



4-H Horse Advancement Phase 1 Record Book

20____

Name _____ Age (as of Jan. 1) _____

Club _____ Leader _____

Year in 4-H _____ Year in this project _____ Grade _____

Member Signature _____

Parent Signature _____

Leader Signature _____



Cooperative Extension Service
College of Tropical Agriculture and Human Resources
University of Hawai'i at Mānoa

OBJECTIVES:

1. To appreciate and understand horses.
2. To learn how to select a good horse.
3. To learn to feed and care for horses.
4. To learn to train, ride and handle a horse.
5. To appreciate horseback riding as a healthy, wholesome form of recreation.
6. To develop skill in horsemanship.

A 4-H member may not reach all of these objectives in the first year. For example, understanding horses comes with continued appreciation with them. You may start this project with a foal or a mature horse. The overall goal is to learn as much as possible about horses.

REQUIREMENTS:

1. Care for, feed and keep records on a horse. This may be a stock horse, pony, or gaited pleasure horse. A light horse of any breed or age is eligible.
2. Complete the 12 skills for 4-H Advancement Program Phase I, Junior Horseman.
3. Give a demonstration or illustrated talk using skill(s) you have learned in this project.
4. Show your horse or pony under saddle or at halter at a local show, county show or fair.

Place a picture of your
horse here.

PHASE I: THE JUNIOR HORSEMAN

This is the first step in the 4-H Horse Advancement program. When you have completed these 12 skills, the horsemanship tests you are ready to be a 4-H Junior Horseman. As a 4-H Junior Horseman you may ride your horse at 4-H club meetings, take part in some games and contests, and go for short rides with your club as approved by your club leader.

	Date Completed	Approved By
1. Name, locate and spell the following parts of a horse: poll, muzzle, withers, shoulder, forearm, knee, heart, girth, flank, rump, hock, fetlock, and pastern.	_____	_____
2. Name, point out, and spell these parts of a saddle: horn, cantle, dee-rings, fender, pommel, and skirt.	_____	_____
3. Name, locate and spell the following bridle parts: curb strap, headstall, noseband, bit, and throatlatch.	_____	_____
4. What are two requirements of a saddle blanket?	_____	_____
5. Name and spell at least four breeds of horses that make good saddle horses.	_____	_____
6. Care and feeding:		
a. What do you feed your horse?	_____	_____
b. How much are you feeding?	_____	_____
c. When and how is the horse fed?	_____	_____
7. Basic handling:		
a. Halter and tie your horse.	_____	_____
b. Lead your horse.	_____	_____
c. Brush and groom your horse.	_____	_____
d. Pick up and clean a front hoof.	_____	_____
e. Bridle and saddle your horse.	_____	_____
(Smaller members can learn the correct methods even if they may not be able to follow them entirely.)		

	Date Completed	Approved By
8. Riding:		
a. Mount and dismount. (See note in 7 e.)	_____	_____
b. Use correct seat and balance.	_____	_____
c. Demonstrate proper use of reins for both direct and neck reining.	_____	_____
d. Demonstrate basic control for riding your horse at controlled gaits (walk, trot, and lope) and at the stop.	_____	_____
9. Name six safety rules all 4-H members should observe when working around or riding their horses.	_____	_____
10. Pose your horse as if you were in a showmanship contest.	_____	_____
11. Name three "aids" used in riding.	_____	_____
12. Give at least one demonstration showing some of your skills related to horses.	_____	_____
13. Any optional skill or knowledge required by your 4-H leader.	_____	_____

_____ Age _____
 (Name of 4-H Member)

has satisfactorily learned all of the above skills and is now a qualified 4-H Junior Horseman.

 (Leader)

