

Introduction to Social Justice Elective

Spring 2021

Introduction

As future healthcare providers, it is our responsibility to understand the social context within which our patients live. It is imperative that we look critically at the various barriers to healthcare, so that we can contribute to solutions. Class discussions will lead us to reflect on our own training, privilege, power, and biases. Through speakers, readings, and other resources, we hope to provide the means and space for this important work that may be underrepresented in medical school curriculum.

Goals & Objectives

1. To develop a foundation, understanding and awareness of social justice issues and disparities in preparation for our future roles as physicians.
2. To answer the following questions:
 - a. Why should doctors care about social justice?
 - b. What are social determinants of health and their roles in healthcare?

Logistics

Class will meet on Tuesdays from 5:30 – 7:30 PM on Zoom. Most nights will finish by 7:00 PM, although some might extend to 7:30 PM. In the case of a conflict, please contact Eryn Nakashima (eryn808@hawaii.edu), Trek Mizoguchi (trekmn@hawaii.edu), and the session leaders to make arrangements.

Requirements

- Attendance is mandatory, unless absence is valid
- Meaningful participation in discussions and activities
- Keep camera on during sessions
- Completing pre-class assignments
- Complete the mini advocacy project (instructions can be found [here](#))

Proposed Ground Rules:

1. Show up on time and come prepared
2. Stay mentally and physically present
3. Be respectful
4. Allow everyone the chance to speak
5. Listen with an open mind
6. Assume good intentions
7. What is said in here, stays in here

Faculty Advisors

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Student Leader

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PSJ Elective 2021 Roster

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Schedule

All sessions will be held over zoom, unless otherwise noted.

Join Zoom Meeting

<https://zoom.us/j/99405390928?pwd=TEoyek9EWU9KdTdFdUg2V3RKZGJndz09>

Meeting ID: 994 0539 0928

Passcode: Justice21

#	Date	Session Leaders	Topic	Homework (to be completed before the session)
1	01/05 Tuesday	Eryn, Trek & Amelia	Intro/Overview + Conflict Resolution	Sign up for your Mini Advocacy Project here
2	01/12 Tuesday	Elliott, Joanna	Health Inequalities - Cultural Safety and Native Hawaiian Health Disparities	<ol style="list-style-type: none">1. Required - Harvard's Project Implicit [Race IAT]: https://implicit.harvard.edu/implicit/selectatest.html2. Required - Cultural Safety (5 mins) https://youtu.be/MkxcuhdgIwY3. Highly recommended - Hawaiian History. Description: Pa'a Ke Aupuni is a unique 60-minute hand-drawn, animated film that gets straight to the point. It zooms in on key facts explaining how the Hawaiian Kingdom came to be, how it evolved to stand firmly on the international world stage of sovereign nations, and how the United States came to claim Hawai'i. https://www.kamakakoi.com/paa4. Deeper dive - Perspectives on Indigenous Cultural competency and safety in Canadian hospital ER departments. https://drive.google.com/file/d/15j3NiwgIodgPHabZz2WC1gtlq5x9_Fs2/view?usp=sharing
3	01/19 Tuesday	Eden & Rachel	Homelessness & Immigration	<ol style="list-style-type: none">1. Explore the Medical-Legal Partnership for Children website: Medical-Legal Partnership for Children In Hawaii: Home2. Read this article (10 min): Doctors and Lawyers: An Innovative Partnership in Kalihi3. Watch this video on medical-legal

				partnerships (8 min): Why doctors are prescribing legal aid for patients in need
4	01/26 Tuesday	Amelia & Clark	LGBTQIA+ Healthcare	<p>Please watch the following short videos (< 10 minutes combined), as they will frame the session and our discussion:</p> <ol style="list-style-type: none"> 1. https://www.youtube.com/watch?v=pvRYamafT0c&feature=youtu.be 2. https://www.youtube.com/watch?v=a6KnPUJPe8w
Week of 2/01: MD3 and MD7 MID-UNIT EXAM WEEK				
5	02/9 Tuesday	Clarke & Sarah	Sexual Assault/Domestic Violence + Elections	<ol style="list-style-type: none"> 1. Required: Please read this article from the United Nations to understand what constitutes Domestic Violence and sexual abuse. Also look at the Power & Control wheel to understand the overall pattern of violent & abusive behaviors (5min read) https://www.un.org/en/coronavirus/what-is-domestic-abuse 2. Required: A. Flower Survivor Testimony (this is a private video, please do not share or post anywhere) https://youtu.be/ym_HM4YN6xE 3. Highly recommended: Native Hawaiians At-Risk of Intimate Partner Violence During COVID-19 (5min read) https://sites.google.com/ksbe.edu/nh-covid19/intimate-partner-violence?authuser=0 4. Highly recommended: Why domestic violence victims don't leave (15:43min) https://www.ted.com/talks/leslie_morgan_steiner_why_domestic_violence_victims_don_t_leave
6	02/16 Tuesday	Cori, Eileen & Jess	Reproductive Justice	<ol style="list-style-type: none"> 1. Abortion Access is a Myth For Rural Women In Hawaii (5-10 minute read): https://www.motherjones.com/politics/2017/12/abortion-access-is-a-myth-for-rural-women-in-hawaii/ 2. What the Average Abortion Looks Like (2:32):

				https://www.youtube.com/watch?v=64JQMIDzQx0 3. Period Poverty: Everything You Need To Know (5 min read): https://www.globalcitizen.org/en/content/period-poverty-everything-you-need-to-know/
7	02/23 Tuesday	Alex, Trek, Alyssa, Eryn & Sharon	PSJ PIAT Party + Wrap-up	No homework! :) Go do something good for your mental wellness for 30 minutes and come prepared to share what you did and why that is important for your wellness.
Week of 03/02: Finish MD3 PBL				
Week of 03/09: MD3 Study week, MD7 Evaluation Week				
Week of 03/16: MD3 Evaluation Week, MD8 Testing				

Resources:

- Up First (Podcast)
- Radiolab (Podcast)
- @soyouwanttotalkabout (Instagram)
- When They See Us (Netflix)
- Belly of the Beast (<https://www.youtube.com/watch?v=INaXvL5hIMU&feature=youtu.be>)
- Systemic Racism in Psychiatry is Real
(https://www.medscape.com/viewarticle/941476?src=WNL_infoc_210103_MSCPEDIT_racism&uac=341207FJ&impID=2806476&faf=1#vp_2)
- Can the Legacy of Trauma Be Passed Down the Generations?
(<https://www.bbc.com/future/article/20190326-what-is-epigenetics>)
- An Etiology of Race in Hawaii (<https://youtu.be/-XUUp9OMMk4>)
- Domestic Violence Action Center <https://domesticviolenceactioncenter.org/>