

Oahu County 4-H
Youth Development Program
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A program of



COOPERATIVE EXTENSION SERVICE
COLLEGE OF TROPICAL AGRICULTURE AND HUMAN RESOURCES
UNIVERSITY OF HAWAII AT MĀNOA



Oahu 4-H Newsletter

January-February 2021

January

- 1 New Year's Day—**Happy New Year to 2021!!**
- 7 Oahu County 4-H Livestock Council Meeting
- 10 Oahu 4-H Organization Meeting via Zoom, 2-3:30 pm

February

- 6 or 7 Oahu 4-H Executive Board Meeting via Zoom TBD

Message from Oahu 4-H Organization President

Hey 4-Hers!

And a Happy New Year! We're hoping to have a busy year for you guys packed with fun events and activities I hope everyone is as excited as me to see where this new year leads.

Remember to stay safe! And stay involved!

Nora Black,

Oahu 4-H Organization President

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Next Oahu 4-H Organization Meeting

Next Oahu 4-H Organization meeting will be on:

Sunday, January 10th

2:00 pm-3:30 pm

via Zoom

Please make sure that your 4-H Club sends at least 2 youth and an adult to represent your club at the meeting. Please contact your 4-H Club Leader for the agenda and Zoom Link.

Christine Hanakawa

Community Service



Community Service Projects at UGC

During this time of limited contact, people are craving to do something, whether it is a hobby, an activity or even a service project. Oahu 4-H will be adopting parts of the Children's Garden at the Urban Garden Center (UGC) in Pearl City and could use some help with some community service projects to fix it up! Open to any 4-H Clubs and Youth groups who are looking for a community service project. 4-H is planning to convert the

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Happy Retirement to Our 4-H Livestock Agent!

4-H and the Urban Garden Center (UGC) will surely miss Steve Nagano, Oahu 4-H Livestock Agent and UGC Facilities Manager. Besides managing the Livestock Program for 37 years, Steve also provided school tours to the different Children's Garden at UGC. Happy Retirement Steve!



Steve has always been a hardworking, humble kind of guy and can be found "behind-the-scenes..."



Mahalo Steve!

Project Spotlight: Keeping Fit & Healthy Curriculum

Start the 2021 New Year with a healthy living project! Keeping Fit and Healthy the perfect curriculum to use!

First Aid in Action: Youth learn the importance of first aid as well as techniques for taking care of cuts and scrapes, nosebleeds, stings, burns, and other concerns.

Staying Healthy: Youth learn habits for maintaining a healthy lifestyle. Topics include cleanliness, eating habits, and physical activity.

Keeping Fit: Youth design a personal fitness plan and track it using their own fitness file. Through interviews and personal experiences youth discover benefits to being fit as they practice making decisions, speaking with others, and managing themselves.

Note: The Heimlich instructions for babies have been updated since the book was published. Please refer to the Red Cross information available at [this link](http://www.redcross.org/) (link as of 9/28/17). If the link does not work, visit <http://www.redcross.org/> and search for the Heimlich procedure.

Keeping Fit & Healthy Curriculum is available to borrow from the Oahu County Office, 956-7196, or email chanakaw@hawaii.edu. It is also available to purchase at <https://shop4-h.org>.



Completed Livestock Projects During COVID

In response to the COVID-19 pandemic, all 4-H livestock shows were cancelled for the 2019-2020 4-H year. 4-Hers were advised to not purchase animals for projects. 4-Hers had the option do one of the following to help defer costs incurred and to learn how to respond to real life uncertainties in the industry:

1. Return or sell animal(s) to the breeder
2. Keep animal(s) for personal use
3. Sell animal(s) in their current state as an individual through a private treaty (no live or virtual auctions or shows) to recoup any current costs and stop incurring additional costs
4. Continue as a 4-H livestock project until completed which required them to be supervised by a 4-H agent and/or 4-H volunteer screener, the animal meets quality standards as defined in county livestock rules, and the 4-H member completes a livestock project book based on data collected and reflection of the project. They are also allowed to use the 4-H name and emblem when marketing their animal as an individual through private treaty.

Awesome job to the 4-Hers who completed Option 4 for the following livestock projects (photos below from right to left):

Market Beef Steers

- Abigail A., Kualoa Keiki (photo not available)
- Ikaika P., Clover J's
- Madison E., Livestock Wranglers

Market Hog

- Emajen I., Clover J's
- Otion I., Clover J's
- Brelyn P., Clover J's



Verna Eguires, Clover J's and Christine Hanakawa

Continued...Community Service Projects at UGC

(Continued from page 1)

old “House Garden” into a hands-on and interactive “4-H Project Garden” for youth to learn and enjoy!

