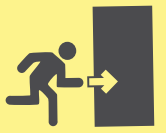


EMERGENCY PREPAREDNESS

WHAT CAN I DO TO PREPARE FOR AN EMERGENCY?

Whether the emergency is a natural or a manmade disaster, it is important to be prepared.



GET INSIDE



STAY INSIDE



STAY TUNED

View and download the UH Manoa Emergency Response Guidebook for information on preparing for:

HURRICANES
NATURAL DISASTERS
FIRES

CIVIL DISASTERS
BOMB THREAT
and much more!

☒ **SHELTER IN PLACE** - know where that place is ahead of time. Have multiple places in mind in case you are at home, at work, or even driving.

☒ **HAVE A PLAN** - individual, family, workplace, friends, etc. Know where to go, what to do, and when to do it. Be sure to do this ahead of time so you are ready!

☒ **DRILL FOR YOUR PLAN** - your actions must be automatic and you may not have time to call family and friends

UNIVERSITY of HAWAII
MĀNOA



EMERGENCY RESPONSE GUIDEBOOK

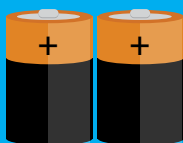
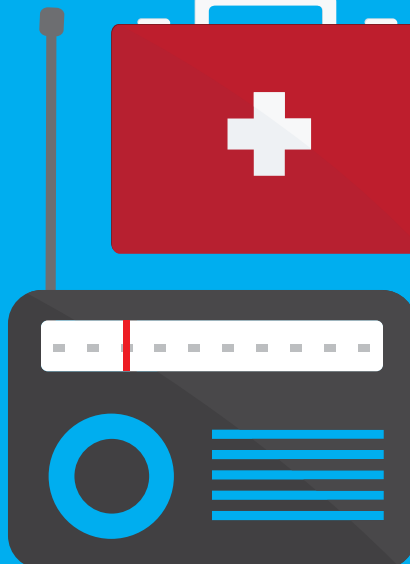
VISIT THESE WEBSITES:

UHM Emergency Response Guidebook
<http://manoa.hawaii.edu/dps/emergencyguidebook.html>

FEMA website
<https://www.ready.gov/>

Hawaii Emergency Management Agency
<http://dod.hawaii.gov/hiema/>

KEEP AN EMERGENCY SUPPLY KIT!



It is important to prepare for any natural or manmade disaster to last **at least 14 days** - this should include:

- Food, water, and medications
- Battery powered AM/FM radio
- FRS/GMRS hand-held walkie-talkie
- Flashlight with extra batteries
- Important documents in plastic bag
- Whistles, blankets, and tarp
- Personal hygiene items
- First aid kit
- Cash in small bills

Plan to meet the unique needs of your family, such as supplies for pets or seniors. For information on basic disaster supply kits, visit: <https://www.ready.gov/build-a-kit>

HOW WILL I BE NOTIFIED OF AN EMERGENCY?

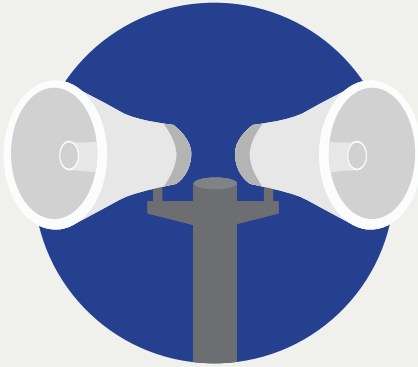
Upon receipt of any emergency notification, the State Warning Point will activate the outdoor sirens statewide

MISSILE THREATS

"Attack-Warning"
(wailing sound)

NATURAL DISASTERS

"Attention-Alert"
(steady tone)



Warning advisories will also be transmitted via cellular telephones, AM/FM radio, and television

WHERE IS THE BEST PLACE TO TAKE REFUGE IN MY BUILDING IF THERE IS A NUCLEAR THREAT?

*Information courtesy of U.S. Department of Health and Human Services**



GET INSIDE



STAY INSIDE



STAY TUNED

If a radiation emergency happens in your area, you should get inside immediately.

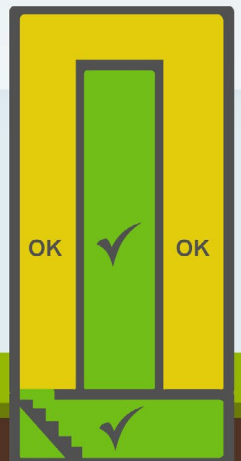
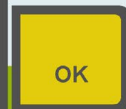
No matter where you are, the safest action to take is to: **GET INSIDE. STAY INSIDE. STAY TUNED.**

- Close and lock all windows and doors.
- Go to the basement or the middle of the building. Radioactive material settles on the outside of buildings; so the best thing to do is stay as far away from the walls and roof of the building as you can.
- If possible, turn off fans, air conditioners, and forced-air heating units that bring air in from the outside. Close fireplace dampers.
- Bring pets inside.
- Stay tuned for updated instructions from emergency response officials.

NOT SAFE

SAFER

SAFEST



Adapted from Ventura County Public Health, Ventura County, CA



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

<http://emergency.cdc.gov/radiation>

