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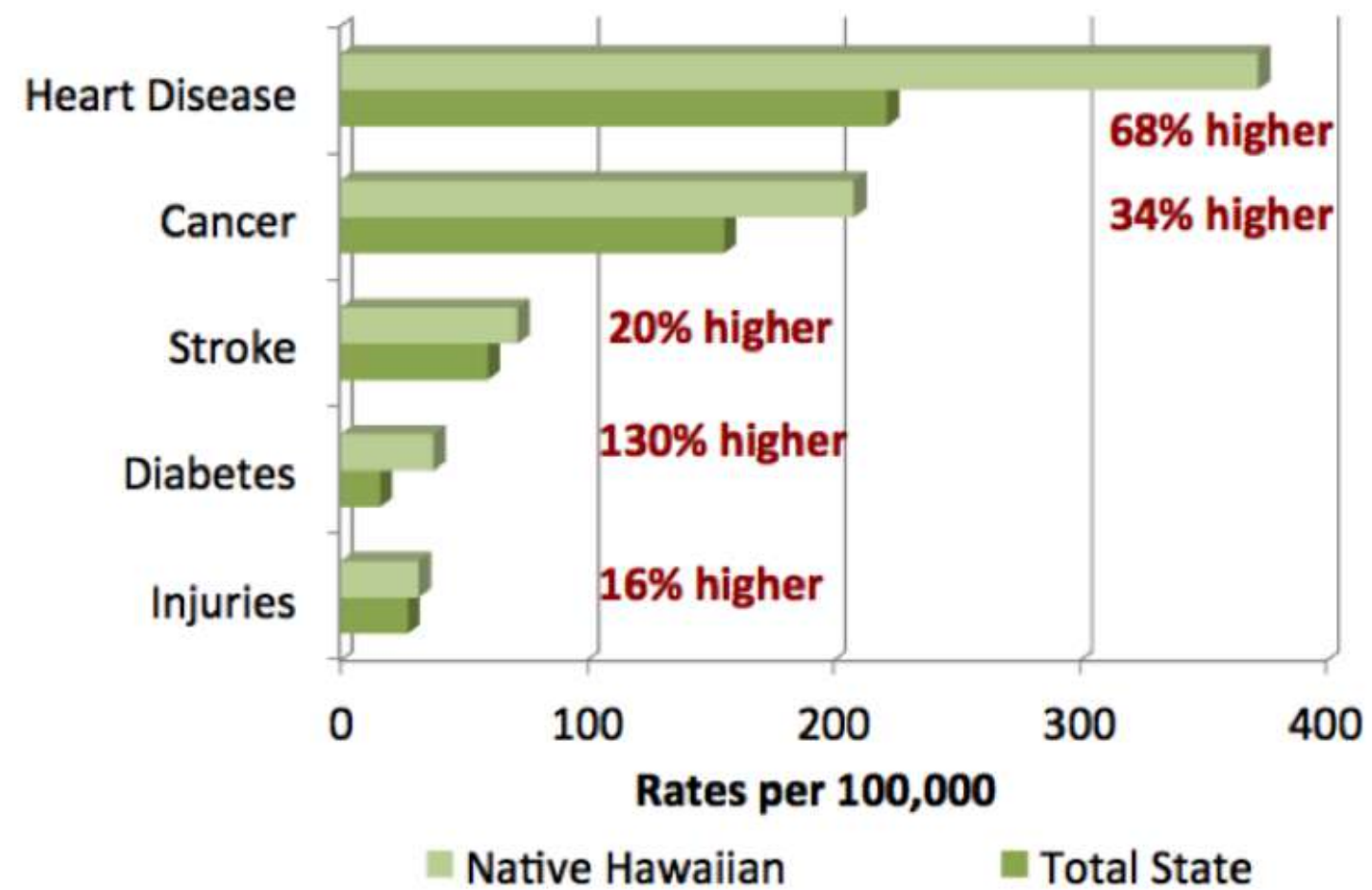
Heidi Allencastre