Here are a few projects that youth and/or adults can help with:

- Weeding and clearing up rubbish in the garden (ongoing project)
- Volcano project:
 - ◊ Engineer and fix a volcano frame with solar panels
 - ◊ Design and paint the sides of the volcano
- Adopt a project area that can be educational, hands-on, and interactive (3 month commitment)
 - ◊ Pick a project area or topic to focus on—livestock (animal science), photography, visual arts, STEM, cooking, robotics, energy, sewing, gardening, environmental awareness, etc., the choices are endless!
 - ◊ Design the area with a learning experience for visitors of all ages, plants can be utilized (optional). For example, for photography, a wired frame with ivy or some type of vine with flowers can be set up for people to take pictures or create a space for a wonderful photo opportunity and teach about the different types of shots—close-up, waist, and full length.
 - ◊ Props, handouts, make-and-take supplies are optional.
 - ◊ Project areas will be rotated with a new project after 3 months



The old “House Garden” is in need of weeding and clearing up rubbish. In addition, the space can be turned into a experiential learning area for visitors once UGC is open to the public.

Here are a few community service projects geared towards the 4-H Clubs:

- Re-painting the 4-H clover on the office
- Spring clean the “Classroom”
- Sponsor a holiday decoration in the garden or by the offices



Currently, the Urban Garden Center is closed to the public. Only authorized permission will be allowed on the property while following COVID guidelines. For more information or to help with a community service project, please contact Christine at chanakaw@hawaii.edu or (808) 956-7196.



IN MY MIND'S SKY

Kids will learn about the role of astronomy in different cultures throughout history. They will also design their own constellations.



HEALTHY MEALS AT HOME

A healthy meal starts with your plate. Teach your kid how to plan, shop for and prepare healthy meals on a budget once a week



NEW YEAR'S WISH PILLOWS

Kids will learn about the role of astronomy in different cultures throughout history. They will also design their own constellations.



4-H Fashion Revue

Wow! Did you see those amazing and fashionable creations? These participants have worked very hard on their pieces of work! Some of them were being really creative with what they created and overall their videos were just so appealing! This year's Fashion Revue was very interesting because we haven't done it in 5 years and this year it was virtual! I think this experience was pretty amazing and I would definitely do it again! Something I would like to recommend is allowing constructive criticism. If we could have a short talk at the end and say things that would help the participant improve, I think it would be very beneficial. Here are some pictures of the participants and their creations.

All Fashion Revue entries received Blue Ribbons!

Sewing Project entries:

Intermediate division—Mia, Friendship Magic: Wreath Ornament

For the senior division:

- Keala, Manawalea: Shoulder Bag
- Kairi, Friendship Magic: Stocking Ornament

Embellished entries:

Junior Division:

- Abigail, Manawalea: Winter Skirt
- Jayden, Friendship Magic: Christmas Tree T-Shirt

Intermediate Division—Laakea, Manawalea: Dress and Hat

Ready-Made entry:

Senior Division—Dylana, Farrington FCCLA: Prom Gown

Custom Made entries:

Junior division—Zachariah, Manawalea: Cotton Scarf

Intermediate division—Cara, Happy Honus: Skirt

Senior Division—Rylie, Friendship Magic: Mask



This is Cara with her cute skirt!



This is Keala with her impressive shoulder bag!

This year, the committee presented special awards (snow globes) to the entries they liked. They did not see the entry forms, nor the score sheets. The awards were based on their personal reflection, looking at the colors, the project, and the commentary.

Junior Division: Jayden for his embellished Christmas tree t-shirt, it was cute!

Intermediate Division: Cara for her custom-made skirt, which looked very stylish on her!

Senior Division: Keala for her reversible Shoulder bag, we liked this creative concept!

Top of Show Awards are given to the 4-H'er who has scored top in their category. These members were awarded a purple ribbon and satin wrapped hangers with 4-H face masks.

For the Junior Division:

- in the embellished category is Abigail, Manawalea
- in the custom made category is Zachariah, Manawalea

For the Intermediate Division:

- in the sewing project category is Mia, Friendship Magic
- in the embellished category is Laakea, Manawalea
- in the custom made category is Cara, Happy Honus

For the Senior Division:

- in the sewing project category, we have a tie with Keala of Manawalea and Kairi of Friendship Magic
- in the ready made category is Dylana, Farrington FCCLA
- in the custom made category is Rylie, Friendship Magic



This is Rylie with her creative holiday mask!



Congratulations to all of the Fashion Revue Participants!

Mia Jones, Historian

Agriculture for High School Students Grades 9-11

The 2021 online AgDiscovery Application is now open: www.aphis.usda.gov/agdiscovery!

For those who are not familiar, AgDiscovery is a joint program between several universities throughout the nation and the USDA. It gives high school and middle school aged students the opportunity to participate in a free, 2-4 week summer program. As AgDiscovery participants, students learn about careers in agriculture, agribusiness, and animal and plant science from professionals in the field. Participants also engage and interact with other students in team-building and cultural activities. We are lucky to have a local Hawai'i AgDiscovery Program with the University of Hawai'i at Mānoa! Our program is normally held in-person, but due to safety concerns with COVID-19, Hawai'i AgDiscovery 2021 will be held virtually July 11-24, 2021. Sixteen high school aged students in grades 9, 10, and 11 will be selected to participate. Please encourage your students to apply and complete their applications before the **deadline of March 25, 2021** (feel free to forward this email and distribute the attached materials).

