2020 Oahu County 4-H Food Show
"Take Me to your Holiday Get-together"
(Holiday Dishes and Comfort Food Dishes)
Sunday, January 12, 2020
Farrington High School, Rooms 121, 122, 125
4:00-8:00 PM

PROGRAM OBJECTIVES:
To realize the importance of nutrition in one's daily diet.
To emphasize the need to conserve nutrients through proper food preparation.
To develop skills in meal management.
To create consumer awareness in purchasing food products and food safety.
To provide an opportunity for youth to demonstrate their knowledge and skills.

THEME: "Take Me to Your Holiday Get-Together"
Holiday Dishes
Comfort Food Dishes

RECIPE CATEGORIES:
Main Dish
Dessert
Others: appetizers, soups, breads, salads, etc.

DIVISIONS: Age as of December 31, 2019

Division	Ages	Color Identification
Senior Division	14-19 year olds	purple
Intermediate Division	12-13 year olds	yellow
Junior Division	9-11 year olds	pink
Cloverbud Division	5-8 year olds	green

PARTICIPANTS:
All participants must register as a 4-H member with the Oahu 4-H Program (Membership is free).
Returning 4-Hers can register online (contact your club leader)
New participants, please print, complete and submit the 4-H enrollment forms at
http://go.hawaii.edu/hLG

Contact Christine Hanakawa at 956-7196 or email chanakaw@hawaii.edu for any questions.

FOOD SHOW FORMS, DEADLINE: Postmarked December 23, 2019
All forms are available at the Food Show webpage: http://go.hawaii.edu/hLG
4-H Enrollment Forms
Cover Sheet*
Individual Entry Form*
*Must Email a copy to chanakaw@hawaii.edu **on or before Monday, December 23, 2019.**

Mail or drop off hardcopy forms and payment to Oahu 4-H, Honolulu Extension Office
1955 East West Road, Ag Sci 217, Honolulu, HI 96822, 956-7196 (UH-Manoa)

Drop off only hardcopy forms and payment to (call office first, open Monday-Friday, 8:30 am-3:30 pm):
Pearl City Extension Office, 955 Kamehameha Highway, 453-6050
Wahiawa Extension Office, 910 California Ave, #10, 622-4185

FEES:
$5.00 Per Entry (will not include a free cookbook this year)
Each participant will be requested to sell 2 cookbooks at $10.00 each
$10.00 for additional cookbooks (optional)

DISPLAY GUIDELINES:
Must not extend beyond 17" x 23."
No heating elements, no elevations or tiers, no lighted candles, no artificial materials for food.
Judges samples (2): to the left of the display, must be wrapped, with eating utensils, may be stored in coolers.
Score sheets (2): to the right of the display.
Participants must set-up their displays by themselves, adults will NOT be allowed in the display area.

AWARDS:

Ribbon Award	♦100-80: Blue	♦79-60: Red	♦59-1: White	♦Cloverbuds: Green
Chairpersons' Award	Chairperson will award their personal favorite based on appearance, for each division. Small Trophy.			
People's Choice Award	4-Hers, Family, and Friends will taste and vote for their favorite dish.			
FCCLA Award	Highest point of each category, in each division.			

TIME SCHEDULE:

4:00 pm	Registration, set-up of entries		
5:00-7:00 pm	Introduction of Judges Judging People's Choice Award	Ice Breaker Game Silent Auction Pot-Luck Dinner	Distribution of Cookbooks
7:00 pm	Viewing of Entries with Ribbons	Silent Auction closes	
7:30 pm	Presentation of Awards	Silent Auction	
8:00 pm	Dispose and Remove all display items		

WORKSHOP:
Wednesday, November 13, 2019
Farrington High School, Room 122
5:30 – 7:30 pm

Thursday, December 12, 2019
Pearl City Urban Garden Center
955 Kamehameha Highway
5:30 – 7:30 pm

PRACTICE NOTE TO LEADERS AND PARENTS:
Have participants practice setting up their display(s). Leaders/Adults cannot help the participants at the Food Show. The 4-H motto, "Learn by Doing," is best applied when the 4-H'er sets up his/her own display/s. Adults and other non-participants will not be allowed to enter the display area during set-up, before and during judging.