

Oahu County 4-H
Youth Development
Program
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A program of UH-Manoa Cooperative Extension Service



Oahu 4-H Newsletter

November-December 2018

November

- 1 Re-enrollment Due!
- 7 CES 90th/4-H 100th Celebration
- 11 Oahu SPIN 4-H Club & at Moanalua High School, 2 pm
- 23 National 4-H Congress
- 25 Oahu 4-H Organization Meeting at Moanalua High School, 4 pm

December

- 9 4-H 101 Workshop at 2-4:30 pm
- 13 Food Show Workshop

Collecting 4-H Club Names Over the Past 100 Years!



Hawaii 4-H Staff are collecting names of past and current 4-H Clubs in every county! This is a way to honor the many different clubs that existed over the past 100 years as we celebrate the Hawaii State 4-H Youth Development Program.

If you have participated in a Hawaii 4-H Club or know your parent's or grandparent's 4-H Club, please share it with us! You can send the 4-H Club name, what county the club was located in, and the years participated to chanakaw@hawaii.edu. We look forward to hearing and later sharing with everyone about the many different clubs that existed in Hawaii!

C. Hanakawa

Inside this issue:

Collecting 4-H Club Names Over the Past	1
4-H Inspire Kids to Do Activity guide	1
4-H STEM Lab	1
Re-Enrollment Due Date November 15th	1
4-H Leader's Workshop:	3
Oahu County 2019 4-H Food Show	3
Project Spotlight: Photography Curriculum	4
Other Opportunities	3-4

4-H Inspire Kids to Do Activity Guide

30 days of ideas in the "Inspire To Do" list was given last month. Contest entries were reviewed to find the best ideas from everyone for fun, hands-on learning activities and combined those with ideas from 4-H youth leaders, moms, educators, and partners to create the ultimate activity guide! [Download](#) your activity guide today!

4-H STEM Lab

Looking for easy ways to get your kids interested in science? STEM Lab provides fun, hands-on STEM activities for kids of all ages to do anywhere! These hands-on activities are designed to instill curiosity, and critical thinking, helping kids develop the skills needed to be successful in life. They are also fun, easy to do, and feature a messy factor just for you! Check out the activities at

<https://4-h.org/parents/stem-agriculture/youth-stem-activities/> to get started.

Kate Eickstead

4-H Club Program Plans Due November 30th

4-H Club Program Plans are due November 30th. The deadline for clubs to submit their plan of work for the upcoming year. Plans can be updated throughout the year. Either use: Program Plan <https://bit.ly/2qJwqCP> or Single Project Program Plan <https://bit.ly/2z6O0Fu> Please send all documents to: C. Hanakawa, 1955 East West Rd. #217, Honolulu 96822 or email to chanakaw@hawaii.edu.

Christine Hanakawa

4-H Inspire Kids to Do Activity Guide



Inspire kids to do all year long with fun, skill-building activities.

TIP: You can print this or save a digital version for new ideas anytime. Many of the activities are shown as an abbreviated version—just visit the web page listed for each activity to get the full version with additional instructions and information!

30 DAYS OF DOING

"Stained Glass" Butterflies

Description
Beautiful and delicate butterflies are a favorite for many kids. Their wings are covered with tiny overlapping scales that give them their lovely colors. Try this fun craft to enjoy this beauty every day from your window.

Supplies

- Sheet of Paper
- Marker or Crayon
- Waxed Paper
- Tissue Paper (Many Colors)
- Liquid Starch
- Pipe Cleaners
- Tape

Check it out at 4-h.org/StainedButterflies

Fun and Tempting M&M Math

10 minutes | Grades: Pre-K-2

Description
Practice math facts with this tasty and engaging activity to help with the math of each count, and categorize their values—of they can read the temperature.

Start practicing at 4-h.org/M&MMath

Oahu County 2019 4-H Food Show

The Farrington FCCLA/4-H Club is chairing this event which will be held on **Saturday, January 26, 2019** at Farrington High School, Rooms 121, 122, 125 at 4:00 pm-9:00 pm.



Theme: The 45th annual Oahu County 4-H Food Show: "New Year, New Me" (Healthy and innovative menu items) Recipe categories are "Main Dish," "Dessert," and "Other."

Who Can Participate? Youth who are Kindergarten to 12th grade (5-18 years old). All participants must be registered as a 4-H member with the Oahu 4-H Youth Development Program. Entries due **December 28th**.

Workshop: Thursday, December 13th, 5:30-7:30 pm, Farrington High School, Room 122. Learn more about plating (plate your dish), food safety and how to complete the entry form for the Food Show. RSVP by **December 10th**.

For more information to RSVP to the Workshop and submit entries to the Food Show, go to <https://bit.ly/2FkHbpd>

Farrington FCCLA

Other Opportunities

Accepting Applications for 2019 Program Assistants

Do you know a college student who has a passion for government, history, political science, education, public speaking, or leadership? We are looking for individuals with a passion for working with young people. If this brings someone to mind, please encourage them to apply for the position of Program Assistant (PA) at the National 4-H Conference Center! Our PA's impact the lives of thousands of students from all over the United States. Program Assistants:

- Facilitate interactive learning with youth from all over the country in Washington, D.C.
- Develop and refine teamwork skills, critical thinking, and

problem-solving skills in a fast-paced and fun environment

- Become licensed D.C. tour guides
- Live on campus and receive a bi-weekly stipend



Wonders of Washington Educational Program Assistants

WOW PAs work with multiple age groups and learn more about the non-profit sector and youth services through professional development exercise and opportunities.