Attached you will find helpful documents:

- 2021 AgDiscovery flyer and brochure
- Hawai'i AgDiscovery postcard
- Fillable application, and tips for completing the application (online applications are preferred).
- Educational Resources about USDA Animal Plant Health Inspection Service and the University of Hawai'i at Mānoa

Additionally, for students who wish to learn skills in application writing, the University of Hawai'i will be hosting a virtual AgDiscovery Application Workshop, Saturday February 20 from 12:00-2:00pm. Please contact Kristin Matsumoto with the University of Hawai'i for more information and details on how to register: (808) 956-2160, khalbert@hawaii.edu.

Kristen Matsumoto, UH-Manoa/CTAHR



Follow us on Instagram! @hiagdiscovery

Hawai'i Agdiscovery 2021 is on!

During this free 2-week virtual program, students will explore career and educational opportunities in the fields of plant and animal sciences, with presentations by USDA and the University of Hawai'i at Mānoa. Through interactive modules with professionals in the field, students will gain valuable experience in agriculture and agribusiness, helping them find a career they love! **High school students in grades 9, 10, or 11 may apply.**



Want to Learn Skills in Application Writing?

Attend our virtual AgDiscovery Application Workshop Saturday February 20, 2021. Please contact Kristin Matsumoto of the University of Hawai'i at Mānoa (808) 956-2160, khalbert@hawaii.edu

July 11-24, 2021
Virtual Program with
University of Hawai'i at Mānoa



Apply Online at:
www.aphis.usda.gov/agdiscovery

Application deadline: March 25, 2020

Other Opportunities

Sodexo Stop Hunger Foundation Youth Grants

Grants of up to \$500 are supporting youth leaders ages 5-25 across the United States to turn their ideas into action and make an impact on the issue of childhood hunger.



This year there is an option for a fundraising match grant which includes \$100 for fundraising-related costs and a \$400 matching grant to a local hunger relief organization of your choice.

What are we looking for?

- Youth-led community service or fundraising projects designed to address childhood hunger.
- Projects may take place in schools, colleges/universities, afterschool programs, youth organizations, nonprofits, or faith-based organizations.
- Projects that engage at least 25 young people ages 5-25 as volunteers between **March 1 – May 31, 2021**, with some activity on **Global Youth Service Day – April 23-25**, preferred. (While we will be flexible this year due to COVID-19 restrictions, projects with higher numbers of volunteers are more likely to be funded.)
- Fundraising project grantees will receive \$100 grants for fundraising-related costs and a \$400 matching grant to a local hunger relief organization of your choice in addition to the funds you raise.
- Projects that engage youth not typically asked to serve (youth with disabilities, youth that are struggling in school, youth from low-income or underserved communities, etc.)
- We're especially interested in projects that bring together young people, families, Sodexo employees, and other community members.
- We are also especially interested in funding projects that introduce long-term solutions to childhood hunger.
- Applicants must live in the United States and activities must benefit families & children in the United States.

- Grant funds may not be used to purchase food or meals to donate.

Applications are due on **Friday, January 22, 2021 at 11:59pm your local time.**

Clif Bar Family Foundation Grant

Small grants averaging to about \$7,000 are awarded for general organization support as well as funding for specific projects. Applications are reviewed three times a year. The deadlines are the 1st of February, June, and October. Grants awarded during a particular cycle will be announced at the beginning of the following cycle.



Priority is given to applicants that:

Address funding priorities from a holistic perspective:

- Protect Earth's beauty and bounty.
- Create a robust, healthy food system.
- Increase opportunities for outdoor activity.
- Reduce environmental health hazards.
- Build stronger communities.

Operate with clearly defined objectives and viable plans to achieve them.

Demonstrate strong community ties and operate at the community level.

Promote positive change through both the projects and their implementation process.

Go to the [website](#) to see the list of areas not funded.

More details:

- The next small grants deadline is **February 1, 2021 at 11:59PM, EST**
- If you have had staffing changes please update your contact information so their email notice does not go to an unused address.
- At this time, only US-based 501(c)3 organizations (or groups with a 501(c)3 fiscal sponsor) are eligible for our small grants programs. We cannot accept applications from equivalent organizations in other countries.

The University is an equal opportunity/affirmative action institution providing programs and services to the people of Hawai'i without regard to race, sex, gender identity and expression, age, religion, color, national origin, ancestry, disability, marital status, arrest and court record, sexual orientation, or status as a covered veteran. If you require information in an alternative format, please contact us at:

ADA-contact@ctahr.hawaii.edu. If you have a disability and require special assistance, please contact Christine Hanakawa at 956-7196 or chanakaw@hawaii.edu at least one week prior to the event.