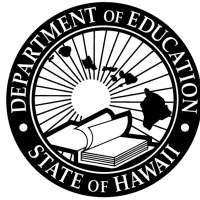


HHI School Health and Physical Education



District Health and Physical Education Resource Teacher Year End Summary Report 2008-2009 School Year



Evaluation Report

June 2009

Report submitted to the Hawaii State Department of Education and Department of Health, as part
of the on-going evaluation of the Healthy Hawaii Initiative.

Prepared by the Healthy Hawaii Initiative Evaluation Team

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MĀNOA

DISTRICT HEALTH AND PHYSICAL EDUCATION RESOURCE TEACHER YEAR END SUMMARY REPORT

2008-2009 School Year

BACKGROUND

Eight District Health Education and Physical Education Resource Teachers (H/PE RTs) are currently training and educating teachers in their region (grades K-12) to implement the Hawai'i Content and Performance Standards (HCPS) in Health Education (HE) and Physical Education (PE). H/PE RTs assist the Healthy Hawai'i Initiative Educational Specialist (HHI ES), the H/PE Educational Specialist (H/PE ES), and the Coordinated School Health Educational Specialist (CSH ES) with reviewing, revising, and developing standards-based programs, units, activities, and lessons for general HE and PE. District H/PE RTs also mentor and conduct trainings for HE and PE teachers in their designated district complexes to improve instruction of the HCPS.

This report is a summary of the information submitted by the H/PE RTs for the 2008-2009 school year. H/PE RTs submitted semester reports that detailed their expenditures, trainings, collaborations, and resource library usage. H/PE RTs also reported teacher requests, facilitators and barriers to success, semester successes, and future goals. All resource teachers are listed below for the 2008-2009 school year.

<u>District</u>	<u>Name</u>
Central District	Yvette Ikari
East Hawaii District	Eileen Wagatsuma
Honolulu District	Denise Darval-Chang
Kauai District	Nancy Graf
Leeward District	Jan Combs
Maui District	Nathan "Lance" Nanod
West Hawaii District	Kathy Jo Kube
Windward District	Curt Okimoto

WORKSHOPS & CONFERENCES

District RTs mentor and conduct trainings for HE and PE teachers in designated district areas. "Overview" trainings are brief meetings that introduce the standards; 101-level trainings introduce standards-based curriculum; 201-level trainings focus on record keeping and assessment; 301-level trainings require student and teacher evidence. Please refer to Appendix A for a complete description of the H/PE training criteria. District RTs also assist the State HE and PE RTs with state trainings: State PE Workshops, State Health Workshops, Health Celebration Conference, State PE Conference, and H/PE Department Head Trainings. Summary reports from these conferences are available from the Healthy Hawai'i Initiative Evaluation Team (HHIET). Tables 1 and 2 show the state and district conference/workshop attendance for the 2008-2009 school year. The type of training (HE or PE) and level of training (overview, 101, 201, 301) are also provided.

Table 1. 2008-2009 School Year State Workshops and Conferences

State-Wide Conferences/Workshops				
State PE RT	Date Held	HE/PE/ HPE	Overview, 101, 201, 301	Attendance
Secondary PE Curriculum & Instruction Training	10/23/2008	PE	201/301	105
PDERI	9/11/2008 10/16/2008 11/13/2008 12/16/2008	PE	301	25
HHI Partnership Elementary PE Training	01/20/2009	PE	101/201	137
Statewide PE conference at the Stan Sheriff Center	05/07/2009	PE	101	372
State HE RT	Date Held	HE/PE/ HPE	Overview, 101, 201, 301	Attendance
Healthy Sexuality Workshop for Elementary Teachers*	9/11/2008	HE	101	39
Hawaii Adolescent Sexual Health Partnership Conference*	10/10/2008	HE	101	58
"Why Do They Act That Way?"	12/4/2008	HE	101	231
Bully Free Classroom Training**	11/19/2008	HE	101	41
Bully Free Classroom Training**	10/22/2008	HE	101	51
Bully Free Classroom Training – Cyber Bullying***	2/26&27	HE	101	30
HHI Partnership Elementary Health Training***	03/05/2009	HPE	101	85
Bully Free Classroom & Safe Playground***	03/13/2009	HPE	101	23
Health and PE Curriculum and Instruction Training***	03/17/2009	HPE	Overview/101	75
STDs and LGBT Youth Overview for Secondary Teachers*	04/16/2009	HE	Overview/101	23

* Not an HHI sponsored event but RTs assisted

** Collaborated with State PE RT and Central District RT

***In Collaboration with State PE RT

Table 2. 2008-2009 School Year District Workshops, In-Services and One-On-Ones

<i>District-Workshops, In-Services and One-on-Ones</i>				
Honolulu	Date Held	HE/PE/ HPE	Overview, 101, 201, 301	Attendance
Hokulani Faculty In-service	8/20/2008	HPE	101	22
HPE HCPS III Pauoa El Faculty In-service	9/10/2008	HPE	201	24
Anuenue Faculty In-service K-12	9/26/2008	HPE	101	7
Likeline Elementary School Inservice	5/18/2009 – 5/22/2009	HPE	101	32
Central	Date Held	HE/PE/ HPE	Overview, 101, 201, 301	Attendance
Aiea HS PE/SPED Collaborative Meeting	8/6/2008	HE	101	5
Standards Based Health Education & Physical Education Faculty In-Service	9/10/2008	HPE	101	23
Mililani Middle School Lead-Up Games for Soccer	9/29/2008	PE	101	5
Leihehua Complex Waiver Day	10/14/2008	HE	201	8
Radford Complex Common Waiver Day	10/20/2008	HE	201	12
Core Stability Training	11/13/2008	PE	101	13
PE Curriculum and Instruction Training	01/29/2009	PE	101	2
PE Curriculum and Instruction Training for Pearl Harbor Elem School teachers	02/12/2009	PE	101	2
HPE Mock Accreditation	02/13/2009	HPE	Overview	3
PE Curriculum & Instruction Training (Aiea Intermediate School Fitness Unit)	02/17/2009	PE	101	2
Wellness Assembly – Being Active & Eating Healthy	02/03/2009	HPE	Overview	4
Early Childhood Special Education (ECSE)	03/06/2009	HPE	101	46
Health Curriculum/Instruction Training (Bullying In-Service)	03/10/2009	HE	101	6
PE Curriculum & Instruction Training (USTA Tennis)	03/19/2009	PE	101	1
One-on-One Trainings	-	HPE	101	34
	-	HPE	201	5

