



Recognizing & Responding to an Opioid Overdose

Signs & Symptoms of an Opioid Overdose



Slow & shallow breathing



Vomiting or gurgling



Blue/gray lips or fingernails



Cold/clammy skin



Tiny pupils



Not responsive or sleeping, but can't be woken

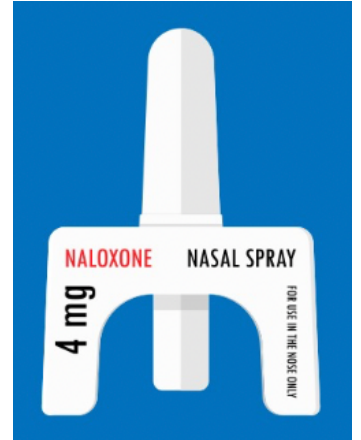
Responding to an Opioid Overdose



Call 911



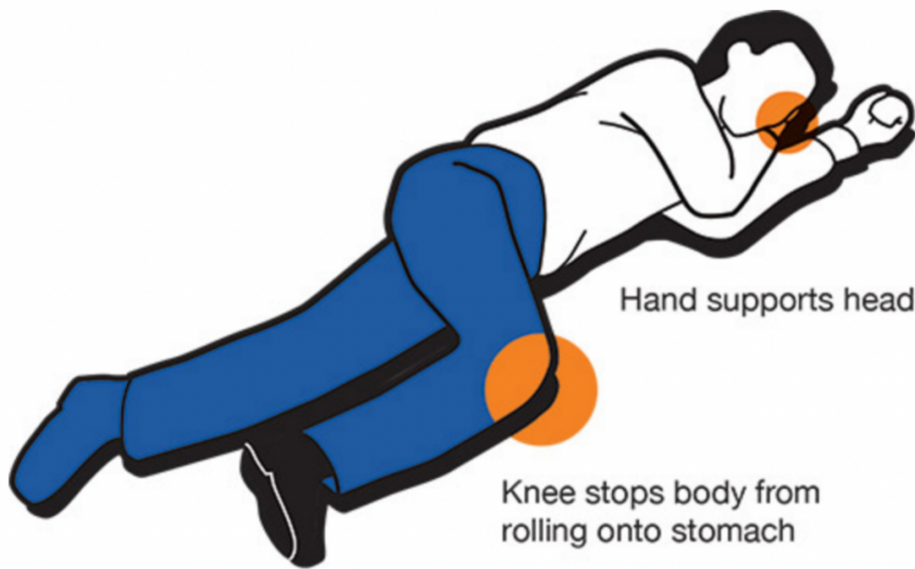
If comfortable, perform rescue breaths



Administer Narcan Nasal Spray

The Recovery Position

Keep the Airway Clear



If a person is unconscious but is breathing, place them in the recovery position. This will keep their airway clear and ensure that vomit or fluid won't cause them to choke.



How to Administer Narcan Nasal Spray

PEEL



Peel back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and 2 fingers on the nozzle.

PLACE



Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the person's nose.

PRESS



Press the plunger firmly to release the dose into the person's nose.

What are Opioids?



Medications that provide pain relief. They are also referred to as pain-killers or by street names ("heroin" or "meth").

**In 2017, 116 people died
each day from opioid-
related drug overdoses**

**1 in 5 deaths among
young adults are
opioid related**

If you or a loved one would like to learn more about Substance Use Disorder (SUD), use your phone camera to scan the QR code to visit our SUD website, or follow this link:
<https://bit.ly/3er4lcB>.

