

# HEAD HEART HANDS HEALTH

## 4-H



# GROWS HERE

## LEARN

- life skills
- leadership
- community service



## GROW

- understanding
- confidence

## THRIVE



make an impact in the community you live in!

Aloha future leaders,

I am Sofia Stupplebeen and I have been a member of the 4-H organization for 9 years. I have learned numerous life skills and through 4-H I have built my confidence and self-esteem to take on the world.

As a 4-H member you're given numerous opportunities to learn, grow, and thrive. Join us to make a difference!

*"To Make the Best Better"*



# GROW TO YOUR TRUE POTENTIAL !!

FOR MORE INFORMATION GO TO:

[HTTP://MANOA.HAWAII.EDU/CTAHR/4H/PROGRAMS/PROGRAMS-BY-COUNTY/MAUI/](http://MANOA.HAWAII.EDU/CTAHR/4H/PROGRAMS/PROGRAMS-BY-COUNTY/MAUI/)