

**Oahu 4-H Newsletter**  
**February 2016 Issue**

April	3	Oahu 4-H Leaders' meeting, 1 pm Moanalua High School
	8	EYSC applications due
	14	Hawaii military 4-H meeting, 9 am Catlin Clubhouse
	15	Purple Up! For Military Kids day
	23	Aloha Aina Day-Moanalua Elementary School
May	1	Post to Boast Contest entries due
		Oahu 4-H Leaders' meeting, 1 pm Moanalua High School
	10	State 4-H Leaders' Meeting
	15	Senior Portfolios due

**President's Message**

*Shaina Acosta*

**Oahu 4-H Recycled Bags/Aprons at Aloha Aina Fair**

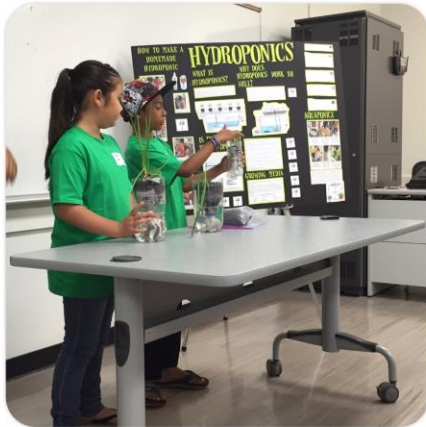
We are participating in the Aloha Aina Fair at Moanalua Elementary School on April 23, 2016 from 9-1. We would like to ask you to volunteer to help out at our station. We are asking for 16 volunteers all together - 8 people every 2 hours (9-11 and 11-1). We will provide the refreshments for each volunteer. Our station is on how to make recycling bags and aprons with the old t-shirts we have. Please call me at 455-5501 if you are able to volunteer.

Also we need old t-shirts for that day. If you have t-shirts you are able to donate, please either bring them on the day of the fair or we would be happy to make arrangements to pick them up (call the 4-H office at 956-7196 if you have t-shirts to share/pick up).

*Mahalo,  
Sanoë Lee (SGT. At Arms)*

**"4-H Grows Here" Communications Fair**

A big mahalo to the members, club leaders and parents of the Friendship Magic and Green Whales 4-H clubs for coordinating a great Communications Fair. Thank you also to Linda Uyehara for helping secure the judges and to Bertha Kauai, Rodney Viloría and Cindy Fukunaga for assisting with the scorekeeping and ribbon presentations. And a special shout out to all of the 4-H'ers who participated in this event!



## **Aloha Seniors**

A fond aloha to all of the 4-H members who will be graduating from high school next month. We wish you well in your future endeavors. We were happy to be able to celebrate this momentous occasion with 4 of our seniors at the Communications Fair.



## **Photographer(s) Needed for Hawaii 4-H Livestock Show**

Have skill? Will share? The 2016 4-H livestock show is in need of one or two 4-H'ers who are willing to share their photography skills to take photos at the 2016 State Livestock show and Sunday Awards Breakfast. The photographer(s) can continue to practice their photography skills with the Livestock 4-H clubs!

The dates and times that a photographer is needed are:

1. Friday, July 8, 2016 (8am to 1pm) (photos of 4-Hers and animal for buyer's thank you card)
2. Saturday, July 9, 2016 for the auction sale (6pm to 8pm)
3. Sunday, July 10, 2016 for the Breakfast Awards (7:30am)

Entry passes are available for any willing photographer. Please contact Verna Eguires at 306-4021 or Claire Nakatsuka 956-7196 if you are interested in this opportunity.

## **May 1, 2016 Oahu 4-H Leaders' Meeting**

The next scheduled Oahu 4-H Leaders' meeting will be on Sunday, May 1, 2016, 1 pm at Moanalua High School Room F201. We will discuss our new SPIN club concept for the fall.

## **4-H Grows #TrueLeaders**

Now through June 30, as part of the 4-H Grows campaign, 4-H will shine a light on kids who are creating change, making a difference and empowering their communities. #TrueLeaders.

Every day, millions of kids across America are leading positive changes—large and small—in their lives, schools and communities. But today’s youth don’t get credit often enough for the progress they’re making or the good things they’re doing. That’s why 4-H created “SHOUT-OUT #TrueLeaders”. A simple yet powerful way to leverage social media to “SHOUT-OUT” the kids who take responsibility in their lives and communities, who have the courage to try something new, who dare to fail and who never give up.

#### Shout-Out #TrueLeaders Goals

- Create positive, engaging content to recognize and celebrate youth.
- Provide meaningful opportunity for partners, supporters and influencers to engage audiences and stakeholders
- SHOUT-OUT 100,000 #TrueLeaders

#### How To Support #TrueLeaders

Use the official hashtag in all social media posts:

Tag 4-H in your posts:

Twitter: @4H

Instagram: @National4H

Facebook: @4-H

Hawaii posts should also include #Hawaii4H

#### **Join Our #TrueLeaders Thunderclap**

APRIL 4, 2016 - MAY 21, 2016

Thunderclap is a tool that lets a message be heard when you and your friends say it together. Think of it as an “online flash mob.” Join our Thunderclap, and we can share the same message at the same time. If we reach our supporter goal, Thunderclap will blast out a timed Twitter, Facebook, or Tumblr post from all of us, creating a wave of attention about the good things kids do!

1. Go to [www.4-H.org/TrueLeaders](http://www.4-H.org/TrueLeaders)
2. Rally with us by joining our #TrueLeaders Thunderclap to share a positive message celebrating the good things kids do
3. Share with others giving more kids the opportunity to become inspiring leaders in their lives and the lives of others—remember to use the hashtag #TrueLeaders!

