Fitness Meet during the 2016-2017 SY. Volunteers from UH Mānoa's volleyball team (Coaches Dave Shoji and Kaleo Baxter as well as players) came to assist at the Fitness Meet.																													
<b>Leeward (2 meets)</b>	<b>Date of Meet: March 9, 2017 and March 31, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>8</u> Number of schools that participated <u>950</u> Number of students that participated <u>5</u> Grade levels of participants Fitness Events Offered: Pushups, Curl ups, Sit & Reach, Pacer Run	Many community volunteers came to assist at the Fitness Meet (e.g., Mega Heart, Fire Department, members of the military).																													
<b>Maui (1 meet)</b>	<b>Date of Meet: April 13, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>5</u> Number of schools that participated <u>600</u> Number of students that participated <u>5</u> Grade levels of participants Fitness Events Offered: Pacer Run, Indo Balance Board, Dance Routine, Curl ups, Pushups, Sit & Reach, Parachute Game	One new school participated in a Fitness Meet during the 2016-2017 SY.																													
<b>Windward (2 meets)</b>	<b>Date of Meet: January 20, 2017 and March 2, 2017</b> <input checked="" type="checkbox"/> Fitness Meet Conducted <u>23</u> Number of schools that participated <u>850</u> Number of students that participated <u>3-6</u> Grade levels of participants Fitness Events Offered: Pushups, Curl ups, Meter Runs, Standing Board Jump, Flex Arm Hang, Sit & Reach	January 20, 2017: 2 <sup>nd</sup> Makahiki Festival with 6 elementary schools from the Kahuku Complex.  March 2, 2017: The Windward District fitness meet continues to be the largest meet held in the state with 23 elementary schools participating.																													
<b>East Hawaii</b>	<input type="checkbox"/> Fitness Meet Conducted – N/A	No HHI RT.																													

### Fitness Meets: Successes, Concerns, Barriers or Major Issues Identified

There were 17 fitness meets in total that reached 87 schools across the state and approximately 7,500 students. This was an increase in the number of participating schools and students. See following table.

## Fitness Meet Summary by District, 2015-2016 and 2016-2017

District	# of Schools Participating		Grade Levels		# of Students Participating	
	16-17 SY	15-16 SY	16-17 SY	15-16 SY	16-17 SY	15-16 SY
Central (6)	30	30	3-6	3-6	2,883	2,774
East Hawaii (0)	-	-	-	-	-	-
Honolulu (3)	16	19	5	5	1,013	750
Kauai (1)	3	3	5	5	400	400
Leeward (2)	8	3	5	5	950	500
Maui (1)	5	4	5	5	600	420
West Hawaii (2)	2	1	K-12	5	790	75
Windward (2)	23	21	3-6	3-6	850	750
<b>TOTAL (17 meets)</b>	<b>87 schools</b>	<b>81 schools</b>	<b>Grades K-12</b>	<b>Grades 3-6</b>	<b>7,486</b>	<b>5,669</b>

## 8. Fitness Assessment

**Deliverable description:** RTs will encourage and provide support for the administration of fitness assessments. These fitness tests emphasize health-related fitness and not performance-based or skills-based fitness. RTs will develop capacity for student fitness assessment in at least 3 new schools in each District.

Progress Towards this Deliverable's Evaluation Plan		
District	Evaluation Data Collected	Comments
Central	40 Number of schools that participated	
	3-6 Grade levels of participants	
	- Added 3 new schools in 2016-17 SY	
Honolulu	38 Number of schools that participated	
	5-12 Grade levels of participants	
	✓ Added 3 new schools in 2016-17 SY	
Kauai	11 Number of schools that participated	
	4-5 Grade levels of participants	
	- Added 3 new schools in 2016-17 SY	
Leeward	33 Number of schools that participated	
	5-10 Grade levels of participants	
	✓ Added 3 new schools in 2016-17 SY	
Maui	16 Number of schools that participated	
	5-11 Grade levels of participants	
	- Added 3 new schools in 2016-17 SY	
West Hawaii	12 Number of schools that participated	
	3-9 Grade levels of participants	
	- Added 3 new schools in 2016-17 SY	
Windward	17 Number of schools that participated	
	3-9 Grade levels of participants	
	✓ Added 3 new schools in 2016-17 SY	
East Hawaii	N/A Number of schools that participated	N/A. No HHI RT.
	N/A Grade levels of participants	
	N/A Added 3 new schools in 2016-17 SY	

