

How 4-H



Impacted my Life



Kama'ilio

4-H has taught me how to speak clearly and fluently in front of an audience. From participating in an event called Teach-In for 8 years, I was able to gain a lot of confidence in speaking in front of people while also demonstrating how to make something. I am now able to easily present projects in class and speak in front of a large crowd of people



Used Kama'ilio skills during our Teach-In Presentation

Mālama

Through 4-H I also learned how important it is to Mālama, or to take care of our community and island. We did various projects where we helped people who are less fortunate by making them sandwiches or to brighten our Kapunas day by sending them hand-made paper flowers. We would also do yearly beach cleanups to take care of our beautiful beaches and to protect our sea life creatures. I am now able to spread what I learned through 4-H and teach others how to care for our community.



One of our club's annual beach clean-ups to Mālama our 'aina

Kokua

In 4-H we planned various events to hold for our club as well as other 4-H clubs in our county. I learned how important it is to kokua, help each other out, to make sure our events get done on time and run smoothly. 4-H has taught me how much work it takes when planning a big event. With the skills that I learned, I am able to implement them when planning school events for student council.



Planned a 4-H County camp with my club. Had to Kokua each other to make this event happen



Had to take kuleana of my things when going on the National 4-H Congress event

Kuleana

4-H taught me how important it is to be responsible. From a young age, we had different officer positions that we were responsible for doing in our club. I also learned through 4-H that it is important to be responsible for the things that I have committed to. This dedication that I've practiced, follows into all aspects of 4-H activities and beyond. 4-H also taught me how important it is to manage my money responsibly. I will be able to take what I learned about responsibility and apply it to daily life.