



Substance Use Risk Factors Among U.S. Immigrants

Acculturation:
 Changing a way of life to adapt to a new socio cultural environment.¹

Acculturative Stress:
 Stress from adapting to a new culture that leads to a reduction
 in mental health and well-being.²

Mental Disorders
 (Depression, Anxiety,
 and Comorbid Disorder)

Low Socioeconomic Status
 (Limited Finances, Education,
 and Occupation)

Cultural Stressors
 (Cultural Conflict and
 Language Barrier)

Poor Physical Health
 (Chronic Health Conditions)

Social Stressors
 (Limited Social Support
 and Homesickness)

Discrimination
 (Perceived Prejudice)

Acculturation is correlated to acculturative stress and other related risk factors that increase the risk of substance use among Asian Americans.¹

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This project is funded by the CDC Overdose Data to Action Project through the Hawai'i State Department of Health, Behavioral Health Administration.

This infographic was developed by the OD2A-C3 team and DOH partners: Zedrick-Kyle Oda, Yeonjung Jane Lee, Mei Linn Park, Amy Curtis, Tammie Smith, and Seunghye Hong.

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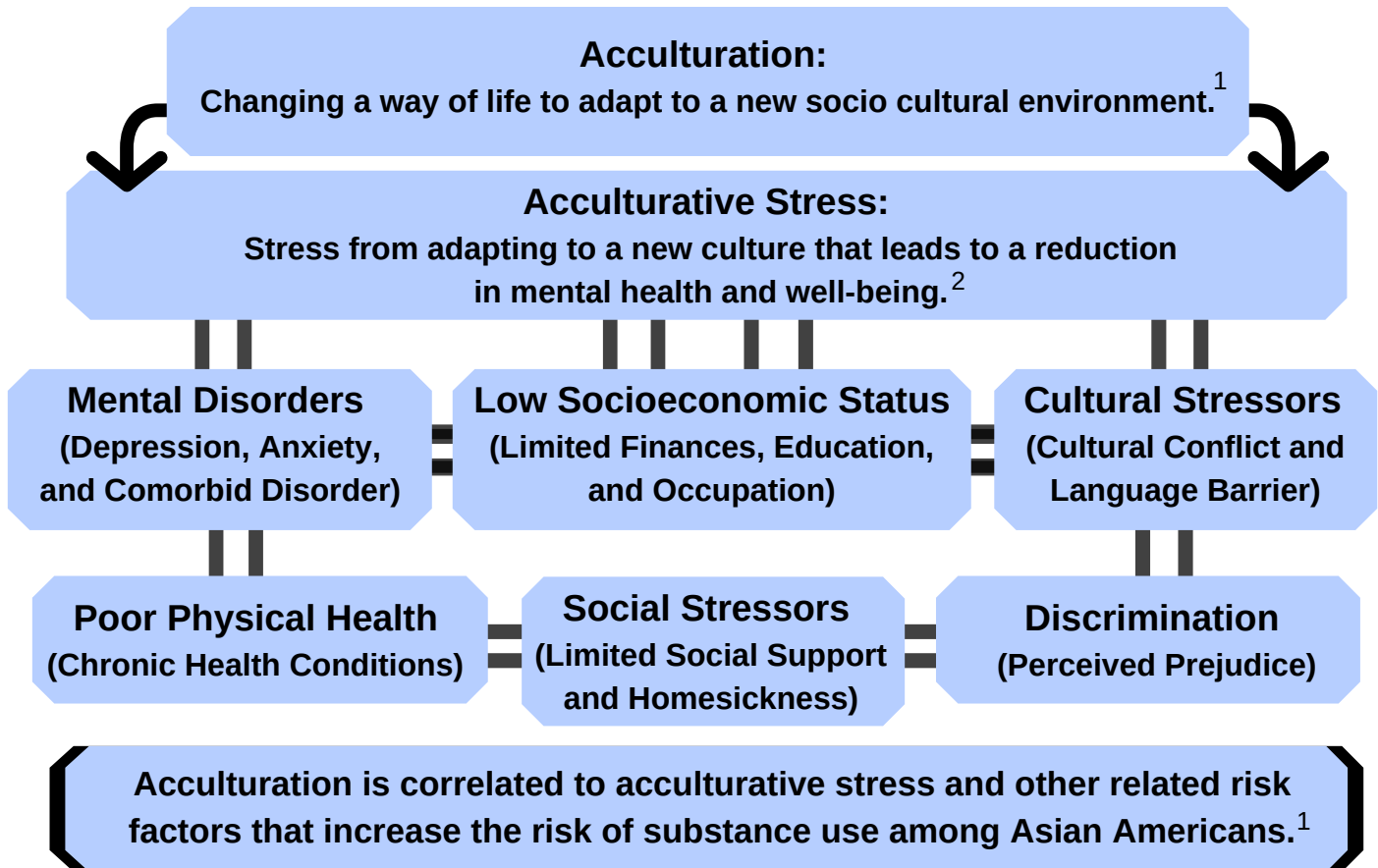
References

1. Ahmmad Z. Adkins D. Ethnicity and acculturation: Asian American substance use from early adolescence to mature adulthood. *Journal of Ethnic and Migration Studies*. 1-27. <https://www.medrxiv.org/content/medrxiv/early/2020/06/05/19002048.full.pdf>. Published June 5, 2020. Accessed July 16, 2020.
2. Kim J. & Kim H. The experience of acculturative stress-related growth from immigrants' perspectives. *International Journal of Qualitative Studies on Health and Well-Being*, 8(1), 21355. <https://doi.org/10.3402/qhw.v8i0.21355> Published August 29, 2013. Accessed July 27, 2020





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