### Fitness Assessments: Successes, Concerns, Barriers or Major Issues Identified

In addition to assisting schools with fitness testing, the RTs also tried to identify how schools were conducting fitness assessments. Although this information was not known for all schools, there were a variety of methods being used such as FitnessGram, Google Docs, or paper/pencil data collection methods.

There have been ongoing discussions about the process of collecting statewide fitness assessment data.

More than 35 FitnessGram licenses were purchased or renewed for schools across the state using CDC funds.

## Fitness Assessment Summary by District, 2014-2017

District	2014-15 SY	2015-16 SY	2016-17 SY	Annual Change in # of Schools
Honolulu	<b>TOTAL = 24 schools</b> (24/53 schools = 45.2%)	<b>TOTAL = 39 schools</b> (39/53 schools = 73.6%)	<b>TOTAL = 38 schools</b> (38/53 schools = 71.7%)	↓
Kauai	<b>TOTAL = 14 schools</b> (14/16 schools = 87.5%)	<b>TOTAL = 11 schools</b> (11/16 schools = 68.8%)	<b>TOTAL = 11 schools</b> (11/16 schools = 68.8%)	=
Maui	<b>TOTAL = 11 schools</b> (11/31 schools = 35.4%)	<b>TOTAL = 15 schools</b> (15/31 schools = 48.4%)	<b>TOTAL = 16 schools</b> (16/31 schools = 48.4%)	↑
Windward	<b>TOTAL = 16 schools</b> (16/30 schools = 53.3%)	<b>TOTAL = 16 schools</b> (16/30 schools = 53.3%)	<b>TOTAL = 17 schools</b> (17/30 schools = 56.7%)	↑
Central	<b>TOTAL = 35 schools</b> (35/42 schools = 83.3%)	<b>TOTAL = 38 schools</b> (38/42 schools = 90.5%)	<b>TOTAL = 40 schools</b> (40/42 schools = 95.2%)	↑
West Hawaii	<b>TOTAL = 8 schools</b> (8/19 schools = 42.1%)	<b>TOTAL = 11 schools</b> (11/19 schools = 57.9%)	<b>TOTAL = 12 schools</b> (12/19 schools = 63.2%)	↑
Leeward	<b>TOTAL = 27 schools</b> (27/42 schools = 64.2%)	<b>TOTAL = 26 schools</b> (26/43 schools = 60.5%)	<b>TOTAL = 33 schools</b> (33/43 schools = 76.7%)	↑
<b>STATE TOTAL</b>	<b>135 schools</b> (135/233 schools = 57.9%)	<b>156 schools</b> (156/234 schools = 66.7%)	<b>167 schools</b> (167/234 schools = 71.4%*)	↑

\*Total percent of schools excludes East Hawaii schools because the data is not available for this District. Therefore, total n for schools = 234 schools rather than 256 schools.

