



4-H!

Karissa Ginoza

2023



# WHO AM I?

**KARISSA GINOZA**

4-HER FOR 11 YEARS  
I LOVE 4-H!

LUCKY CLOVERS 4-H CLUB

COLLEGE STUDENT

COMPETITIVE SWIMMER



The background is a light green color with a thin green border. There are several large green leaves in the corners: a monstera leaf in the top-left, a palm-like leaf in the top-right, a monstera leaf in the bottom-left, and another monstera leaf in the bottom-right. Small green sparkles are scattered throughout the background.

HELLO CLASS!

WHAT IS  
4-H?

# THE 4 H'S

WHAT DO THE 4 H'S STAND FOR?

HEAD

HEART

HANDS

HEALTH



PROBLEM-  
SOLVING


ATTITUDE

SKILLS  
HANDS-ON

GROWTH



# 4-H'S GOALS

- VOLUNTEERING FOR YOUR COMMUNITY
  - MAKING A DIFFERENCE IN OTHER PEOPLE'S LIVES
  - BECOMING A BETTER PERSON
  - CREATING STRONG RELATIONSHIPS WITH 4-HERS
  - PUBLIC SPEAKING AND LEADERSHIP SKILLS
- 



# IMPORTANT NOTE

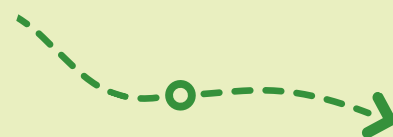
- THE 4-H PROGRAM I PARTICIPATED IN WAS ONLY FOR GIRLS
- THERE IS ALSO A LIVESTOCK 4-H PROGRAM
- IF YOU ARE A BOY OR GIRL INTERESTED IN THE LIVESTOCK PROGRAM, I CAN STILL HELP YOU GET IN TOUCH WITH THE RIGHT PROGRAM!



# THE JOURNEY

## 4-H CLOVERBUD (ALL OF YOU)

WATCHING OLDER 4-HERS  
ATTENDING FUN EVENTS!

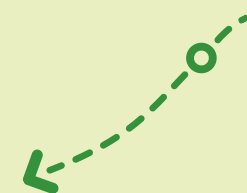


## 4-HER (4TH-10TH GRADE)

STARTING YOUR RECORD BOOK  
ATTENDING AND PLANNING EVENTS!

## SENIOR 4-HER (11TH-12TH GRADE)

PLANNING EVENTS  
NATIONAL 4-H CONGRESS





# NATIONAL 4-H CONGRESS



AN OPPORTUNITY TO MEET 4-  
HERS FROM ALL OVER THE  
COUNTRY!

YOU WILL CREATE SO MANY NEW  
FRIENDSHIPS. SHOWCASE ALL OF  
YOUR SKILLS THROUGH 4-H!

# MEMORIES...



# FUN ACTIVITIES I HAVE DONE...

HIKING

COOKING

PLANNING  
EVENTS

EXPLORING THE  
ISLAND

I HAVE MET SOME OF  
MY BEST FRIENDS  
THROUGH 4-H!

# MY LAST YEAR IN 4-H!






IF YOU HAVE ANY QUESTIONS  
OR WANT TO JOIN...


PLEASE HAVE YOUR PARENTS CONTACT ME!

KARISSA GINOZA

EMAIL: [KARISSA.GINOZA@GMAIL.COM](mailto:KARISSA.GINOZA@GMAIL.COM)

CELL: (808)727-9092



The background is a light green color with a thin green border. There are several large green leaves in the corners: a monstera leaf in the top-left, a palm frond in the top-right, a monstera leaf in the bottom-left, and another monstera leaf in the bottom-right. Scattered throughout the background are small, light green four-pointed sparkles.

THANK YOU, CLASS!

JOIN  
4-H!