	-	PE	101	11
Maui	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
Captain's Table	10/22/2008	HE	-	142 (Students)
Healthy Hawai'i Initiative KKHS/BHS Complex EA Waiver Day Training	11/3/2008	HPE	101	10
Living Well "Healthy Foods" KKHS/BHS Complex EA Waiver Day Training	11/3/2008	HE	101	11
Recess Activities	04/20/2009	HPE	101	5
Windward	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
Sunset Beach EI Physical Education and Wellness Policy Presentation	8/20/2008	HPE	101	31
Hauula Wellness Committee Presentation	9/10/2008	HPE	101	7
Kailua Health Education Fair Presentation	10/1/2008	HE	101	20
Puohala EI School Wellness Policy Presentation	10/1/2008	HPE	101	29
Kapunahala Wellness Policy Presentation	10/3/2008	HPE	101	6
Kahuku HS Wellness Policy Training	1/22/2009	HPE	101	26
Kalaheo HS Wellness Policy Training	3/11/2009	HPE	101	60
Playground Safety Training	3/13/2009	PE	101	19
USTA Tennis Workshop	4/7/2009	PE	101	5
Leeward	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
Fitnessgram Introduction and Implementation	7/25/2008 8/11/2008 8/13/2008 8/20/2008	PE	201	5
Waianae High Waiver Day	7/28/2008	HPE	201	6
Waipahu Elem. Extending PE Back into the Classroom	7/30/2008	PE	101	2
Incorporating Pedometers with Physical Activity	8/25/2008 8/26/2008 8/28/2008	PE	201	4
Lehua Elem. PE Benchmarks	9/9/2008	PE	101	27
Pedometers and DDR	9/11/2008	PE	101	5

Incorporating Pedometers with Math Benchmarks	9/12/2008 9/17/2008 9/19/2008	PE	101	2
Lehua Elem. PE In-Service	9/15/2008	PE	101	28
HEAP Overview	9/16/2008	HE	Overview	4
PE Benchmarks Defined	10/10/2008	PE	Overview	15
Waianae Waiver Day	10/20/2008	HPE	201	n/a
Mauka Lani Elem. PE Benchmarks	12/10/2008	PE	101	32
Mauka Lani Elem. Faculty Presentation	12/10/2008	HPE*	101	32
Russel Ogata Presents Indian Clubs	12/12/2008	PE	Overview	8
One-on-One Trainings	7/25/2008	HE	101	1
	12/12/2008	PE	101	4
One-on-One Trainings	3/6/2009 – 5/5/2009	PE	Overview	3
		PE	101	1
		PE	201	2
West Hawaii	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
SPARK PE In-service Training	7/25/2008	PE	101	62
Health and PE Curriculum and Instructional Training: First Aid 101	9/19/2008	HE	101	14
Waimea District PCNC/Complex FFT Training Health Education	12/9/2008	HE	201	33
Primary School Adjustment Project (PSAP)	01/23/09	HE	101	14
Teen pregnancy prevention youth summit	02/17/2009	HE	101	6
Healthy Sexuality and HIV/STD Teacher Training	2/24/2009	HE	101	16
Healthy Sexuality Education for Elem Teachers (Kohala Elem.)	04/15/2009	HE	101	4
Health Education for Elementary Teachers (Konawaena Elem.)	04/27/2009 05/04/2009 05/06/2009	HE	Overview	4
One-on-One Trainings	7/2008-12/2008	HE	101	12
	7/2008-12/2008	PE	101	10

	7/2008-12/2008	HPE	101	2
	-	HPE	101	41
Kauai	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
Hanalei Elementary School Wide In-Service	7/25/2008	HPE	101	12
Kauai Teacher In-services	7/18/2008-12/18/2008	PE	101/201	102
Healthy Literacy with Niihau	10/15/2008	PE	101	5
Healthy Sexuality and HIV/STD Teacher Training	02/24/2009	HE	101	16
One-on-one Trainings	7/18/08 – 12/12/2008	PE	101	65
	7/28/2008 – 11/07/2008	HPE	101	39
	7/29/2008 – 11/19/2008	HE	101	12
One-on-one Trainings	1/29/2009 – 6/3/2009	HE	101	8
	1/21/2009 – 5/8/2009	PE	101	18
	3/16/2009 – 5/1/2009	HPE	101	16
East Hawaii	Date Held	HE/PE/HPE	Overview, 101, 201, 301	Attendance
Wellness Presentation	7/31/2008	HPE	101	77
Hilo District PCNC/ Complex FTT Training Health Education	8/26/2008	HE	201	47 (26 teachers/staff)
Haaheo Elementary PTSA meeting	9/4/2008	HE	Overview	17
Hilo-Laupahoehoe-Waiakea School Community Council Training	9/6/2008	HE	101	28
School Community Council Training #1	12/1/2008	HPE	101	32 (13 teachers/staff)
School Community Council Training #2	12/1/2008	HPE	101	20 (16 teachers/staff)
Waiakea Elementary SPED Articulation Day	12/11/2008	HE	101	14
Primary School Adjustment Project (PSAP) training	01/14/2009	PE	101	23
PSAP Parent Workshop	02/18/2009	PE	101	12
Waiakeawaena Family Fitness Challenge Kickoff	2/19/2009	PE	101	50*
Hawaii Island Healthy Sexuality and HIV Curriculum training	02/24/2009	HE	201	11

Kalaniana'ole Gr 3-5 Inservice	03/11/2009	PE	101	3
One-on-One Trainings	8/26/2009 – 12/11/2008	HPE	101	7
		HPE	301	1
	1/12/2009	HPE	101	1

NON-TRAINING EVENTS LOG

In addition to giving professional development trainings (conferences, workshops, in-services and one-on-ones), the RTs provide technical assistance and event support to their district and state. These activities were not captured by the reporting template, therefore the HHIEET created a supplemental “Non-Training Event Log” where RTs can document events they supported or organized which does not fall under the “training” category. This log only reflects the school year’s second semester. See Table 3 below.