## Fitness Assessment Summary by School Level, 2014-2017

Type of School	2014-15 SY	2015-16 SY	2016-17 SY	Annual Change in # of Schools
Elementary	<b>TOTAL = 86 schools</b> (86/154 schools = 55.8%)	<b>TOTAL = 97 schools</b> (97/155 schools = 62.6%)	<b>TOTAL = 104 schools</b> (104/155 schools = 67.1%)	↑
Middle/Inter	<b>TOTAL = 25 schools</b> (25/35 schools = 71.4%)	<b>TOTAL = 27 schools</b> (27/35 schools = 77.1%)	<b>TOTAL = 29 schools</b> (29/35 schools = 82.9%)	↑
High	<b>TOTAL = 19 schools</b> (19/30 schools = 63.3%)	<b>TOTAL = 25 schools</b> (25/30 schools = 83.3%)	<b>TOTAL = 27 schools</b> (27/30 schools = 90.0%)	↑
Multiple (K-12, K-8)	<b>TOTAL = 5 schools</b> (5/14 schools = 35.7%)	<b>TOTAL = 7 schools</b> (7/14 schools = 50.0%)	<b>TOTAL = 7 schools</b> (7/14 schools = 50.0%)	=
<b>STATE TOTAL</b>	<b>135 schools</b> (135/233 schools = 57.9%)	<b>156 schools</b> (156/234 schools = 66.7%)	<b>167 schools</b> (167/234 schools = 71.4%)	↑

## 9. Professional Development

**Deliverable description:** Each HPE RT will attend at least 1 local, regional, or national professional development workshop to build skills and content expertise and share the acquired skills/expertise with other HPE RTs, teachers, and staff.

### Progress Towards this Deliverable's Evaluation Plan

District	Training Title	Location (Local, National, Webinar)
<b>Central</b>	1. Radford Tech Summit 2. Schools of the Future Conference 3. Movement Workshop 4. Na Hopena Ha	1. Local (Radford High) 2. Local (Convention Center) 3. UH Mānoa 4. Pearl Harbor Kai
<b>Honolulu</b>	1. Keiki Caucus/Hawaii Youth Correction Facility Transformation Plan 2. Brain Health, Laure C. Miller, MD 3. Cooking Up A Rainbow Nutrition Workshop 4. ESSA Task Form Community Meeting 5. Wellness Symposium 6. Innocence to Awareness 7. HAHPERD State Conference	1. Local (HYF, Kailua) 2. Local (YWCA) 3. Local (KCC) 4. Local (Moanalua High) 5. Local (Kaimana Beach Hotel) 6. Local (Honolulu District Office) 7. Local (Punahou)
<b>Kauai</b>	1. SHAPE America National Convention 2. HAHPERD State Conference	1. <b>National (Boston, MA)</b> 2. Local (Punahou)
<b>Leeward</b>	1. Schools of the Future Conference 2. Adaptive Schools 3. Teacher Institute Day 4. SHAPE America National Convention	1. Local (Hawaii Convention Center) 2. Local (Carpenter's Union) 3. Local (Blasidell Arena) 4. <b>National (Boston, MA)</b>
<b>Maui</b>	1. Maui PE Summit 2. SHAPE America National Convention 3. HAHPERD State Conference	1. Local (Baldwin High) 2. <b>National (Boston, MA)</b> 3. Local (Punahou)
<b>West Hawaii</b>	1. West Hawaii PE Summit 2. Honokaa Kohala Waimea Tech Summit 3. HAHPERD State Conference 4. West Hawaii Wellness Training	1. Local (Kealakehe High) 2. Local (Mana Christian Center) 3. Local (Punahou) 4. Local (Palamanui)
<b>Windward</b>	1. State Wellness Meeting 2. State PE Workgroup	1. Local (New Otani Hotel) 2. Local (OCISS)
<b>East Hawaii</b>	N/A. No HHI RT.	N/A

### Successes, Concerns, Barriers or Major Issues Identified

Most District RTs have been able to participate in training events for their own professional development ranging from technology summits, to brain health presentations, to wellness workshops. In addition, three RTs were able to attend the national SHAPE America conference in Boston, which provides presentations on current trends and best practices in health education and physical education.

## 10. Print or Digital Media

**Deliverable description:** Each District RT will develop one print or digital media piece to support HPE or Wellness in schools.

