

# MĀNOA COMPASS POINT

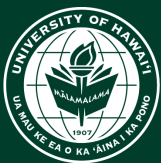
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UNIVERSITY  
of HAWAII®  
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[www.manoa.hawaii.edu](http://www.manoa.hawaii.edu)

Admissions & Records  
2600 Campus Road, #001  
Honolulu, Hawai'i 96822  
(808) 956-8975  
(800) 823-9771 (toll free)

## A Message from the Chancellor

Aloha! Thank you for the positive response to *Mānoa Compass Point*. I appreciate the comments on our first newsletter, and I think you will find the information this month about scholarships, housing and study abroad opportunities to be especially valuable.

As you surely know, there was a great deal of community attention at year's end about the successes of our football team, one of three intercollegiate athletic teams that won conference championships in the fall. Some perspective on that may be helpful. There is no doubt that the 450 student athletes on our 19 teams inspire us with their superb accomplishments, and we owe them great respect for their ability to balance practice, training and game schedules with academic responsibilities.

I need to remind people from time to time that as the state's premier public university, our primary missions are teaching, research and service to the community. The academic and scientific accomplishments of our students and faculty far outnumber our successes on the playing field.

We are so proud of our student athletes for everything they have accomplished. We also celebrate the achievements of Mānoa's thousands of undergraduate and graduate students who may be less visible, but who expend just as much energy to become champions as well. Isn't it wonderful that we can and do support both endeavors?

I hope your school year is going well, and that we will be seeing your 'best and brightest' students – and student athletes – at Mānoa in the year ahead.



Chancellor Virginia S. Hinshaw  
University of Hawai'i at Mānoa



### A Student's Key to Success

New students at UH Mānoa quickly discover that a web-based system called STAR is an essential part of their academic lives. STAR (STudent Access Retrieval) is a one-of-a-kind program specially designed for UH Mānoa students to track and plan their academic progress, secure financial aid, and, best of all, it is offered in a user-friendly format available 24-7. Students use STAR to access the registration process, learn their grades, monitor their credits towards a degree, and explore the courses they need to graduate. The university also uses STAR to send students their financial aid awards.

"All of this information used to be in folders that students would see only when they visited their academic advisors," says Ron Cambra, Assistant Vice Chancellor for Undergraduate Education. "Now STAR gives students this information, and the objective is that students accept a large share of responsibility for their own academic progress."

Students will find on STAR a day-by-day snapshot of exactly where they stand academically, and what percentage of progress they've made towards a degree – even if they've transferred from a different campus.

# Quick Guide to Applying for Scholarships at UHM

The University of Hawai'i at Mānoa offers a variety of scholarship opportunities to assist incoming freshmen with their educational expenses. Unlike other types of financial aid, a scholarship is free money that does not require repayment and is awarded to students based on specific requirements such as merit, financial need, talent, ethnicity or major.

## Major Types of Scholarships

Scholarships fall in one of four categories:

- **Merit-based** – This type of scholarship is based on a minimum GPA (Grade Point Average). Financial need is not used to determine the recipient.
- **Need-based** – A student's financial need is a primary factor in determining the recipient with this scholarship.
- **Institutional-based** – This is awarded by the university to a student to attend the institution.
- **College/Program-based** – This scholarship is awarded to a student pursuing a specific major. The recipient must usually maintain a minimum GPA.

## Key Scholarship Items

Many scholarships require students to submit supplemental items with their application. Here are some helpful tips to remember.

**Resume.** Use discretion in deciding what is important to include. List activities and honors that are noteworthy. Be specific and indicate the degree of your involvement. Remember, quality is more important than quantity.

**Personal Essay.** For many students, the personal essay is the most difficult part of the application process, but it doesn't have to be. Be honest and share information about your special traits in a straightforward manner. Organize your material so that the essay is easily read and understood. Answer questions concisely, and always use an active voice.

**References.** Choose your references carefully. Selection committees will be influenced both by who writes a reference and by what he/she says about you. While emphasis is usually placed on academic achievement, it is a good idea to request reference letters from people who know you from both inside and outside the classroom, such as teachers, counselors, employers, coaches or volunteer coordinators. Family members and personal friends are not recommended. You should also provide your references with specific instructions and provide them with: your personal statement, list of activities and/or a resume, and a pre-addressed and stamped envelope. Also, allow your references sufficient time to prepare the recommendation.

**Transcripts.** Official transcripts must be mailed by the registrar of the school. Put in the request early to ensure that the transcript is received by the university BEFORE the scholarship deadline.

## Rules for Scholarship Success

Follow these rules when applying for a scholarship:

**Read the instructions carefully.** Every scholarship has its own set of instructions and requirements.

Read them carefully and include only the material specifically requested. Remember, selection committees receive applications from many qualified candidates and can be very critical.