Social Work



# Presenting Problem

**Figure 9. Mortality Rates for Leading Causes of Death in Native Hawaiian and All Ethnicities, Hawai'i, 2000**



Source: (Johnson, Oyama, and Marchand, 2004)



# What we did...

## Learn

1

Learn about current and historical native Hawaiian health strategies

## Research

2

Research other indigenous communities and how they use their cultural practices and knowledge in healthcare

## Compile

3

Current statistics for native Hawaiian health disparities (i.e. substance misuse)

Compiled articles and resources to be used in literature review

'Ōpio  
(Youth)  
Substance Use  
Data &  
Resources

*'A'ohe ipu 'ōpio e 'ole  
ka mimino i ka lā.*

*"No immature gourd can  
withstand withering in the  
sun [without care].  
No child can get along  
without adult care."*



# Projects

- Tri-fold pamphlet detailing data on 'opio (Youth)-native Hawaiian substance use for the Summer Jam Fest.
- Resource list
- Literature review research on the following topics:
  - Cultural Safety
  - Indigenous Harm Reduction
  - Culturally Focused interventions
  - Prevention, Treatment, and Recovery through a Cultural Lens
  - Cultural/ Indigenous Evaluation
  - Co-occurring Disorders
  - Indigenous Peer Support

The Overdose Data to Action (OD2A) Care Coordination & Capacity Building (CS) project is funded by the Centers for Disease Control and Prevention (CDC) through the Hawai'i State Department of Health (DOH), Behavioral Health Administration (BHA), Adult Mental Health Division (AMHD).

**OD2A-CS**  
CARE COORDINATION & CAPACITY BUILDING  
OVERDOSE DATA TO ACTION PROGRAM PROJECT

**Papa Ola Lokahi**  
Nana I Ka Pono Na Ma  
Improving Native Hawaiian Health and Well-being

**'Ōpio (Youth) Substance Use Data & Resources**

**Available Resources**  
For a list of services, programs, and resources for each island use the QR code below.  
Point camera at the code and click on the link.

<https://www.facebook.com/PapaOlaLokahi/>

<https://www.instagram.com/papaolalokahi>

**'A'ohe ipu 'ōpio e 'ole ka mimino i ka lā.**  
*"No immature gourd can withstand withering in the sun [without care]. No child can get along without adult care."*

Ph: 808.597.6550  
WWW.PAPAOLALOKAHI.ORG

Everyone needs "kokua" Sometimes!

**'Ōpio Substance Use Data**<sup>1</sup>

Substance	State of Hawai'i	Native Hawaiian & Other Pacific Islanders
Alcohol Use	20%	26%
Meth Use	4.5%	6.3%
Cocaine Use	6%	8%

**Risk Factors**

- Loss of traditional healing practices & land
- Historical Trauma
- History of family substance misuse
- Mental Health
- Availability/ Access

**Protective/Resiliency Factors:**

- Reclamation of & Reconnection to Culture
- Respect for Kūpuna & Cultural Wisdom
- 'Ohana (Family-Oriented) Relationship
- Mo'okū'auhau (Genealogy)
- Traditional Healing practices, Native Healers
- Kaiaulu (community)
- Community Involvement
- 'Āina (Land)

**My Community and 'Ohana makes me feel safe.**

<sup>1</sup> Centers for Disease Control and Prevention. (2022, July 21). *High School YRBS: Hawaii 2019 Results*. <https://nccd.cdc.gov/Youthonline/App/Default.aspx>



