

Oahu County



SPIN
SPSpecial **IN**terest Clubs

University of Hawaii at Manoa | College of Tropical Agriculture and Human Resources | Cooperative Extension Service

Make new friends, have fun and learn something new!

Cloverbud Recipe Inspectors

Tuesdays on September 13, 20, 27; October 18, 25; and November 1

5:00 pm-6:00 pm

Urban Garden Center (UGC), 955 Kamehameha Highway, Pearl City

Youth can become "Recipe Inspectors" by learning about nutrition, modifying recipes, and developing basic kitchen skills with hands-on activities that highlight more about the ingredients being used. They will also learn to use the ingredients to make simple and nutritious recipes. Parents will also work with their child when handling some of the kitchen appliances. Parents and children will also taste test and evaluate the food for modifications.



Cost: \$10 per child for supplies
(For children 5-8 years old with parent involvement)

****Certain dates may be subjected to change****

Register before Friday, September 9, 2022 (postmarked)

Please send a hardcopy of the **1) registration form** and **2) 4-H enrollment form**
3) If applicable, please make checks payable to "Oahu 4-H Organization," write "Cloverbud Recipe Inspectors" in the memo line, and mail to or drop off at UGC:

Oahu 4-H, 955 Kamehameha Highway, Pearl City, HI 96782

For more information, please email chanakaw@hawaii.edu.

<http://manoa.hawaii.edu/ctahr/4h/programs/programs-by-county/oahu/spin/>

The University is an equal opportunity/affirmative action institution providing programs and services to the people of Hawai'i without regard to race, sex, gender identity and expression, age, religion, color, national origin, ancestry, disability, marital status, arrest and court record, sexual orientation, or status as a covered veteran. If you require information in an alternative format, please contact us at: ADA-contact@ctahr.hawaii.edu. If you have a disability and require special assistance, please contact Christine at chanakaw@hawaii.edu or 956-7196 at least one week prior to the event.