



University of Hawai'i at Mānoa – Four-Year Academic Plan 2015-2016

College of Education

Bachelor of Science (BS) in Kinesiology & Rehabilitation Science

SAMPLE

Specialization: Health and Exercise Science (HES)

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
KRS 113 (DB)	5	KRS 203	3	KRS 415	3	KRS 419	3
FAMR 230 (DS)	3	KRS 395	3	KRS 354	3	KRS 420	3
KRS 152	1	PHYS 100, 151 or 170 (DP)	3	KRS 354L	2	KRS 463	3
MATH 140 (FS)	3	PHYS 100L, 151L or 171L	1	KRS 443	4	ITE 474 or EDEP 429	3
FG (A/B/C)	3	(DY)		ICS 101B	4	HES Career Pathway	3
		DS	3				
		Elective	2				
Credits	15	Credits	15	Credits	16	Credits	15
Spring		Spring		Spring		Spring	
CHEM 161	3	HES Career Pathway	3	KRS 421	3	KRS 488	4
CHEM 161L	1	FSHN 185	3	KRS 332 or 432	3	KRS 489	3
KRS 153	1	KRS 305	3	KRS 480	3	HES Career Pathway	3
HES Activity Elective	1	KRS 353	3	HES Activity Elective	1	HES Career Pathway	3
DA/DH/DL	3	HES Activity Elective	1	HES Career Pathway	3		
DA/DH/DL	3	Elective	2	FG (A/B/C)	3		
FW	3						
Credits	15	Credits	15	Credits	16	Credits	13
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits		Credits	0
Total Credits	30	Total Credits	60	Total Credits	92	Total Credits	120

Notes:

Students must take placement exams to be able to register for CHEM 161 and MATH 140.

Students must incorporate all focus requirements into this plan. Focus designations (i.e., W, E, O, H) are CRN specific & semester specific.

Minimum 45 upper division (300+ course) credits are required.