1

# 'Opio ( Youth) Substance Use Data and Resources Tri-fold





2

## Resource List\_ Prevention, Intervention, Treatment and Recovery Services for Each island



**Use QR Code for Access to Resource List**

# Product Development

Literature Review  
Research & Citations

POL Grants  
are heavily  
based on  
research &  
evidence

Citations\_annotated Bibliography

Source: (Type)	Citation:	Notes/reference to project:
website/Journal	<a href="https://www.instudentsup.org/diversity/cultural_safety/">https://www.instudentsup.org/diversity/cultural_safety/</a>	Cultural Safety
Website/Journal	<a href="https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/indigenizing-harm-reduction">https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/indigenizing-harm-reduction</a>	Idigenous Harm Reduction
Website/Journal	<a href="https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/what-indigenous-cultural-safety-and-why-should-i-care-about-it">https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/what-indigenous-cultural-safety-and-why-should-i-care-about-it</a>	cultural Safety
website/Journal	<a href="https://www.smstoolkit.nz/cultural-safety">https://www.smstoolkit.nz/cultural-safety</a>	Cultural Safety_New Zealand
website/Journal	<a href="https://blogs.bmi.com/bism/2022/02/07/starting-a-consult-with-cultural-safety-adopting-a-tikanga-maori-inspired-approach-to-practice/#:~:text=This%20approach%20is%20something%20that,1%20intend%20to%20share%20why.&amp;text=Globally%2C%20health%20inequities%20remain%20prevalent%20amongst%20indigenous%20and%20minority%20groups3">https://blogs.bmi.com/bism/2022/02/07/starting-a-consult-with-cultural-safety-adopting-a-tikanga-maori-inspired-approach-to-practice/#:~:text=This%20approach%20is%20something%20that,1%20intend%20to%20share%20why.&amp;text=Globally%2C%20health%20inequities%20remain%20prevalent%20amongst%20indigenous%20and%20minority%20groups3</a>	Cultural Safety_Maori
Website	<a href="https://sagecollection.ca/resource/fnha-indigenous-harm-reduction-principles-and-practices-fact-sheet/">https://sagecollection.ca/resource/fnha-indigenous-harm-reduction-principles-and-practices-fact-sheet/</a>	Idigenous Harm Reduction
Video: Pathways to Indigenous Equity: An Indigenous Lens on Health Systems Transformation & Research	<a href="https://learningcircle.ubc.ca/2021/03/17/pathways-to-indigenous-equity-an-indigenous-lens-on-health-systems-transformation-research/">https://learningcircle.ubc.ca/2021/03/17/pathways-to-indigenous-equity-an-indigenous-lens-on-health-systems-transformation-research/</a>	
website/Journal	<a href="https://idpc.net/blog/2021/09/beyond-drugs-and-drug-policy-towards-transformative-indigenous-liberation">https://idpc.net/blog/2021/09/beyond-drugs-and-drug-policy-towards-transformative-indigenous-liberation</a>	Idigenous Harm Reduction_approach

