

Oahu County 4-H
 Youth Development Program
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<https://manoa.hawaii.edu/ctahr/4h/>

A program of



COOPERATIVE EXTENSION SERVICE
 COLLEGE OF TROPICAL AGRICULTURE AND HUMAN RESOURCES
 UNIVERSITY OF HAWAII AT MĀNOA



Oahu 4-H Newsletter

July-August 2020

July

- 20-31 4-H Virtual Livestock 101 Day Camp, 10:00-11:00 am, see Page 2 for info.
- 27 Record Books Due
- 31 Executive Board Retreat (tentatively virtual)

August

- 1 Executive Board Retreat (tentatively virtual)

Check the updated calendar on the Oahu 4-H webpage at:

<http://manoa.hawaii.edu/ctahr/4h/programs/programs-by-county/oahu/>

Facebook: <https://www.facebook.com/pg/oahu4h/>

Instagram: @oahu4h

Message from Oahu 4-H Organization President

Aloha Oahu 4-H families!

Summer has officially begun, so how are you planning on spending it? Even though projects have ended, there are still ways for you to stay engaged with 4-H activities. Look for information on our virtual camps and Ahaolelo virtual conference. The newly elected board will continue to meet this summer and plan some exciting things for the coming year! All 4-Hers should keep their eyes out for opportunities serve our community. Don't forget you can record volunteer work in your record books!



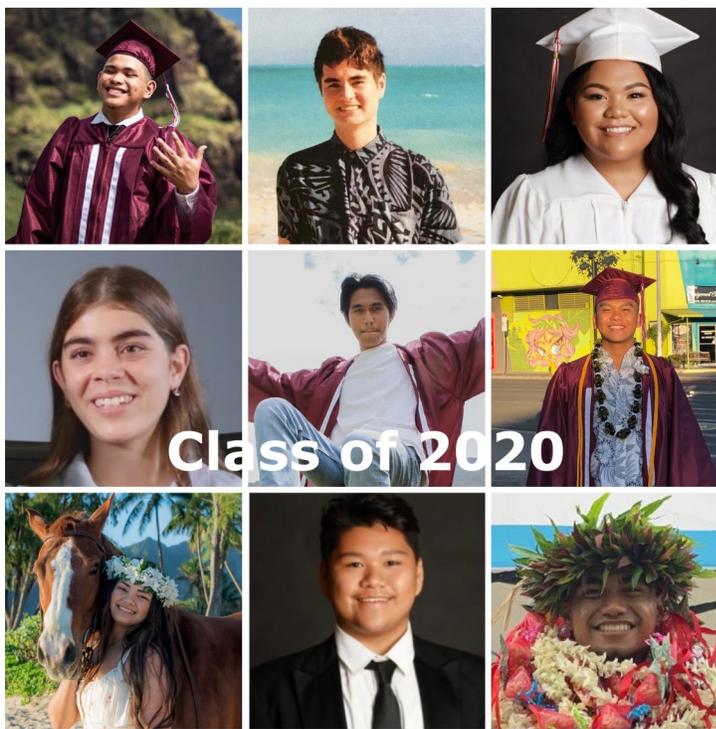
Nora Black
 Oahu 4-H Organization President

4-H Ali'i Ceremony 2020

Missed the Ali'i Ceremony? Check it out at:

<http://manoa.hawaii.edu/ctahr/4h/2020/06/28/ahaolelo-alii-ceremony/>

4-H Graduates—Congratulations!!



4-H Graduates:
 Claythan Blas,
 Dana Dela Cruz, Christian Hermoso,
 Rycial Ignacio,
 Jacob Kuklok,
 Ginger Link,
 Eugene Ribao,
 Richard Tafuna,
 Leimaile Kayla Tsuneyoshi

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Congratulations to our Class of 2020 Graduates! Thank you for "Making the Best Better!" The future is uncertain, but we hope that you continue to pursue your goals and dreams and to practice the 4-H Motto!

