

**Oahu 4-H Newsletter**  
**September-October 2018 Issue**

**September '18**

- 1 Deadline for Hawaii Photo Contest
- 1 Deadline for Hawaii 4-H Success Stories
- 1-30 Hawaii 4-H Alumni Association's Give Aloha
- 13 Military 4-H Curricula and Program Planning Workshop, 9:30 am-11:30 am
- 29 Celebrate Safe Communities @ Pearlridge Uptown, Downtown, and parking areas, 10:00 am-4:00 pm (Oahu County 4-H Activity Booth--4-H youth & adult volunteer opportunity)
- 30 Oahu SPIN 4-H Clubs @ Moanalua High School, 2:00 pm

**October '18**

- 1 Enrollment forms, program and lesson plans DUE
- 1 National Youth Science Day
- 4 Military 4-H STEM Lab Workshop
- 7 Children & Youth Day @ State Capitol, 10:00 am-3:00 pm (Oahu County 4-H Activity Booth--4-H youth & adult volunteer opportunity)



- 12 Hawaii Children Youth Summit @ State Capitol Auditorium, 9:00 am-2:45 pm
- 14, 28 Oahu SPIN 4-H Clubs @ Moanalua High School, 2:00 pm
- 21 Spooktacular, 1:00 pm-3:00 pm

## **Hawaii 4-H Military Partnership**

The National Institute for Food and Agriculture (NIFA), United States Department of Agriculture (USDA) developed partnerships with the U.S. Army, U.S. Air Force, U.S. Navy, National Guard and Reserves, to support youth and family programs on installations around the world. Youth and families from U.S. Marines and U.S. Coast Guard are also supported. 4-H extension professionals support military staff as they provide strong educational programs so that military men and women can pursue their critical, high risk assignments knowing that their children are in safe and nurturing environments.

Hawaii 4-H supports installations in Hawaii in addition to Kwajalein, Japan, Singapore and South Korea. Last year, 932 youth were enrolled in a 4-H club at their installation. We will begin this year with a variety of trainings, workshops and webinars to support the leaders within the partnerships. We will be offering the following trainings this fall.

**4-H 101-** Aug 30<sup>th</sup> 9 am-12 pm at Fort Shafter School Age Center

**4-H Curricula and Program Planning Workshop-** September 13<sup>th</sup> 9:30 am-11:30 am at Aliamanu School Age Center

**4-H STEM Lab Workshop-** October 4<sup>th</sup> 9:30-11:30 am at Catlin School Age Center

**4-H Gardening Projects Workshop-** TBA

For more information about these trainings or if you are interested in volunteering to help reach more military affiliated youth please contact [military4-h@ctahr.hawaii.edu](mailto:military4-h@ctahr.hawaii.edu) to get involved.

*Kate Eikstead*

## **4-H Volunteer Opportunities at Oahu Community Events**

Looking for 4-H volunteers, both youth and adults, to help at various community events happening in September and October!

### **Celebrate Safe Communities**

Saturday, September 29<sup>th</sup>

10:00 am-4:00 pm

Pearlridge Uptown, Downtown, and parking areas

### **Hawaii Children & Youth Day**

Sunday, October 7<sup>th</sup>

10:00 am-3:00 pm

State Capitol Area

More information and shift times will be sent out via email to 4-H club leaders and volunteers. Please contact Christine at [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu) for any questions or if you are interested.

*Christine Hanakawa*

## Oahu 4-H SPIN Fall Clubs

Our Fall SPIN clubs are scheduled for:



**Be a Cloverbud Scientist**  
(for children 5-8 years old and their parents)

**Mini Maker Sewing**  
(9-13 year olds)

Dates: September 30, October 14 & 28, November 11 & 25, and December 2, 2018

Time: 2:00-4:00 pm (Cloverbud group will end at 3:30 pm)

Location: Moanalua High School

Cost: \$20 per child

Click the following for the registration and enrollment packet:

**4-H Enrollment Form (for new participants)**  
**4-H Registration Form**

Register before September 21, 2018 (submit 4-H enrollment and registration forms plus submit check payable to **Oahu 4-H** and mail to 1955 East West Rd. #217, Honolulu, HI 96822). An email confirmation will be sent once registration is completed. Registration is limited to 10 children per club.

For more information, call (808) 956-7196 or email [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu) or go to the Oahu 4-H SPIN Club website at <http://manoa.hawaii.edu/ctahr/4h/programs/programs-by-county/oahu/spin/>.