**Review the application.** Students can spend hours working on an application only to learn that they were not selected due to a spelling error. Ask a teacher, counselor or a trusted and knowledgeable person to look over the application and essay before it is submitted.

**Watch your deadlines.** Each scholarship has its own deadline. Keep track of these dates in a calendar. If there are questions about a deadline, check with the organization, foundation, and/or department awarding the scholarship. Give yourself sufficient time to mail in the scholarship application before the indicated deadline. Also, make sure that you've used enough postage. Don't miss a deadline because you're one stamp short.

**Create a scholarship file.** If applying for several scholarships, it helps to keep everything in one place. Start a scholarship file and include: copies of your resume/activities list, personal statement, contact information for references, calendar/list of upcoming deadlines and copies of submitted scholarship applications.

## Where To Find Scholarships

Below are websites where students can research scholarships offered by UH Mānoa or private organizations.

### **UH Mānoa Financial Aid Services**

<http://www.island.hawaii.edu/finaid/scholarship.html>

### **Centennial & Chancellor's Scholarships**

[www.hawaii.edu/admrec/Chancellor's%20Scholarship%20Flyer%20\(resident\)%20'08.pdf](http://www.hawaii.edu/admrec/Chancellor's%20Scholarship%20Flyer%20(resident)%20'08.pdf)

### **Student Equity, Excellence and Diversity**

[www.hawaii.edu/diversity](http://www.hawaii.edu/diversity)

### **University of Hawai'i Foundation Scholarship Search**

[www.uhf.hawaii.edu/studentscholarships.aspx](http://www.uhf.hawaii.edu/studentscholarships.aspx)

### **Hawai'i Community Foundation**

<http://www.hawaiicommunityfoundation.org/>

### **Kamehameha Schools Scholarships**

<http://www.ksbe.edu/finaid/posthigh.php>

### **Pauahi Foundation**

<http://www.pauahi.org/scholarships/>

### **Unity House**

<http://www.unityhousehawaii.org/>

## Where To Ask For Help

Since scholarships\* are offered by a number of different sources, it is best to contact the awarding entity when inquiring about a specific scholarship. For questions relating to UH Mānoa scholarships, the staff at Financial Aid Services can assist you by phone at (808) 956-7251, in person at Queen Lili'uokalani Center for Student Services (2600 Campus Road, Rm. 112), or via [www.hawaii.edu/fas..](http://www.hawaii.edu/fas..)

*\*Note scholarships can impact your financial aid award package.*

# UH Mānoa Quick Facts

**Founded:** 1907

**Accreditation:** Western Association of Schools and Colleges

**Campus Size:** 320 Acres

**Academic Year:** Semester

**Degrees:** 88 bachelors, 85 masters, 51 doctoral, 3 professional

**Enrollment:** 20,000

**Student Body:** Students from all major islands, 50 states, more than 100 nations

**Freshman Acceptance Rate:** 68.2%

**Undergraduate Acceptance:** 72.6%

**Student/Faculty Ratio:** 16:1

**Average Class Size:** 31 (freshman and sophomore year); 20 (junior and senior year)

**M/F Ratio:** 45% male/ 55% female

**Mean GPA:** 3.41

**Mean SAT:** 533 critical reading; 562 math; 521 writing

**Rank:** 60.4% in top 25% of graduating class; 25.7% in top 10% of graduating class

**Athletics:** NCAA Division 1

**Tuition (yearly):**

Resident	\$5,952
WUE	\$8,928
Non-Resident	\$16,608

(based upon 2008-2009 AY)

**Room & Board:** Approximately \$7,500 per AY

**Books:** Approximately \$1,200 per AY

**Recognized Programs:** Environmental Law, Asia and Pacific Culture studies, International Business, Astronomy, Oceanography, Tropical Agriculture, Urban Planning

**Off-Campus Research Facilities:** Includes Lyon Arboretum, Waikiki Aquarium, Hawai'i Institute of Marine Biology at Coconut Island and world famous astronomical observatories atop Mauna Kea and Haleakala.

## UH Mānoa Students Provide Free Medical Clinics to Aid the Homeless

Free clinics for the homeless provide a classic “win-win” for UH medical students learning to care for patients and for hundreds of men, women and children in need of health services. Twice a week, volunteers from the John A. Burns School of Medicine (JABSOM) set up walk-in clinics at the homeless transitional shelters in Waiānae and in Kaka‘ako. Each shelter provides temporary housing for about 300 adults and children, who suffer from a full range of illnesses and chronic health problems aggravated by homelessness. The medical volunteers perform checkups, bandage cuts and assist patients with their ailments – diabetes, skin infections, and high blood pressure are common. Patients in need of medication are directed to sources of free or low-cost drugs.