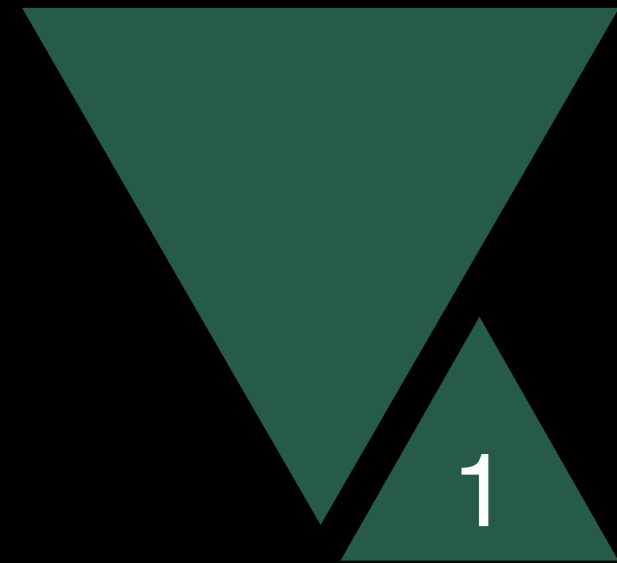
Citations\_annotated Bibliography

Source: (Type)	Citation:	Notes/reference to project:
Journal Article	Okamoto, S. K. (2010). Academic Marginalization? The Journalistic Response to Social Work Research.	Cultural/ Indigenous Evaluation
Journal Article	Rasmus, S. M., Whitesell, N. R., Mousseau, A., & Allen, J. (2019). An Intervention Science to Advance Cultural Safety.	Cultural/ Indigenous Evaluation
Journal Article	Shimkhada, R., Scheitler, A. J., & Ponce, N. A. (2021). Capturing Racial/Ethnic Diversity in Population Research.	Cultural/ Indigenous Evaluation
Journal Article	Sy, A., Greaney, M., Nigg, C., & Hirose-Wong, S. M. (2015). Developing a Measure to Evaluate a Population's Cultural Safety.	Cultural/ Indigenous Evaluation
Journal Article	Shimkhada, R., Scheitler, A. J., & Ponce, N. A. (2021). Capturing Racial/Ethnic Diversity in Population Research.	Cultural/ Indigenous Evaluation
Journal Article	Roberts, K. D., Takahashi, K., & Park, H. J. (2018). The Impact of Project Ho'oku'i Participation on Native Hawaiian Cultural Safety.	Cultural/ Indigenous Evaluation
Thesis	Welford, G. (2003). Too many deaths: Decolonizing Western academic research on indigenous culture.	Cultural/ Indigenous Evaluation
Journal Article	Chung-Do, J. J., Ho-Lastimoso, I., Keaulana, S., Ho, K., Hwang, P. W., Radovich, T., Albinio, L., Rogers, J., & Center for Substance Abuse Prevention. (2007). Center for Substance Abuse Prevention. (2007). An examination of the evolution and implementation of Native Hawaiian cultural safety.	Cultural/ Indigenous Evaluation
Journal Article	Lee, M. J. P. (2012). An examination of the evolution and implementation of Native Hawaiian cultural safety.	Culture / Co-occurring Disorders
Journal Article	Islam, N. S., Kwon, S. C., & Trinh-Shevrin, C. (2015). Characteristics of Asian American, Native Hawaiian, and Pacific Islander populations.	Culture / Co-occurring Disorders
Journal Article	Mokuau, N., Braun, K. L., & Wong, L. K. (2008). Development of a family intervention for Native Hawaiian youth.	Culture / Co-occurring Disorders
Book	(Center for Substance Abuse Prevention, 2007) Buckley, H. (2016). Health and disease in the Pacific Islands.	Culture / Co-occurring Disorders
Journal Article	Kaholokula, J. K., Look, M. A., Wills, T. A., de Silva, M., Mabellos, T., Seto, T. B., Ahn, H. J., Sinclair, K., & MAU, M. K. (2001). Media and health communication in the Pacific Islands.	Culture / Co-occurring Disorders
Journal Article	MAU, M. K., GLANZ, K., SEVERINO, R., GROVE, J. S., JOHNSON, B., & DAVID CURB, J. (2001). Media and health communication in the Pacific Islands.	Culture / Co-occurring Disorders
Journal Article	PANAPASA, S. V., MAU, M. K., WILLIAMS, D. R., & MCNALLY, J. W. (2010). Mortality Patterns of Native Hawaiian Youth.	Culture / Co-occurring Disorders
Journal Article	Williams, I. L., Rezentes, W. C., Ehia, A. W., & Makini, G. K. (2021). Native Hawaiian healing to treat mental health.	Culture / Co-occurring Disorders
Journal Article	Whitesell, N. R., Mousseau, A., Parker, M., Rasmus, S., & Allen, J. (2018). Promising Practices for Population-Based Cultural Safety.	Culture / Co-occurring Disorders
Journal Article	Antonio, M. C. K., Keaulana, S., Chung-Do, J. J., & Ho-Lastimoso, I. (2020). (Re)constructing Conceptual Models of Cultural Safety.	Culture / Co-occurring Disorders
Book	McMullin, J. (2009). The Healthy Ancestor: Embodied Inequality and the Revitalization of Native Hawaiian Culture.	Culture / Co-occurring Disorders
Theses	Abbott, J. W. (2004). We are the weeds: The interplay of policy and culture in the use of introduced species in the Pacific Islands.	Culture / Co-occurring Disorders
Journal Article	Froiland, J. M., Davison, M. L., & Worrell, F. C. (2016). Aloha teachers: Teacher autonomy support and cultural safety in the Pacific Islands.	Indigenous Peer Support
Journal Article	Qeadan, F., Madden, E. F., Bern, R., Parsinejad, N., Porucznik, C. A., Venner, K. L., & English, K. (2021). Cultural safety in the Pacific Islands.	Indigenous Peer Support
Journal Article	Ta Park, V. M., Kaholokula, J. K., Chao, P. J., & Antonio, M. (2017). Depression and Help-Seeking Among Native Hawaiian Youth.	Indigenous Peer Support
Journal Article	Roberts, K. D., & Hitchcock, C. H. (2018). Impact of Culturally Aligned Supports on Native Hawaiian Cultural Safety.	Indigenous Peer Support
Book	McMullin, J. (2009). The Healthy Ancestor: Embodied Inequality and the Revitalization of Native Hawaiian Culture.	Indigenous Peer Support

