Yoga In The Garden  Instructor: Amanda Painter

Come refresh the mind and body with a beautiful hike through Lyon Arboretum followed by a yoga class in our open-air classroom. Explore the Arboretum trails and indulge the senses in glorious green hues, earthy rainforest smells, and raucous calls of cockatoos! Then unwind in an all levels Hatha yoga class to explore in our bodies the shapes we see outside. Amanda Painter is a trained Lyon Arboretum guide and Yoga Instructor at Open Space Yoga and Yoga Hawai`i. Meet at 12:00 in the classroom, bring a yoga mat. Class meets on the second Saturday of each month. Sign up for one class or all 4. Each class will focus on a different theme and expression. Class size is limited, so sign up early.

Yoga 6: Saturday Nov. 14  12-2:45  $20
Yoga 7: Saturday Dec. 12  12-2:45  $20

Container Gardening  Instructors: Susan Beers and Leslie Almeida

Create a Hachi-Niwa or bowl garden using miniature plants and decorative objects. Class members are to provide their own container not larger than 12 inches, and any decorative objects you may want to feature in your own miniature world (tiny ceramic bridges, figures etc.)

9:30-11:30 am  Class fee: $20  Friday October 16, 2015
This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum.

Bee Keeping in Hawai`i  Instructor: Howard McGinnis

Howard McGinnis is an O`ahu beekeeper who manages beehives from Kahala to Waianae. The honey he produces is sold in farmer’s markets on O`ahu. Howard will share his experiences and provide some background on the state of bees and beekeeping in Hawaii, and bee pests and parasites in Hawai`i. You’ll get an update on the current state of bees on the mainland and some advice on beekeeping equipment for Hawai`i beekeepers. He will also discuss some of the “uncredited pollinators” in Hawai`i. This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum.

Friday November 13, 2015  9:30-11:30 a.m.  $15

Christmas Wreath  Instructor: Kitty Wo

Create a Christmas wreath that will welcome family members and guests to your home for the holiday season. In this class you will create a Christmas wreath using a variety of plant material. Learn about material selection, conditioning, mechanics and placement. Please bring a pair of clippers and any accessories that you may want to include such as wired ribbon, pine cones or ornaments. Additionally, if there are particular greens or floral materials that you would like to use, feel free to bring them. If you have
additional accessory items that you are willing to share that would be greatly appreciated. A wreath, plant and floral materials will be provided. Other materials such as wire, wired picks and floral tubes will also be included. This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum.

Friday, December 11, 2015 sorry, Friday class full

Christmas Wreath: Extra session added: Thursday, December 10, 2015 sorry, Thursday class full
(see description above) 9:30-11:30 Class fees: $15 + $15 supply fee This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum

Orchid Culture & Growing Techniques Instructor: Peter Wiggin
Peter Wiggin, Lyon Arboretum Research Support staff in Lyon Arboretum’s Micropropagation Program, will review the basics of the orchid family, including some of the fascinating history of orchid culture. The main focus of the class will be on orchid horticultural practices and orchid growing techniques. Peter will be happy to answer your questions regarding your own orchids, problems you may have growing, or any questions you may have about orchids in general (you are invited to bring along an orchid “problem plant”). There will be lots of pictures, time for questions, and a repotting demonstration. This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum.


Botanical Jewelry Workshop Instructors: Pat Wassel and Victoria Hill
Designing botanical jewelry is the art of combining dried natural materials (leaves, pods, seeds, etc.) into decorative items. During this class you will create a small medallion cluster which may be made into a pin or an ornament. Dried materials will be provided and a tools needed list will be sent out to you prior to the class. Nature’s bounty of geometric shapes and textures will be enhanced with your artistic talents during this class! This class is co-sponsored by The Garden Club of Honolulu, one of the “Stepping Stones to Good Gardening” classes offered at Lyon Arboretum. Friday April 15, 2016 9:30-11:30 a.m. $15 plus $15 supply fee

Traditional Hawaiian Dyes (a hands-on class for adults and children 14 and up)
Instructor: Wes Sen
This class will introduce Hawaiian native and Polynesian-introduced plants traditionally used to dye and decorate kapa. Participants will tour the gardens to see important dye plants and learn how to identify and use them. Students will each receive a piece of muslin to dye and decorate. Supplies are included in the cost of the class. The instructor learned many of the Hawaiian dye preparations while studying with Beatrice Krauss at Lyon Arboretum, and has taught adult and children’s kapa dye classes in the community for many years.