Table 3. Non-Training Events Log

Non-Training Events Log				
State PE	Date Held	School/Location	Brief Description	Approximate Attendance
Windward Track Meet	3/3/09	Kaiser High School	Helped with data collection and results	200
Likeline Physical Activity Camp	3/30/09	Likeline Elementary School	Taught basic basketball skills workshops	100
Central Preschool Play Day	4/17/09	Mililani District Park	Helped set-up/take down and run various stations	370
Honolulu Preschool Play day	4/9/09	Manoa District Park	Set-up/take down and run various stations	370+
Moanalua Middle School fitness testing	5/13/09	Moanalua Middle school	Timer. 40 yd fitness test	200±
Honowai Field Day	5/21/09	Honowai Elementary School	Conducted various field/cardio events throughout the day	700+
Solar Sprint Exhibition	5/22/2009	Kapolei High School	Help facilitate activities	99
State HE	Date Held	School/Location	Brief Description	Approximate Attendance
Solar Sprint Exhibition	5/22/2009	Kapolei High School	Help facilitate activities	99
Honolulu	Date Held	School/Location	Brief Description	Approximate Attendance
HPE/Marzano Training	1/16/2009	Roosevelt & McKinley Complex schools	Marzano training on writing Sample Performance Assessments	n/a

PE/Windward District Fitness Meet	3/3/2009	Kaiser High School (host)	Fitness events	190
HPE/PCNC	3/6/2009	Honolulu District	Wellness & HPE focus	n/a
WDO Preschool Play Day	3/13/2009	Kaneohe District Park	Helped with set up, supervising stations and clean up	151
HPE/Likeline Nutrition & PE HAS Test Prep Camp	3/30/2009 – 3/31/2009	Likeline	2 day camp to collaborate with school and community resources. Focus on lifelong culturally appropriate PA and NE	100
HDO Preschool Play Day	4/9/2009	Manoa Valley District Park	Helped with set up, supervising stations and clean up	375
CDO Preschool Play Day	4/17/2009	Mililani District Park	Helped with set up, supervising stations and clean up	370
LDO Preschool Play Day	4/24/2009	Kapolei High School	Helped with set up, supervising stations and clean up	310
Ma'ema'e Track Meet	5/29/2009	Roosevelt High	Passed out ribbons	320
Parent Information	5/29/2009	Likeline Elementary	Activities	145
Central	Date Held	School/Location	Brief Description	Approximate Attendance
Wellness Day	1/24/2009	Haleiwa El School	Facilitate wellness physical activities	225
K PE	2/19/2009	Shafter El School	Taught age appropriate gross motor & fitness activities	20
Grade 1 PE	2/19/2009	Shafter El School	Taught age appropriate gross motor & fitness activities	20
Grade 2 PE	2/19/2009	Shafter El School	Taught age appropriate gross motor & fitness activities	20
Grade 3 PE	2/19/2009	Shafter El School	Taught age appropriate gross motor & fitness activities	20
WDO Fitness Meet	3/3/2009	Kaiser High School	Help facilitate activities	190
WDO Preschool Play Day	3/13/2009	Kaneohe District Park	Helped with set up, supervising stations and clean up	151
HDO Preschool Play Day	4/9/2009	Manoa Valley District Park	Helped with set up, supervising stations	375

			and clean up	
CDO Preschool Play Day	4/17/2009	Mililani District Park	Helped with set up, supervising stations and clean up	370
LDO Preschool Play Day	4/24/2009	Kapolei High School	Helped with set up, supervising stations and clean up	310
Fitness Testing	5/13/2009	Moanalua Middle School	Help facilitate activities	148
Field Day	5/21/2009	Honowai El School	Help facilitate activities	n/a
Solar Sprint Exhibition	5/22/2009	Kapolei High School	Help facilitate activities	99
Field Day	6/3/2009	Red Hill El School	Help facilitate activities	n/a
Maui	Date Held	School/Location	Brief Description	Approximate Attendance
NFL Pro-Bowl Clinics	2/9/2009	El, middle and high schools in district	Coordinate NFL clinic on Maui with all middle and high schools	280
Healthy Surveys	2/10/2009	Kalama Int School	Support Susan Saka, UH – Hawaii School Health Surveys	7
Healthy Surveys	2/17/2009	Baldwin High School	Support Susan Saka, UH – Hawaii School Health Surveys	8
Healthy Surveys	2/18/2009	Lahaina Int School	Support Susan Saka, UH – Hawaii School Health Surveys	6
Maroon and White Track Meet	2/27/2009	Iao Int School	Assist in operation of track meet duties as an official	80
Healthy Surveys	3/20/2009	Maui Waena Int School	Support Susan Saka, UH – Hawaii School Health Surveys	8
Healthy Surveys	4/20/2009	Iao Int School	Support Susan Saka, UH – Hawaii School Health Surveys	8
Healthy Surveys	4/27/2009	Maui High School	Support Susan Saka, UH – Hawaii School Health Surveys	12
Windward	Date Held	School/Location	Brief Description	Approximate Attendance
Career Day	2/25/2009	Sunset Beach El	Help facilitate activities	175
Health Fair	2/27/2009	Sunset Beach El	Help facilitate activities	175
WDO Fitness Meet	3/3/2009	Kaiser High School	Help facilitate activities	190
WDO Preschool Play Day	3/13/2009	Kaneohe District Park	Helped with set up, supervising stations and clean up	151

Laie Field Day	3/20/2009	Laie School	Help facilitate activities	n/a
Health Survey	4/8/2009	King Int	Collaboration meeting & collection	6
HDO Preschool Play Day	4/9/2009	Manoa Valley District Park	Helped with set up, supervising stations and clean up	375
Health Survey	4/15/2009	Waimanalo Int	Collaboration meeting & collection	5
CDO Preschool Play Day	4/17/2009	Mililani District Park	Helped with set up, supervising stations and clean up	370
Health Survey	4/22/2009	Kalaheo High School	Collaboration meeting & collection	8
LDO Preschool Play Day	4/24/2009	Kapolei High School	Helped with set up, supervising stations and clean up	310
Fun Fair	4/27/2009	Waiahole El School	Help facilitate activities	60
Health Survey	4/29/2009	Kailua High School	Collaboration meeting & collection	8
Health Survey	5/6/2009	Kahuku High School	Collaboration meeting & collection	8
Fitness Testing	5/13/2009	Moanalua Middle School	Help facilitate activities	148
Physical Activity & Academic Performance	6/3/2009	Kainalu El	Faculty presentation on PA & increased AP	40
Laie SCC Health and Wellness Presentation	6/4/2009	Laie El	Presentation on school health & wellness	12
Leeward	Date Held	School/Location	Brief Description	Approximate Attendance
Windward Track Meet	3/3/2009	Kaiser High School	Helped out with set up and times for shuttle run	190
WDO Preschool Play Day	3/13/2009	Kaneohe District Park	Helped with set up, supervising stations and clean up	151
HDO Preschool Play Day	4/9/2009	Manoa Valley District Park	Helped with set up, supervising stations and clean up	375
CDO Preschool Play Day	4/17/2009	Mililani District Park	Helped with set up, supervising stations and clean up	370
LDO Preschool Play Day	4/24/2009	Kapolei High School	Helped with set up, supervising stations and clean up	310
HAS Testing	4/7/2009	Leihoku El	Provided HAS monitoring	25
Fitness Testing	5/13/2009	Moanalua Middle School	Assessed modified pull-ups	148
Field Day	5/21/2009	Honowai Elementary	Helped with set up, running activities and clean up	830

