American Studies Honors Track

The American Studies Honors Program is designed to allow our most talented and motivated students more opportunities for in-depth exploration of our interdisciplinary field. These opportunities include independent studies with professors, graduate courses upon approval from the Undergraduate Chair, and close mentorship by faculty mentors on research projects.

Students wishing to pursue the Honors Track in American Studies must apply and be accepted into the UHM Honors Program. They must complete all Honors Program requirements. Note that these requirements differ depending on whether a student is accepted in Honors in their freshman year or in the Upper Division program.

In addition, students must also declare American Studies as their major and must complete all requirements of the major. However, because the American Studies major is designed with similar components to the Honors Program, many courses required for the major and for the Honors Program are interchangeable. Thus the American Studies Honors Track enables students to graduate with Honors without lengthening the time to completion of their degree. The American Studies Honors Track adds only six credits to the total load of a regular American Studies major.

Juniors who enter the program for an Upper Division Honors designation are required to take the following courses and fulfill the following requirements:

- **AMST 383** Junior Seminars: 3 credits
- **Upper-division electives that fulfill the AMST major**: 21 credits total
  - First and second year students who enter both the American Studies and Honors Program early can take AMST 150A, the Honors sections of “America and the World” (this course fulfills a Foundations FGB graduation requirement), or AMST 220A, the Honors section of “Introduction to Indigenous Studies” (this course fulfills the Focus HAP graduation requirement). American Studies allows students to count one lower-division course (100-200 level) toward their major requirements.

- **First semester**: HON 491 Honors Junior Seminar
  - or by petition, may substitute 3 credit course such as an AMST graduate course, other HON 300-400 level course or an Honors Contract Course.
- **Second semester**: Submission of an Honors Senior Project Proposal with Signed Proposal & Mentor Form
  - Required Course for AMST Track: HON 495 Introduction to Research OR AMST 483 Senior Research Seminar (Fall only) as courses focused on proposal writing
- **Third semester**: students start their research projects
  - HON 494 Honors Workshop (required for all Honors students)
  - Required Course for AMST Track: HON 496 Senior Honors Project OR AMST 484 Senior Capstone Project (Spring only)
- Fourth and Final semester: students revise and present their research projects
  - HON 496 Senior Honors Project (3 credits)
  - Attendance at Honors Program graduation information session
  - Presentation of completed AMST Honors thesis at the Undergraduate Showcase

American Studies Honors Track students are required to meet with the designated Honors advisor in American Studies every semester to make sure that all the requirements are being met in a timely manner.

When writing/producing their Senior Honors Project, students in the American Studies Honors Track are expected to work closely with at least one main advisor, and form a committee with at least one additional faculty member. This committee will provide guidance to the student regarding the research and writing of the Senior Honors Project and at the end of the process, will recommend whether the Senior Honors Project has earned Honors, and may nominate the project for an Honors Thesis Prize.