The clinics were organized two years ago by students and staff at JABSOM’s Homeless Outreach and Medical Education (HOME) Project. It operates without government funding; money for supplies is raised through student-run bake sales, a snack vending machine at JABSOM and donations. The staff are volunteer students, medical residents, faculty physicians and others from the community.

Third-year medical student Carrie Marshall helped establish the free clinics as a first-year student looking for a way to assist the homeless at Ala Moana Park as a community health project. “Our clinics to help the homeless enable us to put our training to practice, and it’s a way for us to thank the community for giving us the opportunity to attend medical school at the University of Hawai‘i at Mānoa,” says Marshall. “I like that we are able to provide free and incredible quality healthcare to underserved populations and are able to work with all different levels in the medical process. Every person deserves health services and is entitled to treatment that recognizes their dignity and worth as a human being,” she adds.

In addition to the weekly clinics, HOME Project volunteers also provide Christmas and Halloween parties for the homeless children. “Our goal is to provide some fun for kids at the shelter, to make them feel special, because they have it hard in so many other ways,” says Dr. Jill Omori. Omori, the director of the HOME Project, is an assistant professor of family medicine and community health. She was awarded the 2007 University of Hawai‘i Board of Regents’ Medal for Excellence in Teaching, in part for her leadership in organizing the clinics and sustaining them through community donations.

Medical students also provide donated clothing to adults who need them for work, and offer assistance in job applications and counseling on practicing healthy lifestyles.

For more information about the HOME Project or to make a donation, check out the clinic website: [www.hawaiihomeproject.org/](http://www.hawaiihomeproject.org/).



# UHM's Study Abroad and National Student Exchange Programs: Away-from-Home Experiences at Affordable Rates

Many students choose to attend mainland colleges to experience what it's like to be "away from home," but did you know they can still get that same experience while attending the University of Hawai'i at Mānoa? Through the Study Abroad and National Student Exchange Programs, students can attend a mainland or foreign institution and earn UHM credits, while paying UHM resident or a reduced tuition at the host campus. With more than 200 participating institutions in all 50 states, Puerto Rico, the U.S. Virgin Islands and 16 countries to choose from, there's sure to be a program to fit each student's profile and interests!

Students who have participated in these programs have walked away with not only a new-found perspective of what it's like to live outside "the rock," but have gained much more through their exposure to new social, cultural and



educational experiences. They also acquire character building skills and grow in maturity, independence and self-confidence. Another benefit of these programs is that students are not committed to stay longer than one semester if the experience is not what they expected.

What better way for students to get a taste of college life away from Hawai'i without really leaving

home? But don't take our word for it. Here's what a few of the participants had to say about their experiences.

*Studying abroad was a better experience than I ever thought possible. From the ease of acquiring the proper documentation, to meeting new people from all over the world, enjoying a new culture and wishing I did not have to board the plane for the return trip, it was incredible!* - **Brian,**

**semester in Adelaide, Australia**

*As a double major in finance and international business, I was able to jump ahead and finish my language requirements in Spanish and some business requisites in one semester! Many students are afraid of costs, but what they don't realize is that they're actually paying a much lower cost than*

*they would if they applied directly to the school. It was the best time of my life!* -

**Shaiyanne (Aiea HS '05), semester in Seville, Spain**

*Cal Poly is a great school. Classes are focused on a hands-on learning experience. It took me a while to adjust to the living style as this was my first time away from home, but overall I believe this experience is worthwhile, and I will use the next quarters to maximize my experience.* - **Bao Jin Lei (Moanalua HS '06), Cal Poly San Luis Obispo**

## **Study Abroad ([www.studyabroad.org](http://www.studyabroad.org))**

The following is an overview of this program.

**Requirements.** Program requirements include:

- Classification as a UHM student.
  - Completion of a minimum of 24 credits with a cumulative GPA of 3.0.
  - Completion of an application and payment of a \$20 processing fee (non-refundable).
  - Completion of the FAFSA if applying for financial aid.
- Options.** Study options include:
- Semester, year or summer programs available in the fol-

# Study Abroad and National Student Exchange Programs

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lowing countries: Australia, Argentina, China, Chile, Denmark, England, France, Germany, Guam, Italy, Japan, Mongolia, Russia, Spain and French Polynesia.

- The Self-Designed Study Abroad Program allows students to create a program in a country and/or city where



UHM does not have an existing study abroad program.

