Na Mikimiki
The active ones

Yes
You can participate if you...
- Had gestational diabetes in your last pregnancy
- Have a baby between 2 & 12 months of age
- Have health insurance
- Are currently inactive
- Live on O'ahu
- Are between the ages of 18 & 45 years
- Are healthy enough to walk briskly

Be fit for your baby
Be active with your baby
Make the healthy change for yourself

Participants will receive:
- Encouragement and information on how to be more active
- $60 in gift cards
- Plus additional gifts

Please contact us for more info:
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A collaboration between the Cancer Research Center of Hawai‘i, the National Institutes of Health & the National Cancer Institute