### Progress Towards this Deliverable's Evaluation Plan

District	Topic/Project	Format (PowerPoint, Video, etc.)	Date of Distribution	Method of Distribution	Submitted Final Version?
Central	PE Fair	Requirements, Criteria, Video	Ongoing	DOE Facebook, Twitter, Pinterest	No
Honolulu	Health Education Advocacy	Video (An Apple a Day is Not Enough) Success Story	Ongoing	Faculty meetings, Principals meetings, and undergraduate UH Manoa meetings	Yes, links submitted.
Kauai	Recess and PE in schools	Article	January 2017	Newspaper: <i>The Garden Island Newspaper</i> – RT and her CAS were interviewed	Yes, link submitted.
Leeward	HPE	Brochure	Ongoing	Principals' Meetings, Schools, PDE3s	Yes
Maui	Fitness Testing/FitnessGram	Google Doc	Upon Request	Email with link – letter to be given out to parents of 5 <sup>th</sup> graders pertaining to fitness testing	Yes, link submitted.
West Hawaii	Wellness Paradigm: Unlocking Personal & Professional Excellence	PowerPoint	5/19/2017	Google Docs	Yes
Windward	PE Fair	Brochure, Video Samples	Ongoing	Email and presentations	No
East Hawaii	N/A. No HHI RT.	N/A	N/A	N/A	N/A

### Successes, Concerns, Barriers or Major Issues Identified

This was a new deliverable in the 2016-2017 school year. There was some confusion surrounding the criteria for this deliverable. Should new material be developed or was sharing of resources appropriate enough? The examples ranged from a newspaper article, a newsletter submission, PowerPoint slides, Google Docs, and emails.

Honolulu link: <https://www.youtube.com/watch?v=4SJ3T6EM3qU>

Honolulu PAN Newsletter link: [https://gallery.mailchimp.com/9ddeb3b3bc92fe0e5992ea3ed/files/49dea17c-9a1d-4e68-8813-60975a3bb1d3/Hawaii\\_PAN\\_Newsletter\\_March2017.02.pdf](https://gallery.mailchimp.com/9ddeb3b3bc92fe0e5992ea3ed/files/49dea17c-9a1d-4e68-8813-60975a3bb1d3/Hawaii_PAN_Newsletter_March2017.02.pdf)

Kauai link: [http://thegardenisland.com/news/local/doe-wants-students-active-in-school/article\\_72dcc6f8-a982-5e21-a9f8-d48000f57cf5.html](http://thegardenisland.com/news/local/doe-wants-students-active-in-school/article_72dcc6f8-a982-5e21-a9f8-d48000f57cf5.html)

Maui link: <http://goo.gl/iAesOG>

## 11. Summary of Professional Development Events for 2016-17 SY

DISTRICT	# of One-on-one Training Events	# of Faculty In-services and/or Complex Trainings Events	# of County and District Workshops	# of PDE3 Courses
East Hawaii	N/A	1	2	N/A
West Hawaii	20	1	2	-
Maui	12	7	2	1
Kauai	27	7	2	1
Central	16	14	1	1
Windward	34	8	1	1
Honolulu	56	6	1	1
Leeward	33	10	1	1
Oahu	N/A	N/A	1	N/A
<b>TOTAL</b>	<b>198</b>	<b>54</b>	<b>11</b>	<b>6</b>

- **Grand total of HHI health and physical education events = 269 events**

- **Non-unique participants= 1,829 participants**

**Note:** Please note that the number of non-unique participants is an estimate and also includes some non-DOE staff. Please note that non-unique means that the list of participants includes duplicate names.

- **Comparison of HHI events and participants to previous years**

**Note:** Please note that a comparison cannot be made between the 1,829 *non-unique* participants trained in 2016-2017 and the participants in the previous five years. From 2011-2016, *unique* participants were reported rather than *non-unique* participants.

HHI Professional Development Events and Participants						
	2011-12	2012-13	2013-14	2014-15	2015-16	2016-17
<b>Events</b>	223	339	400	393	263	269
<b>Participants</b>	565	638	701	674	972	1,829*