- Study Abroad internships are available in Florence, London and Sydney. Students can earn 2, 3, 4 or 6 credits in the areas of Academy of Creative Media, Business, Management and Information Systems, Finance, Marketing, Human Resources, Real Estate, Travel Industry Management, Social Work and Apparel and Product Design and Merchandising.

**Tuition and Fees.** Estimated total cost, including tuition, accommodations, meals, health insurance, ground transportation and other fees, averages \$5,000 for semester or summer programs and \$12,000 for academic year programs. Airfare is not included in the cost.

**Key Deadlines.** To be considered, a completed application and a \$20 processing fee must be submitted to the Study Abroad Center on or before the deadline set for the program: 1) Semester-Long Programs: Spring – October 15, Fall – April 1; 2) Year-Long Programs: Japan (Machida only) – March 1, All other countries – April 1.

**For More Information.** Students who are interested in learning more about this program can call, visit or go online to obtain detailed information at:

Study Abroad Center  
1890 East-West Road, Moore 115  
Phone: 956-5143 or 956-6958  
Email: uhmsac@hawaii.edu  
www.studyabroad.org

## National Student Exchange ([www2.hawaii.edu/~nse](http://www2.hawaii.edu/~nse))

The following is an overview of this program.

**Requirements.** Program requirements include:

- Classification as a full-time UHM student.
- Completion of a minimum of 12 credits with a cumulative GPA of 2.5.
- Completion of an application and payment of a \$170 processing fee (non-refundable).
- Completion of the FAFSA if applying for financial aid.

**Options.** Study options include:

- Fall semester or full academic year programs from among 109 institutions throughout the U.S., Canada, Puerto Rico and the U.S. Virgin Islands.

**Tuition and Fees.** There are two tuition plans available: 1) Plan A, where a student pays the host institution's resident tuition and fees, or 2) Plan B, where a student pays UH Mānoa tuition and fees (Certain schools may be limited to one plan only).

Students who are applying for financial aid must sign up for Plan A, with aid awarded by the host school. Students who have not received financial aid before may still be eligible.

Estimated total cost, including tuition, room and board, and other fees, averages \$6,000-\$7,500 per semester depending on the plan and location of exchange. Airfare is not included in the cost.

**Key Deadlines.** Following is a list of key deadlines for the National Student Exchange Program (NSE). For specific dates, please contact the NSE office at 956-6772.

- December - Application forms available on NSE website or NSE office.

- January - Applications are accepted.

Informational meetings held for parents and students.

- February - Priority application deadline. Applications for non-limited schools due. File FAFSA to be considered for financial aid (Plan A).

- March- National NSE Placement Conference. Applicants informed of school placement.

**For More Information.** Students who are interested in learning more about this program can call, visit or go online to obtain detailed information at:

National Student Exchange Office  
Queen Liliuokalani Center for Student Services  
2600 Campus Road, Room 206

Phone: 956-6772

Email: sandyd@hawaii.edu

[www2.hawaii.edu/~nse/](http://www2.hawaii.edu/~nse/)



# On-Campus Housing: A Dynamic Environment

On-campus student housing is more than just a place to sleep and eat. It's a dynamic learning environment where students learn about themselves and others. Student Housing Services' goal is to provide students with a residential experience that is supportive of their academic, personal and social growth.

In 2008, on-campus student housing will be home to approximately 3,800 students. Facilities range from traditional residence halls with singles (limited) and shared double rooms or suites, to apartments with shared one-bedroom and two-bedroom units. A limited number of modified and accessible units are also available. For married students and their immediate families, housing is available in the residence halls and the apartments.

Freshman students live in the Hale Aloha Complex while sophomores can live in all other campus residence halls (Hale Anuenue, Frear Hall, Gateway House, Johnson Hall, Hale Laulima and Hale Kahawai). Students that are not freshmen or sophomores can live in the apartments (Hale Noelani and Hale Wainani) and all residence halls except the Hale Aloha complex.

Live-in professional and student staff members are present to help students make the transition to college while helping to develop positive communities; actively serving as resources and mentors; and organizing fun and engaging community activities.

## **Residential Learning Programs**

One of the ways to enhance the on-campus living experience is by being a resident in a Residential Learning Program.

Student Housing Services is partnering with academic departments to establish Residential Learning Programs that foster a greater connection between the in-class learning experience and the out-of-class experience. Research has shown that residential learning experiences

provide positive impacts on student satisfaction, connection to the university and academic performance. Ultimately, these communities can help to develop long lasting friendships while also focusing on a student's academic aspirations.

Students with similar majors or interests will live

together on residential floors while studying together, working together and learning from each other. Programming and floor activities will connect classroom learning with the out-of-class experience. Specific initiatives may include:

- Inviting faculty or outside practitioners to the halls for events, lectures or educational programs.
- Tutoring, study or advising sessions presented by department staff or students to aid students in their academic pursuits.
- Field trips and cultural experiences.

