Hā Kūpuna

The National Resource Center for Native Hawaiian Elders

Assuring the transmission of “hā” (breath) from older to younger generations
Overview

Hā Kūpuna speaks to the transmission of hā, or breath of life, from older to younger generations. In Native Hawaiian culture, kūpuna (elders) traditionally are recognized as the major sources of wisdom and the transmitters of knowledge and training to younger generations. In order to provide kūpuna with the opportunity to pass hā to younger generations, we must consider ways to promote their well-being, health, and access to long-term care.

Goal

The goal of Hā Kūpuna is to improve access to and delivery of services to Native Hawaiian elders and their caregivers through the development and dissemination of knowledge around health and long-term care.

Main Activities

- Provide training and technical assistance to organizations serving Native Hawaiian elders and their family caregivers.
- Conduct research on Native Hawaiian elders and their family caregivers to articulate health and long-term care needs, patterns and preferences.
- Disseminate knowledge and information on Native Hawaiian elders.

For a list of current projects, please visit our website: http://manoa.hawaii.edu/hakupuna

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