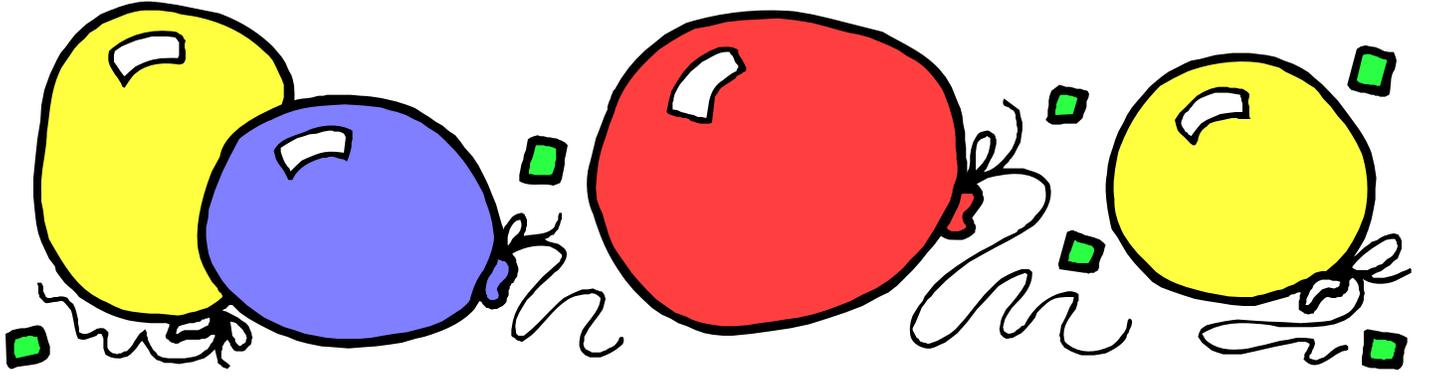




# 4-H Balloon Fun!!

- What is the motto for 4-H? Tell us how you are doing that every day at school or after school?
- If someone came to visit you, what would you tell them about 4-H?
- What would you like to do in 4-H?
- Tell us a story that relates to a "heart", which is one of the 4 "H's".
- Tell us a story about how you use your "hands" to help at home or your friends. Hands are one of the other 4 "H's" also.
- Tell us a story about a time when you were sick and what helped you to get healthy. Health is another one of the the 4 "H's".
- Tell us a story about something you are learning in school. You learn through 4-H too.
- If you could do a project to help others what would you do?
- 4-H will be 100 years old in the year 2002. Tell us a story of about something that is as old as 4-H or really old.
- Have you ever gone to a fair? Tell us about what you saw and did. 4-H er's participate in fair and do a variety of acitivites or show their projects.
- If you were going to write a commercial about 4-H, what would you have in that commercial?





Write out questions about 4-H, statements or 4-H terms that you are talking about on small pieces of paper. Fold/roll these slips small and insert inside Green and White balloons to represent 4-H colors. Give each member a balloon, and have them blow it up and tie them. Have each person come forward and take one of the balloons and pop it. Or you could have them all pop at one time and have a grand celebration for the 4-H program. Have them read the slip and think about what they could share with the group. They should get up in front and talk about their item or answer the questions. Following their little presentation, you can discuss the topic with the rest of the group. Here are some possible topics, however it is better for you to come up with the ideas as you know the youth better.

\*\* This exercise is a good ice breaker to help younger youth to begin to feel comfortable about getting up in front of people and doing public speaking. Public speaking program is another skill area that 4-H helps to teach young people.

- Name one or two things you have learned in 4-H.
- What are the 4-H Colors? Do you know of other things that are the same colors? Name 2 items for each color.
- Recite the 4-H pledge.
- Tell us about your favorite hobbies, or what you like to do in your free time.
- Tell us a story about about other groups or clubs that you belong to.

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