Programs being offered to freshman students include Pre-Business, Engineering, First-Year Experience, Honors, Hawaiian Culture, Outdoor Recreation, Substance Free, and Study Intensive.

Programs offered to sophomores and above include Business, Engineering, Hawaiian Culture, Honors, Japanese Culture and Language, Study Intensive, Substance Free and Teaching in your Future. These programs will mainly be located in Frear Hall.

For more information concerning Residential Learning Programs, please visit: [www.housing.hawaii.edu](http://www.housing.hawaii.edu)

## **Frear Hall**

Frear Hall will open to residents on August 23, 2008. Open to sophomores and above, Frear Hall will offer several different room layouts with private bathrooms, air conditioning and a variety of public community spaces.

**Amenities.** Amenities include: game room with pool table, foosball table, and televisions; two lounges; five

study lounges; three laundry rooms; a conference room with kitchen; closed circuit television; and air conditioning.

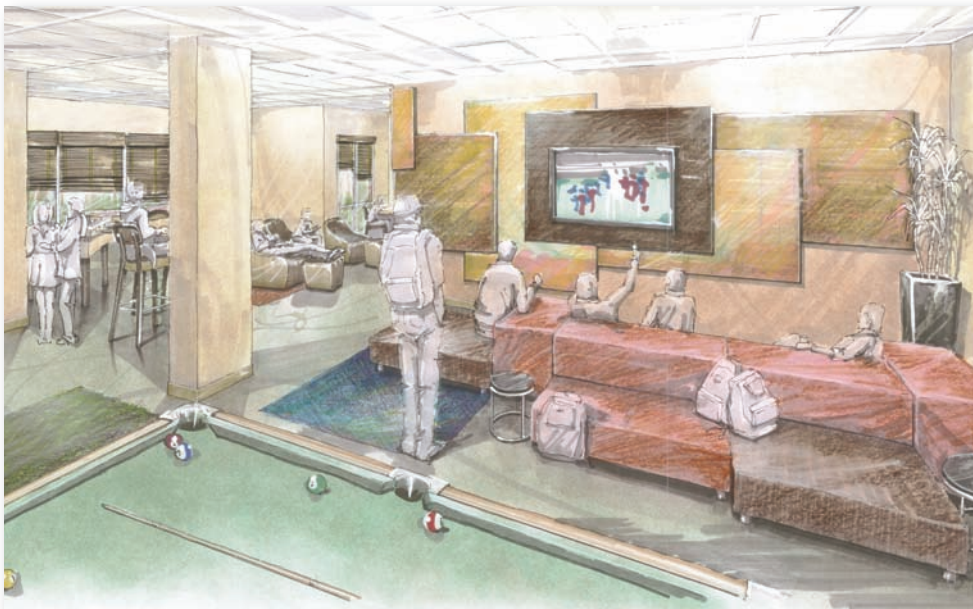
## **Room**

**Types.** Types of rooms available will include: 1 bedroom, single student occupant; 2 bedrooms, one student per bedroom; 2 bedrooms, two students per bedroom; and 4

bedrooms, one student per bedroom.

## **Gateway Cafeteria Reopens**

Scheduled for completion by August 2008, the newly renovated Gateway Cafeteria will offer students an ad-



# On-Campus Housing

*Continued from Page 6*

ditional dining option. New features will include a renovated and expanded seating area, a new exterior entrance and additional space for evening activities.

## **Residential Dining**

Residents living in the traditional residence halls are required to select and purchase a dining plan from the variety of dining plans offered. A dining plan is optional for apartment residents. Residents dine at the Hale Aloha or Gateway House cafeterias.

For more dining plan information, visit Sodexho Services at [www.uhmdining.com/mealplans.html](http://www.uhmdining.com/mealplans.html).

## **Additional Projects**

Tentatively scheduled to begin in the summer of 2008, Student Housing Services is also initiating plans for two large modernization projects. First is the installation of a new access system for all building front doors. When completed, student will use an access card to gain entrance into the halls. Additionally, room doors in Hale Aloha, Wainani and Noelani will be upgraded to have new swipe card locks. Second is the renovation of the Hale Aloha Complex. The renovation will result in upgrades to the building electrical system, the plumbing and the bathrooms. Renovating the bathrooms will increase privacy and security while in the bathroom.

## **How to Apply**

The housing application for new residents is available on-line at [www.housing.hawaii.edu](http://www.housing.hawaii.edu).