Shout-Out #TrueLeaders on Facebook, Instagram or Twitter

APRIL 4, 2016 - JUNE 30, 2016

A hashtag connects all of our social media posts together and amplifies our message. Help more kids get the opportunities in life they deserve!

The Hawaii 4-H staff have started to post Shout Outs to Hawaii youth leaders ([#Hawaii4H](#)). See if you can find them!

## Project Spotlight



**Pre-Order Now! This curriculum will ship in early-mid May.**

This curriculum introduces young people to five fundamental principles of computer programming, providing a foundation for exploring and creating. Scratch is a project of the Lifelong Kindergarten Group at the MIT Media Lab. Each youth in a group should have his/her own guidebook.

In Discovering Computer Science & Programming through Scratch, youth interact with a series of tutorials and challenges within the Scratch environment. Young people can work on the activities individually, with partners, or in a guided instructional setting. This facilitator guide further explains the activities introduced in the youth guide. It suggests many "unplugged" activities. It also includes discussion questions, previews of skills and blocks introduced, and hints or suggestions to help youth better understand each activity and concept. Grades 6-8.

*This Computer Science curriculum is available from [www.4.hmall.org](http://www.4.hmall.org)*

## Other Opportunities

### [Roots & Shoots Community Campaign Mini-Grants](#)

**Deadlines: April 15, May 13**

Know a teacher or group leader in the U.S. who could use a mini-grant for their service campaign? Roots & Shoots is giving away more than \$50,000 in mini-grants this year! Mini-grants are awarded in a \$200 VISA giftcard.

## 2016 Global Youth Service Day



**Global Youth  
Service Day**

One way to get involved during Global Youth Service Day is to join in one of the many GYSD Partner Days of Service that take place in April. You can celebrate both GYSD and another event with a single project! If you care about the environment, consider these service opportunities:

- [National Environmental Education Week](#) (April 17-23) - Hosted by the National Environmental Education Foundation, [EE Week](#) is the nation's largest celebration of environmental education held each year the week before Earth Day and inspires environmental learning and stewardship among K-12 students.
- [National Park Week](#) (April 16-24) - Get a free pass on GYSD. During National Park Week, every national park will give you free admission! On National Junior Ranger Day - April 16, parks will invite young visitors to explore, learn, protect and be sworn in as junior rangers. If you want to roll up your sleeves and pitch in with a project, look for a park where you can help out.
- [Earth Day](#) (April 22) - Our planet is currently losing over 15 billion trees each year due to deforestation, land development, and bad forest management, EDN is announcing Trees for the Earth ([#Trees4Earth](#)), a plan to plant 7.8 billion trees by Earth Day's 50th in 2020. That is one tree for every person on the planet!

- [Keep America Beautiful's Great American Cleanup](#) is the nation's largest annual community improvement program that harnesses the power of volunteers to build vibrant communities. Each year over 1,200 organizations engage volunteers to take action in their communities through events focused on waste reduction, recycling, beautification and community greening.

Want to [pick your own GYSD project](#)? Visit our [Environment cause page](#) for ideas.

## Text, Talk, Act



4-H is committed to helping youth across the nation respond to challenges every day in their communities and world. A key component of this is **ensuring healthy minds** for our 4-H'ers. Given that  $\frac{3}{4}$  of all mental health issues present themselves before age 24, and that only 1 in 4 Americans seek treatment for mental health issues, this work is more important than ever.

Last fall, we partnered with [Text, Talk, Act](#) to bring the conversation to our 4-H programs. Due to the tremendous success, we are extending our partnership to make Text, Talk, Act available to 4-H programs for your school programs, conferences, clubs, special events and summer camp programming.

Text, Talk, Act uses text messaging to facilitate a face-to-face conversation on mental health. Participants gather in small groups (3-4 people) with one cell phone per group. They text START to the number 89800 to receive a series of text messages that guides their group through a conversation on mental health: why it is important, how to care for it, and how to help a friend in need. The text messages include videos, social media interactions, polling questions and discussion questions.

**Throughout the month of June**, 4-H is teaming up to bring Text, Talk, Act to all of our 4-H programs, free of charge\*. Here are four things you can do to help out:

1. TRY IT - It's easy! Simply text "START" to 89800 and follow the prompts. Text, Talk, Act is available for you to **try right now**.
2. SHARE IT- Share this information with your local 4-H programs. Simply forward this announcement to program staff and volunteers.
3. HOST IT·Bring Text, Talk, Act to your 4-H program throughout the month of June. It takes less than an hour, and you can do it anytime that's convenient for your group. [Click here](#) for tips on organizing Text, Talk, Act.

4-H is also **hosting a webinar on Wednesday, April 20<sup>th</sup> at 3:30 pm Eastern** where you can learn about Text, Talk, Act and how to bring this to your program. To register, visit this link: <https://attendee.gotowebinar.com/register/3883214858311631617>

4. WIN CASH PRIZES

This June, Text, Talk, Act is hosting a 4-H contest to win cash prizes for your state 4-H program. Have your 4-H programs join Text, Talk, Act in the month of June and your state could win \$1,000! For more information, visit <http://www.creatingcommunitysolutions.org/4-h-contest-information> With your help, we will empower 4-H'ers to raise awareness on mental health and become more comfortable reaching out to peers in need.

If you are interested in learning more about Text, Talk, Act, please contact Raquel Goodrich at [rgoodrich@email.arizona.edu](mailto:rgoodrich@email.arizona.edu).

### [2016 Lights On Afterschool Poster Contest](#)

**Deadline: June 1**

Calling all afterschool artists! Your artwork could be displayed at more than 8,000 *Lights On Afterschool* events around the world. This contest is also a great opportunity for an afterschool program to gain national recognition for the opportunities it offers, as the winning artist's afterschool program will be credited on the poster, too!