New Graduate Student Orientation (NGSO)
August 20, 2015
Session Descriptions

10:00AM Welcome Session Spalding 155

Opening remarks to kick-start the day and inspire your successful journey.

Master Presentation, Handouts & Materials

Oli
Hawaiʻinuiākea School of Hawaiian Knowledge Representative TBD

Overview of the Day
Dr. Julienne Maeda, Associate Dean of Graduate Education

Welcome from the Office of the Vice Chancellor for Academic Affairs
Dr. Debora Halbert, Associate Vice Chancellor for Academic Affairs

The Keys to Success in Grad School
Dr. Krystyna Aune, Dean of Graduate Education

Partnerships for Success: The Advisor/Advisee Relationship
Dr. Wayne Shiroma and Dr. Craig Howes, 2015 and 2014 recipients, respectively, of the Peter V. Garrod Distinguished Graduate Mentoring Award

Just the Facts: The Need-to-Know Resources for Graduate Students

Financial Literacy
Ms. Stacy Miyashiro, Program Coordinator, Financial Literacy Program

UHM Libraries
Ms. Sara Lee and Ms. Vicky Lebbin, Librarians of Hamilton Library

Title IX
Dr. Dee Uwono, Director and Title IX Coordinator

Research Compliance
Ms. Cindy Scheopner, Research Support, Office of Research Compliance

Finding Balance in Paradise
Mr. Jonathan Dial, President of the Graduate Student Organization (GSO)

11:30AM Mini-Workshops KUY 3rd Floor

These mini-workshops are designed to quell anxieties and help build skills necessary for a successful graduate school experience.

Limit one session per person; first-come, first-serve. Register by August 19.

Academic Writing & Reading 600 KUY 301
Dr. Laura Lyons, Department Chair & Professor, English & Dr. Tom Ranker, Graduate Chair & Professor, Botany
Handouts & Materials
Unsure of how to tackle large writing projects (papers, thesis, or dissertation)? Or are you overwhelmed by the vast amount of reading ahead of you. Learn how to create and commit to a writing schedule, overcome writer’s block, and review the literature with a scholarly lens.

Building an Effective Relationship with your Mentor/Advisor KUY 302
Dr. Wayne Shiroma, Department Chair & Professor, Electrical Engineering & Dr. Craig Howes, Professor, English
Handouts & Materials
Mentors come in all shapes, sizes, and job descriptions, but your faculty mentor or advisor will be a key part of your success in your graduate program and future pathway. Find out strategies for how to make the most of this important relationship.

Conflict Management with Peers and Faculty KUY 303
Dr. Amy Hubbard, Graduate Chair & Professor, Communicology
Handouts & Materials
Misunderstandings will undoubtedly be part of your graduate school experience. This session will explore issues related to communicating more effectively to manage disagreements with peers and faculty members.

Cultivating a Community of Support KUY 304
Dr. Maile Goo, Associate Specialist, Student Affairs & Dr. Kahunawai Wright, Assistant Professor, Educational Administration
Handouts & Materials
Start graduate school off right with growing a community of support to avoid the pitfalls of isolation. Join this conversation to learn about the various inclusive communities on campus that support historically underrepresented groups (racial, ethnic, gender, sexual orientation, and ability).

Demystifying Involvement: It's Okay to Leave the Lab KUY 308
Ms. Michelle Tigchelaar, Doctoral Candidate, Oceanography & Ms. Amy McKee, MEd Student, Educational Administration
Handouts & Materials
Were you super involved in your undergrad? Or maybe you weren’t and now would like to change that? One of the challenges of being a graduate student is feeling isolated in your department or lab. It’s good to get out there and meet new people! Join this session to learn about the many ways graduate students can be involved in the campus community--from clubs to governing bodies, intramurals, workshops, and much more.

Growing your Network Now for your Job Search Later KUY 305
Dr. Linda Furuto, Associate Professor, Curriculum Studies & Dr. Kiana Shiroma, Director, Pre-Health/Pre-Law Advising Center
Handouts & Materials
The connections you make in graduate school can last a lifetime and open doors of opportunity in the job market. In this session you will learn practical information about how to build a network of professional contacts and colleagues as you prepare for your future job search.

Only 24 hours in a Day: Managing Limited Time and Multiple Demands KUY 310
Dr. Debora Halbert, Associate Vice Chancellor for Academic Affairs and Dr. Ruth Bingham, Director, Advising Center for the Colleges of Arts & Humanities and Languages, Linguistics, & Literature
Handouts & Materials
As a graduate student you will be juggling multiple demands—scholarship, research, work, teaching, and family all within a limited schedule. In this session learn strategies creating a healthy balance in your busy life.

