



# WHAT ARE THE NUMBERS FOR CO-OCCURRING DISORDERS IN THE US?

## MENTAL HEALTH IN THE US <sup>1</sup>

51.5 million had a MI

## SUBSTANCE USE IN THE US <sup>1</sup>

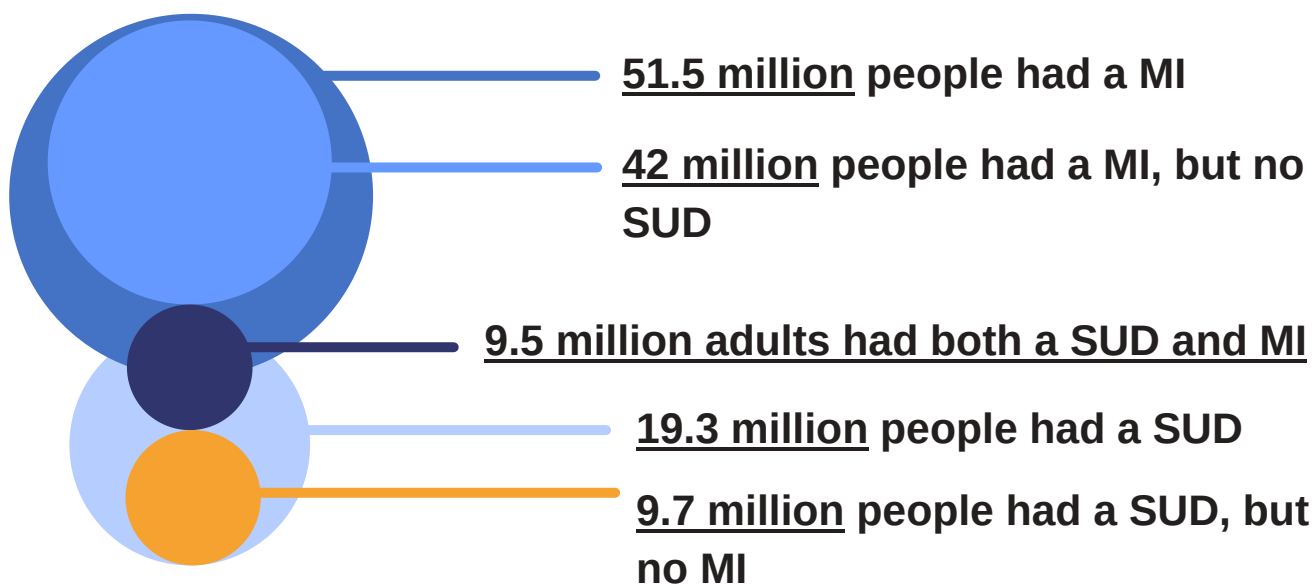
19.3 million had a SUD

MI = Mental Illness

SMI = Severe Mental Illness

SUD = Substance Use Disorder

**61.2 million** adults had either SUD or MI in the past year <sup>1</sup>



## BY THE NUMBERS

**1 in 4** individuals with SMI also have an SUD. <sup>2</sup>



Visit our website <http://manoa.hawaii.edu/c3od2a/>

### Acknowledgement:

This project is funded by the CDC Overdose Data to Action (OD2A) Project through the Hawai'i State Department of Health, Behavioral Health Administration. This infographic was developed by the C3-OD2A team. The team would like to thank and acknowledge Mathew Goldberg for his efforts in leading the development of this infographic.



# References

- 1 Substance Abuse and Mental Health Services Administration. (2020). Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health (HHS Publication No. PEP20-07-01-001, NSDUH Series H-55). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. Retrieved from <https://www.samhsa.gov/data/>
  
- 2 NIDA. Part 1: The Connection Between Substance Use Disorders and Mental Illness. National Institute on Drug Abuse website. <https://www.drugabuse.gov/publications/research-reports/common-comorbidities-substance-use-disorders/part-1-connection-between-substance-use-disorders-mental-illness>. Accessed March 16, 2021.
  
- 3 The Hawaii Opioid Initiative. A sample of autopsy records from 2016 in Honolulu county found that 56 victims died of an overdose. Hawaii Department of Health website [<https://health.hawaii.gov/substance-abuse/files/2019/06/THE-HAWAII-OPIOID-INITIATIVE-1.0-A-Statewide-Response-to-Opioid-Use-and-Other-Substance-Misuse.pdf>]. Published 2018. Accessed April 13, 2020.