*Christine Hanakawa*

## 4-H Club Enrollment for 2018-2019 Year

Our new 4-H year will start on September 1<sup>st</sup>. 4-H members and volunteers can get ahead start and re-enroll in our [Hawaii 4HOnline site: https://manoa.hawaii.edu/ctahr/4h/enroll-in-4-h/](https://manoa.hawaii.edu/ctahr/4h/enroll-in-4-h/)

Click on the “Link to Hawaii 4-H Online Site

(<https://hi.4honline.com/Login.aspx?403D4036575347673330626C4E773D>)” link.

Most of the information on the 4-H profiles for those previously registered should still be online. Please update the information as necessary. Also, new signatures are needed for the Assumption of Risk and Release and Media Release sections.

Instructions on how to re-enroll can be found on our Hawaii 4-H website:

<http://www.ctahr.hawaii.edu/4h/4honline>

For questions regarding using 4HOnline, please email Christine at [chanakaw@hawaii.edu](mailto:chanakaw@hawaii.edu).

Re-enrollments need to be completed by November 1<sup>st</sup>.

*Christine Hanakawa*

### **Hawaii 4-H Alumni Association—Help support 4-H Programs**

**Give Aloha  
September 1-30, 2018  
Foodland, Sack N Save, and Foodland Farms on all Islands**

Our 4-H Alumni banner is at School Street Foodland this year.

**Hawaii 4-H Alumni Association  
Our Organization Code is 78365**

Click on this video to see how simple it is to donate

<https://www.youtube.com/watch?v=bGvpzeDJvRU&feature=youtu.be>

Alumni Membership:

For those that would like to join or renew for 2018-2019 or would like to be lifetime members, you can use your Give Aloha Receipt to submit your membership payment.

Just fill out membership form and include your Give Aloha Receipt of \$25 or more for 1 year membership OR \$300 for lifetime membership. (There is a cap of \$249 per organization credit for Give Aloha promotion, but you can still donate \$300 at the checkout).

Last year's donation amount was **\$1,507.00** for our Give Aloha campaign. Every dollar and cents counts. Just use your Maika'i Card at the checkout and tell cashier how much you would like to give to **Organization Code #78365**. If you forget the number, there are listings at the checkouts.

Your donations are tax deductible and the funds donated to the Alumni Association will help provide scholarships to 4-Hers going to Congress and to College.

If you would like to also support Maui 4-H Organization their code is 78105

Aloha United Way is also starting this month, please complete the designation form using [70150 Hawaii 4 H Foundation](#).

Mahalo for your generous support to help **4-H Make the Best Better!**

*Janice Kondo*

## UH-Manoa CTAHR Cooperative Extension Service 90<sup>th</sup> and 4-H 100th Anniversary Celebrations



# CE90 4-H100

## Cooperative Extension / 4-H Youth Development

2018 marks a special time for Hawaii Cooperative Extension and the Hawaii 4-H Program.

Ninety years ago in 1928, the Territory of Hawaii and the University of Hawaii were recognized by the United States Congress to be eligible for Smith-Lever funds, the key funding mechanism of Extension programs at the Land Grant Universities across the U.S.

Also, 100 years ago in 1918, the precursor to the Hawaii 4-H Program was born on the Island of Maui as UH Experiment Station Director, Fredrick Krauss, started the first Boys Swine Club with 31 plantation boys near the town of Haiku.

You are invited to celebrate these two special events to commemorate Hawaii's past while we also look toward the future!

### **Honoring our Past, Growing Our Future Celebration**

WHEN: Wednesday November 7, 2018

Registration 11:00 AM

Luncheon Program 11:30 AM – 2:00 PM

Extension faculty and staff meetings 8:30AM – 11:00 AM and 2:00 PM – 4:00 PM

Retiree meetings 10:00 – 11:00 AM and 2:00 – 4:00 PM

WHERE: Ala Moana Hotel, 410 Atkinson Dr, Honolulu, HI 96814

REGISTRATION INFORMATION: <https://uhces.weebly.com/>

*Jeff Goodwin*

## Calling All Adults! Inspire Kids to Do

We believe in empowering kids with the skills they need to succeed. In 4-H, mentors inspire kids to be “True Leaders” through hands-on doing—empowering them to pursue their passions and chart their own course. Be an inspiration and join 30 days of Doing.



30 Days of Doing is a chance for kids across the nation to do with purpose through hands-on learning. Through activities in agriculture, STEM, community service, healthy living and more, 30 Days of Doing will help kids gain the skills they need to be successful in life—and have fun along the way.

