

**Oahu 4-H Newsletter**  
**July-August 2016 Issue**

**July**

- 9-10 State Farm Fair – Kualoa
- 17 SPIN planning meeting
- 20 Hawaii Leader training webinar
- 23 Hawaii 4-H Foundation meeting
- 26 State 4-H Leaders’ meeting via Zoom
- 27 Hawaii Leader training webinar

**Aug**

- 4 Learn, Grow, Eat, Go training
- 18 4-H 201 training – Fort Shafter Youth Center
- 19 SPIN Jr. Leader training
- 22, 23, 25 4-H 101 training – Fort Shafter School Age Center
- 30 Learn, Grow, Eat, Go training

**Hawaii 4-H Volunteer Leader Training Series**



The Hawaii 4-H agents will be offering leader trainings via Zoom this summer. The trainings are intended for all adults working with youth in 4-H programming. Each will start at 7 pm and will be ‘live’. Participants can attend one or all of the trainings!

Listed below is the schedule of trainings and the zoom link. (Click on the link to join the webinar. You will be asked to download zoom software). Participants can access with a computer, mobile device or phone (cost for phone connection is a long distance charge).

- July 20 Essential Elements of 4-H <https://zoom.us/j/495386715>
- July 27 Experiential Learning <https://zoom.us/j/912410579>
- Aug 3 Planning Ahead <https://zoom.us/j/196881539>
- Aug 10 Making Learning Fun <https://zoom.us/j/332703568>
- Aug 24 Recognizing Young People <https://zoom.us/j/64055057>
- Aug 31 Re-Enrolling in 4HOnline <https://zoom.us/j/804621745>
- Sep 7 Cloverbuds Programming <https://zoom.us/j/176372751>

*The trainings are a great opportunity to acquire new skills and knowledge as well as ‘meet’ fellow Volunteers online!*

## Oahu 4-H SPIN Fall Clubs



# SPIN

## SPecial INterest Clubs

Have fun, make new friends and learn something new!  
Join one of our 4-H SPIN Clubs this fall

### Cloverbuds

(for children 5-8 years old & their parents)

- Explore 4-H projects
- Work with your parent on a fun activity
- Learn what it is to be a 4-H member

### Healthy Snacks

(for children 9-13 years old)

- Create your own snacks
- Learn kitchen safety skills
- Learn what it like to be healthy!

### Crime Spy

(for children 9-13 years old)

- Investigate crime cases and learn skills necessary to become a top detective
- Work with other youth to solve mysteries

*Here's when & where this will happen...*

**Location: Moanalua High School, F building-second floor**

**Dates: September 11, 25 & October 16, 30 & November 6, 20**

**Time: 1-3 pm**

**Each of the 3 SPIN clubs will meet on the same dates, at the same times and at the same location.**

Cost is \$20 per child

(Scholarships are available for children attending Title I schools or for families with multiple children)

Register before August 21, 2016 (submit 4-H enrollment plus submit check payable to Oahu 4-H).

Registration is limited to 10 children per club.

For more information, call (808) 956-7196 or email [nakatsuk@hawaii.edu](mailto:nakatsuk@hawaii.edu)

[www.ctahr.hawaii.edu/4h/Oahu/spin](http://www.ctahr.hawaii.edu/4h/Oahu/spin)

## Oahu 4-H SPIN Clubs Planning Meeting

Our next planning meeting is scheduled for Sunday, July 17<sup>th</sup> at 1 pm. Please email [nakatsuk@hawaii.edu](mailto:nakatsuk@hawaii.edu) for meeting location.

*Claire Nakatsuka*

## Weinberg Scholars

Congratulations to our two Oahu 4-H members who were awarded Weinberg 4-H Alumni Association Scholarships!



Cherrysee Ulsa recently graduated from Farrington High School and is a member of Farrington FCCLA 4-H Club. She will be attending Bates College in Maine this fall and plans to major in Neuroscience with a minor in Biological Chemistry. As a 4-H Club member, she participated in various community service events and in the Fashion Show. Cherrysse was also a 2015 National 4-H Congress delegate.



Janiele Luab is also a graduate of Farrington High School and is looking forward to attending University of Hawaii at Manoa. She plans to pursue a career in Dental Hygiene. Janiele served two years on the Oahu County 4-H Executive Board where she planned, led, and implemented the many workshops, service projects, County Fashion Shows, and County Food Shows. Her fondest memory of 4-H is attending Ahaolelo where she met other 4-H'ers from across the state.

## Manawalea 4-H Club Holds It's First Fashion Revue

Kudos to the members and leaders of the Manawalea 4-H club for staging an impressive fashion show of their one of a kind creations! Seven of the club members participated in the revue with several of them



having more than one project entry. The 4-H'ers first attempts at developing their sewing skills were wallet and headband projects. They then moved on to sewing their own garments. In addition to the

clothing project, Manawalea 4-H members have also been involved in archery and animal projects. What a productive 4-H year they have had!