Solar Sprint	5/22/2009	Kapolei High School	Helped with set up, running activities and clean up	99
Ma'ema'e Track Meet	5/29/2009	Roosevelt High	Passed out ribbons	320
West Hawaii	Date Held	School/Location	Brief Description	Approximate Attendance
Family Fun Day	4/18/2009	Kealakehe HS	Helped organize and run health and fitness related booths	2,000
CPR Sunday	4/19/2009	Kona Old Airport County Park	Trained youth and adults CPR skills with high school students	300
Teen Relationship Abuse	4/29/2009 – 4/30/2009	Kohoka'a HS & Int, Konawaena MS & HS, Kealakehe HS	Coordination to bring national speaker	950
Kauai	Date Held	School/Location	Brief Description	Approximate Attendance
Family Literacy Day	2/20/09	Ni'ihau School	Assisted in set up and running of activities	50
LITERATURE FESTIVAL	4/24/09	Kauai Community College	Helped with set up and running of activities, hosting authors	300
Fitness Day	5/12/09	Eleele Elementary	Provided equipment and resources, facilitated 4 group participation activities	75
Health and Fitness Fair for the Elementary students	5/8/09	Kapaa High conducted the fair	Provided equipment and resources for sharing at the fair	500
East Hawaii	Date Held	School/Location	Brief Description	Approximate Attendance
Youth Teen Pregnancy Prevention Summit	2/20/09	Pahoa High & Inter, Keaau High, Waiakea Inter, Honokaa High & Inter	Helped with set up and facilitation	See Cathy Kawamura's #s
Hilo-Laupahoehoe-Waiakea complex Family focus Team Conference	3/7/09	EbDesilva El, Ha'aheo, Hilo High, Hilo Inter, Hilo Union, Kalaniana'ole, Kapiolani, Kaumana, Keaukaha, Laupahoehoe, Waiakea El, Waiakea Inter, Waiakea High, Waiakeawaena	Helped with set up and organization	3000

Keaau High Hoolaulea	3/21/09	Keaau High, Keaau El, Keaau Middle, Mt View	Helped with set up, displays, handouts(wellness, nutrition, physical activity) as well as fun run	1500
HAS testing monitoring	4/8/09	Waiakea Intermediate	Monitored a class testing	10
Health Survey- meeting	4/17/09	Waiakea High	Meet with teachers administering surveys	12
Health Survey- meeting	4/24	Hilo Intermediate	Meet with teachers administering surveys	6
Solar Boat	5/02/09	Haaheo, Pahoa El, Waiakeawaena, Waiakea El	Helped with set up and running activities	200
Health Survey meeting	5/13/09	Keaau Middle	Give teachers student permission forms for distribution and brief directions	8
Kahua- Teacher mentor culminating Activity	5/14/09	Waiakea High, Waiakeawaena, Haaheo, Waiakea Inter	Helped with set up and running activities	75
Solar Car Sprint	5/19/09	Keaau Middle, Haaheo, Laupahoehoe, Waiakea Inter	Helped with set up and running activities	83
Health and Fitness Academy Senior Project presentations	5/19/09	Waiakea High	Helped with judging student projects	90
Health Survey meeting	5/19/09	Keaau Middle	Meet with teachers administering surveys	8
Senior Fitness Students' Oral Boards presentation	5/21/09	Keaau High	Part of a panel of adults who evaluated student's fitness projects and presentation	7
Emergency Medical Services Run	5/24/09	Keaau High & community	Helped with set up and running Trifit activities	75

2008 – 2009 SCHOOL YEAR DISTRICT EXPENDITURES

Travel comprised the largest percentage of total statewide expenditures at 50.8%. The next largest expenditure was new technology and equipment costs being 19.0% of the statewide total. On the following page Table 4 breaks down expenditures by district.

Table 4. 2008 – 2009 School Year District Expenditures

Expense Type	Kauai	East Hawaii	West Hawaii	Windward	Leeward	Central	Honolulu	Maui	Statewide Total	%
Office Supplies	218	2,976	500	-	1,200	3,741	948	-	9,583	7.2
New Technology and Equipment (Pedometers, Tanita Scale)	1,587	-	1,500	1,000	3,512	6,862	10,972	-	25,433	19.0
Training Materials	3,471	3,760	300	2,950	-	-	1,665	50	12,196	9.1
Substitute Teacher Costs	543	1,592	1,280	1,200	5,343	2,800	1,350	1,680	15,788	11.8
Travel (air, car rental, etc)	9,792	24,184	6,370	5,500	1,810	2,544	1,074	16,722	67,996	50.8
Professional Learning Communities	-	-	-	-	1,200	-	-	1,100	2,300	1.7
School Assessment Liaison Partnerships	-	-	-	-	-	-	-	-	-	-
Other (Explain)	-	50	-	500	-	-	135	-	685	0.5
Total	15,611	32,562	9,950	11,150	13,065	15,947	16,144	19,552	133,981	

PROFESSIONAL DEVELOPMENT RECEIVED

Resource Teachers were provided numerous professional development opportunities throughout the year. On average, RTs attended 24 professional development opportunities during the 2008 - 2009 school year. Table 5 shows individual professional development attendance by district.

Table 5. Professional Development Received

District	Number of Attended Professional Development Opportunities (2008-2009 School Year)
Central District	26
East Hawaii District	38
Honolulu District	20
Maui District	31
Leeward District	12
West Hawaii District	27
Windward District	12
Kauai	30
State PE	23
State HE	25

PROFESSIONAL LEARNING COMMUNITIES

RTs worked with teachers to create Professional Learning Communities (PLC). At the PLCs, teachers, administrators, school staff and the RT come together to improve teaching techniques and student scholarship. Many of these PLCs were formed at the HE and PE department head trainings. Table 6 shows in total that RTs reported 265+ PLC participants from 83 schools, one district and two complexes.

Table 6. Professional Learning Communities

District	# of Schools Participating	# of Participants	Total Expenses
Central District	-	-	-
East Hawaii District	Hilo-Laupahoehoe- Waiakea District; Waiakea Complex; 5 Schools	32+	-
Honolulu District	13	41	-
Maui District	-	-	-
Leeward District	3	9	300
West Hawaii District	33	85	-
Windward District	10	24	-
Kauai District	15	63	1264
State PE	Roosevelt complex; 4 schools	11	-
State HE	-	-	-
Total	83 schools, 1 district, 2 complexes	265+	\$1564

SKILLS

RTs were also asked what skills they wanted to develop and in what additional areas in HE and PE they would like more training. On the whole, RTs wanted to develop skills in technology, curriculum/lessons, organization and new skill sets, see Table 7.

Table 7. What specific skills do you want to develop as a general resource teacher?