Citations\_annotated Bibliography

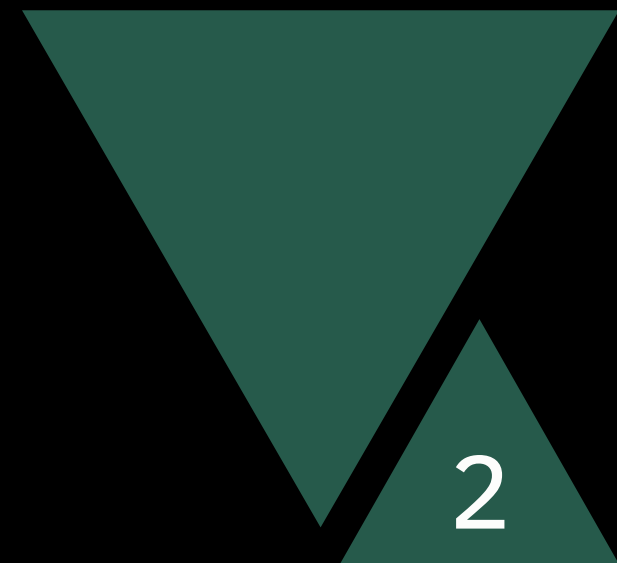
Source: (Type)	Citation:	Notes/reference to project:
Article	Ka'opua, Diaz, T. P., Park, S. H., Bowen, T., Patrick, K., Tamang, S., & Braun, K. L. (2014). Cultural Safety in the Pacific Islands.	Cultural Safety
Article	Christie, Green, D., Amin, J., Pyke, C., Littlejohn, K., Skinner, J., McCowen, D., & Gwynne, K. (2014). Cultural Safety in the Pacific Islands.	Cultural Safety
Article	Okiihiro, Duke, L., Goebert, D., Ampolos, L., Camacho, C., Shanahan, N., Hishinuma, E., & Kaholokula, J. K. (2014). Cultural Safety in the Pacific Islands.	Cultural Safety
Disertation	Tamang, S. (2014). Native Hawaiian homestead residents' perceptions of cultural safety in community settings.	Cultural Safety
Article	Hunter, Brady, M., & Gray, D. (1996). Commentaries on Landau's "The prospects of a harm reduction approach to substance use.".	Indigenous Harm Reduction
Article	Friedman, de Jong, W., Rossi, D., Touzé, G., Rockwell, R., Des Jarlais, D. C., & Elovich, R. (2007). Harm reduction in the Pacific Islands.	Indigenous Harm Reduction
Article	Marsh, Eshakogon, C., Eibl, J. K., Spence, M., Morin, K. A., Gauthier, G. J., & Marsh, D. C. (2022). Harm reduction in the Pacific Islands.	Indigenous Harm Reduction
Article	Goldstein, Spillane, N. S., Naiven, T., & Weiss, N. H. (2022). Harm reduction acceptability and feasibility in the Pacific Islands.	Indigenous Harm Reduction
Article	Hughes, Suhail-Sindhu, S., Namirembe, S., Jordan, A., Medlock, M., Tookes, H. E., Turner, J., & Van Hout, & Hearne, E. (2015). "Word of Mouse": Indigenous Harm Reduction and Online Communities.	Indigenous Harm Reduction
Article	Van Hout, & Hearne, E. (2015). "Word of Mouse": Indigenous Harm Reduction and Online Communities.	Indigenous Harm Reduction