Applications received by the application deadline are prioritized by predetermined categories. Placement is offered to those applicants who have been accepted into classified programs of study and have confirmed their intent to attend the university. Applications received after the application deadline are assigned on a first come, first served basis. Neither on-time nor late applications are guaranteed an assignment offer.

## **Important Dates for Incoming Students**

**May 1, 2008** - Deadline for New Resident Housing Application. Student must have committed to UHM and paid tuition deposit to be eligible for housing.

**May 30, 2008** - Target date to inform new residents of their application status/ space offered.

**June 20, 2008** - Deadline for Housing to receive new resident contract and minimum payment of \$225.

**June 21, 2008** - On this day, after all applications received prior to May 1st have been placed, Student Housing Services will begin an open enrolling process by priorities for applications received after May 1st.

## **For More Housing Information**

For more information concerning housing rates and living options, please visit: [www.housing.hawaii.edu](http://www.housing.hawaii.edu).

## New Frear Hall a Part of UH Mānoa Dorm “Make-Over”

A yellow construction crane looming over the UH Mānoa campus much of this year marks the spot of what will be the most modern student residence hall in Hawai‘i when it opens in the fall semester of 2008.

The twin-tower Frear Hall that’s rising on Dole Street will house 810 students in a range of room styles, more than half of which will be single-occupancy apartments. The 12-story building will feature central air-conditioning, community meeting and study spaces, outdoor landscaped grounds and covered storage areas for mopeds and bikes.

The \$71 million project is the first new residence hall built on the Mānoa campus in 30 years. It is being constructed with many sustainable features, such as low-emittance windows (designed to allow in light but keep out radiant heat), recycled carpet



tiles, and low-flow plumbing fixtures, including dual-flush toilets. It’s designed to be eligible for LEED silver certification, the first UH Mānoa facility to do so.

The Frear project developer is American Campus Communities, a Texas-based firm that’s one of the largest developers of high-quality student housing in the United States.

The new Frear complex replaces the “old” Frear, constructed in the mid-1950’s as a women’s dormitory for 144 students.

# Helping Freshmen ACE Their First Year of College

Incoming freshmen can ace their way through their first year at the University of Hawai'i at Mānoa through a program of that very name. Access to College Excellence (ACE) is a learning community program that is geared towards helping freshmen get started on their graduation requirements, as well as create a positive social and academic network in their first semester of college.

## How the Program Works

The program groups up to 15 freshmen into clusters according to a study area of their interest.

These clusters then take general education courses together during the fall semester. The six categories currently available are: General Education, Pre-Business, Pre-Education, Pre-Health and Life Sciences, Pre-Nursing and Engineering.

In addition to general education courses, students take a one-credit integrating seminar, CAS 110, which is a weekly meeting with fellow ACE students and a peer mentor (junior or senior). During this class, students receive key tips from their mentor designed to help them achieve academic and social successes during their first year in college. Topics discussed include: building critical thinking skills, campus resources, exploring different major and career choices, developing successful academic strategies and more.

While other freshmen need to register for their own courses, ACE students simply choose their clusters and are automatically signed up for courses that will help them fulfill core, pre-major and graduation requirements. Also, not only do they get to know other students in their cluster, but ACE also offers students a number of fun social get-togethers that give freshmen an oppor-

tunity to meet and interact with other students on campus.

"The program has seen a 40 percent increase in enrollment since Fall 2006. Word is really starting to spread about how this program has benefited so many

freshmen since it started in 1990," says Leilani Takeuchi, ACE coordinator. "Some ACE freshmen have actually come back to join the program as mentors."

## Why Should Freshmen Join

So what do former ACE students have to say about the program? Elaine McLemore, a 2006 ACE student shared, "Being in ACE really helped me transition into college be-

cause it made me feel as if I wasn't alone. I knew there were other people in my same position and that we could all count on each other..."

Kiyomi Ueda, another ACE alumni, said, "Without the ACE program, I would have been lost with registration and I don't think that I would have expanded my thinking. Because of ACE, I feel more comfortable going into my second semester of college and I feel confident that I am capable of registering on my own and choosing the appropriate courses for my graduation and major requirements. This is something that I feel I would not have been capable of going into my second semester had I not been part of the ACE program."

## How to Sign-Up

If ACE sounds like a good fit for your students, they can visit [www.manoa.hawaii.edu/freshman/ace](http://www.manoa.hawaii.edu/freshman/ace) to apply and obtain more information about ACE and other freshmen programs. **Applications will be available and accepted beginning in May 2008 for the Fall 2008 semester.** All spaces are given on a first-come, first-served basis, so don't wait till August to apply.



## Mark Your Calendar: Key Mānoa Deadlines

**May 1, 2008:** Final deadline for UHM admission applications. Deadline for Intent to Enroll form and tuition deposit. Deadline for New Resident Housing Application.

