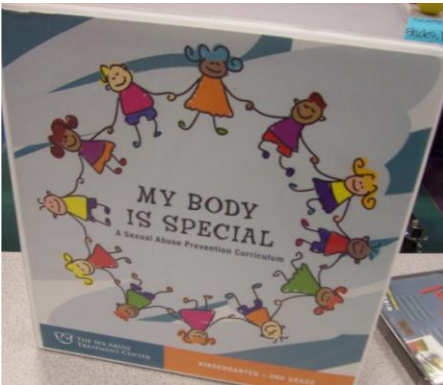




East Hawaii District Workshop

Signs of Suicide/safeTALK



Evaluation Report

2011-2012 SY

Submitted in August 2012
by the Healthy Hawaii Initiative Evaluation Team

DISTRICT WORKSHOP SUMMARY

Course Objectives

The *Signs of Suicide/safeTALK Workshop* was held at the East Hawaii District Annex Conference Room 2 on November 17, 2011. This training was led by Eileen Wagatsuma, East Hawaii Health and Physical Education District Resource Teacher. The desired outcomes of the workshop were to:

- 1) Provide current epidemiological data on suicide rates in Hawaii
- 2) Provide training in order to implement Signs of Suicide Prevention Program curriculum
- 3) Provide training on how to respond and determine if a person is suicidal

Participant Background

All results are based on valid percentages, or the total number of workshop participants who responded to each question. Participant background information was obtained from sign-in sheets that were collected at the workshop. Eight (8) participants attended the training. Table 1 shows that the workshop participants either worked at a public school (n=4, 50.0%) or at the complex level (n=4, 50.0%).

Table 1. Where do you work? (n=8)

Type of School	n	%
Public School	4	50.0
Complex Level*	4	50.0
TOTAL Responses	8	100.0

*Hilo-Laupahoehoe-Waiakea Complex

The largest group of respondents worked with students in multiple grade levels (K-12) (n=4, 50%, Table 2), followed by those who work with both middle and high school students.

Table 2. What age level do you teach/work with? (n=8)

Age Level	n	%
Middle Only	1	12.5
High School Only	1	12.5
Middle and High School	2	25.0
K-12 (complex-wide)	4	50.0
TOTAL Responses	8	100.0

As displayed in Table 3, the largest group of participants were resource teachers (n=2, 25.0%) and counselors (n=2, 25%). Most participants worked in the Hilo complex (n=5, Table 4).

Table 3. What content area(s) do you teach/work in? (n=8)

Content Area	n	%
Resource Teacher	2	25.0
Counselor	2	25.0
School Psychologist	1	12.5
Health Teacher	1	12.5
PEP Coordinator	1	12.5
District Educational Specialist	1	12.5
TOTAL Responses	8	100.0

Table 4. What district and complex do you teach in? (n=8)

East Hawaii (7)	West Hawaii (1)
Hilo (5)	Kealakehe (1)
Pahoa (2)	Honokaa (0)
Kau (0)	Konawaena (0)
Keaau (0)	Kohala (0)
Laupahoehoe (0)	
Waiakea (0)	

Participants were also asked to indicate how long they have been teaching Health Education. Of those that teach Health Education, most have been teaching for *10 years or more* (n=2, 28.6%) (Table 5).

Table 5. How many years have you taught Physical Education? (n=7)

Number of Years	n	%
1-5 Years	1	14.3
6-10 years	1	14.3
10+ Years	2	28.6
Do Not Teach Health Education	3	42.9
TOTAL Responses	7	100.0

POST WORKSHOP EVALUATION

Competency in Health Education Standards

At the conclusion of the workshop, respondents were asked to complete a post workshop evaluation to rate their level of competency in seven areas of the Health and Physical Education Standards using the 4-point evaluation scale below. Participants were asked if they were 1) *Unaware*, (2) *Aware*, (3) *Knowledgeable*, or (4) *Proficient* in each professional development area.

Evaluation Scale

- 1= Unaware** (Unable to identify the concepts or skills)
2= Aware (Able to identify the concept or skills but have a relatively limited ability to perform the skill)
3= Knowledgeable (Able to identify use/apply and describe the skill)
4= Proficient (Able to teach the skill to others)

Of the 8 participants, 7 completed the workshop evaluation for an 87.5% response rate. The highest rated competency area was “Standards Based Lessons” (average score=2.57). The lowest rated area was “Standards Based Record Keeping” and “Technology for Standards Based Instruction” (average score=2.00). Most competency area scores averaged between *Aware* and *Knowledgeable* as shown in Table 6.