Additional Skills
<p>Technology:</p> <ul style="list-style-type: none"> • Computer literacy. • Ipod/downloading video and song. • Technology – keeping up with the newest and learning and practicing skills such as making a movie to share with presentations. • Uploading and downloading technology resources to apply to various presentations etc.
<p>Curriculum/Lessons:</p> <ul style="list-style-type: none"> • Improve understanding of standards based grading at the secondary level. Realistic? • DOE direction: understand what is the DOE position on how lessons should be taught – Is the 6 step implementation model to be used in all subject areas for all lessons? • Knowledge of new curricula in the field. • PE – Elementary. • Integrating PE and HE with core subjects K-5. • Best practices and innovative lessons for physical education. • Best practices and innovative lessons for health education. • Lessons on teaching dance to upper elementary and secondary students. • Stress, depression and suicide prevention training. • Acquiring resources that all levels of teacher would be interested in implementing in their classes. • Assist elementary schools with faculty training and follow through with implementation. • Assessment... ie. How are schools giving grades on playing basketball? Difficult to approach another professional about this.
<p>Organization:</p> <ul style="list-style-type: none"> • Record Keeping/Grade Books. • Presenting Skills in Prep for teaching the PDE3 Courses • Learn to multitask better. • Strategies for collecting student evidence. • Try to follow my facilitator's agenda more closely. • Improve teacher observation strategy i.e. organized note taking. • Organizational Skills.
<p>New Skill Sets:</p> <ul style="list-style-type: none"> • Public speaking. • Newsletter creation. • Grant writing skills. • Public relations (marketing skills). • Managerial skills. • Social Interaction Skills.
<p>Other:</p> <ul style="list-style-type: none"> • Motivating parents/guardians to get their kids moving and not feed them junk food!

REQUESTED TRAINING

The RTs were asked to list which additional areas in HE and PE they would like more training. In general, RTs reported wanting training in technology/equipment and curriculum/lessons; see Table 8.

Table 8. Additional areas in Health Education and Physical Education that you would like more training with.

Requested Training
Technology/equipment: <ul style="list-style-type: none">• Health and technology.• Technology, i.e. GPS usage in physical education.• Healthteacher.com online usage.• Heart Rate monitors.• Technology/Wii, DDR hookup.• Fitness sticks.• Using technology and multimedia in the classroom.• Latest technology in physical education/heart rate GPS monitors.• Explore new activities that the public is exposed. Yoga, Pilates, Kettle Balls, new games, etc.
Curriculum/Lessons: <ul style="list-style-type: none">• Health standards implementation.• Elementary HPE activities that general education teachers could implement.• Training on topic that data is showing we need to focus on and the current health issues that is in the news.• Direction: Do we have a plan/curriculum as to what we really want our teachers within the state using or are we just providing a lot of options/resources for them to make choices?• How to do an online PDERI course so teachers across the state can participate.• Innovative assessment ideas that are benchmark aligned.• Brain development/activities to enhance learning and achievement.• HEAP.
Others: <ul style="list-style-type: none">• Common Assessments, Norming, Pulling Anchor pieces.• Mental Health Issues- Diseases/Disorders, Signs & Symptoms, Treatments and Services available in Hawaii.• LGBTQ – gain knowledge from LGBTQ community to help elementary level teachers have an understanding of this issue and their students.• Family issues – Poverty (and family choices), death, divorce, separation (and military) and child behaviors related to these issues.• Student portfolios.• Assessments for HPE.

RESOURCE LIBRARY AND MATERIAL SUPPORT

RTs were provided materials to share with the schools in their district. Additionally, RTs were able to purchase further resources and equipment to meet the specific needs of their district. Table 9 shows that RTs shared resources with more than 219 schools across the state. The following table summarizes the resource library usage during the 2008-2009 school year.

Table 9. Resource Library and Material Support

District	# of Resources Utilized in District	# of Schools Reached in District
Central District	314	59
East Hawaii District	79	13
Honolulu District	145	39
Maui District	37	11
Leeward District	31	21
West Hawaii District	77	27
Windward District	59	31
Kauai District	94	18
State PE	6	Distributed to various districts
State HE	16	Distributed to various districts
Total	858	219

*The number of schools reached is unique.

PROFESSIONAL DEVELOPMENT REFLECTION FORMS

Workshop and Conference participants were asked to complete professional development reflection forms once they had implemented the material/strategy in their classroom. RTs were tasked to follow-up with participants and collect these forms. Table 10 shows a total of 44 Professional Reflection Forms were returned during the 2008-2009 school year.

Table 10. Professional Development Reflection Forms

District	# Returned	Information Utilized
Central District	-	-
East Hawaii District	4	Various resources, BOE policies, Healthy Sexuality curriculum; Germ City, Tribes, Cyberbullying, HEAP books, Mad Science, personal & social skills development for students: physical activity before class and at the end of day.
Honolulu District	30	Sample lesson plan, DOE policy on Sex ed, Indo, Trikkies, Waveboards, Geo Motion, Lessons & Assessments to HCPSIII, Brain Gym Exercises, DVD Hawaii's Hidden Dangers, Bosu Balls agility ladders, Nutrition Pathfinders, Mad Science, Fitnessgram, breakout information, Toolkit, Brain Gym Exercises, Geo Motion, specialized equipment, Action Based Learning, Ladders, Bosu Balls, equipment for adapted students, Spectrum VB net, Pedometers, sample lessons on Brain Breaks, Health Information, Spark, Skillastics, Brain Wave, Activities Binder.
Maui District	4	FitnessGram, Indo boards, Trikkies, Waveboards, 6 Step Implementation Model, Sexual Health and Responsibility Promoting Safety, Personal Health and Wellness, Sexual Exploitation Stress Management
Leeward District	-	-
West Hawaii District	-	-
Windward District	2	Curricula and Equipment, Health Literacy, goal setting, healthy choices
Kauai District	4	Teen Suicide, Hale Kipa, Teen Pregnancy Prevention, Brain Gym Techniques, SPARK, Speed Stacking, Tennis, Pedometers, Pilates
Total	44	

PARTNERSHIPS & COLLABORATIONS

Many H/PE RTs cited school and community connections and partnerships as a major facilitator to their success this year. This was also reflected in the large list of partnerships and collaborations each H/PE RT listed in their year end report. Collaborations and in-kind donations were the most popular types of reported partnerships. Table 11 lists the kinds of partnerships and the number of individuals and organizations the RTs worked with during this year.

Table 11. Partnerships and Collaborations

District	Collaboration	Planning Team	Special Events	In-Kind Donation	Financial Donation	Equipment Donation
Central District	25	-	1	-	-	-
East Hawaii District	12	-	-	1	-	1
Honolulu District	13	-	-	-	-	-
Maui District	30	1	6	-	-	2
Leeward District	12	-	2	-	-	1
West Hawaii District	84	-	-	26	5	-
Windward District	6	4	1	2	-	3
Kauai District	5	8	5	-	-	5
State HE	-	-	1	1	-	-
State PE	4	2	1	2	2	-

REQUESTS FROM TEACHERS IN DISTRICT

RTs reported that teachers in their district requested lessons/activities, professional development, equipment, assistance and assessment. A complete list of requests for the 2008-2009 school year is provided in Table 12 below.