4-H Record Book Process



1. Fill in Activities

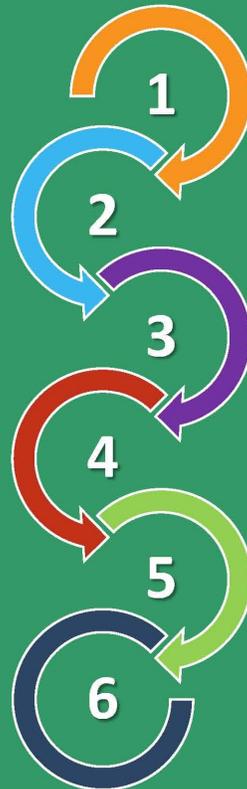
Several areas of the books ask about activities you have participated in during the year. Other sections look for information about leadership activities. Be sure to read the instructions for each section carefully so you put in the right information.

2. Outline Your Story

The last piece of the record book is the story of your journey in 4-H this year, or for the portfolio, your overall journey in 4-H. However, you can start creating an outline based on what has already happened so that writing the final part is easier.

3. Ask Questions

Please contact your county agent with any questions you might have about the record book, including understanding the instructions, what is the purpose of each section, and tips for a better record book.



Download a Book

Visit the Hawai'i State 4-H website to locate the record book you need. The available categories are: Cloverbud, Junior, Senior, and Senior Portfolio (for those planning to apply to National 4-H Congress). manoa.hawaii.edu/ctahr/4h/volunteers/forms

Plan for Gaps

As you work on your book look for areas where you might have fewer entries and see if there are ways that you might be able to create new opportunities to fill in the gaps.

Get Feedback

Keep in touch with other members of your club, with your club leaders, and other 4-H club members while you work on the book. It's important to have other people look at your work and provide feedback from an outside view. The judges won't have the inside information you do.

Recordbook Deadline is July 27th.
Please submit to chanakaw@hawaii.edu.

Livestock 101 Day Camp

Livestock 101 Day Camp is designed for first timers, age 9-18 (as of Dec. 31, 2020) and has an interest in exploring the 4-H Livestock Program. You will get an introduction of the different species, large and small, plus learn about the 4-H Livestock Program thru discussions and interactive games. There will also be individual assignments to try at home.

This project will not involve raising an animal. Meetings will be held daily (virtually) starting July 20-July 31, 2020 from 10:00-11:00 AM (Hawaii time).

You will be sent a Zoom registration shortly after responding to the questionnaire which can be found at: <https://forms.gle/DvifX1XAsVxZeeyv9>.

REGISTRATION CLOSES ON JULY 17th. For questions please email: settlage@hawaii.edu



Project Spotlight: More At-Home Links Online & 4-H Digital Library

At this time, Project Spotlight will focus on a variety of resource links that any family and organization can use to provide youth engaging in hands-on, skill-building, and educational activities. Thank you to all of the hard working Extension Agents and Specialists who put together these wonderful resources for everyone at home!

[Archived Weekly At-Home Activities](#), Iowa 4-H

[UKnow How-To Video Series](#), Iowa State University

[Learn at Home with 4-H Friday Fun! Videos](#) University of Maine

[Virtual 4-H Camp](#) Bringing the traditional 4-H camping experience inside the home

Other At-Home activities to do:

- Video challenge
- Practice!
- Post a 2 min or less video of a walking talking tour of your backyard, neighborhood, house, etc.

Shop 4-H is now offering select curricula on a new digital platform. This upgraded digital experience not only creates an accessible, engaging, and interactive reading experience where users can highlight text, take notes, create flashcards, and more, but it also helps to provide educational resources at a more affordable price. If you do not have access to the current 4-H Juried Curriculum project books, you can order these downloadable files at [Shop 4-H Digital Library](#).



Post to Boast

Calling All Military Affiliated Youth!

Post to Boast Contest is for any military affiliated youth that did a 4-H project in this last year. Maybe you are in a 4-H club or did a 4-H project at home during social distancing, we want to know about it. Show off what you learned!

For more information check out the website:

<http://manoa.hawaii.edu/ctahr/4h/programs/by-topic/military-partnerships/post-to-boast/>

July 31st is our deadline to submit.