**May 30, 2008:** Target date for Housing to inform new residents of application status/space offered.

**June 20, 2008:** Deadline to submit new resident

contract and minimum payment of \$225 to Housing

**July 15, 2008:** Deadline to submit UHM health form.

**August 18, 2008:** New student registration as assigned on MyUH Registration Table.

**August 25, 2008:** First day of instruction.

**September 3, 2008:** Deadline for tuition payment.

# Student Profile: Keala Watson

## Football scholar finds quality college experience not far from home

Family and sports have always been a huge part of Keala Watson's life. A junior and defensive lineman for the UH Warriors, Watson grew up in Nanakuli where he and his family were big followers of sports. At Nanakuli High School, Watson was on the football, basketball and track teams and lettered in all three sports. His mom, dad, brother and three sisters regularly attended his games and meets to cheer him on. Upon graduation, Watson considered several mainland schools where he could pursue a college football career. Ultimately, he couldn't see himself playing without his biggest supporters being there. So, when Watson was offered a scholarship to play for the UH Warriors, he "just couldn't pass on the opportunity."

### **An Ambassador of Hope**

After the Warriors' undefeated streak and a berth to the Sugar Bowl last year, Watson is even more convinced that his decision to play for UH Mānoa was the right one. "Our participation in the Sugar Bowl meant so much for the team, the university and the entire state of Hawai'i," he said. "So many people have used the success of our football team to empower themselves and others in difficult situations and everyday life. Now is the time to show the nation and the world that Hawai'i's people can do anything because of the support we have for each other, and that unifying spirit that connects us all, the Aloha spirit."

### **A Perfect Fit**

All sports aside, Watson proves that he's just as serious in the classroom as he is on football field. An appreciation for the natural beauty of the Hawaiian islands led him to choose Environmental Studies as his major, in which he maintains a 3.3 cumulative grade-point average. "No where else in the world will you find such rare species of plants and animals," said Watson. "What I enjoy about it is learning about Hawaiian environments through hands-on field studies, laboratory work and interesting lectures. It's so easy to stay focused on my classes because everything I learn is centered on my interests."

### **Balancing Act**

With 7 a.m. football practices every morning and the ability to maintain a high GPA, it's a wonder how Watson gets it done. "I think that participating in collegiate athletics has taught me self-discipline and has helped me to be accountable to myself and my team," he says. Having his younger brother, Keahi, on the football team also reminds Watson of his responsibility as an older brother and role model.

In 2004 Watson was granted a medical hardship by the NCAA after he was diagnosed with Von Willebrand disorder, a chemical deficiency that does not allow his blood to clot normally. Despite redshirting that year, he beat the odds and earned all-academic honors from the Western Athletic Conference in 2005

and 2006. He's also now in the starting rotation at defensive tackle. "A house full of mentors, a supportive wife and my coaches are always there to keep me on my toes," Watson said.

Watson will be the first in his family to receive a college degree when he graduates in May 2009. "Every time I go home I am reminded of that and I can see how proud



Keala Watson  
University of Hawai'i at Mānoa

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A true believer that you don't have to go to a mainland university to be successful, Watson says that even local kids have the opportunity to achieve the same level of recognition as anyone else.

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my family is of what I am doing at UH Mānoa." Married late last year, Watson also attributes his wife, Leona, his high school sweetheart, for continuing to be an inspiration and helping him accomplish all that he has. "She has inspired me in my academics, athletics and life," he said. Leona is studying Speech Pathology and Audiology at UH Mānoa and will graduate with Watson next year.

### **Watson's Rules for Success**

A true believer that you don't have to go to a mainland university to be successful, Watson says that even local kids have the opportunity to achieve the same level of recognition as anyone else. When asked what advice he would give to incoming freshmen, Watson shares the following rules:

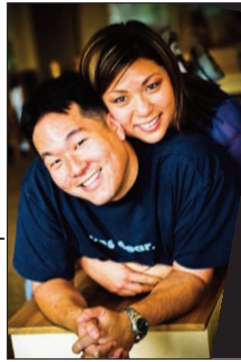
1. Stay Committed – Know that you are in for the long haul and don't let yourself quit. Don't stop reaching for your goals. Graduation will be the best accomplishment of your life.
2. Make Friends – Everyone you meet in school is studying to be successful like you. Hang out with them and encourage each other. In the future these connections will prove to be helpful in your career.
3. Have Fun – It's a once in a lifetime opportunity, so why not enjoy the experience.

### **So what's in store for Watson after graduation?**

"I wouldn't mind pursuing a professional football career, but if that doesn't work out then I'd like to find employment in Hawai'i to contribute towards the protection of native Hawaiian plant and animal life," he said. "I want to protect the unique environments of our islands." Watson says that he also plans to return to UH Mānoa to obtain his master's in environmental law or environmental planning.