To kick off 30 Days of Doing, click [here](#) to sign up for the “Inspire to Do” list. The list will help parents and kids start doing fun, kid-friendly activities during the month of September. By signing up, for the “Inspire to Do” List, you will also receive a comprehensive “30 Days of Doing Activity Guide” this October full of simple skill-building project you can do with kids.

***Plus, starting September 1 you could win a \$10,000 scholarship for your kid – and your state 4-H program could receive \$10,000 to inspire kids in the community!***

Submit a photo that shows how your child inspires themselves or others to do with purpose for themselves, their family, their community, their country or the world. Check back September 1 for more details!

All parents or legal guardians with children ages 5-17 are eligible for entry. There Is a limit of one entry per entrant every twelve (12) hours. **NO PURCHASE NECESSARY TO ENTER OR WIN.** Contest is open to legal guardians of children aged between 5 and 17. Entrants must be legal residents of the 50 U.S./D.C., age 21+. Void outside the 50 U.S./D.C. and where prohibited. Contest entry starts at 12:00:01 AM ET on 9/1/18 and ends at 11:59:59 PM ET on 9/30/18. Limit: One (1) entry per entrant every twelve (12) hours. Full Official Rules will be available at <https://4-h.org/inspire-kids-to-do/official-rules/>. Sponsored by National 4-H Council.

## 25th Annual Hawai'i Children and Youth Summit

**Where:** State Capitol, Auditorium

415 S Beretania St, Honolulu

**When:** Friday, October 12

**Time:** 9 am - 2:45 pm HST



## "Your Voice Can Change the World"

Registration is live! For more information and to register for the *25th annual Hawai'i Children and Youth Summit*, please click [here](#). Only children, youth and their chaperones are invited to register.

Travel scholarships are available for children and youth coming from neighbor islands. Click here to download the travel scholarship request form.

Help us spread this information to the Keiki of Hawai'i that might be interested in attending this **FREE** event!

This year's theme, "Your Voice Can Change the World", comes from a quote by Hawai'i's own, Barack Obama:

"One voice can change a room, and if one voice can change a room, then it can change a city, and if it can change a city, it can change a state, and if it can change a state, it can change a nation, and if it can change a nation, it can change the world. Your voice can change the world."

Let us help our future leaders change the world. Let their voices be heard!



### Halloween Spooktacular

Save the date for Sunday, October 21, 2018 from 1:00 pm-3:00 pm at Keolumana United Methodist Church. Joint the Happy Honus 4-H Club for some Halloween fun!! Click [here](#) for the flyer.

*Jennifer Egami*

### Other Opportunities

**September 11 National Day of Service and Remembrance**



Serve to Remember: Today, many young people do not have first-hand memory of the September 11, 2001 events and its significance. Each year more than 40 million Americans, and many others in 150 countries, observe the September 11 National Day of Service by performing good deeds. Start with ten reflections about 9/11/01 and related ideas for service or service-learning projects.

This year, people are encouraged to plan projects that benefit veterans and military families. Download [teacher and student activity sheets](#) to help you plan a project. We suggest you contact your local [Veterans Affairs Volunteer Service office](#) or local military base's Family Resource Center / Family Assistance Center office to identify needs of local veterans and military families. Find even more tools for educators to engage students on 9/11 Day on the Scholastic site.

Help your community be prepared to stand strong during disasters by organizing disaster preparedness awareness events (Prep Rallies) and community service projects (Prep Projects) on 9/11 Day. Use YSA's free [We Stand Strong Toolkit](#) and [We Stand Strong Training Videos](#) to help you plan.

Find additional ideas and resources from our partners:

[911Day.org](#) including "Teaching 9/11 to a New Generation of Americans", "9/11 Day Teachers Guide", "Dispelling Myths About Military Veterans", and "Hallway of Heroes".

[Corporation for National & Community Service](#) including tools to plan a service project that prepares you for safety in your community, in the classroom, and in the event of a disaster.

[National Youth Leadership Council's 9/11 Day Service-Learning Toolkit](#).

### **Every Kid in a Park**

Calling all fourth graders! What do you know about America's federal lands and waters? You can find them almost everywhere! From Puerto Rico to Maine and Virginia to the Pacific Islands, some of America's most spectacular destinations await your discovery. And best yet, you can see them all for FREE! Through the [Every Kid in a Park](#) fourth graders and their family get free access to hundreds of parks, lands, and waters for an entire year.

Visit [www.everykidinapark.gov](http://www.everykidinapark.gov) to learn more about how to obtain and use your pass, get help in planning your trip, and locate available educational materials.

