

Oahu County 4-H  
Youth Development Program  
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A program of



COOPERATIVE EXTENSION SERVICE  
COLLEGE OF TROPICAL AGRICULTURE AND HUMAN RESOURCES  
UNIVERSITY OF HAWAII AT MĀNOA

# Oahu 4-H Newsletter

## September

- 1-30 Hawaii 4-H Alumni Association's Foodland "Give Aloha" Program
- 2 Oahu County 4-H Livestock Committee Meeting at 7 pm via Zoom
- 11 Giant Pumpkin Contest (GPC) Zoom Consultation for participants, 11 am-12 pm
- 15 GPC & Bok Choy Contest: photos and video entries deadline
- \*\* 4-H 101 Volunteer Training, TBA via Zoom, see page 2
- 18 Oahu 4-H Organization Meeting, 2-4 pm via Zoom
- 19-27 **GPC's CTAHR Choice Award**—CTAHR Community to vote for their favorite giant pumpkin and bok choy videos on the Oahu 4-H Facebook and Instagram!  
**GPC's Youth Choice Award**—all youth 5-19 years old who attend grades K-12 can vote for their favorite giant pumpkin or the bok choy photos, details to come!

## October

- 1 Online Enrollment open for 2021-2022 year via ZSuites
- 2 Oahu 4-H Executive Board Meeting, 6-9 pm via Zoom
- 4-8 National 4-H Week/Oahu 4-H Spirit Week
- \*\* 4-H Curriculum Training for Volunteers/Community Partners, TBA via Zoom, see page 2
- 18 GPC's Pumpkin Decoration Contest Deadline, details TBA
- 20-27 People's Choice Award—Vote for your favorite decorated Pumpkin!

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September-October 2021

## Message from Oahu 4-H Organization President

Happy Fall everyone!  
I hope you all had a great summer and are ready for a fun-filled 4-H year.



Our new Oahu County 4-H Executive Board is working hard planning our 4-H calendar. Please join us for our Oahu 4-H Organization meeting on September 18, 2-4 pm on Zoom.

This month, you can help provide our Hawaii 4-H Alumni scholarships and awards through the Give Aloha Program. Donate to the Hawaii 4-H Alumni Association at any Foodland or Sack N Save from September 1st-30th.

Let's have a great 4-H year!

Rylie Ann Hashizume  
Oahu 4-H Organization President

## Message from the Oahu County 4-H Office

Aloha 4-H families, volunteers, community partners, and stakeholders:

On behalf of the 4-H Youth Development Program, I would like to share that the tightening of restrictions and mandates have pushed us to be much more creative in keeping our youth engaged, yet safe and healthy.

At this time, our 4-H clubs and programs will be operating in a virtual platform until further notice up to November 1st and the restrictions and policies have been eased. This is temporary and constantly changing!

As for 4-H programs with our community partners and schools, we appreciate that you can utilize our programs and curriculum at your sites. Please continue to keep the our youth engaged and safe!

In the meantime, please stay tuned for upcoming virtual youth workshops, 4-H Volunteer and staff trainings, and county-wide events! We are definitely looking forward to everyone participating in our 4-H Spirit Week from October 4th-8th to celebrate National 4-H Week which is from October 3rd-9th! Look for more details in this issue on how you can participate!

Take care and be safe and healthy!

Christine Hanakawa  
Oahu County 4-H Assistant Extension Agent

## 2021 Oahu County 4-H Livestock Show & Auction



On Saturday, July 10th, the Oahu County 4-H Livestock organized a modified county livestock show and incorporated an auction at Kawailoa Ranch. The outcome of the Livestock Show:

Market Beef Steer exhibition with Abigail

Market Lamb exhibition with Madison

Market Hog Class placing with Madison, Champion and Jarin, Reserve Champion

Egg Layer Poultry Class placing with Trenton, Champion and Triston, Reserve Champion

Replacement Female Goat Class placing with Trenton, Champion and Triston, Reserve Champion

Replacement Female Rabbit Class placing with Haylee, Champion and Tristen, Reserve Champion

**Congratulations!!**

Paul Eguire,  
Oahu County 4-H Livestock Committee President

## Upcoming Virtual Volunteer Trainings

As the COVID-19 pandemic and stay-at-home/work-at-home orders continue with uncertainty, Oahu 4-H will be offering the following Virtual Volunteer Trainings via Zoom for volunteers (teens and adults) and community partners:

### Virtual 4-H 101

A general overview and resource guide for youth development staff or volunteers who are starting new 4-H clubs, working with existing clubs, or are new volunteers. Parents of 4-H members are also welcomed to participate!

4-H 101 merges the basic concepts and principles of effective youth development delivered in a non-formal (out of school) setting with the "nuts and bolts" information needed to manage a 4-H program. There will be a few hands-on learning experiences.