Table 12. Requests

Requests
<p>Lessons/Activities:</p> <ul style="list-style-type: none"> • Nutrition Activities/Information. • Standards based trainings/lessons in health topic areas. • Bullying Lessons/Activities. • Health ed. resources and lessons. • <i>Diabetes and You</i> curriculum. • Cooperative learning games. • Fitness oriented activities and assessment. • HE resources. • Brain exercises. • Nutrition related – eating disorders, healthier choices. • Alcohol curriculum for grade 5/Tribes training. • Recess Activities. • Health and PE ideas for parents • Health Standards Lessons • Stress Management and Coping Skills- Lessons and Activities
<p>Professional Development:</p> <ul style="list-style-type: none"> • Speakers to address health risk areas. • Presentations: Wellness guidelines. (2) • Stress, depression and suicide data and training. • SPARK PE Elementary training and curriculum and movement music. • Sexual health education curriculum training. • Using wave boards and indo boards. • More instructional workshops. • More professional development integration (fitness gram). • Faculty Inservices at elementary schools that integrate movement with the core contents. • Analyzing influences & accessing information. • Stress, Depression and Suicide data and training. • PE and health demo lessons in classroom with teacher – elementary schools • Sexual Health Ed. curr. training – elem. and secondary ed. • Bully Free Curriculum Trainings
<p>Equipment:</p> <ul style="list-style-type: none"> • Indo boards, trikkies, waveboards, geo motion. (4) • Heart Rate Monitors. • Fitness Equipment. • FitnessGram. • DDR. (2) • Using trikkies and helmets. • Pedometers. • Trikkies. • PE equipment. • Spark Manuals.

<ul style="list-style-type: none"> • Equipment for Spark (yarn balls, polyspots, etc.) • Cushioned exercise mats
Assistance: <ul style="list-style-type: none"> • Fitnessgram assistance. • Installing fitnessgram. • Assistance with computer integration (fitness gram).
Assessment: <ul style="list-style-type: none"> • Sample student assessments. • Standards based grading/assessment/record keeping. • Assessment. • Grading and assessment sheets
Other: <ul style="list-style-type: none"> • Collaborative time with other teacher for best practice and innovative ideas. • Suicide- Signs of and Prevention Information

FACILITATORS AND BARRIERS TO SUCCESS

The most common facilitators to successful implementation of the standards include collaboration, support, funding, resources, Wellness Policy and curriculum. Some barriers to implementation included lack of support and funding, trainings, lack of qualified HPE teachers and others. Complete lists of RT responses are included in Table 13 and Table 14 below.

Table 13. Facilitators to Successful Implementation of Standards Bases HE and PE

Facilitators to Successful Implementation
Collaboration/Support: <ul style="list-style-type: none">• Smaller Learning Community (i.e. Kalani Team and McKinley/Roosevelt Team) which provides support in addressing standards based lessons.• Supportive RTs and teachers in the field.• Buy-In for teachers.• Open minds, good attitudes and administrative support.• Collaboration with outside community organization and groups.• Assistance provided by other HHI resource teachers.• Positive relationships with teachers and administrators.• Collaboration with non-profits (including schools), State and County agencies.• Collaboration with other RTs.• Established relationships with "lead teachers" at most of my schools who advocate at their schools for quality Health and Physical Education standards based education.• Collaboration time with resource teachers. (2)• Having teachers or department with some sort of scope and sequence (team and a plan).• HPE RT trainings.• A principal who believes in physical activity/education for his school and attended the PE confab.• HHI team members• District supports to include clerks, SRS's, and other resource teachers to collaborate with.• Assessments; System for giving feedback and analyzing results.• Professional Learning Communities between schools.• Lack of PE instruction in elementary, so classroom teachers want In-Service.• Continued support of ES, RTs and teachers in the field.• Health Education Teacher Trainings- March 5, 2009 & March 17, 2009.
Funding/Resources: <ul style="list-style-type: none">• Funding to provide for substitutes to provide professional development opportunities.• Funding to provide resources such as equipment to innovate PE & HE lesson.• Funding.• Having adequate resources for implementation of standards based HPE activities.• Funding to provide resources and support to teachers. (2)• Instructional workshops.• Professional developments.• Equipment, material, pamphlets, models, manipulatives, DVD, etc.
Wellness Policy: <ul style="list-style-type: none">• The Wellness Policy being recognized, implemented and enforced in the schools.• Interest and concerns of the Wellness Policy.• Support by administration in wellness initiatives.• The Wellness policy implementation has moved many schools to look at their own policies and practices, determine needs and look for professional development

opportunities.
Curriculum: <ul style="list-style-type: none"> • Membership in the Health Education Assessment Project (HEAP). • Integrating HE and PE with core subjects. • Curriculum that is aligned to our HCPS III or National Standards. • Establish Curriculum Maps / Scope & Sequence for departments. • More teachers are now taking a fitness based approach in teaching PE. • More familiarity with TRIKKES, Balance Boards, new PE. • Spring PDERI class- Overview and use of the Health Education Assessment Project (HEAP) database and health and reading integration strategies to improve instruction and assessment.
Other: <ul style="list-style-type: none"> • Increased interest in research on physical education and academic performance research. • More teachers in my district have presented at the State Health and PE conferences. • Continued teacher participation in professional development. • Better understanding of the advantages and uses for FitnessGram Evaluation.

Table 14. Barriers to Successful Implementation of Standards Based HE and PE

Barriers to Successful Implementation
Lack of support and funding: <ul style="list-style-type: none"> • Lack of school funds to hire IRA or PTT. • DOE budget restrictions. • Lack of Admin support. • Teacher Time! • Lack of time for teachers to attend after school trainings because of the work load already on their plate. • Still have many "new" health and PE teachers that need a lot of support, resources and professional development, for some, health I only 1 out of their 6 classes that they need to teach, some don't feel the need to ask for help. • Administrations still not in full support of health (keeping the focus/time on core subjects). • Administration not allowing teacher to come to HPE training. • Courses limited to ¼ semester wheels/not enough time. • Teacher follow-through= remind remind remind. • School that fall under NCLB restructuring primarily focus on "four core" standards. • Schools not requesting support in standards based Health and PE. • Lack of funds to provide equipment and resources to teachers. • Lack of Administrator support in schools- Cutting of PE/Health teaching lines from schools.
Trainings: <ul style="list-style-type: none"> • Most curriculum trainings on Oahu. • High School teachers lack of motivation to attend professional development. workshops and conferences, when considering they are the only mandated class in Health and Physical Education. • Austerity measures in place that makes attendance at National conferences not possible. • Still have some schools who do not participate in our professional development. • Unable to attend district or national conference to keep up with latest innovative

