EVERYDAY PREVENTIVE ACTIONS

Everyone should always practice good personal health habits to help prevent flu.

- Stay home when you are sick. Stay home for at least 24 hours after you no longer have a fever or signs of a fever without the use of fever-reducing medicines.
- Cover your coughs and sneezes with a tissue.
- Wash your hands often with soap and water for at least 20 seconds. Use at least a 60% alcohol-based hand sanitizer if soap and water are not available.
- Clean frequently touched surfaces and objects.

NPIs RESERVED FOR A FLU PANDEMIC

Educators should be prepared to take these additional actions, if recommended by public health officials.*

- Be prepared to allow your staff and students to stay home if someone in their house is sick.
- Increase space between people at school to at least 3 feet, as much as possible.
- Modify, postpone, or cancel large school events.
- Temporarily dismiss students attending childcare facilities, K-12 schools, or institutions of higher education.

*These additional actions may be recommended for severe, very severe, or extreme flu pandemics.