$15 class fee includes the cost of materials and supplies for one person (if a parent is accompanying the child, they’ll also need to register. (children in grade 4 and older may attend if accompanied by a parent).

Saturday Nov. 7, 2015 9am-1pm $15

Lauhala plaiting, Christmas Decorations (for adults and children) Instructor: Wesley Sen
Kumu Wes Sen will demonstrate and teach the fine art of Hawaiian lauhala weaving. Selection of leaves, collection practices, preparation of leaves, dying, and finally plaiting and weaving will be taught
to participants. Woven lauhala Christmas Decorations will be the final product for each participant. Additional prepared material kits will be available for purchase on the day of the class for $6 per kit. Kumu Wes was a student of Bea Krauss and among one of the early practitioners of traditional fiber arts during the Hawaiian Renaissance. He continues to practice lomilomi and teaches fiber arts at Halau Ku Mana Charter School and Aulani Resort. Saturday, November 14, 2015 9am-1pm $15 fee per person, includes one bracelet kit. Adults and children ages 9 and up.

Upcoming Classes on the calendar:

- Photography and the Art of Seeing  Instructor: David Ulrich  Friday January 15, 2016
- Alyssa Moreau Cooking Class  Instructor Alyssa Moreau  Saturday, January 16, 2016
- Lauhala Bracelet class  Instructor: Wendy Kamai  Saturday, January 30, 2016
- Alyssa Moreau Cooking Class  Instructor Alyssa Moreau  Saturday, Feb. 6, 2016
- Cooking with Turmeric  Instructor: Cassandra deKramer  Saturday, Feb. 20, 2016
- Silk Scarf Painting Class  Instructor: Wendy Kamai  Saturday, February 27, 2016
- Yoga in the Garden:  Instructor: Lizabeth Kashinsky  Jan. 9, Feb. 13, Mar. 12...

Watch our website for updates on classes and events at:

manoa.hawaii.edu/lyonarboretum
All classes require preregistration

Call 988-0456 to register for classes

For information about upcoming classes, please call our Education Department at 988-0461

Registration is required for all classes. You will be enrolled in the class the day your payment is received. Class size is limited, and classes fill quickly. To avoid disappointment, register early.

Payment may be made by check, cash or credit card. To register, call the Arboretum’s business office at: (808) 988-0456, or drop off or mail your registration to the business office: c/o Class registration: Lyon Arboretum, 3860 Mānoa Road, Honolulu, HI. 96822.

Class Cancellation and Refund Policy
If it is necessary to cancel your registration, please notify Lyon Arboretum at (808) 988-0456. A full refund, (less a $5.00 handling charge) will be issued with a minimum 7-day advance notification before the class date. No refunds will be made if you fail to show up for the class. The Arboretum reserves the right to cancel a class. A full refund will be issued if the class is cancelled by the Arboretum.

ADULT CLASS REGISTRATION FORM

Please register me for: ____________________________________________________________
(Print title of class, date of class)

My name is: __________________________________________________________________
(Please print)

My address is: __________________________________________________________________
Street
City
State
ZIP

Daytime phone #: __________________________
(Please print)

Email address: __________________________________________________________________
(Please Print)

Total class fees enclosed: ______________________

Please sign me up to receive an email notification of upcoming classes and events at Lyon. Yes ____ (make sure you have included you email address above if yes) No thanks ____

See our website at manoahawaii.edu/lyonarboretum for event and class updates