### **The Junior Disease Detectives: Operation Outbreak**



CDC has partnered with the U.S. Department of Agriculture (USDA) and 4-H to develop “The Junior Disease Detectives: Operation Outbreak,” a graphic novel intended to educate youth audiences about variant flu and the real disease detective work conducted by public and animal health experts when outbreaks of infectious diseases occur.

This graphic novel follows a group of teenage 4-H members who participate in a state agricultural fair and later attend CDC’s Disease Detective Camp in Atlanta. When one of the boys becomes sick following the fair, the rest of the group use their newly-acquired disease detective knowledge to help a team of public and animal health experts solve the mystery of how their friend became ill.

The graphic novel is available for free download in web, home print and professional print versions at, [www.cdc.gov/flu/graphicnovel](http://www.cdc.gov/flu/graphicnovel).

In addition, there are CDC resources available about Swine Influenza/Variant Influenza Virus that include fact sheets and more at <https://www.cdc.gov/flu/swineflu/index.htm>.

## **STEM Lab**

Looking for easy ways to get your kids interested in science? STEM Lab provides fun, hands-on STEM activities for kids of all ages to do anywhere! Find activities such as Science Bug, Can-Can Robot, Fruit Batteries, and Fizzy Foam Fun!

These hands-on activities are designed to instill curiosity, and critical thinking, helping kids develop the skills needed to be successful in life. They are also fun, easy to do, and feature a messy factor just for you!! Check out the activities below today to get started” <https://4-h.org/parents/stem-agriculture/youth-stem-activities/>

## **Disney Youth Volunteer Engagement Grant**

Disney, through Youth Service America (YSA), is providing support to organizations that engage youth and their families in community service and build capacity of youth development programs.

**Organizations can apply for the 2018-2019 Disney Volunteer Grant Program now through September 10.**

Together, we’re calling on the largest youth development organizations to increase and create new or expand volunteer opportunities for youth (ages 5-18) that will strengthen communities across the United States. Organizations can apply for grants of between **\$4,000** and **\$20,000** to build their capacity to lead multi-site programs that deliver high-impact, high-visibility, youth-led service activities in their communities that make a difference.

Grant size will be determined by the number of volunteer opportunities for youth and families provided through the organization’s programs, at an average of \$4 per volunteer opportunity. Eligible applicants

must describe how they can provide between **1,000 to 5,000 or more volunteer opportunities** for youth and families between October 2018 – April 2019. For example:

- A national grantee might work with five of their local affiliates that provide 1,000 volunteer opportunities each, or
- A local grantee might work with ten of their neighborhood affiliates that provide 500 volunteer opportunities each.

**4-H organizations are eligible to apply along with other youth organizations.** It is encouraged for coalitions to submit a joint application for \$20,000 total to collectively provide at least 5,000 volunteer opportunities, but all proposals that provide a minimum of 1,000 opportunities will be considered. Visit [YSA's grants page](#) to access additional opportunities.

Funds may be used to:

- Build youth and family volunteer program organizational capacity - this can include expanding current or providing new volunteer efforts
- Host youth-led Days of Service projects, including: Family Volunteer Day (November 17, 2018), Martin Luther King Day of Service (January 21, 2019), and Global Youth Service Day (April 12-14, 2019)
- Incorporate youth and family volunteering into regularly scheduled weekly or monthly opportunities or special local events

Learn more and apply by September 10 below. Contact Katie Reusch, YSA Partnerships Manager, at [kreusch@ysa.org](mailto:kreusch@ysa.org) or (202) 650-5056 with questions.

#### **4-H Partners with Johnson & Johnson**

National 4-H Council is partnering with Johnson & Johnson to help empower young people with the skills to lead for a lifetime. Each photo donated through the Donate a Photo mobile app helps provide a child with materials for a valuable leadership program.

For every photo donated, Johnson & Johnson gives \$1 to 4-H. That \$1 helps provide one child's curriculum, member kit, and record book for the year, to give kids the chance to show true leadership in their lives and the lives of others. It takes 20 photos to provide one child with supplies for a year.

#### **Karma for Cara Foundation Micro-grants**

**Deadlines: October 1, January 1, April 1, July 1**

The Karma for Cara Foundation is encouraging kids 18 and under to apply for funds between \$250 and \$1,000 to complete service projects in their communities. Whether it is turning a vacant lot into a community garden, rebuilding a school playground or helping senior citizens get their homes ready for winter, they want to hear what project you're passionate about.