The spring program begins in late-February and ends in early-June.

Applications are due

October 15, 2019. The fall

program begins in mid-September and ends in mid-November.

Applications are due

May 31, 2019.

4-H Leader's Workshop: 4-H 101

Sunday, December 9th

2:00 pm-4:30 pm

Moanalua High School, F203

The 4-H 101 is a general overview and resource guide for youth development staff or volunteers who are starting new 4-H clubs or working with existing clubs. Parents of 4-H members are also welcomed to participate! 4-H 101 merges the basic concepts and principles of effective youth development delivered in a non-formal (out of school) setting with the "nuts and bolts" information needed to manage a 4-H program. Sign-up on Google Forms at <https://goo.gl/forms/8wYFkZ9p84rD1jOp1> by November 30th.

Contact Christine at 956-7196 or chanakaw@hawaii.edu for more information.

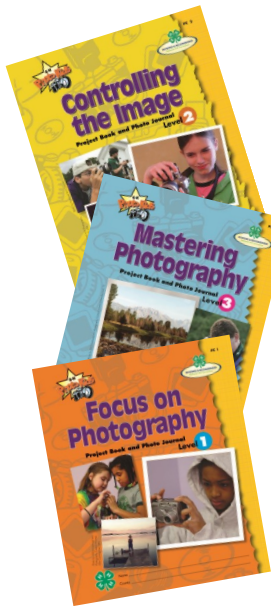
Christine Hanakawa

Citizenship & Leadership Washington Focus Program Assistants

CWF/LWF PAs develop and facilitate a unique program experience for over 1,500 4-H youth from across the country in Washington, D.C. The CWF/LWF PA experience begins in mid-May and ends in late-July. Applications will open in **December 2018** and are due **January 31, 2019**

Prudential Spirit of Community Awards

Now through November 6, middle
Continue on page 3...



Project Spotlight: Photography Curriculum

The 4-H Photography Curriculum comes in three (3) different levels—Focus on Photography, Controlling the Image, and Mastering Photography. Youth will need access to a film-based or digital camera. The curriculum is easily adaptable to use a smart phone with a photo app.

Focus on Photography, Level 1: Youth will focus on equipment basics, taking pictures, and the concepts of lighting and flash. For K-4th grade.

Controlling the Image, Level 2: Youth will explore depth of field, aperture and shutter speeds, hard and soft lighting, silhouettes, and flash techniques. For K-8th grade.

Mastering Photography, Level 3: Youth will gain insight on the use of wide-angle and tele-photo lenses, filters and special film, light meters, and shooting photos with different light sources. For K-8th grade.

These project books are designed for youth to explore and complete under the guidance of a project helper. The helper can be a parent, relative, 4-H project leader, friend, or knowledgeable adult.

Youth can participate in the Photography Project and be able to enter their photos in the upcoming Oahu County 4-H Communications Fair in Spring 2019! The [Photography Curriculum](#) is available as a set of 3 or individual booklets from [shop4-h.org](#).

Other Opportunities, continued from page 2....

and high school students who volunteer can apply for 2019 Prudential Spirit of Community Awards. The program honors students in grades 5-12 who make meaningful contributions to their communities through volunteer service. Top honorees earn cash prizes and all-expense-paid trips to Washington, D.C. for four days of national recognition events.

Vote for Your Favorite Bayer Inspired by Science Photo!



Science is a part of everything we do – from the food we eat, our health and the plants that surround us. It is so ingrained in our everyday lives that we often don't think about how science improves our daily activities. **Think about how science has inspired you!** From November 12th, check out

the different photo entries that were chosen as one of the Top 10 and vote for your favorite one! The winner of the "Bayer Inspired by Science" contest will get the chance to win a trip to Washington, D.C. to attend the National Youth Summit on Agri-Science, January 10-13, 2019!

Baskets of Blessings

Looking for a service project? On Saturday, November 17th from 9:00 am-12:00 pm at King Intermediate.

Help out with the Baskets of Blessings, a project for you and your family! It is a gift-giving opportunity by putting together boxes of non-perishable food items into a decorated "basket" or box. The boxes are delivered to families in need during this holiday season.



Click here to download the flyer to find how you and your family can participate!



Slippahs & Shoes for Keiki

Collection drive for new rubber slippers and new or gently used covered shoes for keiki in elementary, intermediate, or high schools in Waipahu. All sizes, kids to adults, appreciated! Families in Waipahu cannot always afford rubber slippers or shoes for their keiki and for school field trips and activities as needed. Contact Kelli Buenconsejo at waipahucoalition@gmail.com for questions and site coordination pick-up. Click [here](#) to download flyer.



Sponsored by the Waipahu Community Coalition and Weed & Seed Hawaii.