Table 6. Please rate your level of competency in the following areas (n=7)

Competency Area (Average score)	Unaware (1) n (%)	Aware (2) n (%)	Knowledgeable (3) n (%)	Proficient (4) n (%)	Average Score
Standards Based Toolkit	1 (14.3)	3 (42.9)	2 (28.6)	1 (14.3)	2.43
Standards Based Lessons	1 (14.3)	3 (42.9)	1 (14.3)	2 (28.6)	2.57
Standards Based Assessment	2 (28.6)	2 (28.6)	1 (14.3)	2 (28.6)	2.43
Standards Based Record Keeping	2 (28.6)	3 (42.9)	2 (28.6)	-	2.00
Standards Based Grading	2 (28.6)	2 (28.6)	2 (28.6)	1 (14.3)	2.29
Technology for Standards Based Instruction	2 (28.6)	3 (42.9)	2 (28.6)	-	2.00
Developmentally Appropriate Strategies/Activities	2 (28.6)	2 (28.6)	2 (28.6)	1 (14.3)	2.29

Workshop Comments

Some respondents provided additional comments regarding their overall workshop experience and the Health Education Standards. The responses are listed in Table 7.

Table 7. Overall workshop comments.

Overall Workshop Comments
<ul style="list-style-type: none"> • I need help with technology [<i>Technology for Health Standards Based Instruction</i>] • Would like more info here [<i>Technology for Health Standards Based Instruction</i>] • Interested in learning more about these [<i>all Health Education Standards</i>] • Statistics w/ admin to convince them to further our training – please email it to me • I enjoyed the information and know of its importance. However, I did not like the forced scripted feel. This hurt the free exchange of experiences.

Overall Workshop Evaluation

The overall evaluation of the *Signs of Suicide/safeTALK Workshop* was very positive. On a 5-point scale, most respondents rated the overall content, organization, and quality of the training as *Good* or *Excellent* (Table 8). Respondents were also asked if they agreed with specific statements regarding workshop presentations, objectives, and content. Most participants *Agreed* or *Strongly Agreed* with these items (Table 9). Tables 8 and 9 provide the mean (average) and standard deviation (SD) for each item.

Table 8. General overall workshop comments (n=7)
5 = Excellent; 1 = Very Poor

	Mean	SD
Knowledge of Physical Education Standards	4.00	1.155
Overall content of the presentation	4.57	0.787
Overall organization	5.00	0.000
Overall quality	4.71	0.756

Table 9. Specific overall workshop comments (n=7)
(5 = Strongly Agree; 1 = Strongly Disagree)

	Mean	SD
Content/information presented will be utilized to support standards-based instruction	4.57	0.535
Material/curriculum distributed in the workshop will be helpful/relevant to implementation of standards-based instruction	4.43	0.787
Stated objectives of the workshop have been accomplished	4.71	0.756
Presenters were well informed	4.86	0.378
Intend to share this information with others that did not attend	4.71	0.756

Lessons Learned

Respondents were asked the open-ended question “What is the most important thing you learned today and how will you apply it in your classroom?” As shown in Table 10, responses were grouped into three themes. Most participants remarked about the importance of their discussions, connecting with experts, and learning about useful and timely data.

Table 10. What is the most important thing you learned today and how will you apply it in your classroom? (n=8)

Discussions and Lessons (4)
<ul style="list-style-type: none">• To talk about suicide• Video/lessons on suicide preventing• Connecting with the expertise of others and getting teaching/counseling tips• Discussion openers
Data (2)
<ul style="list-style-type: none">• The data shared was excellent. Very timely to add to the state and complex initiative.• The suicide statistics – we can share these with counselors
Other (2)
<ul style="list-style-type: none">• safeTALK• No classroom, however will share with school to have others inservice

Future Topic Suggestions

Respondents were asked to name three topics that they would like to learn more about during future training sessions. As shown in Table 11, participants were interested in learning more about various health topics including bullying, violence and drugs.

Table 11. What future topics are you interested in learning more about? (n=6)

Health Topics (3)
<ul style="list-style-type: none">• Bullying• Violence – fighting• Positive choices
Drugs (2)
<ul style="list-style-type: none">• DOE rules on birth control, options, and samples• Meth production/law enforcement on island
Other (1)
<ul style="list-style-type: none">• How to afford upcoming conferences off island

CONCLUSION

Overall, the Signs of Suicide/safeTALK workshop was well received. On a 5-point scale, all respondents rated the overall content, organization, and quality of the training as *Good and Excellent*. Most of the respondents *Agreed* or *Strongly Agreed* that the workshop objectives were accomplished, the materials were useful, and the presenters were well informed.

The majority of the participants' responses in regards to competency in Health Education Standards ranged from *Aware* to *Knowledgeable*. Respondents also *Agreed* or *Strongly Agreed* that they intend to share the information provided to them with others.

Recommended topics for future workshops include additional health issues such as bullying and violence.