



COOPERATIVE EXTENSION

UNIVERSITY OF HAWAII AT MĀNOA
COLLEGE OF TROPICAL AGRICULTURE AND HUMAN RESOURCES

Success
Story

Meet Sandy Tsuneyoshi Social Justice Warrior



Sandy (left) as a VISTA volunteer in Louisiana and nearly 50 years later, Sandy standing by the same little girl.

4-H Experience

As a 4-H member, Sandy entered a garment yearly for the Dress Revue and participated in the Food Demonstration contest. She became a junior club leader and held various leadership roles in her club. She attended National 4-H Congress in Chicago.

Skills and Knowledge Gained in 4-H

In 4-H, Sandy gave 100% to her commitments. She saw bumps in the road as challenges and did not give up easily. She says she gained understanding and learned to put into practice the meaning of a balanced (head, heart, hands, and health) way of life. She took the 4-H pledge very seriously.

From 4-H into World

Sandy says, “I believe the 4-H motto, “to make the best better,” has always been with me. I sincerely believe that my involvement in 4-H gave me a very

strong foundation to accomplish what I was called to achieve as an adult.”

At 19, Sandy was a VISTA volunteer in Sunset, LA. While there, she worked as a catalyst for positive change in the African-American community. With a Ph.D. in Clinical Psychology, Sandy worked to make positive changes in the lives of people of color and other targeted minorities. In mid-career, and with no legal training, she represented herself in court in a discrimination lawsuit against the U.S. government in Hawai‘i—and won her case!



Sandy Tsuneyoshi as a 4-H Member of the Diamond Head Cloverettes on O‘ahu