Dates will be determined from a Doodle Poll. If interested, please email Christine at [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu) for the poll of dates in September.

### Virtual 4-H Curriculum

A free workshop on a variety of 4-H curricula! This workshop is for new or returning 4-H volunteers, community agencies or organization staff, educators, and whoever works with youth and are interested in using the 4-H curriculum!

As an adult leader, you can help youth develop life skills and broaden their experiences! Also, you will be able to check out some of the new 4-H curriculum!

Dates will be determined from a Doodle Poll. If interested, please email Christine at [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu) for the poll of dates in October.

Christine Hanakawa





## Project Spotlight: My Favorite Things

Are you interested in creating a personal collection? Want to take a collection you already have to the next level? Learn about various types of collections, the ins and outs of the collecting process, and how to best display your items.

Designed for the 4-H member and is appropriate for the beginner skill level and all ages.

This project is perfect to include a public speaking activity by presenting about what youth have learned about collections and what they have collected!

The My Favorite Things Curriculum is available to borrow from the Oahu County Office, 956-7196, or email [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu). You can also buy online from <https://shop4-h.org>.

Check out the 4-H Curriculum "Meet the Author" webinar recordings by clicking on the following years:

[2018](#) [2019](#) [2021](#)—view recording or register upcoming webinars:

- September 8th Sustainable Polymers: Taking action to Solve the Challenge of Plastics (Grades 6-8)
- September 22nd Sustainable Polymers: Taking action to Solve the Challenge of Plastics (Grades 3-5)
- October 13th Be a Scientist! Materials in a Green, Clean World. A 4-h STEM Curriculum for Grades K-2

Learn about the 4-H curriculum and educational materials straight from the authors and educators who know them best!



## Food for Thought Consumers Virtual 4-H SPIN Club Enrollment

Make new friends, have fun and learn something new, virtually!

### Food for Thought Consumers

via Zoom

Saturdays on September 11<sup>th</sup> and 25<sup>th</sup>; October 9<sup>th</sup>, 16<sup>th</sup>, and 30<sup>th</sup>; November 13<sup>th</sup>  
3:00 pm– 4:30 pm

Youth will be able to master basic family consumer science skills such as:

- decision making for healthy add-in options when cooking/ baking
- safe food handling
- money saving and management tips

Youth will participate in hands-on activities in the kitchen, practice safe food handling, create their own spin on money jars for saving and spending, and develop a budget sheet.

Cost: \$10 for some supplies; a list will be provided for items found at home

(For children 9-13 years old)



**\*\*Certain dates may be subjected to change\*\***

Extended to Wednesday,  
September 8th.

Please mail a hardcopy of the **1)** registration form and **2)** 4-H enrollment form, and **3)** checks payable to “**Oahu 4-H Organization,**” with “Food for Thought Consumers 4-H SPIN Club” in the memo line, to: Oahu 4-H, 1955 East West Road, AgSci 217, Honolulu, HI 96822. For more information, please email [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu). For registration and enrollment forms: <http://manoa.hawaii.edu/ctahr/4h/programs/programs-by-county/oahu/spin/>.

## Recruitment for 4-H Photography Club

Join our 4-H  
Photography Club

We are  
**Blogging**

Join our virtual 4-H Club to learn computer skills, photography, creative writing and media literacy. Club is opened to youth in grade 6th-9th on Oahu. Club is free to join.



Scan QR Code for  
registration.

For more information contact  
Kate Eickstead at [kkeick@hawaii.edu](mailto:kkeick@hawaii.edu)



### CAREER EXPLORATION

Using a career log, teens will explore technical and vocational career options. Brought to you by TD Ameritrade. For grades 9-12.



### EMOTIONAL WELLNESS

Teens will learn ways to express feelings, build resilience and visualize goals. Brought to you by The Allstate Foundation. For grades 6-12.

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## Oahu 4-H Organization Meeting

Calling all Oahu 4-H youth members and volunteers (both Livestock and Non-Livestock clubs)! You are invited to join us at our first organization meeting with our new Executive Board! For voting purposes, please make sure to assign no more than one adult volunteer leader and 2 youth members to be able to represent your 4-H club at the meeting.

**Saturday, September 18th at 2:00 pm-4:00 pm via Zoom**

An agenda and Zoom registration link will be sent by email to the club leaders and volunteers. They will share the message to their clubs. The first hour to hour and a half will be the general meeting and meeting for 4-H volunteers to follow. Hope to see all of the Oahu County 4-H Clubs and Volunteers at this Zoom meeting!

## *Other Opportunities, Continued*

### **Whole Kids Foundation Bee Grant**

The Whole Kids Foundation Bee Grant allow for schools and non-profit organizations to receive support for educational beehives and bee programming so youth can observe bees up close and learn about the vital role these pollinators play in our food system. This is for K-12 schools or non-profit organizations that serve any grades K-12.