# Conclusion/ Next Steps



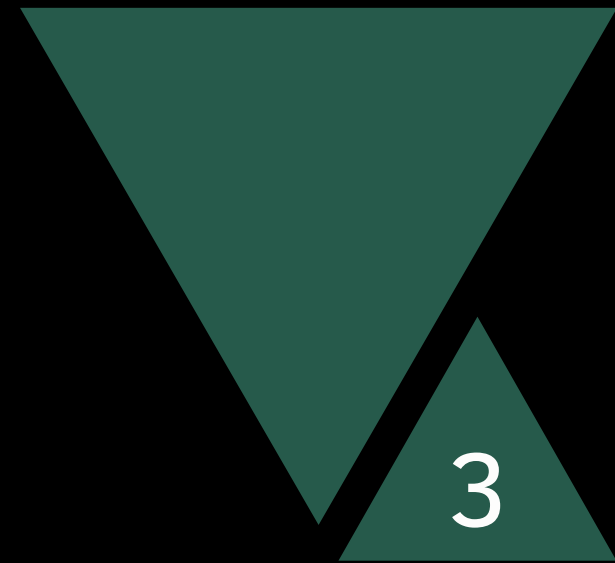
## Literature review

Prevention, Intervention and Treatment and Recovery Resources regarding cultural safety and harm reduction.



## Update Data/Resources

Continue to update Youth Substance use/abuse data and relevant resources for prevention, intervention, treatment and recovery for continued use of the tri-fold.



## Native Hawaiian Substance use stake holders meeting

Continue to get input from each islands community to learn from the professionals and community members in that community about what services they feel are necessary.



## Native Hawaiian Harm Reduction

A harm reduction tool kit for Native Hawaiians currently does not exist and/or difficult to obtain data for. This is essential and needs to be created and done in the near future so that this indigenous culture can have more support moving forward.



# Reflections



Kiara

There is so much I will take away during my time working with POL. Since I was born and raised in New York City, I feel it is necessary to know the history and struggles of any indigenous land I occupy. POL made sure to educate and provide resources for Native Hawaiians who are at risk and I am so happy that I was able to be a part of something that is bettering a community as a whole. I will take what I learned with me and support this organization for their value and commitment to Native Hawaiians.



Emily

I enjoyed learning about Hawaiian culture in general. There are so many beautiful practices that I never knew about. Like Ka'ao- which is a way to hone in on your story and voice as it pertains to your life journey (including your academic journey). I also really enjoyed learning more about researching in general. It makes me excited for work I may do in the future.



Heidi

I feel extremely grateful to have had this opportunity to learn as well as grow over the process of our work with POL. I am extremely impressed with the work that POL is doing to make sure that native Hawaiian culture is preserved and acknowledged. Through the process of researching different cultural practices that can be used for prevention, intervention, treatment and recovery I learned how important it is to have organizations like POL advocating for the right for Native Hawaiian knowledge to be acknowledged in the healing space.