



University of Hawai'i at Mānoa – Four-Year Academic Plan 2014-2015

College of Education

Bachelor of Science (BS) in Kinesiology & Rehabilitation Science

Specialization: Health, Exercise Science & Lifestyle Management (HES)

SAMPLE

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1	Year 2	Year 3	Year 4
Fall	Fall	Fall	Fall
PHYL 103 (DB) 5	PHYL 301 4	KRS 415 3	KRS 419 3
FAMR 230 (DS) 3	PHYL 301L 1	KRS 4354 3	KRS 420 3
KRS 152 1	PHYS 100, 151 or 171 (DP) 3	KRS 354L 2	KRS 463 3
MATH 140 (FS) 3	PHYS 100L, 151L or 171L 1	KRS 443 4	ITE 474 or EDEP 429 3
FG (A/B/C) 3	(DY) 3	ICS 101B 4	HES Career Pathway 3
	KRS 395 3		
	DS 3		
Credits 15	Credits 15	Credits 16	Credits 15
Spring	Spring	Spring	Spring
CHEM 161 3		KRS 421 3	KRS 488 4
CHEM 161L 1	FSHN 185 3	KRS 332 or 432 3	KRS 489 3
KRS 153 1	PHYL 302 4	KRS 480 3	HES Career Pathway 3
HES Activity Elective 1	PHYL 302L 1	HES Activity Elective 1	HES Career Pathway 3
DA/DH/DL 3	KRS 305 3	HES Career Pathway 3	
DA/DH/DL 3	KRS 353 3	FG (A/B/C) 3	
FW 3	HES Activity Elective 1		
Credits 15	Credits 15	Credits 16	Credits 13
Summer	Summer	Summer	Summer
Credits 0	Credits 0	Credits	Credits 0
Total Credits 30	Total Credits 60	Total Credits 92	Total Credits 120

Notes:

Additional Admission Requirements: 40 hours of documented experience; interview; 55 credits.

Students must take placement exams to be able to register for CHEM 161 and 241.

Students must incorporate all focus requirements into this plan. Focus designations (i.e., W, E, O, H) are CRN specific & semester specific.

Make plans to achieve official minimal state passing scores on basic skills licensure test(s) as approved by the College of Education (COE) and aligned with the Hawaii Teacher Standards Board (HTSB) policy as soon as possible and before year 2. Note that HTSB and COE requirements may differ. Please see a COE OSAS advisor for the latest information.

Minimum 45 upper division (300+ course) credits are required.