Professional Expectations in Graduate School KUY 309
Dr. Rich Gazan, Graduate Chair & Associate Professor, Library and Information Science
Handouts & Materials
Entering a graduate program is a commitment that requires a great deal of sacrifice while balancing the demands of your professional and personal lives. Learn about best practices on how to overcome challenges you may face in your program and grow professionally.

**Reality Check: What to Expect in your First Semester of Graduate School**

KUY 306

Dr. Bobby Tokunaga, Assistant Professor, Communicology & Mr. Paul Mitri, Professor & Chair, Theatre and Dance

**Handouts & Materials**

Have you just finished your undergraduate degree and are now diving into grad school? Or did you take some time off and can’t remember how to be a student? This session is ideal for master’s level students who have never been to graduate school or students who have taken a long break and may be feeling overwhelmed about taking this new step. In this session you’ll learn tips on how to be proactive and independent, and what to expect in your first month of graduate school.

**Where can I find Money? A Quick Look at Fellowships and Funding Opportunities**

KUY 307

Dr. Catherine Fulford, Professor, Learning, Design and Technology & Ms. Tasha Kawamata Ryan, Fellowships & Scholarships Coordinator, Office of Graduate Education

**Handouts & Materials**

Congratulations you have been accepted to grad school…now how do you find funding to support your education and research? This presentation will provide a general overview of the various streams of support that are available to graduate students.

12:00PM

**Roundtable Discussions**

KUY 3rd Floor

Informal, open conversational discussion format.
Feel free to walk around to different rooms and ask questions.

**Ask the Dean & Associate Dean**

KUY 306

Dr. Krystyna Aune, Dean and Dr. Julienne Maeda, Associate Dean, Office of Graduate Education

The Office of Graduate Education oversees more than 100 graduate and certificate programs. If you have general questions about graduate education procedures, resources, and student services, stop by and chat with Dean Aune and Associate Dean Maeda. Also if you would like tips or advice from the perspective of a former graduate student, faculty member, and now administrator, both Deans would be happy to share their experiences.

**Career Center**

KUY 307

Ms. Melanie Takahashi, Student Development Programs and Services Director, Mānoa Career Center

Whether you are looking for on-campus or off-campus employment, internships, or various company leads, the Career Center can help guide you along in this process. This roundtable will give you some personalized time with a Career Center counselor.

**Health & Wellness**

KUY 307

Joel Gaffney and Hannah Im, Outreach Coordinators, Counseling and Student Development Center; and Mr. Aaron Bain, Operations Coordinator, Warrior Recreation Center

Your health and wellbeing is important to your success as a graduate student. Learn more about the Counseling and Student Development Center (CSDC) and the Warrior Recreation Center (WRC) which promote holistic lifestyles.

**Life in Hawai‘i**

KUY 306

Mr. Waianae Kahanunui, MEd Student and Kāko‘o Coordinator of Native Hawaiian Student Services; and Ms. Brianne Hackett, PhD Student, Physics

Hawai‘i is a unique state with a vibrant local culture and a diverse population. If this is your first time in the islands or you haven’t been back in a while, come have a discussion about what life is really like in Hawai‘i. Where is the cheapest place to get gas? How much do groceries cost? Can you really have fun outside of Waikiki? Come find out.
Q&A with the Graduate Student Organization (GSO) KUY 301
Mr. Jonathan Dial, PhD Student, Sociology and GSO President; Mr. Richard Mizusawa, MEd Student, Educational Administration and GSO Treasurer; and Ms. BJ Avery, MS Student, Mechanical Engineering and GSO Advocacy Chair
The Graduate Student Organization (GSO) is the student government for graduate students. Come to this roundtable to speak with members of the Executive Council and learn about how to get involved with GSO, its Grants & Awards program, and GSO’s current initiatives.

Q&A with Doctoral Students KUY 301
Ms. Amanda Maggio, PhD Candidate, Microbiology and Ms. Michelle Tigchelaar, Doctoral Candidate, Oceanography
Although each department varies on their requirements towards dissertation completion, this roundtable will have doctoral students who can provide insights into graduate and teaching assistantships, their experience with comprehensive exams, and maintaining momentum through the doctoral process.

Q&A with Master’s Students KUY 301
Ms. Ashley Morehouse, MEd Candidate, Educational Administration and Mr. Edward Hoogland, MA Candidate, History and GSO Department Representative
A master’s degree is your entryway into graduate education. Stop by and ask learn tips and strategies for making the most of this first year.