### 4-H Environmental Day Camps

Disney Conservation Fund is working with notable nonprofit organizations to create more opportunities to “increase the time” kids spend outdoors. The whole concept of why it’s important to build a connection to nature is that caring about nature starts with spending time in nature. It’s imperative that we help inspire the next generation of environmental stewards—and it all starts with spending time outside.

We are happy to be one of the notable nonprofit organizations and because of that this summer 4-H was able to hold 3 Day Camps with the help of the Disney Conservation Fund. Through the grant funding we were able to connect 68 youth to nature and their environment at the Urban Garden Center. Youth had opportunities to explore the environment, learn about the importance of water conservation, connect to where their food comes from and have fun in the outdoors.

### 4-H Post to Boast Contest

This year we had 28 entries into the 4-H Post to Boast Contest. We had two 4-H Alumni judge the posters on scope of project work, storytelling ability, creativity, and neatness. Check out <http://www.ctahr.hawaii.edu/4H/posttoboast/> to see all the entries from this year. Thank you to Farin Fukunaga and Shauna Sibonga for judging the entries. Thank you to the following installations for your participation:

- Barking Sands
- Camp Zama School Age
- Camp Zama Teen
- Catlin Clubhouse
- Helemano
- Hickam Teen
- Humphreys School Age
- Yokosuka School Age



### 4-H

We are gearing up for the 2016-2017 4-H year. We will be holding the following trainings for our military partners. Please save these dates!

Training	Date	Time	Location
4-H 101	Aug. 22, 23, 25	9am-12pm	Fort Shafter School Age

4-H 201	Aug 18	9am-12pm	Fort Shafter Teen
4-H NYSD	Sept.	9am-11am	Catlin Clubhouse

*Kate Eickstead*

## Project Spotlight



The *4-H Ag Innovators Experience Honey Bee Challenge* focuses on a critical component--honey bees--to growing food and feeding the world. Approximately one in every three bites we eat is the result of these pollinators at work.

The 4-H Honey Bee Challenge introduces youth to the critical role that "hired" honey bees play in food production. Youth begin with a Farm-to-Table warm-up activity, illustrating that a significant amount of food we eat relies on pollination by honey bees. Working in teams, youth then assemble model bees using bristle bot kits and construct foraging routes for their model bees to follow. Teams are evaluated on the efficiency of their materials used in designing foraging routes, the amount of pollen their bees collect, and the time their bees spend foraging. A wrap-up discussion underscores the importance of honey bees in agriculture and outlines ways youth can help bees in their own community.

This Honey Bee Challenge Kit includes a Teen Facilitator Guide (20 pages), 5 Challenge Mats, 15 "bots", and 15 honey bee stickers. This experience was created for 5 groups of 2-3 youth and is an ideal activity for 3rd - 8th graders, led by a teen facilitator. Perfect for a variety of settings including summer reading programs, summer camps, afterschool programs, festivals, and fairs.

*This Honey Bee Challenge Kit is available from [www.4.hmall.org](http://www.4.hmall.org)*

## Other Opportunities

### September 11 National Day of Service & Remembrance



On the 15th anniversary of the September 11th attacks, Americans will again unite in service in the same remarkable spirit of unity, compassion, and service that brought together so many in the immediate aftermath of the 2001 attacks. Each year more than 40 million Americans, and many others in 150 countries, observe the [September 11 National Day of Service & Remembrance](#) by performing good deeds.

9/11 Day provides an opportunity for youth leaders to help their communities be prepared for disasters by organizing disaster preparedness awareness events and community service projects. YSA makes being part of this movement possible through our [We Stand Strong: A Disaster Preparedness Toolkit](#) and [training videos](#) as well as our [We Stand Strong Disaster Prep Grants](#).

## Disney Summer of Service Grants

**Deadline: September 30**



Young changemakers who have ideas or projects that could make their neighborhoods healthier, greener, and stronger can receive \$500 to gather their friends and bring their creative visions to life. Youth, ages 5-18, in the U.S. are eligible to apply for Disney Summer of Service grants by submitting service project ideas. Hundreds of youth-led service projects will be selected and \$500 grants will be awarded to each winner's sponsoring organization to assist with the implementation of the project. Select grantees will have a chance to be recognized by Disney|ABC Television Group or their local ABC affiliate. [www.YSA.org/BeInspired](http://www.YSA.org/BeInspired)

### UPDATED LINK: New 4-H.org Website

On June 28, 2016, National 4-H Council relaunched [4-H.org](http://4-H.org) with a new mobile responsive design and new content. Check it out!