<p>teaching practices.</p> <ul style="list-style-type: none"> • Elementary principals not providing In-Service time for teachers. • HPE teachers not attending all available professional development opportunities.
<p>Lack of qualified HPE teachers:</p> <ul style="list-style-type: none"> • Shortage of certified HPE teachers. • HPE does not require teacher to be Highly Qualified. • Elementary teachers not trained in health and it does not become a point of focus for them. • Courses not taught by certified personnel/need more professional development. • Elementary schools – general education teachers teaching all subjects. • Still have some elementary schools with untrained personnel that require a lot of inservice and guidance. • Elementary teachers actually teaching standards based HPE.
<p>Other:</p> <ul style="list-style-type: none"> • Teachers with negative attitudes/too busy to try something new. • Not investing the time to learn new activities or a new way of teaching. • Veteran teachers not willing to change old ways of doing business. • Tri-island country – reaching all the school in the district. • Getting away from playing, instructing, assessing on traditional activities. • Standards based is expected, but traditional grading is still practiced (practice doesn't match expectations). • Time to follow through on what I start. H.S.A. takes precedence. • I had one school that did not participate in any professional development all year but had done so in the past. • Schools that focus more on NCLB/AYP and not emphasizing the value of HPE in the students' development. • Teachers feeling overwhelmed by lack of interest & participation by students. • Difficulty matching lesson objectives, activities, and assessment of lesson objectives. • NCLB Demands on teachers.

2008-2009 SCHOOL YEAR SEMESTER SUCCESSES

RTs reported numerous school year successes including professional development activities, working together, school implementation and other. A complete list of 2008 – 2009 school year successes is provided in Table 15 below.

Table 15. 2008 – 2009 School Year Successes

Successes
Professional development activities: <ul style="list-style-type: none">• Elementary faculty in-service for health and PE.• Presentation of Bully Free Classroom Curriculum to teachers and counselors (Central and Windward District).• Planning and participation in Secondary PE workshop.• State Health Education Conference.• Teaching the Wellness Guidelines.• Participate in a variety of curriculum trainings to support my district schools.• School-wide PE training at my largest elem. School.• Demonstration lessons at 3 middle school as part of a "balance" unit, utilizing "NEW" PE equipment i.e. Trikkies, Indo-boards, Waveboards, Geo Motion.• Faculty inservices at 3 Elementary school (Hokulani, Anuenue, Pauoa 2nd time).• Increase in the number of teachers attending professional development and coming home.• Increased number of school presentations done at the beginning of the school year.• Increase number of new teachers attending professional development.• Able to coordinate and execute an on island HIV/Healthy sexuality training attended by SPED teachers as well.• Over 200 Honolulu District teachers have attended an HHI/HAHPERD workshop and or conference.• Over 50 "New" teachers who have not attended HHI training, conferences...before attended this year.• Teaching teachers in various HPE topics.• Began working with DLNR and NASP to train, certify, and equip teachers for Archery in the schools.• West Hawaii teachers presenting at State curr. training and conferences.• Healthy Sexuality and Positive Prevention training on the Big Island.• Presented new research on physical education and academic performance to Principals, VP's, and Counselors in my district.• Completing a successful, fabulous state physical education conference and hearing all of the positive feedback and implementation of teacher programs from the workshop.• Planning and participation in Elementary and Secondary Health Teacher Trainings. Having more teachers trained in Health and Health Literacy.
Working together: <ul style="list-style-type: none">• Faculty and Professional Collaboration Day presentations.• Collaboration with SPED and PE departments in providing services to students with special needs.• Meeting with HPE teachers and staff from many schools in the district.• Assist mentor with new PE teacher at Kaiser High, in classroom management.• I've modeled a lesson on every secondary campus except one school in my district at this point as a RT.• Assisting teammates in facilitating informative and engaging PE workshops.• Collaborating with PE PTTs at 2 elementary schools.• Collaboration with APE RT in servicing our secondary schools.• Collaboration with PCNS's to link HPE ongoing with the parent community

- PE & Nutrition Camp for 100 students during Spring Break due to collaborated efforts of Yvette Ikari, Camille Chong, Lolly Romano, Sheri Arima, Kehau Lau, Clyde Aikau, Lindsey Lindenbach, Mary Matayoshi, C&C Rescue, Cindy Razga, Likelike Elem. Teachers.
- Continuing to meet with other HPE teachers, administrators, staff, and community people regarding HPE topics.
- Teachers from different schools supporting each other with out the RT's assistance.
- Working with students and teachers of Niihau with Dynabands and Fitnessgram
-

School implementation:

- Implementing FitnessGram in 12 out of 15 public school on Kauai.
- Working with Niihau teachers using HEAP.
- Having Niihau teachers attempt FitnessGram assessments with their students.
- Having some elem. Teachers willing to teach health and PE on their for the first time.
- Reading and hearing about all of the fabulous responses for the secondary physical education conference and hearing about the successes teachers had in implementing the new programs.
- Modeled lessons planned around benchmarks using both a traditional and non traditional activity.
- Modeling beginning Geomat lessons and aligning to benchmarks (wrote benchmarks as "I can..." statements
- Continued interest in Fitnessgram and Fitness For Life Curriculum.
- Increased interest and requests from elementary schools in using standards based curricula and equipment.
- Two schools doing end of the year FitnessGram assessment, after doing beginning of the year assessment and having it guide their teaching.
- Instructional Map- Completed and turned in to ES for grades 9-12 and 6-8. (04/09). Grades K, 1, 2, 4 turned in June 2008. Grades 3 and 5 are in need of student work and should be completed by 06/09/09.
-

Other:

- Increased time and contact with Elementary schools.
- Wellness Policy presentations in schools.
- Being invited into elem. schools that have not invited me before.
- Getting schools to use Fitnessgram (or even thinking about).
- Some new PE part time teachers, noncertified teachers, have made great improvement and developed nicely.
- Was able to facilitate recognizing a PE teacher for all his efforts to provide a meaningful, innovative physical education program for his students.
- Having a better understanding of job responsibilities and handling requests from district teachers.
- One administration that had never allowed their teachers to go to a health or PE training – changed their mind!
- Increased awareness and compliance of the Wellness Policy.
- More elementary teacher requests for assistance in HPE due to IRA positions being cut.
- Spring PDERI Class – HEAP Database and Health Literacy.

FUTURE GOALS

RTs reported a variety of goals including trainings, support, curriculum, technology and other. A complete list of RT goals is provided in Table 16 below.

