



## How To Reduce A Kupuna's Risk From A Drug Overdose

Be mindful and non-judgmental of substance use

Maintain social support (family and friends)

Seek support from a professional therapist

Know signs and risks of a drug overdose

Monitor substance use with a doctor



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This project is funded by the CDC Overdose Data to Action Project through the Hawai'i State Department of Health, Behavioral Health Administration.

This infographic was developed by the OD2A-C3 team and DOH partners: Zedrick-Kyle Oda, Yeonjung Jane Lee, Mei Linn Park, Amy Curtis, Tammie Smith, and Seunghye Hong.

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