Kate Eickstead



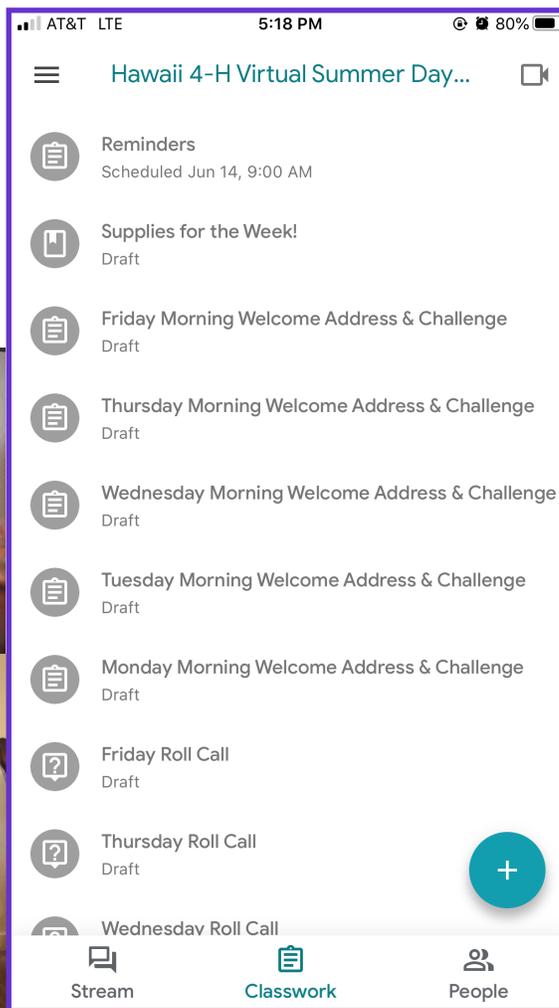
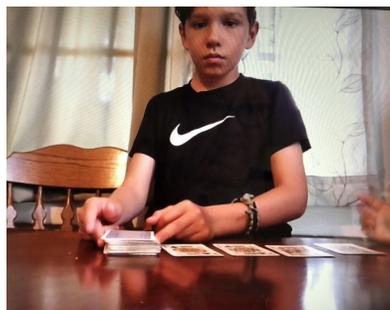
1st Virtual Summer Day Camp

To meet the needs of eager youth, the originally planned spring break day camp, was turned into the 1st Virtual Summer Day Camp for 3rd to 8th graders. From June 15th to 19th, Hawaii State 4-H engaged a total of 41 youths, with 17 youth were current 4-H members and 24 non-members. Participants came from Oahu County--Honolulu, Kailua, Kapolei; Hawaii County—Hilo and Kailua-Kona; and Maui County--Wailuku.

4-H Program Coordinator Kate Eickstead and three 4-H teen volunteers from different 4-H clubs throughout the state facilitated various engaging and hands-on activities. They met over Zoom and utilized Google Classroom to share challenges, roll call, activities, and projects. Participants learned about nature and earth science and while making new friends this summer. Activities included a variety of challenges like the “Foil Boat Challenge,” recyclable art, solar oven and smores, scavenger hunt, nature hike, virtual picnic and talent show, and a home camp out. When asked what activity they enjoyed the most, one youth shared, "I liked all the activities but I liked when we all got together on Zoom everyday."

The Virtual Summer Day Camp was a successful experience and Hawaii State 4-H looks forward to sponsoring another one later this fall break.

Photos (below): Participants showing off their talents at the Virtual Picnic. (middle column): Google Classroom was used to communicate between facilitators and participants. (far right, top to bottom): Kate Eickstead greeting the participants in the morning; 4-H teen encouraging participants to share their “Sandwich Challenge;” a participant showing her sandwich; and a participant who posted a photo of their solar oven and smores through Google Classroom.



4-H Hall of Fame: The 2nd Hawaii Award

Being named to the 4-H Hall of Fame is quite an honor. There are 4-H programs in every state and each one is allowed one nomination per year. Only about 15 people are inducted annually. Helene Horimoto Zeug, retired State 4-H Associate Director will be inducted into the National 4-H Hall of Fame in a ceremony set for Friday, October 2, 2020, at the National 4-H Center in Washington, D.C. She is the second person in Hawaii to receive this prestigious national recognition, the first being astronaut Ellison Onizuka two decades ago.