Table 16. Future Goals

Goals
<p>Trainings:</p> <ul style="list-style-type: none"> • To provide more elementary faculty in-services for Health and PE. • Planning for Elementary and Secondary Health Workshops in March. • Planning for Spring PDERI class on HEAP Database and Health Literacy. • Promote HPE curriculum trainings and increase participation. • Smaller Learning Community Training for secondary ed. PE and Health teachers. • Suicide Prevention Training on the Big Island. • Healthy Sexuality Training on the Big Island. • Recruit different (new) teachers to attend the remaining HPE workshops and conferences. • Try to get 100% of my schools participating in our professional development. • Continue providing professional development through trainings in best practices of teaching and implementing standards and benchmark alignment. • Continue providing professional development for credit through PDERI on standards implementation and benchmark alignment. • Try to get a Brain Gym training in my district. • Try to bet a TRIBES training in my district. • Coordinate more on island trainings for teachers or some sort of online or video confab professional development trainings. • Elementary trainings on Geomotion and SPARK. • Plan 1 PDE3 course for next school year. • Provide/coordinate trainings on Maui for Maui District schools in various HPE topics. • Do more Elementary teacher In-Services. • Continue seeking and participating in professional development opportunities
<p>Support:</p> <ul style="list-style-type: none"> • To work with more secondary health and PE departments. • To work with more schools to be compliant with the wellness policy. • Provide standards based lessons and support to all district schools within a tri-island district. • Develop standards based lessons for elementary HPE. • Spending more time in elem. schools assisting in health and PE training and getting into the schools that have never asked for help. • Increase services to elementary schools w/ out IRAs. • Follow through with a faculty training. • Balance my services as an RT to assist the Health side as much as the PE content area. • Continue to nurture and build present relationships and partnerships. • Work with CAS and Major's Committees to hold Challenge Day in each middle school and Shattered Dreams in at least one high school. • Help create a statewide PE fair. • To help PE departments service students with special needs. • Support other HHI HPE Resource Teachers in district trainings. • Follow through with PE teachers trying to diversify their PE curriculum and align with HCPS III standards. • Service more Health teachers.

- Continued support of District RTs with planning and/or presentations for teacher trainings

Curriculum:

- Concentrate more on curricula and standards-based lessons and assessments through the use of sub days.
- Gather student work to complete the elementary instructional map in grades 3 and 5.
- Schools will adopt FitnessGram without my prompting as their bi-annual assessment of choice.
- Continue to promote the importance of "integrating" Health and Physical Education with the "core" teachers and their contents.
- Adopt a Statewide Assessment Tool for all Schools (Fitnessgram).
- Completion of Instructional Map for grades 3 and 5. Student work is needed.

Technology:

- Help teachers incorporate more multimedia and technology into HPE lessons.
- Learn to work with Heart Rate Monitors and promote usage more in schools.
- Work with Heart Rate Monitors and secondary schools
- Incorporating new and innovative equipment and tools in both Health and PE classrooms.
- Promote more dynabands and exercise balls

Other:

- Continued participation in HEAP (Health Education Assessment Project).
- Middle school articulation with HPE departments in 2 complexes before the end of the school year.
- Middle school articulation with high school.
- Help Waianae SRS write a grant to service elementary schools without certified PE teachers.
- Continue to work with my teammates to bring the most innovative up to date practices to the field.

EVALUATION AND CONCLUSION

- Train at higher training levels: Continue to provide 101 level trainings to teachers in need of them. Additionally, identify and train teachers (and schools) who are ready for instruction at higher training levels such as 201 and 301.
- Support Professional Learning Communities: Continue to provide technical assistance to PLCs and facilitate collaboration across schools. Develop strong relationships and expand PLC participation to schools and districts not yet participating.
- Request Professional Development Reflection Forms: Forty-four reflection forms were returned this year. RTs should continue to follow-up with workshop participants and regularly collect these forms for the following year.
- Continue to foster strong collaborations: RTs developed several collaborations this semester. RTs should continue seeking partnerships with community organizations and collaborate with other DOE staff. West Hawaii was especially strong in developing community partnerships.
- Continue to increase resource library usage: RTs shared resources with more than 219 schools across the state this year. RTs should continue to share resources and provide technical support to schools. Also, RTs can collect resource and equipment suggestions from teachers in their district.
- Address teacher requests: Teachers have requested lesson and activity ideas, various equipment, professional development opportunities, classroom assistance and assessment aid.
- Continue facilitators to standards implementation: Several facilitators to implementation were identified. Specifically, collaboration and support, funding resources, Wellness Policy and curriculum. RTs should continue fostering these facilitating efforts.
- Address barriers to standards implementation: Some barriers to implementation include the lack of support and funding, issues with trainings (e.g. inability to attend or trainings only being on Oahu), and lack of qualified HPE teachers.
- Celebrate success: Celebrate RTs' self-reported achievements such as professional development activities, working together and school implementation.
- Support goals: RTs reported a variety of goals such as having more trainings and more attendants, supporting teachers and departments, working on curriculum and using technology.

Appendix A:

Criteria for H/PE Trainings

Overview

- Waiver days
- Department meetings

These are brief meetings with one teacher or all teachers at a school. You may be sharing information about Health or PE standards, but most times this is a request from the field asking specifically for your support and help.

Health and PE 101

- HCPS III
- Standards-based Curriculum

This is anything to do with HCPSIII. The curriculum that you may introduce to teachers must be aligned to the standards. The curriculum must also use best practices and has scientific evidence that backs it.

Suggested curriculum:

LifeSkills, SPARK, HMSA Nutrition, Diabetes and You, Playground Safety, the use of Tri-Fit.

Health and PE 201

- Curriculum Mapping
- Benchmark Mapping
- Standards-based Record Keeping
- Standards-based Grading and Assessment

A 201 level training focuses on the *depth* of the training. After teachers use the curriculum, we want to see how they are using the curriculum to assess students' skill.

Health Education does a 201 training using the assessment training from SCASS. One way PE has packaged its 201 training is by going over standards-based lessons and assessments as well as record keeping and grading.

Health and PE 301

- Teacher Evidence
- Student Evidence

Teachers attend 300 level trainings (i.e. HE 302 Workshop). Teachers develop their own curriculum and or/augment existing curriculum. Teachers also share their assessment of student work. Teachers share their lessons and assessments with other teachers through conferences/workshops and/or through the Coordinated School Health website.

Sharing student work is challenging because teachers only want to share student exemplars. Also, many teachers may be unsure if other teachers will view their student work as true exemplars. We must gain the trust of our teacher contacts by assuring them that their student work reflects the learning process that *all teachers* must journey through in developing standards-based quality assessments that result from standards-based instructional practices.