**For new applicants only:** start a new or enhance an existing bee program hosting live bees on their campus or site.

#### **About the Program**

A choice of a monetary or equipment grant intended to support schools in bringing live bees to their campus or grow their already existing educational hive program.

#### **Grant Options**

1. Monetary Grant: \$1,500 monetary grant
2. Equipment Grant: Indoor Observation Hive
3. Equipment Grant: Traditional Langstroth Hive



[Click here](#) to view a PDF copy of the Traditional Bee Grant application for your preparation purposes. All final submissions must be made online.

**Deadlines: Part 1 on October 15th, Part 2 on October 31st**

#### **UPCOMING WEBINARS**

To learn more about the Bee Grant program and application process, join the Bee Grant Application Webinars! They will cover the difference between the two grants, provide some direction for the online grant portal, and leave plenty of time for Q&A.

**September 15th, 2021 @ 10AM PST / 12PM CST / 1PM EST** [Click here to register](#)

**October 4th, 2021 @ 3PM PST / 5PM CST/ 6PM EST** [Click here to register](#).

[Click here to go to the website to find out more information and details for previous Bee Grant Recipients.](#)

### **Karma for Cara Foundation Micro-Grants**

The Karma for Cara Foundation is providing kids under the age of 18 an opportunity to fulfill their service projects within their community. Simply apply for the fund(s), let them know what your service project is about, and have a chance to receive \$250 up to \$1000 to reach your goal.

**Next deadline to apply is October 1, 2021**

### **September 11 National Day of Service and Remembrance**



Serve to Remember: Today, many young people do not have first-hand memory of the September 11, 2001 events and its significance. Each year more than 40 million Americans, and many others in 150 countries, observe the September 11 National Day of Service by performing good deeds. Start with ten reflections about 9/11/01 and related ideas for service or service-learning projects.

People are encouraged to plan projects that benefit veterans and military families. Download [teacher and student activity sheets](#) to help you plan a project. We suggest you contact your local [Veterans Affairs Volunteer Service office](#) or local military base's Family Resource Center / Family Assistance Center office to identify needs of local veterans and military families. Find even more tools for educators to engage students on 9/11 Day on the Scholastic site.

Help your community be prepared to stand strong during disasters by organizing disaster preparedness awareness events (Prep Rallies) and community service projects (Prep Projects) on 9/11 Day. Use YSA's free [We Stand Strong Toolkit](#) and [We Stand Strong Training Videos](#) to help you plan.

Find additional ideas and resources from our partners: [911Day.org](#) including "Teaching 9/11 to a New Generation of Americans", "9/11 Day Teachers Guide", "Dispelling Myths About Military Veterans", and "Hallway of Heroes".

[Corporation for National & Community Service](#) including tools to plan a service project that prepares you for safety

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## Other Opportunities, continued

(Continued from page 5)

in your community, in the classroom, and in the event of a disaster.

### Education & Career Toolkit

This toolkit from [engage.youth.gov](https://engage.youth.gov) is a collection of resources focused on education and careers. These resources are from reputable organizations, offered free of charge, and tailored to a youth audience. The resources are also grouped by theme to make it easier for youth to find what they need in as few clicks as possible.

## National 4-H Week: 4-H Spirit Week

National 4-H Week is an important week to highlight the remarkable 4-H youth in our communities and showcase their incredible experiences that 4-H has to offer to young people.

Oahu 4-H Organization will be celebrating National 4-H Week by hosting a fun 4-H Spirit Week from **October 4th to 8th**. Each day will have different themes. Take a picture to show your spirit in supporting 4-H and you can either 1) post them on your social media (Facebook or Instagram) or 2) email them to [oahu4h@gmail.com](mailto:oahu4h@gmail.com) and we can post it on our Facebook or Instagram accounts!

**\*NOTE: Please keep photos clean and appropriate!\***

Monday, 10/4	Green & White Day—wear green and/or white
Tuesday, 10/5	Find a four-leaf clover—let us see how you figure out this theme!
Wednesday, 10/6	Wear your 4-H club uniform, if you don't have one, let's see what you can come up with that could represent "4-H"
Thursday, 10/7	Share a picture of your 1st year with 4-H
Friday, 10/8	Wear a 4-H accessory—face mask, hat, lanyard, bag, etc.

Please include the hashtags [#oahu4h](#), [#national4hweek](#), [#hawaii4h](#), [#oahu4hsprit](#)

## 4-H at Home, continued

(Continued from page 4)



### HEALTHY EATING

Kids will learn about farm life and healthy eating in this collection of activities made possible by the Walmart Foundation. For grades K-5.



### COLLEGE COSTS

Teens will gain the info and resources they need to confidently make smart decisions about their college expenses. Brought to you by TD Ameritrade.

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