

College of Arts, Languages & Letters (CALL)
Requirements Sheet 2025-2026

Bachelor of Arts (BA) in History

This Requirements sheet was created by the Advising Center for the College of Arts, Languages & Letters for informational purposes and does not constitute a contract.

*Major requirements are listed on the next page.
Please meet regularly with your academic advisors.*

UHM General Education	
Foundations	
<input type="checkbox"/> FW	
<input type="checkbox"/> FQ	
<input type="checkbox"/> FG (A/B/C)	
<input type="checkbox"/> FG (A/B/C)	
Diversification	
<input type="checkbox"/> DH	HIST xxx
<input type="checkbox"/> DA/DL	
<input type="checkbox"/> DB	
<input type="checkbox"/> DP	
<input type="checkbox"/> DY	
<input type="checkbox"/> DS	
<input type="checkbox"/> DS	

UHM Graduation Requirements	
Focus	
<input type="checkbox"/> HAP	
<input type="checkbox"/> ETH (300+)	
<input type="checkbox"/> OC (300+)	
<input type="checkbox"/> WI	
<input type="checkbox"/> WI	
<input type="checkbox"/> WI	
<input type="checkbox"/> WI (300+)	HIST 396
<input type="checkbox"/> WI (300+)	HIST 496
Hawaiian / Second Language	
<input type="checkbox"/> 101	
<input type="checkbox"/> 102	
<input type="checkbox"/> 201	
<input type="checkbox"/> 202	
Credit Minimums	
<input type="checkbox"/> 120 total applicable	
<input type="checkbox"/> 30 in residence at UHM	
<input type="checkbox"/> 45 upper division (300+)	
Grade Point Average	
<input type="checkbox"/> 2.0 cumulative or higher	
<input type="checkbox"/> Good academic standing	

Abbreviation Key	
FW	Foundations: W ritten C ommunication
FQ	Foundations: Q uantitative Reasoning
FG	Foundations: G lobal & M ulticultural Perspectives
DA	Diversification: A rts
DH	Diversification: H umanities
DL	Diversification: L iterature
DB	Diversification: B iological Science
DP	Diversification: P hysical Science
DY	Diversification: Science Lab
DS	Diversification: S ocial Science
HAP	Focus: H awaiian A siatic P acific Issues
ETH	Focus: E thical Issues
OC	Focus: O ral C ommunication
WI	Focus: W riting I ntensive

College Restrictions	
Credit Maximums	
<input type="checkbox"/> 8 KRS activity credits	
<input type="checkbox"/> 9 Directed Reading / Research credits	
<input type="checkbox"/> 12 Practicum / Internship credits	

Note: Courses in gray fulfill major requirements.

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Bachelor of Arts (BA) in History

Major Requirements for BA in History

Admission: Open
Application: N/A
Min. major credits: 33
Min. C grade (not C-) in all courses

Requirements

Required History Courses (6 credits)

<input type="checkbox"/> HIST 396	Historical Theories and Methods
<input type="checkbox"/> HIST 496	Senior Tutorial in History

Other History Courses (27 credits)

<input type="checkbox"/> HIST 200+	
<input type="checkbox"/> HIST 200+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	
<input type="checkbox"/> HIST 300+	

No more than **two** 200-level courses (6 credits total) may be used toward the History major.

100-level courses do not count toward the major.

Up to one 3-credit 300- or 400-level course in another department may count towards the major with written History Department approval, according to criteria set by the department.

Notes

History Department: Sakamaki A203; (808) 956-8486; manoa.hawaii.edu/history

Academic Advising:

- [Advising Center](#) for the College of Arts, Languages & Letters: Sakamaki D202; (808) 956-8755; advising@hawaii.edu
- History Undergraduate Advisor: Karen Jolly, PhD; Sakamaki A415; (808) 956-7673; hismaj@hawaii.edu, <https://uhmanoahistory-advising.youcanbook.me/>

[Academic Plan](#)