4-H has been a part of Helene's life for 70 years. She joined the Waihee Girls 4-H Club on Maui at age 9, became a junior leader and club leader, and then was elected Campus Collegiate 4-H Club president while at the University of Hawaii. She was also a Hawaii delegate to the National 4-H Club Congress and attended the National 4-H Conference in Washington, D.C. in 1960.

Helene was born and raised on Maui. She began her professional career in 1963 as a 4-H specialist on Oahu, serving the Honolulu area. In 1985, she moved to the state office to become Associate State 4-H Program Leader. In that capacity, she also served as acting State Leader for several years. She retired in 2004 after 41 years of dedication to the 4-H program.

"4-H opened my eyes to the many opportunities that life has to offer," Helene said. "I am forever indebted to the leaders who showed me how to run a meeting, how to do successful projects and how to be a leader of others. For me, the motto 'For a Lifetime' is very real, and I have tried to instill that purpose in all of my work. I continue to believe that 4-H's focus on learning by doing has a role in the maturation of every young person. I am thankful that I had the opportunity to dedicate my life's work to this ideal."

Here are some of her highlights:

- Started one of the first urban 4-H programs in the country (focusing on inner city areas of Honolulu)
- Established 4-H clubs for handicapped youth at the Diamond Head and Pohukaina schools
- Helped establish the Hawaii 4-H Alumni Association who annually provides monetary support for Hawaii's delegation to the National 4-H Congress, the National 4-H Conference, and the Hawaii State 4-H Conference
- Raised funds of more than \$500,000 to fund endowments for both the Hawaii 4-H Foundation and the Hawaii 4-H Alumni Association for travel assistance to selected Hawaii 4-H members who could not afford to attend awarded 4-H activities on their own
- Served as coordinator of the Hawaii 4-H LABO exchange with Japan
- Served on the boards of directors of the Hawaii Girl Scouts and Hawaii Farm Fair and chaired committees and commissions for various community organizations

Congratulations, Helene!

Foodland "Give Aloha" Program

1 – Make a donation to Hawaii 4-H Alumni Association (up to \$249) at any Foodland or Sack N Save checkout from September 1-30, 2020.

2 – Foodland and Western Union Foundation will match all donations up to a total of \$250,000 for all organizations combined.

Our Organization Code is 78365

Maui 4-H Organization Code is 78105

Mahalo for your support!

Hawaii 4-H Alumni Association

Home School—Sustainable Ag Version

As COVID-19 pandemic is affecting our normal daily life, social distancing is likely to continue to be our future norm, and Hawaii is sensing the impact of our current poor food self-sufficiency. It is timely now to share with 4-H students the importance of Sustainable Agriculture. This [power point](#) is a collection of a series of videos on how we can contribute to food production, protect our food crops, sustain the productivity of our farmland, enhance beneficial organisms in the environment, recycle waste and soil nutrients, find the excitement of study agricultural science, support local ag businesses, and secure an impactful career benefiting our local community. This power point is for teachers or parents to use in home school, and for self-motivating students to learn more about the “coolness” of science.

Dr. Koon-Hui Wang & Phillip Waisen, CTAHR Researchers



Other Opportunities



4-H Music Week is Coming!

National 4-H Council is celebrating the musical talents of our 4-H alumni and kids during 4-H Music Week! Join us on social media, July 13 - July 17, for a week of live performances, artist interviews, and activities to spark kids' interest in music. In the meantime, join us by the virtual fireside and enjoy a selection of our favorite camp songs, courtesy of the new Virtual 4-H Camp!

13 Great STEM Careers in Rural Areas

Rural areas are experiencing shortages of qualified STEM workers. This month's feature STEM Lab blog, sponsored by HughesNet, introduces students to a world of STEM careers in rural America.

4-H Film Fest

For the first time ever, the 2020 national 4-H film festival is going digital. Learn from 4-H professionals, network with other youth who share your creative interests, and join in as we screen youth-produced films. FilmFest 4-H takes place August 1-2, 2020 and is produced for youth ages 11-18.

Your All-Access Pass is only \$35 and gives you access to all FilmFest events and festivities.

Registration and film submissions close July 17.

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