# Resources Available Through UH Cooperative Extension



#### **CTAHR Cooperative Extension Website** cms.ctahr.hawaii.edu/ce

Provides non-formal sciencebased education for farmers. consumers & families. Site has info on soil testing, seed purchase, fact sheets, & more.



### 4-H Youth **Development**

manoa.hawaii.edu/ctahr/4h/

Traditional clubs, after school, and summer programs supporting STEM, healthy living, and civic engagement education for K12 youth



#### **Nutrition Education** for Wellness ctahr.hawaii.edu/NEW

Nutrition, food safety, cooking skills & resource management Grow Your Own gardening curriculum. Kids Health Club

nutrition curriculum.



#### **Master Gardener Program** www.ctahr.hawaii.edu/UHMG

Provides information on tropical horticulture for home gardens, local landscapes, urban environments and the community.



### **Sustainable and Organic Good Agricultural Agriculture Program**

cms.ctahr.hawaii.edu/soap

The site reports on project and activities of UH CTAHR which promote understanding and practice of sustainable agriculture in Hawai'i.



#### **Junior Master Gardener Curriculum** qo.hawaii.edu/G69

Hands-on group and individual garden learning experiences that help youth develop an appreciation for the environment and community.



### **Practices** manoa.hawaii.edu/

ctahr/farmfoodsafety Focus on sources of human

and animal pathogens. The site provides info on educational opportunities.



### **GET Local Initiative**

manoa.hawaii.edu/ ctahr/getlocal

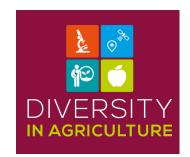
Commodity posters on pests, growing, nutrition, harvest, and preparation. Local field day video. Recipes of localbased products.



### **Home Garden** Network

eatyourownplants.com

A network of families develop edible home gardens for one home at a time for everyone within the network to enjoy and share recipes



#### **Diversity** in Agriculture manoa.hawaii.edu/ctahr/dia

Expert videos for teaching food, soil, animal, and plant sciences, along with sustainability, landscape, native plants, and ag careers. Agriculture VR tours.



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- Oahu Cooperative Extension University of Hawaii @oahuextensionUH
- UH Extension Maui County @uhextensionmauicounty
- East Hawaii 4-H & Hawaii County 4-H Livestock
- Hawaii State 4-H @hawaii4h
- Maui County 4-H @mauicounty4h
- Kaua'i Master Gardener Program @kauaimgs
- Maui Master Gardeners @MauiMasterGardeners
- Oahu Master Gardeners @OahuMG
- West Hawaii Master Gardeners
- Home Garden Network @eatyourownplants

# Instagram

- easthawaii4h
- get\_local\_uh
- hawaii 4h
- Mauicounty4h
- maui\_sustainableag

## **Pinterest**

- CTAHR LIFE
- Hawaii State 4-H

# YouTube

- CTAHR
- GET Local Cooking Contest
- Hawaii 4h