



Hawaii 4-H Shooting Sports Record Book

20 _____
Discipline

Archery Air Rifle



Name _____ Age (as of Dec. 31) _____

Club _____ Leader _____

Year in 4-H _____ Year in this project _____ Grade _____

Member Signature _____

Parent Signature _____

Leader Signature _____

Agent Signature _____



PROJECT PLAN

Before starting activities, begin by completing a plan. Review your plan with your 4-H project leader.

Learning Goals

What do you hope to learn about related to your project and what skills do you want to practice while doing this project?

| My goal for my project this year | What I need to do to reach this goal |
|----------------------------------|--------------------------------------|
| | |
| | |
| | |

Planning Notes or Questions You Would Like Answered

Archery Range Rules

- 1) No horse play
- 2) Must receive permission from RANGE OFFICER to enter or exit range
- 3) Must follow the commands of the RANGE OFFICER
- 4) Must walk when on the range
- 5) No food or drink allowed on range
- 6) Use both hands when carrying arrows on range
- 7) No dry-firing of bows
- 8) Always keep drawn arrows pointed down range
- 9) Only shoot target assigned to you by Range Officer

Air Rifle Range Rules

- 1) No horse play
- 2) Must receive permission from RANGE OFFICER to enter or exit range
- 3) Must follow the commands of the RANGE OFFICER
- 4) Must walk when on the range
- 5) No food or drink allowed on range
- 6) Must wash hands immediately after leaving range
- 7) Always use two hands to carry air rifle
- 8) Always keep muzzle pointed in a safe direction
- 9) Only shoot target assigned to you by Range Officer

Consequences for not following rules:

1. Sit out an end
2. Sit out two ends
3. Removal from that night's session/conference with parents

Or what Range Officer deems necessary for safety

Parent _____ Member _____

Date _____ Date _____

Archery Shooting Record Summary

| Date | 10 yards | | 20 yards | | Total |
|-------------------|----------|-------|----------|-------|-------|
| | Score | Score | Score | Score | |
| | Score | Score | Score | Score | |
| Goals | | | | | |
| What I Learned | | | | | |
| Problems to Solve | | | | | |

| Date | 10 yards | | 20 yards | | Total |
|-------------------|----------|-------|----------|-------|-------|
| | Score | Score | Score | Score | |
| | Score | Score | Score | Score | |
| Goals | | | | | |
| What I Learned | | | | | |
| Problems to Solve | | | | | |

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Rifle Shooting Record Summary

| | | | | |
|-------------------|-------------------|-------------------|----------|---------------|
| Date and Time | Location | Rifle/Ammunition | Training | Competition |
| Scores - Prone | Scores - Standing | Scores - Kneeling | Total | Sight Changes |
| What I Learned | | | | |
| Problems to Solve | | | | |

| | | | | |
|-------------------|-------------------|-------------------|----------|---------------|
| Date and Time | Location | Rifle/Ammunition | Training | Competition |
| Scores - Prone | Scores - Standing | Scores - Kneeling | Total | Sight Changes |
| What I Learned | | | | |
| Problems to Solve | | | | |

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PROJECT FINANCIAL RECORD

Shooting Sports Long-Term Equipment Inventory

| Item | Purchase Date | Price Paid | Model Number | Serial Number |
|------|---------------|------------|--------------|---------------|
| | | | | |
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Expendable Equipment Inventory

| Item | Purchase Date | Price Paid |
|------|---------------|------------|
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Shooting Expenses Summary

| Date | Item Purchased | Purchase Price |
|---------------------------|----------------|----------------|
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| | | |
| Total of Purchases | | |

Shooting Sports - Knowledge and Skills I Gained This Year

Keep track of your progress as you learn about Archery and Rifle.

I learned or improved my ability to...

| Archery – Safety First | | Date | Leader Signature |
|------------------------|--|------|------------------|
| | Outfitted for Safety, Safety Equipment, and Archery Safety Rules | | |
| Know Your Equipment | | | |
| | Parts of a Bow and Arrow | | |
| | Kinds of Bows | | |
| | Kinds of Arrow Points | | |
| | Your Bow and Arrow | | |
| | Care and Storage of Archery Equipment | | |
| On the Range | | | |
| | Archery Ranges Rules | | |
| | Whistle Commands | | |
| | Archery Range Procedures | | |
| | The 10 Steps of Bow Shooting | | |
| | Scoring | | |
| | Archery Games | | |

| Rifle – Safety First | | Date | Leader Signature |
|----------------------|--|------|------------------|
| | Outfitted for Safety, Safety Equipment, and Rifle Safety Rules | | |
| Know Your Equipment | | | |
| | Parts of a Rifle and Cartridge | | |
| | Common Rifle Actions | | |
| | Magazines, Cartridges, and Sights | | |
| | How a Cartridge Works | | |
| | Sight Alignment and Sight Picture | | |
| | Cleaning Your Rifle | | |
| | Safe Storage | | |
| | Safe Transportation | | |
| On the Range | | | |
| | Rifle Ranges Rules | | |
| | Range Commands | | |
| | Fundamentals of Successful Shooting | | |
| | Standard Shooting Positions | | |
| | Scoring | | |

Instructions: Check one box for the statement on each row that best describes each record book section/criteria. Provide specific details in the comment boxes if necessary.

| | Excellent | Good | Fair | Needs Improvement | Comments |
|--|-----------|------|------|-------------------|----------|
| Cover Page - Complete with signatures and checked boxes | | | | | |
| Project Plan – Member documents clear and age appropriate goals. All sections are completed with signatures | | | | | |
| Shooting Record Summaries – Submitted and all sections completed | | | | | |
| Project Financial Plan – All sections completed or if using borrowed equipment, then year followed by N/A is documented | | | | | |
| Knowledge & Skill Sheets - Member checked new skills learned. Has had club leader date and sign off once skill was learned. | | | | | |

Please include any other specific comments or suggestions for improvement here:

Ribbon Color: _____

Judge's Initials: _____