## Alumna Profile: Tanna Takekawa

Business owner and wedding expert Tanna Takekawa received her BA in Journalism from UH Mānoa in 2001. Takekawa is co-owner of The Wedding Café located in Mānoa Marketplace, a café and wedding resource center that has been a huge success since she and her husband, Bryson (also a UH graduate), purchased the store from another local couple in 2004. A former account executive with *Hawai'i Bride & Groom Magazine*, Takekawa established lasting relationships with customers and gained essential skills in graphic design, layout, magazine writing and distribution. Her experience at the magazine combined with her passion for weddings helped to make the business a recognizable name with brides and the local wedding industry. Within the span of three years, she and her husband launched a 14-week wedding workshop series, built an extensive email list, doubled the amount of vendors in the café, published their own bridal magazine, *WHITE*, and have now opened their second location in Ward Warehouse. "I never thought I would have my own business. I love what I do and seeing and feeling the impact we have on brides' lives," says Takekawa. So what's next for the busy entrepreneur? The Wedding Café has just signed on with Watermark Publishing to put out a wedding book next year. "Imagine a Chicken Soup for the Soul but all about weddings and stories from local brides," Tanna explained. "I have to pinch myself a lot to realize that all these great opportunities are real." For more information, visit [www.TheWeddingCafe.net](http://www.TheWeddingCafe.net).



*Tanna Takekawa, BA 2001, University of Hawai'i at Mānoa. Shown with husband Bryson, also a UHM graduate.*

## Faculty Profile: Michael Antal

"Flash Carbonization" is a term not commonly known in the community, but it's been the buzz around the university and with energy conservationists for quite some time now. It refers to a technology discovered by Michael Antal with UH Mānoa's Hawai'i Natural Energy Institute in the School of Ocean and Earth Science and Technology.

The Flash Carbonization™ process utilizes heat and pressure to convert a wide variety of biomass, such as corn cobs, macadamia nut shells, coconut shells and wood logs, among others, into biocarbon (i.e. charcoal) in about 30 minutes. The equipment Antal designed to produce charcoal can hold up to 1,500 pounds of biomass at one time, and will convert 25 tons of green waste into about 10 tons of charcoal in one day when it is fully operational.

Since the technology's unveiling, the university was granted both U.S. and foreign patents and has already made agreements to license the Flash Carbonization™ technology to three companies, including the largest manufacturer of BBQ charcoal in the world.

In addition to cooking and using it as a clean alternative to coal, the charcoal can be used as a soil amendment ("terra preta") that enhances the growth of plants and helps to fight climate change by sequestering carbon. Antal explains that this concept on the global scale has potential to reduce the amount of carbon dioxide emissions in our planet's atmosphere to levels found during pre-industrial conditions in the 1860s.

While his work with charcoal has already been a big contributor towards the fight against climate change, Antal believes that small changes count, too, like riding TheBus to work and installing compact florescent light bulbs and water-saving shower heads at home. "We need to make changes now if we are to preserve our way of life for our children," said Antal.



*Michael Antal, Coral Industries Distinguished Professor of Renewable Energy Resources, University of Hawai'i at Mānoa*



## UNIVERSITY of HAWAII® MĀNOA

### Admissions & Records

Queen Lili'uokalani Center  
for Student Services  
2600 Campus Road, Room 001  
Honolulu, Hawai'i 96822  
(808)956-8975  
(800)823-9771 (toll free)  
[ar-info@hawaii.edu](mailto:ar-info@hawaii.edu) (email)  
[www.hawaii.edu/admrec](http://www.hawaii.edu/admrec)

### Campus Information

(808)956-8111

### Campus Center

(808)956-7235  
[www.hawaii.edu/campuscenter](http://www.hawaii.edu/campuscenter)

### Career Development and Student Employment

(808)956-7007  
[cdse.hawaii.edu](http://cdse.hawaii.edu)

### Financial Aid

(808)956-7251  
[www.hawaii.edu/fas](http://www.hawaii.edu/fas)

### First Year Advising Center

(808)956-7273  
[www.advising.hawaii.edu/artsci/fyac](http://www.advising.hawaii.edu/artsci/fyac)

### Libraries

Hamilton, (808)956-7204  
Sinclair, (808)956-8308, x12  
[library.manoa.hawaii.edu](http://library.manoa.hawaii.edu)

### New Student Orientation

(808)956-3667  
(888)700-5420 (toll free)  
[www.hawaii.edu/nso](http://www.hawaii.edu/nso)

### Student Housing

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