

Spring 2018

Exploratory Courses

THE FRESH-MORE
EXPERIENCE

UNIV 240

W 12:30pm - 1:20pm (89419)

Topics:

- Explore majors at UH Mānoa
- Sophomore Slump
- Academic planning for future semesters
- Preparation for after graduation

Benefits:

- **Writing Intensive**
- Gain the knowledge and skills to thrive in your first and second year
- Fulfill Mānoa Advising Center's mandatory advising requirement for one semester

Qualifications for enrollment:

- Be exploring your major
- Be a second semester freshman or sophomore (not first semester at UH Mānoa)

For additional information or course override

contact instructor Winnie Tang (winnie2@hawaii.edu)

ACADEMIC EXPLORATION
THROUGH ADVISING

UNIV 340

TR 9:00am - 10:15am (89420)

TR 1:30pm - 2:45pm (89421)

Topics:

- Discuss skills, values, interests, abilities, goals, and identity, and how these components intersect with academic majors at UH Mānoa

Benefits:

- **Writing Intensive**
- Academic major and career planning
- Interpretation of Strong Interest Inventory by a certified professional
- Fulfill Mānoa Advising Center's mandatory advising requirement for two semesters

Qualifications for enrollment:

- Be exploring your major
- Be a sophomore or transfer student

For additional information or course override

contact instructor Matt Eng (engm@hawaii.edu) or

Andrew Nguyen (andrewtn@hawaii.edu)

For more information about these exploratory courses, visit

<http://manoa.hawaii.edu/undergrad/exploratory/courses>